

Dale Harris

Dale,

It's been great being in French class together, thanks for all your help! I hope we'll be in the same class next year. Best of luck always

Love ya,
Missy Caddigan

Dale,

You trapezoidal maniac
You! You've made physics
class a very interesting experience
for me. Never forget your
geometric theories about
trapezoids and rhombuses.
Good luck next year,
I'll miss you.

Mike Schelod

Dale,
Basketball wasn't
was a trip. You are a
really dedicated person.
You more than earned
your letter. So wear it
with pride. I will miss
you next year. So keep
in touch. I'll see you
at home coming. Love
"84" Pexxa
Typlady

Dilly-Dale,

It's been a real ball...
and chain knowing you in physics,
you choked Jim, wore the same
gray pants everyday, forgot to wear a
tuxedo to prom and put a patch
on those pants that you always wear



SUPER
TRAPEZOID
MAN

John Willis

Dale,
It's been great knowing
this year Dale. I loved your
clothes, maybe I'll bring you
a few more patches next year.
I'll never forget you!
Jim Maclean

Dale,
I am really glad I got to know you. I think you're a wonderful guy. I hope your senior year is as wonderful as mine. May I see the basketball team will win next year.
Love,
Jodie

Dale,
I am really glad to have met you. Good Luck next year in the 12th grade.
Joe Grace

Dale,
I'm really glad you've been in French with me! I don't know what I'd do if you didn't ~~be~~ be behind me! Have a great summer and a kickin' senior year! Good luck with basketball-play good cuz I'll be cheering!
Love ya,
Jannette
85"
or
BUST

Dale,
Well Dale what can I say but you have been one of the more interesting persons in the school this year. English was fun but Physical was great with your fighting techniques. Well Good Luck and have fun this summer!
Mike Lott

Is that "LOFF" or "LOBE"?

Hey Dale
Good Luck
lead artist
from 2nd
Cliff M. 7/7/7
AKA
(Cliff Notes)
fit

Dale, I'd like to work at a big. This summer I'll be back to you. Love ya, Lisa

Hey
DALE
"SMITH")
Just because you
do is pregnant that's
no reason to defect to
Cambodia (words for the wise).
Be cool, you can manage it, and don't
fart in any more classes. And don't
bust on Mr. Maguire in English any
more. T.I. Next time.

Chris (71) Donnell

Dale,

I know you not very well known and
that the reason you became a manager
in hopes of being better known, but it
didn't work did it, because they think
you're Dale Smith now, too bad

Your Friend

Tom Cho

P.S. Don't take what I said literally, it's
just that I'm mad at you for being
so smart.

P.S. Just Kidding!

Dale.
It has been fun to
have you in class and
I enjoyed every class
with you. Wish you
all the best in your
future years.
Clantius.

THE

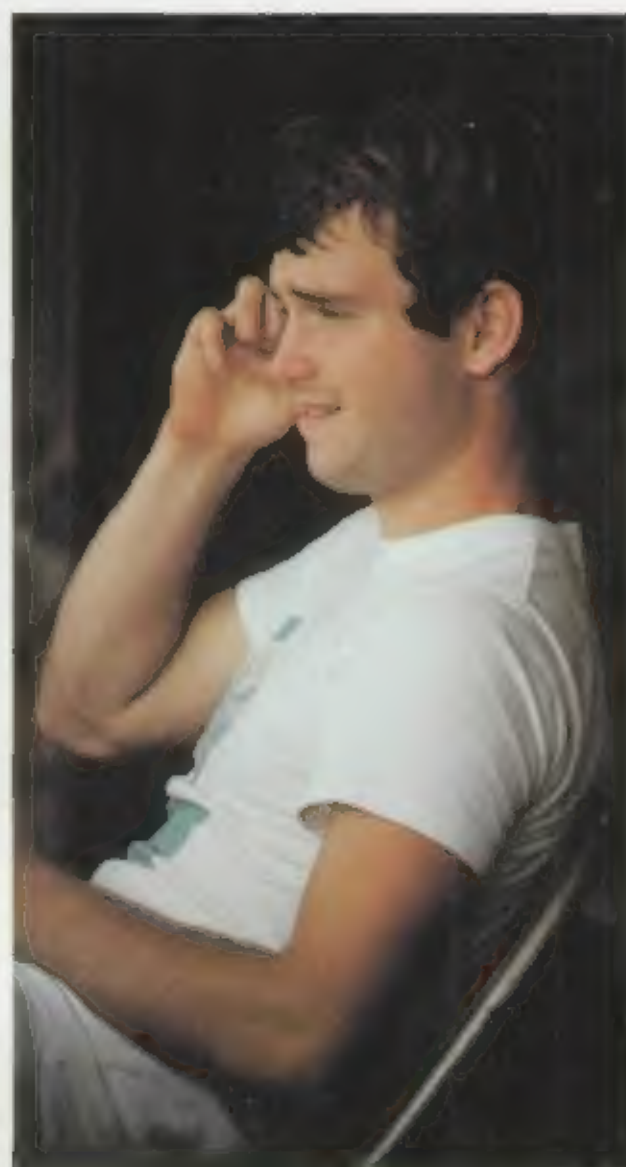
PROWLER

1984



In spite of all the many things that a high school student has to do, some still find time to read. Jill Hey looks interested as she reads the summary of one of our library's many books.

Fans are a big part of the Potomac Panther's success. Loyal crowds shared in Panther victories as well as in their defeats.



Jeff Lee sits in the dugout as he watches the baseball team practice for another game.



Potomac Senior High School

16706 Jefferson Davis Highway
Dumfries, Virginia
22026
Vol V

Opening



Mr. Qualls, the Athletic Director at Potomac, pays a visit to the football field to check it out before a game.



Parents play an important role at Potomac. Here Mr. Emmons observes the baseball team that he supports with dedication by attending all games.

Shock Absorbers



Mr. Kite prepares to hand out the tests that he knows his students are eagerly awaiting for. Mr. Kite is also the announcer at most Potomac sports events.



Many teachers, besides teaching, also coach sports activities. Here, Ms. Barnhart, the girls' track coach, records stats for her team.



For Mr. Ferree, Potomac is a new school. But even though he hasn't been here long, he was glad to speak to the class of '83 as they graduated.

Even though students were in the spotlight, there were many other important people who helped them to shine. There were the people in school, which included teachers and administrators, and there were the people out of school, the parents. Both were of equal importance to a student's high school life.

The parents of Potomac had an essential role in our school and shared a big part in all of its activities. It was the parents who were the volunteers at Potomac. The duties they performed ranged from concession stands at football games to pulling schedules for the new school year; from chaperoning dances to organizing clubs such as the Booster Clubs. Parents could be compared to cheerleaders. They loved you when you did well and even when you didn't.

The faculty of our school was definitely one of a kind. They lit up students' lives by challenging their minds and making sure the school ran smoothly. The teachers aided the school by encouraging and helping each student to reach his highest potential. In addition to teaching, our teachers coached sports activities, chaperoned dances, and sponsored clubs. The administrators were the foundation of our school. They organized and supervised all the operations of the school and made sure that every student stayed in line.

Our school is made up of many people. In order for it to run smoothly and for everyone to receive all its benefits, we must work together. The faculty and parents of Potomac showed this every day by giving it their all to make Potomac **Totally Electrifying.**



Athletes at Potomac really have to give it their best for the team to succeed. Here, Annette Williams stretches out to prepare for competition in a track meet.

The Panterettes stand in formation as they get ready for another performance. Often, they were the highlight of the halftime shows at Potomac.



Michele Kanche flashes a smile for the homecoming crowds. She portrayed Sleeping Beauty on the Junior Class float.

Sacrifice is sometimes necessary to excel in any sport. Kelly O'Conner shows the physical sacrifice that it takes to run track.

HIT THE LIGHTS!

When Potomac High School first opened its doors in 1978, the class of '83 was in control of the future of our new school.

When the class of '84 arrived, an inseparable bond was formed between the two classes. But while the class of '83 was in the limelight, the class of '84 lurked backstage.

When the class of '83 moved on in their lives, it was time for the class of '84 to take charge as seniors. It was our turn, and it was time to hit the lights as we became the leaders of Potomac Senior High School. We had always been second to the class of '83, but as seniors, we had the power to uphold the traditions and good name of Potomac.

No school is complete, however,

without the help of the freshmen, sophomore, and junior classes. The freshmen had their usual trouble of trying to find their classes, while we all had trouble getting through the crowded hallways. The juniors got their class rings while the sophomores counted down their second year of high school.

When we were all thrown together into one big building, it may not have seemed like we had much in common. But Potomac's pride has always been in our togetherness and ability to cooperate with one another. With the same pride, spirit, and respect for one another that we've seen throughout the history of Potomac, this year has proven to be **Totally Electrifying.**



Susan Bahorich seems excited as she walks into the auditorium with all of her classmates. The highlight of every student's high school experience is graduation, and last year was no exception.

Tim Vinson, who is a major contributor to the cross country team, tries his hand at tennis.



To succeed in any sport, you must practice. Matt Pope, David Norton, Danny Raley, Bryan Luedtke, Mike Hargrave and Rodney Emmons show their devotion and enthusiasm for baseball all year round.



Happiness is having a close friend in study hall. Not only do Bo Colcombe and Paul Tiede work well together on the field, but also in the classroom.

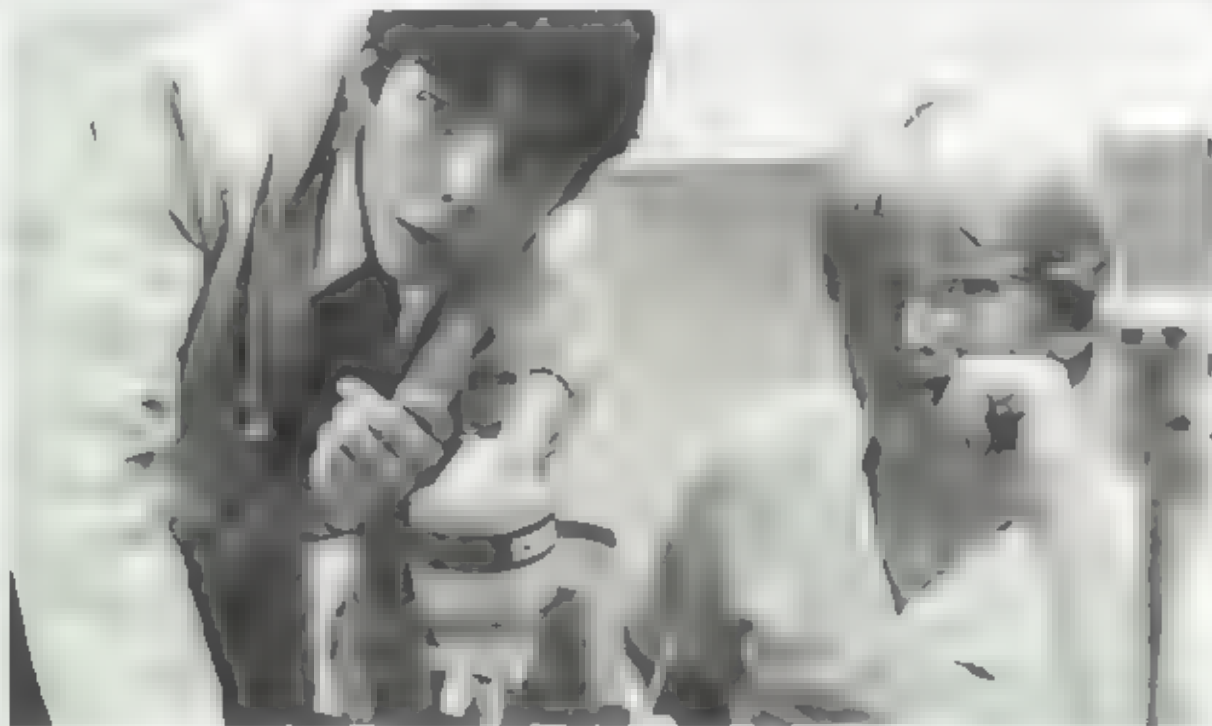
One of Potomac's star baseball players, Danny Raley, contemplates the game during a brief respite.



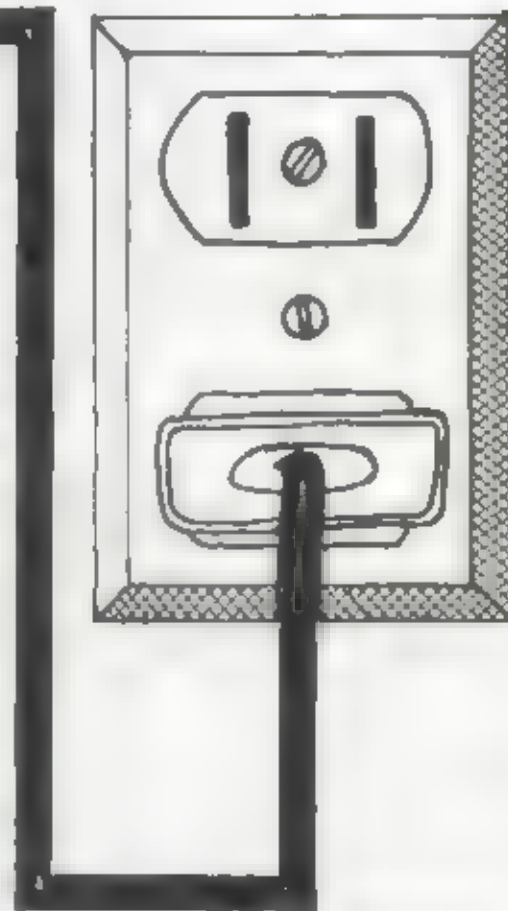
Every sophomore eagerly awaits the day when he will have his license. However, most dread having to drive on the range for fear of bowling over too many cones.



Getting a *Charge* Out of Life



There are some interesting things you can find under the microscope. Shawn Meade and John Jackson puzzle over what they could possibly have discovered in biology.



Practice makes perfect! Mike Kvenberg diligently rehearses his piece for the orchestra's upcoming Christmas concert.



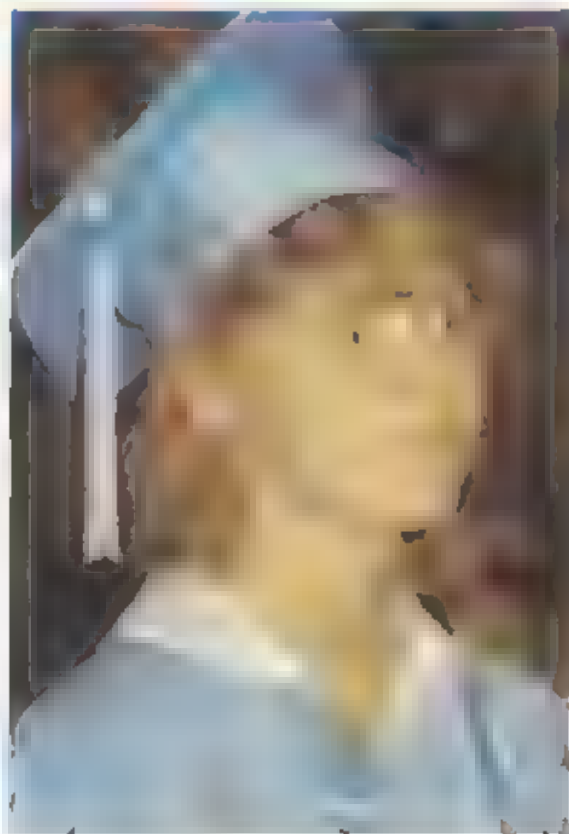
Panthers get a real charge out of life at Potomac High School. Full of spirit, they make the most out of every moment of their lives.

Over the summer, Panthers were seen prowling at camps all over the state or just lazing about at home soaking up the sun. Occasionally, you could even spot one at a summer job.

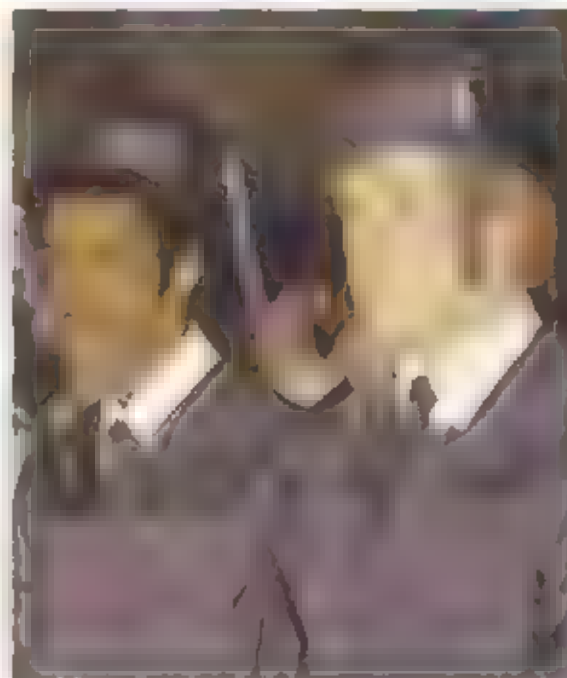
When school started, Panthers hit the books and started participating in after school activities. All this they did with fervor.

That is what makes a Panther so special — everything he does, he does with enthusiasm. This has become a characteristic of Panthers which gets them recognized everywhere.

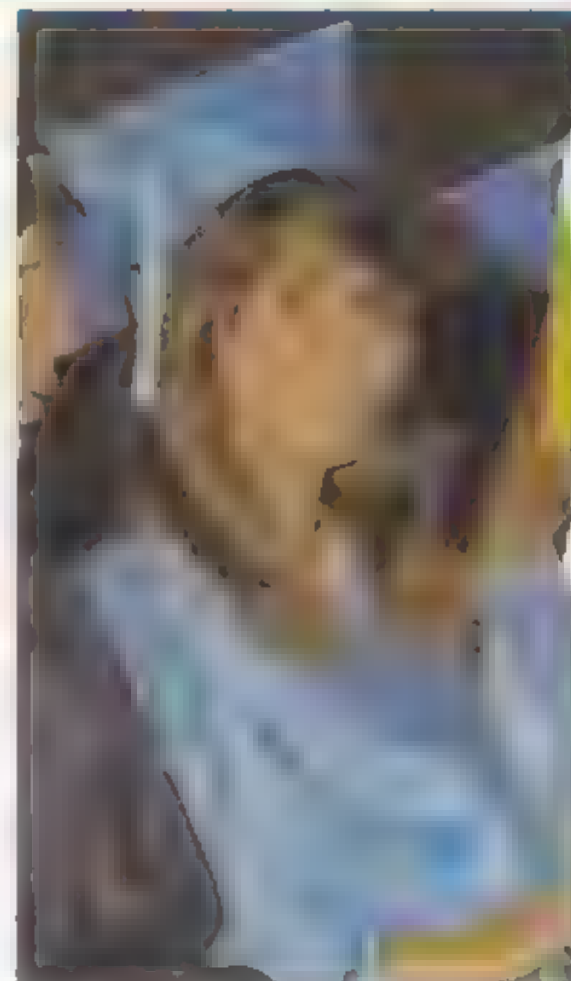
THE END . . . OR JUST



After graduation in Holland in 1982, Wies Vink became part of the foreign exchange program and graduated again as a student of Potomac.



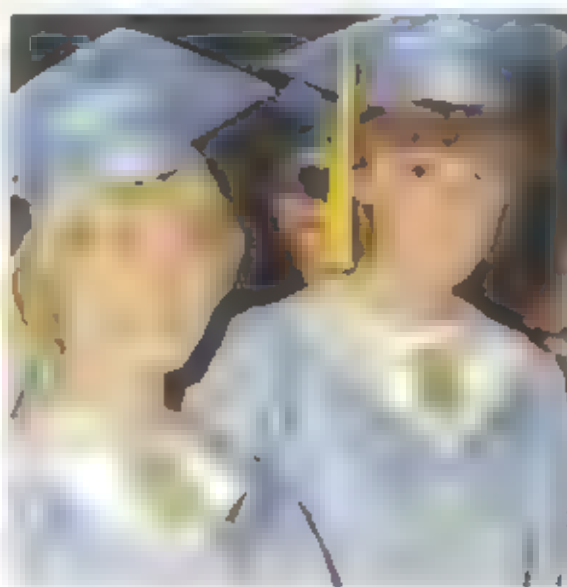
Among the students upset by the change of graduation location were Kevin Anderson and Steve Amidon. Because of rain, the event was held in the gym, and many visitors had to be turned away.



Toni Malanka looked proud as her twelve years of schooling came to an end. But it was also the beginning of a new adult life for the first graduates of Potomac.

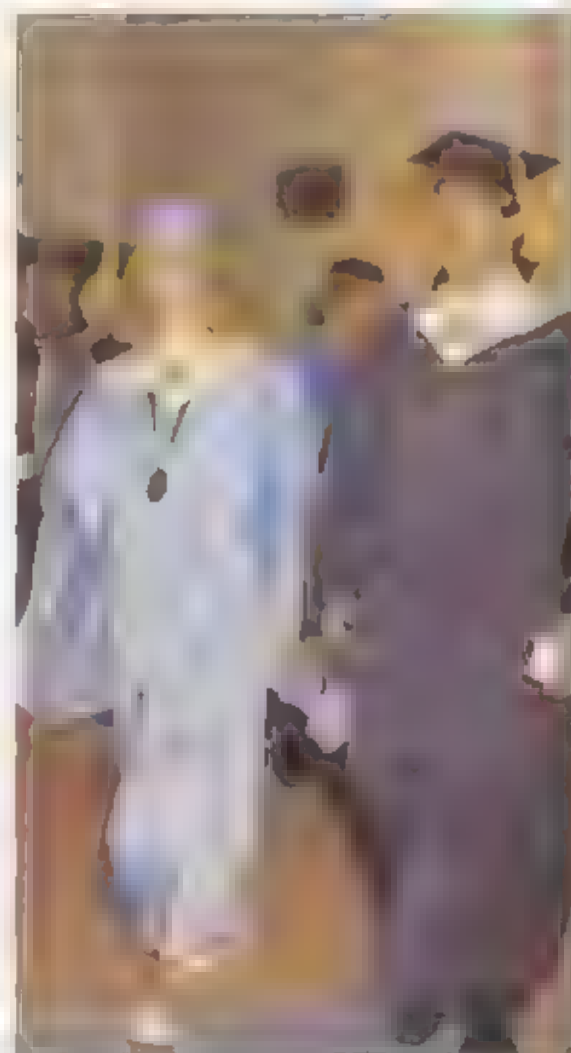


Overcoming her initial nervousness, Heather Hinkamp was the first student to speak as she delivered her Salutatory Address.



Members of the National Honor Society were indicated by the wearing of white pendants with the N.H.S. emblem, like those worn by Stephanie Sebrin and Shelly Seitz.

Entering to the traditional playing of "Pomp and Circumstance" were Valedictorian Lisa Margheim and David Bates. Both were members of the National Honor Society.



THE BEGINNING



Graduation was a time of mixed emotions. The graduates were happy that they had finished high school and were going to go on to bigger and better things. But they were also sad to be leaving friends and memories that they had made over the years.

There was also a fear of whether or not they could survive in the "real world." This feeling was soon conquered and graduates began to look optimistically into the future.

Jo Baker, former principal of Potomac, and Reverend Blalock were the guest speakers. Also giving speeches were Valedictorians Cheri Mandrgoc and Lisa Margheim and Salutatorian Heather Hinkamp.

Among other things in life, graduation is surely one of the most anticipated events in one's lifetime and was the highlight of high school.

By becoming Valedictorian of the class of '83, Cheri Mandrgoc fulfilled the promise of "Most Likely to Succeed."

Photos by S. Kurt Asaigo

Stairway to the Stars

On May 21, 1983, the tradition of a Junior-Senior Prom began. This event had been anticipated by many since they started high school

Getting a date with that special someone, dressing up in a tuxedo or gown, and dinner at a classy restaurant were all part of the pre-prom ritual

The class of '84 worked diligently to raise the funds in order to have the prom at the Sheraton Inn. The hard work was paid off with smiling faces and happy memories. The "Daylighters" was the band chosen by the class of '84. The band played a variety of music which seemed to please everyone

The theme was "Stairway to the Stars." Students and faculty felt that nothing could compare to the excitement of the first prom



The prom theme was "Stairway to the Stars." Tony Thomas and Margaret Fullem were one of the many starry-eyed couples who went to Potomac's first prom

When students weren't dancing, they were seen socializing with their friends. This was the last big high school event for the seniors, next to graduation



Nancy Barber and Rob Camereri danced to the music of the Daylighters. The music was diversified and drew a large crowd to the dance floor



Allison Stewart and Marisa de los Santos stole a moment away from the prom in order to show off their beautiful gowns. Each and every girl was at her loveliest

A lot of students went to parties or breakfast after the prom, like Robert Zacharias and Lisa Hayes who went to breakfast at Dave Snyder's





Chosen as Potomac's first Prom King and Queen, pride was reflected on the faces of Clyde Turner and Josee Dionne.

Photos by: [illegible]

While her escort, Doug Wilson, took a break, Jennifer Colletti shared a dance with friend Kurt Farber.

Christa Vernarelli and her escort Jeff Lippert have one last dance before the prom's end. This was an unforgettable night for many.



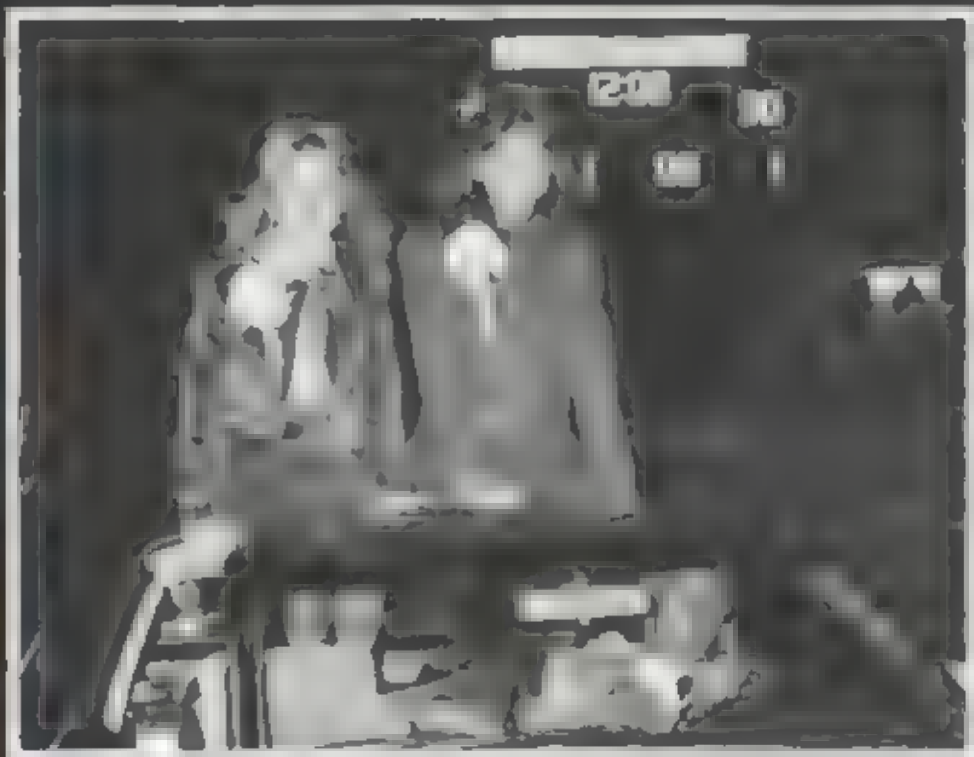
The 1960 Spirit Award was won by the Sophomore class. Woodbridge Hall (1) was presented to them by Philippe Ferrebee during halftime.

The 1963 Homecoming Court consisted of Junior: Katie Horvath; Senior Princesses: Sherry Parcel, Val Davis, and Maria de las Santos; Junior Princesses: April Kauris and Gina Bell; Sophomore Princesses: Staci Crawford and Heidi Williams (not pictured); Freshman Princesses: Lisa Bell and Angie Whorley.



As the game was coming to an end, Peter Piller, Rodney Livingston, and Steve Copley watched anxiously for the outcome. When the players were on the field, they were on the sidelines cheering their team on.

Sophomore princesses Heidi Williams and Staci Crawford ride atop a car driven by Senior Jimmy Stone before the start of the game. Woodbridge Lincoln School was generous enough to lend the car to the school for the evening.



The car was loaned to the school for the evening.





Being congratulated by former Fall Festival Queen, Kelly Trainer, was Potomac's first Homecoming Queen, Katie Homan, as her parents and Mr. Purcell looked on. Below After being crowned, Katie was escorted off the field by her proud parents.

And the Winner Is . . .

Potomac's first Homecoming was a great success. It was an opportunity for graduates of '83 to return and visit with friends and former teachers.

The freshmen class selected Lisa Bell and Angie Wheeler as their princesses. Beth Crawford and Heidi Hildner were chosen to represent the sophomores class to the royal court. Returning to their roles as princesses of the junior class were Gina Bell and April Keenle. There was a tie in the senior selection of princesses, so there were four: Tami Carter, Marisa de los Santos, Katie Homan, and Shawn Purcell.

Last year's Fall Festival Queen, Kelly Trainer, returned for the honor of crowning the first Homecoming Queen. Mr. Trainer was escorted onto the field by Principal Robert Purcell. And the first Homecoming Queen of Potomac was Katie Homan.

The Rifles, Flugs, and Marching Band dedicated the song "We Can't Help Falling in Love with You" to her.

The climax of the evening came in the last seconds of the game as Sheldon Simmerick interrupted the football in the end zone. Potomac was victorious 13 to 6 against H.B. Woodson High School.

The Homecoming dance had a big turnout, and many former alumni welcomed the chance to attend.

"Sleeping Beauty" was the theme of the enchanting junior float, which won second place. Michelle Kanche was the beauty awakened by the kiss of prince Doug Mianko.



Summer Fun Is for Everyone

Summer is for students to do with as they please. Although the majority of the students spend their summer relaxing and soaking up the sun's rays, there were some who spent their summer constructively.

Seniors usually had jobs to keep them busy. Dedicated students and athletes spent a week or two at summer camps, which can be as enjoyable as it is helpful.

Some began their summer with a celebration trip to King's Dominion. For the second year in a row, Senior Sheila Neary chartered a bus for her fun-loving friends.

Virginia Beach and Ocean City were also popular hot spots. Those who didn't want

to spend a lot of money just went to the beaches in Montclair.

Montclair Day was a big occasion with something for everyone. The festivities included everything from concerts to the clown dunk to sand skiing.

Students could be found all around the world vacationing with friends or families. Ms. Cash, along with Ms. Doves to add even more excitement, took a group of students to France for the time of their life.

Whatever we chose to do over the summer must have been something special because as always, as soon as school starts again we can't wait until the summer.



Taking the opportunity to show off their tan lines are Bill Chapman and Tony Mattania.



Taking it easy, David Shive passes his time by playing tennis. During the summer, many students find the chance to catch up on old pastimes.



Spending their summer constructively, Richard DuBreuil and Dennis Gallagher work as lifeguards at the beaches in Montclair.

Lori Conatser and Michelle Theriault have a coke and a smile on Montclair Day. Many students turned out for the events which included various tournaments and relay races.





By going to summer camp, Mike Berry developed the skills which ultimately led to him being named "Athlete of the Week" by the Potomac News.

While at Cross Country camp, Steve Schaeffer got stuck on canoeing or rather, got stuck in a canoe while friends looked on.



Renee Voegtly and Ms. Thompson were regulars on Mrs. Holcombe's infamous hikes. A nature lover, Mrs. Holcombe found the time to take Potomac students on these excursions.

Montclair Day was attended by many who showed up to join in the festivities. This group of students seemed to enjoy watching the sand skiing.



SENIORS TAKE CHARGE

The Class of '84 has long been known as the **Class with Class**. However, it has always been overshadowed by the Class of '83 because that was the first graduating class of Potomac Senior High School. This year, the Class of '84 finally had the chance to prove that it did, indeed, have class and took charge of the school.

At pep rallies and sporting events, Seniors were always there cheering their team on. They were almost unequalled in spirit; rivaled only by the Sophomore Class of '86. In fact, even when the Sophomores proved to be a force to be reckoned with during Spirit Week, the Seniors' enthusiasm and energy towards the school never diminished.

Academically, the Seniors have excelled, with more members in the National Honor Society than ever before.

Therefore, the Class of '84 has well deserved its title and Potomac Senior High School can always remember them with pride.



During the taking of senior portraits, Hollie Hargett helps Wes Brown prepare himself for the camera.

The Sociology course was said to be the class closest to a college course. The class not only taught about human behavior, but it also prepared students for college.

Taking a break from her role as yearbook photographer, Susan Ariola has a rare chance to be on the opposite side of the camera.





Kelly Beckman, here with friend Mark Kelly, was one of the many students who made it possible for the school to have a successful year.



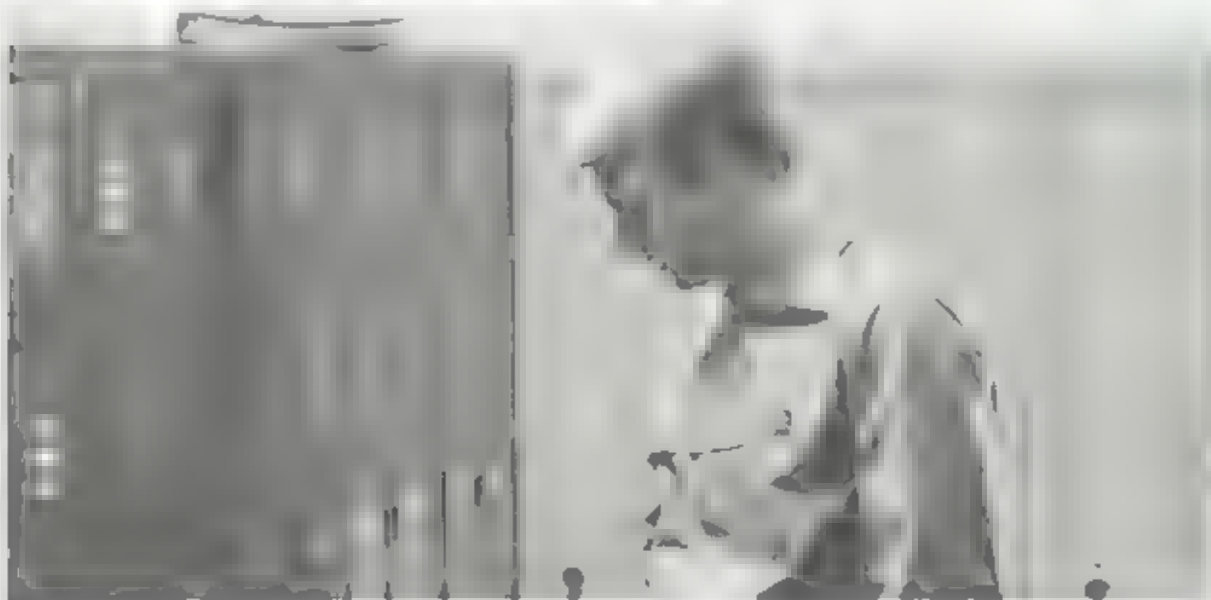
Stretching out before the start of a run is a common sight. Many students were involved in various sports, all which helped to make Entering a successful year.



Lockers are like a second home. Some students live with them, and some live without them. Lockers were not a way to keep things open, but there were many who had no problem with locking up their things.



Panther supporters like this one were always ready to support their school. Many students were involved in various sports, all which helped to make Entering a successful year.



Potomac at Its BEST

The Class of '84 nominated and voted on many students for the Senior Superlatives. The categories varied to satisfy most seniors. Once the votes were turned in, they were tallied up and the winners were kept secret. Surprise, seniors. Here are the results!



Studying is how to get the smarts, and Teri Carter and Bapi Bhattacharjee have them. They were voted **MOST INTELLECTUAL** seniors.



Keeping up with the quickly changing styles and fads is hard, but somehow Katie Homan and Wes Brown do it well enough to be voted **BEST DRESSED**.



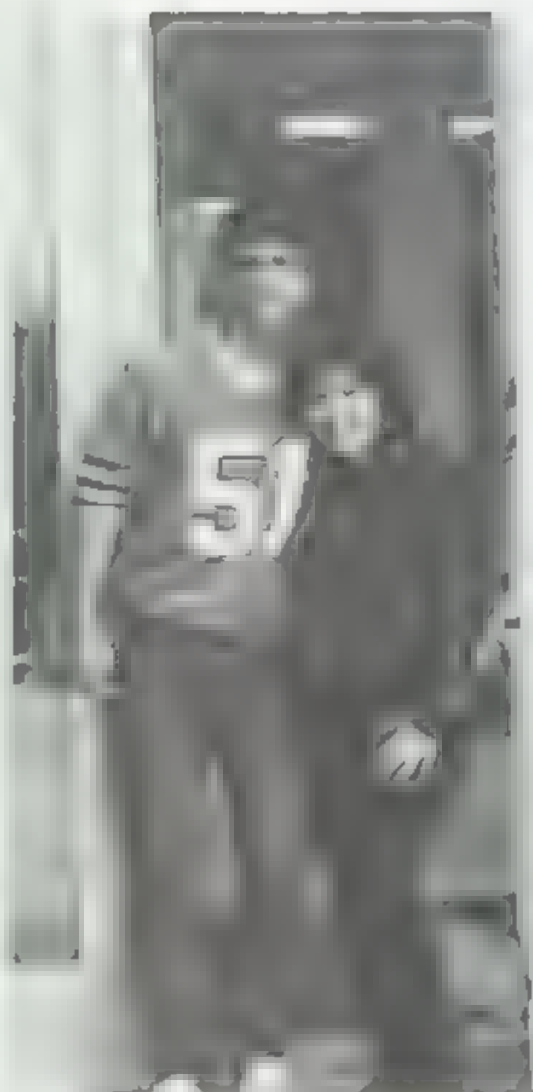
They should be in the zoo, but they were too good to be caged up. The senior class branded Jennifer Bowser and Bobby LaFleur **MOST MISCHIEVOUS**.



Where will most seniors be ten years from now? Who knows? But one thing is for certain. Teri Carter and Mike Seikelid — the **MOST LIKELY TO SUCCEED** — will be on top.

G.Q. and Cosmopolitan will be thrilled when they take a look at Katie Homan and Mike Dillon, the **BEST LOOKING** seniors.





Greeting you at the end of Potomac's red carpet are Dawn Breen and Bo Colcombe. Potomac's **FRIENDLIEST** seniors



Potomac's **MOST ATHLETIC** are seniors Diana Jones and Wayne Gilbert. They participate in such sports as football, volleyball, basketball, baseball, and softball.



They've got spirit and so should you. Cheering Potomac on are Tonni Austin and Danny Raley — the **MOST SPIRITED** seniors.



All the best qualities of Potomac's student body are seen in **MR. and MISS POTOMAC**. This year the titles go to Ten Carter and Bo Colcombe.

HALL OF FAME



Scott Griffen — Boys' Track



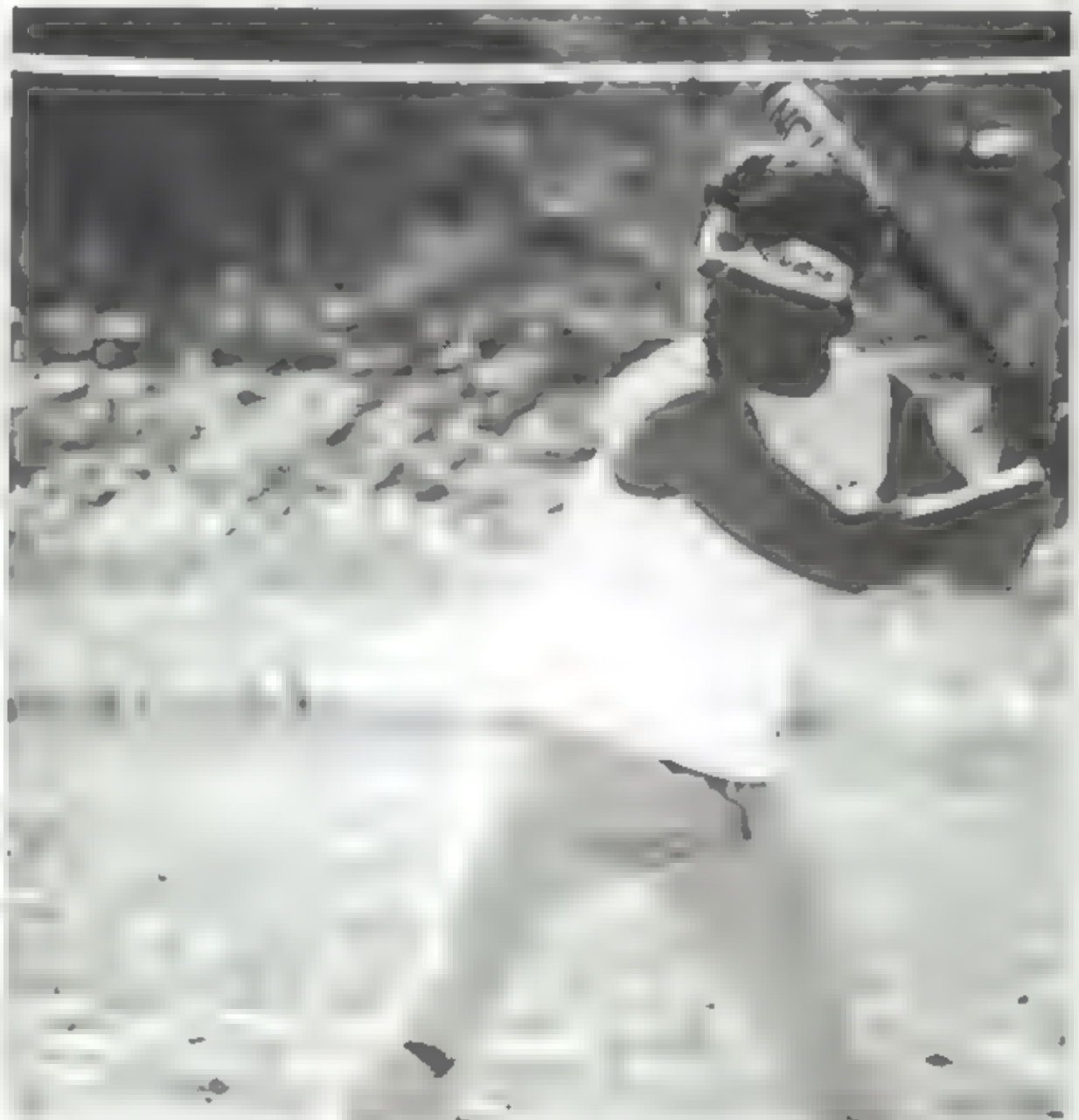
Sheila Neary — Rifles



Susan Ariola — Girls' Track and Cross Country



Tim Vinson — Cross Country



Danny Raley — Baseball



Doug Trenor — Golf

Regina Martin — Girls' Basketball



Sherri Burdette — Pantherettes



Robbie Semper — Boys' Soccer



Marilyn Rolstch — Gymnastics



Scott McKenzie — Boys' Soccer



Thao Martine — Girls' Soccer

Jennifer Bowser — Softball

Jackie Clements — Flags



Ashley Wiggins — Volleyball



Diana Jones — Volleyball



Paul Tiede — Basketball



Katie Flynn — Tennis



Teri Carter — Cheerleading



Wayne Gilbert — Football

Chuck Money — Wrestling

HALL OF FAME

There are many students that have displayed special talents in music, sports, and in various arts, but most have gone unrecognized. So, with the first senior class, a special section of the yearbook was set aside just to honor those seniors that have performed above and beyond the call of duty. The coaches and sponsors of different varsity activities have chosen the 1983-1984 school year's "Super Seniors."

Not Pictured is Wayne Cornwell for Marching Band.



Kim Morrison — Flags



Steve Greer — Tennis

SENIORS AT WORK AND PLAY



Chorus is a subject many students enjoy but do not always have room in their schedules for. After making a recording, Mike Johnson listens as it is played back for him to hear.



Staticians Joell Wiggins, Ashley Lehman, and Jewel Jennings brave the cold winter night to record stats of the evening's football game. Stats are an important part of many sports.



Finally able to walk through the halls without feeling like sardines are Pat O'Hara and Joe Devaney. Potomac's crowded halls became an infamous and much talked about subject.

Taking her turn at the board during her English class is Terri Gilliam. Terri always has a friendly smile that would brighten up anyone's day.





During Football camp, Scott Griffes refined his skills and put them to good use during the football season. Scott is also a valuable member of the track team.

Dan Mancuso is caught in the act by Mrs. Secord as he playfully teases Kelly Beckman, much to her dismay. Homeroom is a time to socialize with friends before beginning the schoolday.



New to the school this year, Scott Francis soon felt right at home after making new friends and getting used to his family's move to Virginia.



Not only a time for eating, lunch is also a time to chat with friends or catch up on homework as Eric Ruiz demonstrates. An alternative to lunch is going to the library where it is much quieter.

Pretty as a picture, Sarah Davis displays her charm during a mock photo session. You would be surprised at the things students do to get their photos taken.



The Class With Class

Throughout their years at Potomac, the class of '84 had seen many tables turned and changes made. The class was originally sponsored by Mr. Cummins and Mr. Eaton. With their leadership, the class of '84 sponsored the first Spring Dance and worked on the school dedication ceremonies.

Joined by Mr. Kite their junior year, the class sponsored the first Junior-Senior Prom of Potomac. Seeing the class of '83 leave with many valuable people, the class of '84 worked hard to follow in their footsteps.

Last year, Teri Carter took office as the senior class president. Richard DuBriel, her right hand man, served as vice-president. David Secrist suffered from writer's cramp as the class secretary and "money-happy" Julie Slade was the treasurer.

Paul Tiede, Kathy Smith, Mark Henshaw and Rob Crichlow shared responsibilities with the class officers. The foursome served as the Board of Directors. Last year was the first time the senior class had a Board of Directors, and it proved to be a success.

The class officers and the Board of Directors combined to make the class of '84's senior year their best!



Sometimes being a class officer is fun and games. The pride of the senior class are **Bottom Row:** Mark Henshaw, David Secrist, Richard DuBriel and Paul Tiede **Top Row:** Kathy Smith, Julie Slade and Teri Carter.



Sandra Abt



Juanita Allen



Robin Allen



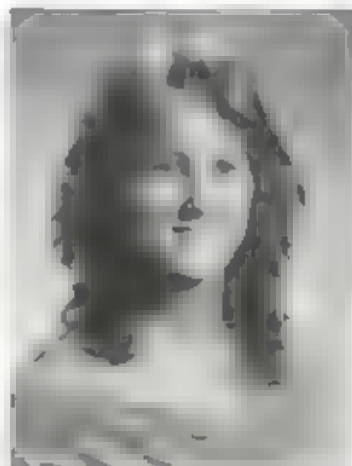
Rita Alston



Phil Anderson



Susan Aniola



Caroline Atneff



Antoinette (Tonni) Austin



Cynthia Babb



Susan Bagato



William Banks



John Baldwin



Patricia Bardon



James Barron Jr.



Nancy Barber



Melissa Basso



Linda Bates



Kelly Beckman



Daniel Bell



Krista Bergeria



Debaditya "Bapi"
Bhattacharjee



Jennifer Bowser



Amena Boyd



MaryAnne Brady



Emphasis has been heavy on writing this year at Potomac. Lynn Maruschak does her share of it with total concentration.



A senior has almost completed life's Basic Training, claims Bryan Sims. The prestige of being a senior sets them above the underclassmen.

A Senior . . .

- has accomplished a lot and should be proud of it
- is a nut at football games
- shows his spirit better than the rest
- is a leader
- is well respected and looked up to
- is a trend setter
- is ready to face the world
- to be brief, is a massive partier
- is the cream of the crop (crème de la crème)
- is totally awesome, so awesome
- is the tops
- will always be "in the mix"
- is what all underclassmen want to be
- causes fear to the freshmen
- has almost completed life's "basic training"
- is a person who takes on maturing as a mask, much like an actor
- is terrified of being on the bottom again next year
- as Doug Johnson would say, "is a God-like creature who flawlessly floats through the halls of a high school, and is warranted to do almost anything he or she desires. Another point that is to be emphasized is that they are the supreme beings of the school and are held in high esteem, much higher than the lower juniors, sophomores and freshmen."

A senior is someone mature enough to be a leader, smart enough to know when to follow, and daring enough to lend a hand.



Mandell Brey



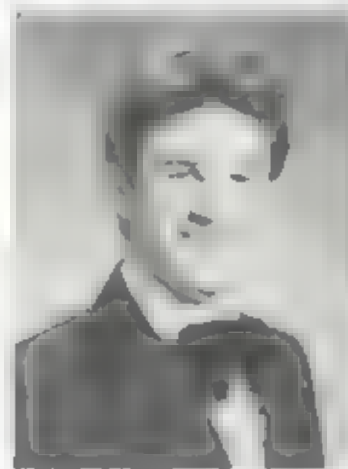
Tim Bridgett



Karen Briel



Ray Bronkema



Wesley Brown



Lisa Bryant



Dawn Bullen



Pamela Burchard



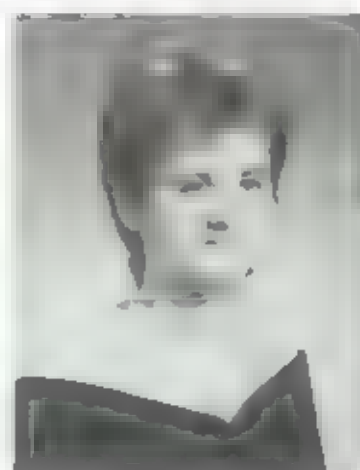
Sharon Burdette



Katherine Burke



David Burk



Gina Burleson



As editor-in-chief of the newspaper, David Snyder spent many long hours after school working to make deadlines.



Rebecca Butcher



Ellen Butler



Steven Canup



LeAnne Carr



James Carson



Tamara Carter



Teri Carter



Ronda Cassidy



David Cashie



Allen Choney



Bill Chapman



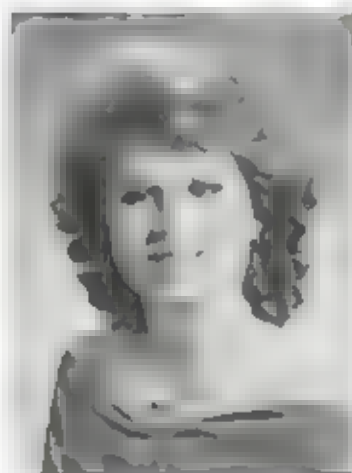
Eric Clark



Lisa Clark



Patrick Cleary



Jaqueline Clements



Erin Cleveland



Larry Coatsy



Jimmy Coates



Tina Coder



Steven Bo Colcombe



The students of Potomac like to take an active part in the production of their school activities. David Secrist, John Baldwin, and Cobb Ervin are in charge of stage lighting for another of Potomac's plays.



Virna Coleman



Ken Conler



David Cook



Crystal Cooper



Thomas Corbitt



Howard (Wayne) Cornwell



Patricia Cornwell



Lisa Cosgrove



James Cox



Jennifer Craig



David Cramer



Paul Crichtley



Robert Crichtow



Charles 'Chuck' Crosby



Carol D'Arcangelo



Michelle Dauphin



Jon Davis



Denise Davis



"I want to have fun for a while," states Mandell Bray



Porsche Davis



Sarah Davis

Planning the Future

What will become of the Class of '84? A poll was taken, and it was exciting to see what the students of this class had planned for their future.

Most of the seniors were planning to go to a four year college close to home. Virginia Tech, Old Dominion, George Mason and UVa were the most popular colleges.

Many students wanted to go into law, government, lawyers, representatives and even the presidency were among the top choices. While some seniors want to be making laws, others plan to enforce them. The FBI, CIA and other organizations will be excited with all the new recruits. The medical profession was very popular too. With so many potential doctors, this world will soon be a better place.

Aside from the professions, many students plan on marriage in the future, but not any time soon. "I want to have fun for a while" seemed to be a frequent quote.

Well, these are the class of '84's plans, dreams and hopes. We'll find out what really happens at the reunions. Good luck, Seniors!



Gerald "Jerry" DeCarti



Marisa de los Santos



Cliff Dent



Greg Dent



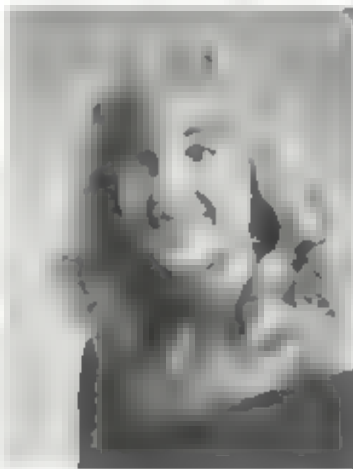
Michael Dillon



Terrill "Terri" Dixon



Richard Dubreull



Laurie Duncan



Alan Dziwoko



Wanace Edwards



Emilie Eldridge



Lloyd Eller



Roy England



William "Cobb" Ervin



Cindy Vause and Bev Sinclair retreat to the library to do research for a paper for senior English



Virginia Ewing



Kimberly Fayard



Diane Fisher



Crystal Fletcher



Catherine "Katie" Flynn



Arthur Forester



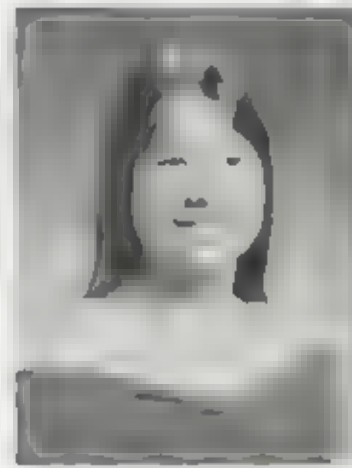
Scott Francis



Stephen Pete Galtner



Mark Galbraith



Laura Galke



Dennis Gallagher



Kathleen Gailion

Sound Familiar



Julie Blade and Kathy Smith wait for the rest of their carpool to arrive before going home. Carpooling was a much preferred alternative to riding the bus.

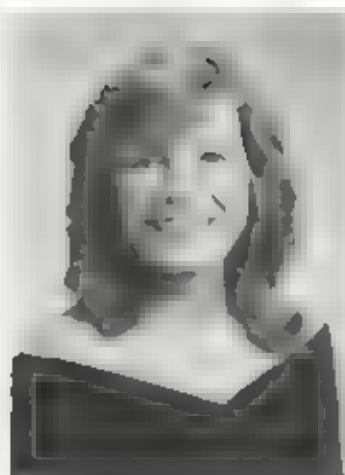
The keys are lost,
The gas is low
I'm always late
It's time to go

Sound familiar?

Trying to open the door of my 1965 V W Bug, I realized that I had taken the wrong set of keys. I ran back into the house and frantically searched for the right set; I was already late and losing my keys was no help. I finally retrieved the keys from under a pile of dirty clothes.

Pat was late, as usual, and on the way to school finished a bowl of corn flakes which is still living in the backseat. I always seem to have an overload of people who just can't stand the bus and need a ride. Today there were six, including me. I didn't mind the elbows in my side, and I didn't even mind the complaints about why I wasn't driving faster; but I couldn't stand not being able to roll down the window for fear of Kimberly's curls being blown.

The little car coughed and choked its final breaths as it made its way down Four Year Trail. I swore from that day on that I would never drive another person to school, but before we even reached the school parking lot, the car ran out of gas.



Carolyn Gallucci



Patrick Gardner



Yen Gerber



Jeffery Geyer



Michael Gibson



James "Wayne" Gilbert



Terri Gilham



Danette Gills



Anne Golden



David Goodrich



The library is a place for students to pretend they are working. David Sweatman demonstrates this with a closed book and a grin



Christopher Gordon



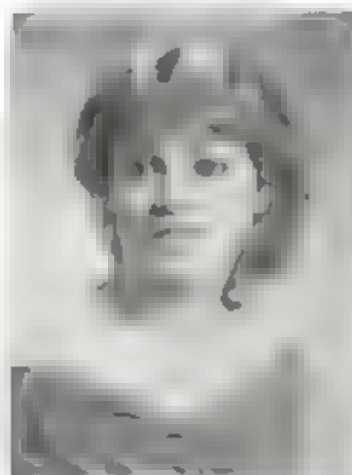
Wanda Gothreu



Richard Gow



Dennis Grabowsk



Sherry Greene



Stephen Greer



Karyn Greisen



Julie Gretencord



Nolan Malone, Bill Chapman, Richard DuBreuil, Jon Davis, John Baldwin and Paul Tiede get together to reminisce about their summer at Boys' State

Our Next President?

Last summer, seven young men from Potomac spent a week at Boys' State, located in Lynchburg, Virginia. The week was filled with the sounds of governmental practices born at the state and national level. The seven students, Jon Davis, Mark Henshaw, Nolan Malone, Paul Tiede, Bill Chapman, Richard DuBreuil and John Baldwin were all instructed in the basic principals behind the ideals of state government. Although the lectures were long and the temperature was hot a good time was had by all. And the lessons learned were greatly beneficial in helping to understand the required government classes of PSHS.



Jimmie Scott Griffen



Joseph Hamm



Ray Hammons



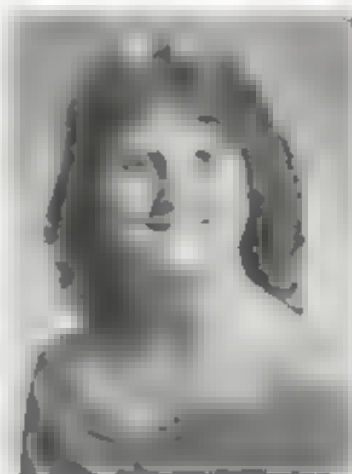
Hollie Hargett



Lisa Hayes



Mark Haygood



Tammy Heath



Julie Helm



John Helsley



Tina Henderson



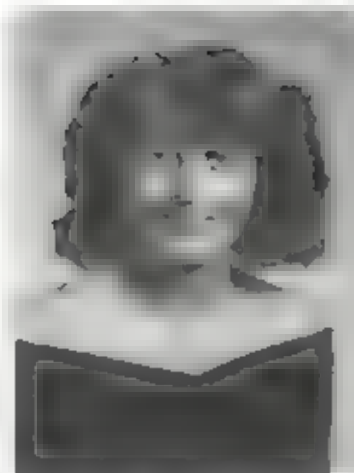
Ryan Hendricks



Mark Henshaw



Jill Holley



Diane Holloway



Kelly Holyfield

Off Broadway

Potomac is full of many talented students like Mike Kvenberg. He has been an active participant in musicals and various plays in the community and school. He was in a four month run of "Kismet" at the Lazy Susan Inn Dinner Theater.

Mike studied music under Cathryn Fraizer Neely for 2 years. His senior year he joined Potomac's musical program as one of the Camerata Singers. During 1983 he was an alternate for Kings Dominion's Mason-Dixon Theater. Having been a member of the "Back Stage Dance Company" he was able to perform at various places such as the Washington Sheraton.

After high school, he plans to further his education at the Shenandoah Conservatory of Music in the Music Theater Program to earn a bachelor of music degree. Mike's ambition in life is to appear on Broadway sometime in the near future.



As a member of the chorus in "Kismet," Mike Kvenberg displays his theatrical talents.



Catherine Homan



David Houck



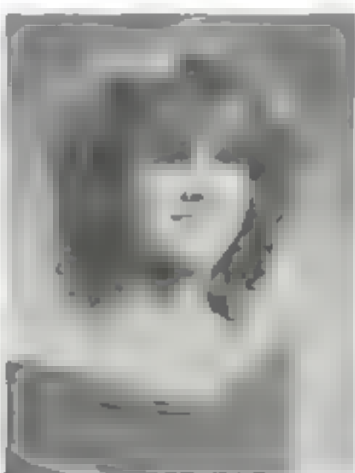
Howard Rocky Dove



Barbara Hudson



Randy Hudson



Lynda Hustead



Troy Hutchenson



Betty Hylton



Kimberly Jackson



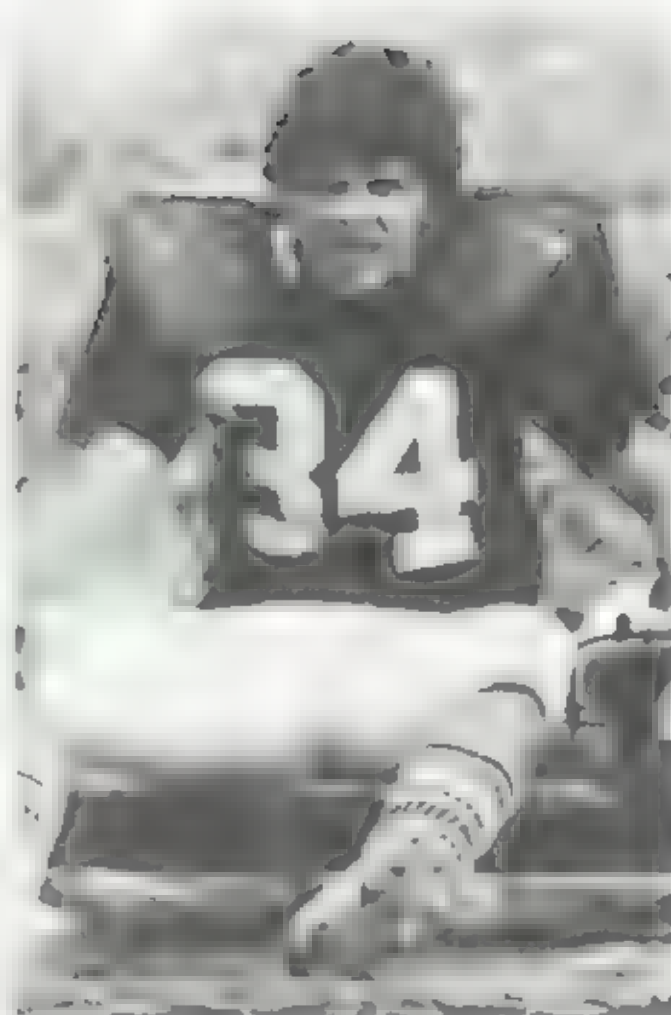
Kiwaney Jackson



Linda Jacobs



Sharon Jacobs



The football players worked long and hard this summer to improve their game. Tony Reza expresses his feelings towards Potomac opponents.



Stephen Jacobson



George Doug Johnson



Howard Johnson



Jerome Jay Johnson



Kim Johnson



Shawanda Johnson



Diana Jones



Steven "Scott" Jones



Kevin Kasper



Virginia Keems



Sarah Kierstead



David King



Glenn Kiser



Jodie Knott



Lisa Kondash



Luana Kooker



Robert Kraus



Susan Kaanznok



Scott Kujawa



Michael Kvenberg



James Lacey



Robin Lafferty



Robert LaFleur



Julie Lamb



Carol Lappunese



Etwina Lashbaugh



Warren Andy Lawson



As one of the ushers for the Fashion Show, Pat O'Hara dressed in this fashionable manner





Flying high, Allen Chaney performs one of his spectacular stunts. Not many people have the nerve to fly to this kind of height with so little support.



Dana Layne



Yuri Lazar



Brian Lee



Laura Lee



Wendy 'Judy' Lee



Ashley Lehman

Soaring Senior

It's not just riding up and down the sidewalk. A serious skate boarder rides on ramps, in empty swimming pools and in drainage ditches." What Allen Chaney was referring to is his favorite sport and hobby-skateboarding. Allen has been skate boarding for nine years.

Allen was ranked number one in Prince William County and was fifth in the State of Virginia. He generally has competed all up and down the East Coast. Allen was once on the 7-Up Skate Board Team. The team traveled to a contest on Emerald Island on the coast of North Carolina. There, he won every event and won the overall championship.

Skateboarding is much more difficult than most people realize. Anyone can stand on a skateboard, but it takes skill and a lot of practice to ride one. The skateboarders that compete work hard to improve their style, and form.

In competition, skateboarders are judged on style, the difficulty of their tricks, the number of their tricks and the crowd's reaction to the skateboarder's performance. One trick that stuns a crowd is called the "Canyon Jump." Most skateboarders feel that this is the most difficult trick. This feat is accomplished by jumping across the entrance of an empty swimming pool. Sounds Hard!



Mary Lewis



Bruce Liming



Leslie Ling



Steven Ling



Steven Lippert



Garland Lipscomb



Faith Lively



Todd Lockhart



Robert Lofstedt



Julie Condino



James Lough



Shonda Lowe



Donald Lowry



Bryan Luedtke



Ronnie Lucas



Kathy Lydon

And Here She Comes

Here she comes, Miss Josee Marie Dionne, Winner of the first annual Miss Potomac Pageant! The pageant was held April 15, 1983, and was sponsored by the Key Club. The girls competed in categories of poise and grace, and in an interview situation.

The girls paraded across the stage in their gowns to the enjoyment of a full house. Their brightly colored dresses carried the theme of "Kaleidoscope of Colors."

After the ten semi-finalists answered impromptu questions, the finalists were chosen, and the winner was announced.

Third runner-up was junior Denice Thornton. Second runner-up was junior Marisa de los Santos. Senior Gloria Ferreri was the first runner-up. Tara Wilson was chosen Miss Photogenic. It was another first for Potomac High School, and another chance to be proud of the lovely ladies who attend.

Left to Right: Miss Photogenic, Tara Wilson, third runner-up Denice Thornton, Miss Potomac, Josee Dionne, first runner-up Gloria Ferreri, second runner-up, Marisa de los Santos





Mike Malarzy



Christina Mackey



Robert Maclean



Kevin Maddox



Leo Malloy



Nolan Malone



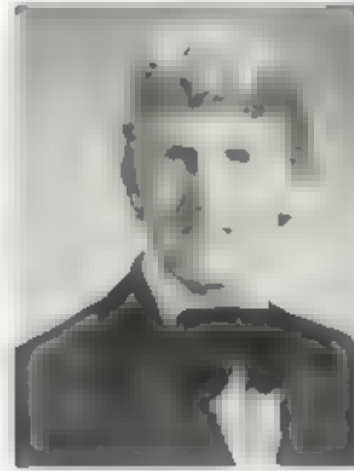
Daniel Mancuso



Beverly Manderville



Valerie Manderville



Glen March



Sherry Martini



Angela Marshall



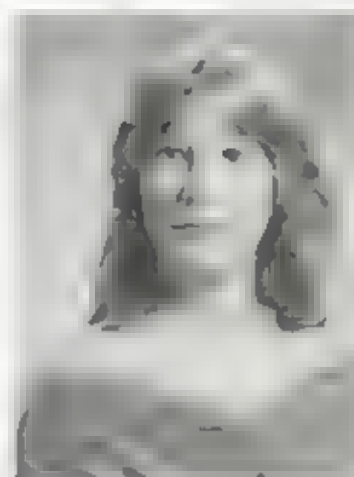
Regina Martin



Thao Martine



Lynn Maruschak



Pamela Mason



Misty Matherly



Tim McDaniel



Kathy McFarren



Scott McKenzie



Lisa McKinney



Dr. Lovely (Wayne Shorter) is "sittin' in the mix" with Mr. Brown at one of Potomac's pep rallies



Janice McKnight



Robin McMillon



Chris McVay



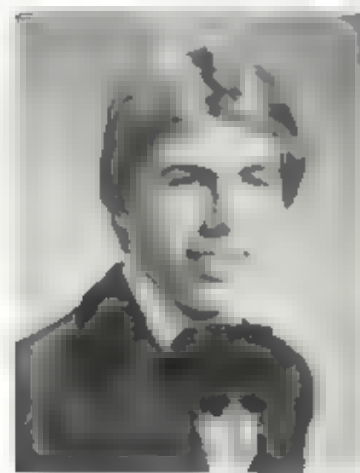
Cathy Mensinger



Cynthia Michael



Elizabeth "Anne" Minor



Mark Modrowski



Robert Monaco



Charles Money



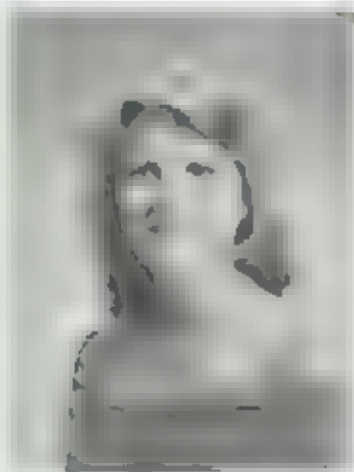
Michael Money



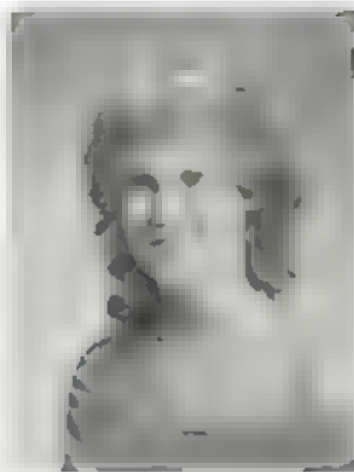
Michelle Morris



Vivian "Elsine" Morris



Kimberly Morrison



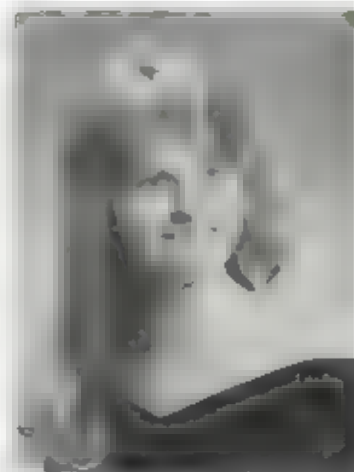
Amy Mountjoy



Laurie Mountjoy



Jeffery Mower



Sheila Neary



Ida Nelson



Jon Neskie



Jobs are not the only reason students leave school early, a snow day is something that both teachers and students look forward to



James Nix



Crystal Norman



David Norton



Coleen O'Conner



Karen O'Conner



Michael O'Donnell



Patrick O'Hara

Going, Going Gone

'I think it's great! It gives students the chance to get a head start in college or even in the business field.'

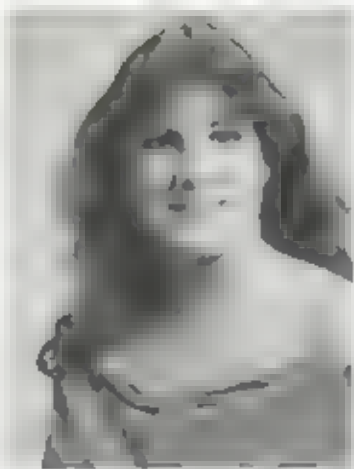
What senior Jackie Sizemore was referring to is the early release program offered at Potomac. Only seniors could leave school early because of a shortened schedule. The seniors who left early had to have a job or attend college during the remainder of the school day.

A few students, like Jackie, attended Northern Virginia Community College. They took freshman English, history and a variety of other courses.

While some students were racking their brains and studying hard for classes, people like Kasey Swecker were "bringing in the bucks!" Kasey found a job working for the IBM Company in Manassas. Programs such as this were set up by the ICT and DECA organizations.



George Ohlin



Caitlin O'Leary



Elizabeth O'Quinn



Robert Oscar



Dawn Overby



Herman Pagan



Dawn Pague



Michael Patterson



Christopher Patton



Mary Pearson



Russell Scott Pegler



Lisa Peterson



Richard Pierson



Diane Profit



Christian Dane Puckett

High School friendships are part of every class. Senior Kathy McFarren and friend Steve Kitta enjoy spending time together watching the fire works on the fourth of July





Sashayon "Shawn" Purcell



Aaron "Tracy" Queen



Perry Queen



Stephen Quintavalli



Joanne Ratselis



Daniel Raley



Michael Raper



Ron Ravella



Lisa Raynes



Sandra Reed



Donna Reid



Tony Reza



Arney Richardson



Debra Richardson



Mark Ricks

Warming up to sweep the students off their feet are Scott Stirling and Wally Edwards. Both Scott and Wally have presented the morning announcements for the past year.

Who, What, When, Where, Why?

"Who are those idiots?" "Will you shut up?" "Is this really necessary?"

These were the questions that swirled around in the minds of students as they sat in their homerooms listening to the morning announcements, waiting for yet another day of education to begin.

The answers to those questions are: seniors Scott Stirling and Wally Edwards, no and yes.

The morning announcements were received each morning with a surprising level of enthusiasm, as students waited eagerly for the gleaming pearls of information dropping from the P.A. system.

Courtesy of Wally Edwards"





Elisabeth Beth Ritz



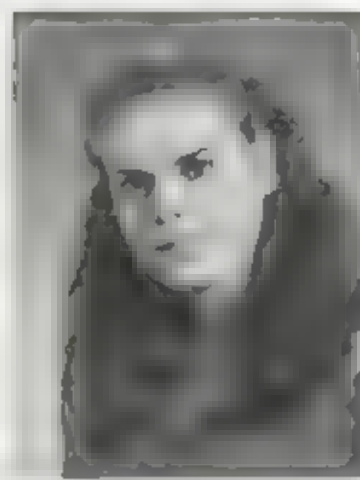
Paul Roberson



James Robertson



Celeste Rogers



Marilyn Roisch



Jammie Rose



Kevin Rose



Carol Ross



Eden Ruiz



Eric Ruiz



Steve Shaeffer takes a stab at playing "Risky Business" on the tennis courts



Jeanette Rummer



Deborah Rupp



Michelle Russey



Allen Ruths



Jennifer Ryerse



John Saka



Four students attended Governors School for the Gifted last Summer. They were Hapi Bhattacharya, Kathy Smith, and David Soyler. Not pictured is Bev Manderville.



Steven Schaeffer



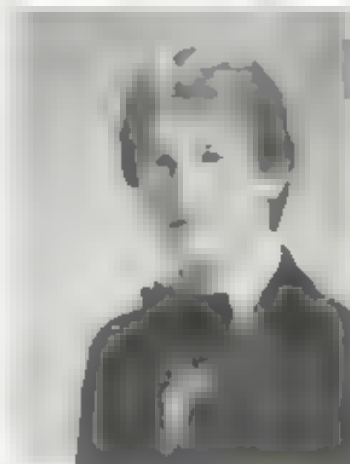
Dawn Schlemgen



Michel Schwab



Lisa Schwartz



David Scott



Debra Scrogum



David Secrist



Michael Selgelid



Robin Semper



Jean Shah



Susan Shane



Hedi Sheets

Challenging Summer

While most other students were either swimming or basking in the sun last summer, four Potomac seniors were busily working at the 1983 Governor's School for the gifted.

The Governor's School is a special program tailored to meet the needs of "gifted and talented" students. In order to be selected, the prospective candidates had to go through a lengthy process that consists of an essay of at least 4,000 words and an application form that left most of them wondering whether Governors School was worth all the trouble. However, after they finally got all of their work in and had a few weeks to contemplate their chances of being accepted, they began to realize the trouble was worthwhile.

Because no grades were given for any classroom work, the program afforded the students the chance to learn for the sake of learning — a rare opportunity.

All the participants felt that Governors School was definitely worth giving up a month of the summer for. They had some very special times and came home with memories that will last them a lifetime.



Wendy Shepherd



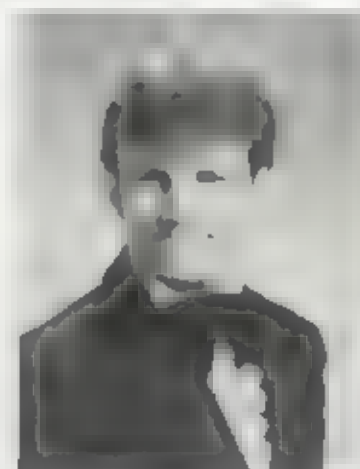
Judith 'Judy' Sheridan



Teresa Shifflett



Don Shive



Sheldon Simonovich



Bryan Sims



Beverly Sinclair



Kimberly Sisk



Jacquelyn Sizemore



Julie Slade



Andre Smith



Larice Smith



Kathryn Smith



Kenneth Smith



David Snyder

During Spirit Week, Beverly Mandeville displayed her school spirit with the official Win the Photo Search courtesy of Nolan Malone.





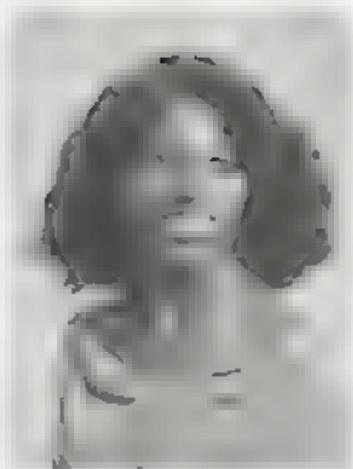
Regina Sommers



Marianne Sonon



Keith Spangler



Karen Spates



Arnold Squier



Kimberly Stafford



Darren Stalder



Susan Stanley



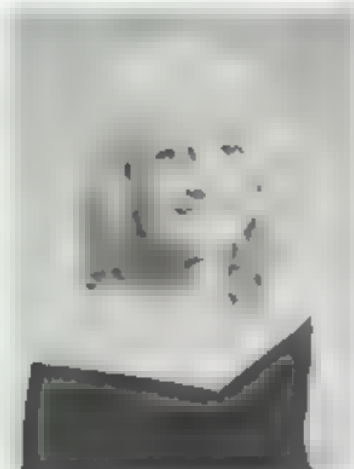
James Stepnowski



John Sterbutte



David Stevens



Alison Stewart

Fads and Fashions

During the past year the "new wave" came back to haunt us. Again students were making a come back with the fashions of new wave and punk. There were parachute pants with zippers or snaps for those students who were airborne and wanted to take off. Spiked hairdos, birdnest hair styles and true tribal mohawks became a common sight. Mini skirts, checkered and polka-dotted shirts and muscle shirts were now making a scene. From those who wanted to hide from the world, camouflage fashions were worn. All these outfits came in wild and brilliant colors. All were true attention getters.

Aside from all the wild, crazy and bizarre fashion of punk and new wave were still the students who remained wearing clothing that fit their personality and taste.

Some students still preferred the look of Ivy League (prep) which included anything from green eyed Izod alligators to topsiders and shetland sweaters. Jocks and jockettes had their own fashions too. They wore styles to fit the individual sport. Puma, Nike, and Adidas became everyday names. Rugby attire, ocean wear and sweat suits were often seen.

Other students still preferred the casual, even comfortable, look of denims, plaid shirts, t-shirts, hiking boots and a wide variety of hats.

Last but not least were the students that liked to dress up. They wore anything from designer jeans to dressy pleated pants. The girls topped their slacks off with crisp ruffled blouses or colorful sweaters. Oxford shirts were worn by all in colors from pastels to striped.



One of the newest fads is wearing an earring. Jimmy Carson is a perfect example of how it is worn.

All enjoyed seeing the changes in styles and participating in the different fads that came and went. What will next year have in store for us?



Scott Stirling



Scott Storey



David Sweatmen



Kenneth "Casey" Swecker



Sharon Sweeney



Wayne "Alan" Tardiff



Gerald Taylor



James Taylor



Suzanne Terrazas



Brian Testerman



Teresa Thacker



After school, many of the athletes stay after school to lift weights and build up muscle power. Jimmy White works on improving his leg power to add distance and power to his kicking game.



Bill Tharp



Paul Theriault



Andrew Thomas



Claude Thomas



Kelly Thomas



Ovella Thomas



Robert 'Mike' Thomas



Stuart Thompson



Denise Thornton



Paul Tiede



Donna Tipady



Kenneth Touloumes



Alicia Toney



Ross Tray



Patricia Trelnaxie



Douglas Trenor



Robert Trumpower



Stacey Tucker



Cynthia Vause

POTOMAC'S FIRST



"Pretty as a picture" is an apt label for this young lady! Katie Homan was voted Potomac's very first Homecoming Queen.

The song "Isn't She Lovely?" was played at the Homecoming Game as Katie Homan's election as Homecoming Queen was announced. The answer to the theme song's question is — Yes, Katie is lovely, and so were the senior princesses in her court. Included in the group of Potomac's prettiest were Marisa de los Santos, Shawn Purcell and Teri Carter. It was an exciting occasion for all as past and present Panthers celebrated Homecoming on October 14th.

The Homecoming football game was played against H.D. Woodson, and the Panthers were in command. They came out on top with a score of 13-8.

The following day, the junior class worked hard on the decorations for the traditional Homecoming Dance. Katie and her court were escorted by their dates and presented to all in attendance. Katie was then seated on her throne and the dance floor was reserved for the court to begin the festivities.

Potomac's first Homecoming was a real success and will be remembered fondly by all in the years to come.



Christa Vernarelli



Timothy Vinson



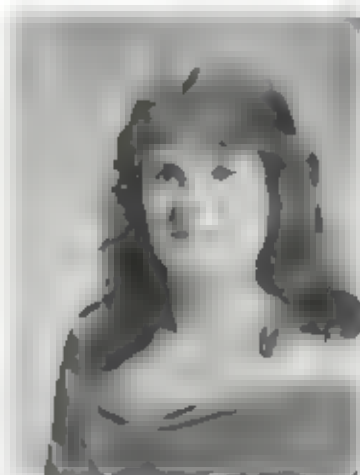
Shannon Wagner



Maryola Walker



Christopher Washburn



Monique Watson



Michael Weis



Jun Westbrook



James White



Kerry White

TURN AROUND BRIGHT EYES

During the class of '84's four years of high school, many changes and events took place in the community, around the country and in the world.

We've watched as wars broke out and innocent people were killed, countries continued to quarrel and fight over issues such as borders, and occurrences of years ago, hostages have been taken, and even threats of nuclear wars that could destroy entire countries or even the world. But those years haven't been totally violent. Many things happened that were happy and put smiles on faces. There were times when two countries came together and joined forces in peace to search for wreckage and loved ones, there were new presidents and prime ministers taking office with optimistic views and ideas, "fairy tale" courtships, royal weddings and eventually royal births, discoveries and advancements in space, medicine and technology were made, giving us hope for the future.

We've learned what to expect in the future. By watching, studying, learning and understanding the events of the past we can better the future and learn from the mistakes others have made to prevent past tragedies from occurring in the future.





Tammy Whitmer



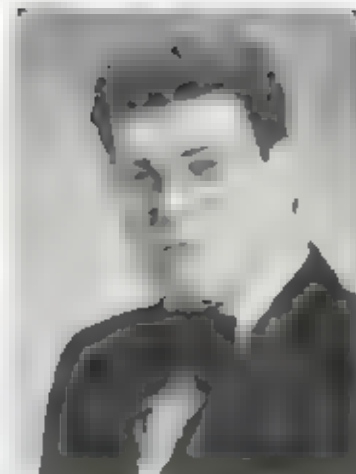
Ashley Wiggins



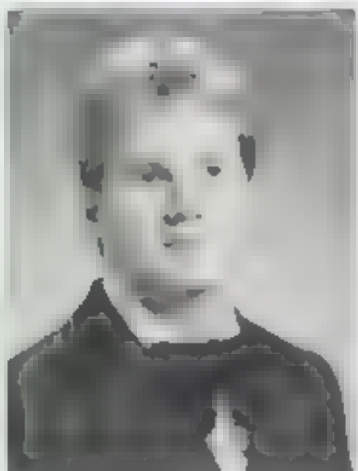
Annette Wichans



Jeffery Williams



William Williams



James Williams



Michael Wilson



Tara Wilson



Ted Wayne Wilson



Rene Woo



Robert Zacharias



Tim Anderson and Paul Therault head for another day of football practice at summer camp. Although long and arduous, camp helped prepare the team for another great season.



David Zaworski

Senior Stats . . . Senior Stats

David A. H.

Mr. A. said

1981

John A. H.

1981

Rita Alston

1981

Phil Anderson

1981

Susan Arvola

1981

Tonni Austin

1981

Cindy Babb

1981

Brian Bagote

1981

John Baldwin

1981

Nancy Barber

1981

James Barron

1981

Kelly Beckman

1981

Krista Bergeria

1981

Debaditya Bhattacharjee

1981

Anena Boyd

1981

Maryanne Brady

1981

Mandell Bray

1981

Tim Bridgett

Wes Brown

1981

Wes Brown

1981

Dawn Buxton

1981

Rachel

1981

Kathy Burke

1981

David Burke

1981

Gina Burling

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Rebecca J. Butcher

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Ellen Butler

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Tamara C.

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Teri Carter

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Romy Cassin

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David Castle

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David Castle

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Chrissy Cooper

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Patricia Cornwell

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Wayne Cornwell

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Tom Corbett

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Crystal Fletcher

Crystal Fletcher

Nate Flynn

Nate Flynn

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Mark Hargood

Mark Hargood

Sharon Kuper

Sharon Kuper

Julie Helm

Julie Helm

John Heidey

John Heidey

Eina Henderson

Eina Henderson

Kyan Hensel

Kyan Hensel

Mark Henshaw

Mark Henshaw

Jul D Holley

Jul D Holley

Diana R Holloway

Diana R Holloway

Kelly Huxford

Kelly Huxford

Barbara Hudson

Barbara Hudson

Lynda Hustead

Lynda Hustead

Almondy Jackson

Almondy Jackson

Kymberly Jackson

Kymberly Jackson

Sharon Jarboe

Sharon Jarboe

Michael Noel Johnson

Michael Noel Johnson

Shawanda Lee Johnson

Shawanda Lee Johnson

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Senior Stats . . . Senior Stats

Club 9 Activities — Fashion Show 1 Powder Puff Football 10: Concert Choir 9, 10: Junior Class Play 11 Faculty Follies 11 Signal 9 10 11
Memory All of the wrestling matches we went to at Va Beach, Richmond, it was so much fun. Thank Christine Sherr, Terri, Terri Ash, and Mr. Cameton?

David L. Secrist Sports — Tennis 9, 10, 11 12 Clubs — National Honor Society 11, 12 Debate and Forensics 10 11 12 (Treasurer) Junior Civilians 10, 11 12 Marching Band 9 Symphonic Band 10, 11 12 Activities — Senior Class Secretary Signal 9 10 11 12
Memory The Tennis Seasons, Championships, Great times with 104 Times with Mr. Cummins, February 25, 1983 when Julie, a long awaited dream came true

Michael Seigel Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Rob Semper Sports — Wrestling 11, 12 Clubs — National Honor Society 11, 12 Debate and Forensics 10, 11 12 (Treasurer) Junior Civilians 10, 11 12 Marching Band 9 Symphonic Band 10, 11 12 Activities — Senior Class Secretary Signal 9 10 11 12
Memory The Tennis Seasons, Championships, Great times with 104 Times with Mr. Cummins, February 25, 1983 when Julie, a long awaited dream came true

Sue Sharr Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Teresa S. Platt Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Heidi Shultz Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Tracy S. Sweeney Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Julie M. Spier Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Kathy Smith Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Kenny Smith Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Dave New Snyder Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Regina S. Sweeney Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Marganne Sonon Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Wendy Spates Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

David Stevens Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Memory Summer of '82 trip to Mexico with Ms. Whitt's Spanish class. We had a blast. Thanks to the class of '83 for all the great memories. Meeting Sherr, who gave me the best memories. Love you Sherr

Scott Stirling Sports — Track 9 10 11 12 Indoor Track 12 Basketball 9 10 11 Football Spotted, Announcer 11 12 Clubs — Basketball Announcer 12 Morning Announcer 12 Cross Country 9 Activities — Choir 9 10 11 12 Ensemble 11 12
Memory getting my Blue Book, shing with F.H. going with Christine. Being a co-star in Wonderful Town. The wreck will always live. Just being at student at Potomac Senior High School

Sharon Sweeney Activities — Literary Magazine 12
Memory The classes of '83 and '84. Our Man, "Big Ape" Renny Simon, "Lay" Douge, and Little Joe. David, Doug, Danny Mike and Mark for successfully driving me insane. Crazy and embarrassing situations with Kim and Jodie

K. C. Swecker Clubs — Vica President of Vica 12 Activities — Talent Show 11
Memory Mitch Schwa, Frank Wolfe and the guys

James Taylor Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

John Taylor Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

John Terrazas Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

John Terrazas Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Blair Testerman Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Tracy Thacker Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Paul Thernault Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Claude C. Thomas III Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Kelly Thomas Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
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Denise Thornton Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
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John T. Todor Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
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Memory Mitch Schwa, Frank Wolfe and the guys

Cynthia T. Vause Clubs — Pep 9 10 FB, A 11 12 Activities — Concert Choir 10 11
Memory McCourt's class with W.W. Homeroom with D.L. and K.M. Accounting with B.S., D.L., C.D., G.B., R.J. and Mrs. Hawn. Remembering My close friends — D.D., D.L., D.D., E.E., S.G., B.S. and especially h.m. — thanks for your love

Christa J. Vernarelli Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Christa J. Vernarelli Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Tim Vanson Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Shannon Wagner Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Christopher Waxman Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
Memory Mitch Schwa, Frank Wolfe and the guys

Mike Weiss Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
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Mike Weiss Sports — Wrestling 11, 12 Clubs — Junior Civilians 9 10 11 12 (President) Debate 9, 10, 11 12 (President) Teen Counselling, and SCA
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Memory Mitch Schwa, Frank Wolfe and the guys



Duane Sampson is all ears as Mr. Maloney discusses the complexities of the signing of the Magna Carta in his fourth period American Studies class.



Not only does it take a good voice to perform in choral works, but it also takes charm and personality to make the performance a real success. Dana Lee demonstrates all of these abilities.

GETTING A CHARGE OUT OF LIFE

Although underclassmen comprise the bulk of the population of the school, they are rarely in the limelight. Seniors are always overshadowing them; teachers have to worry about their recommendations, Guidance has to worry about getting them into college, and there is little time left over for the rest of the student body.

However, occasionally underclassmen pry everyone's eyes from the Seniors and focus them on themselves. At Homecoming, the Freshmen stole the show with their winning float depicting Dumbo, the magical flying elephant. During Spirit Week, the Sophomores proved a formidable opponent to the Seniors and, after a tremendous struggle, finally came out on top. The Juniors had their turn to shine when they held the Junior Senior Prom, for which they had been working all year.

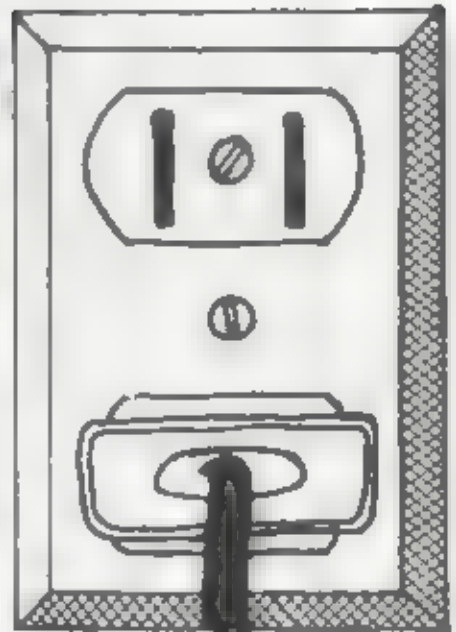
And even if these brief moments of glory were not enough to satisfy the underclassmen, they always have their Senior year to look forward to when they too, will have all eyes on them.



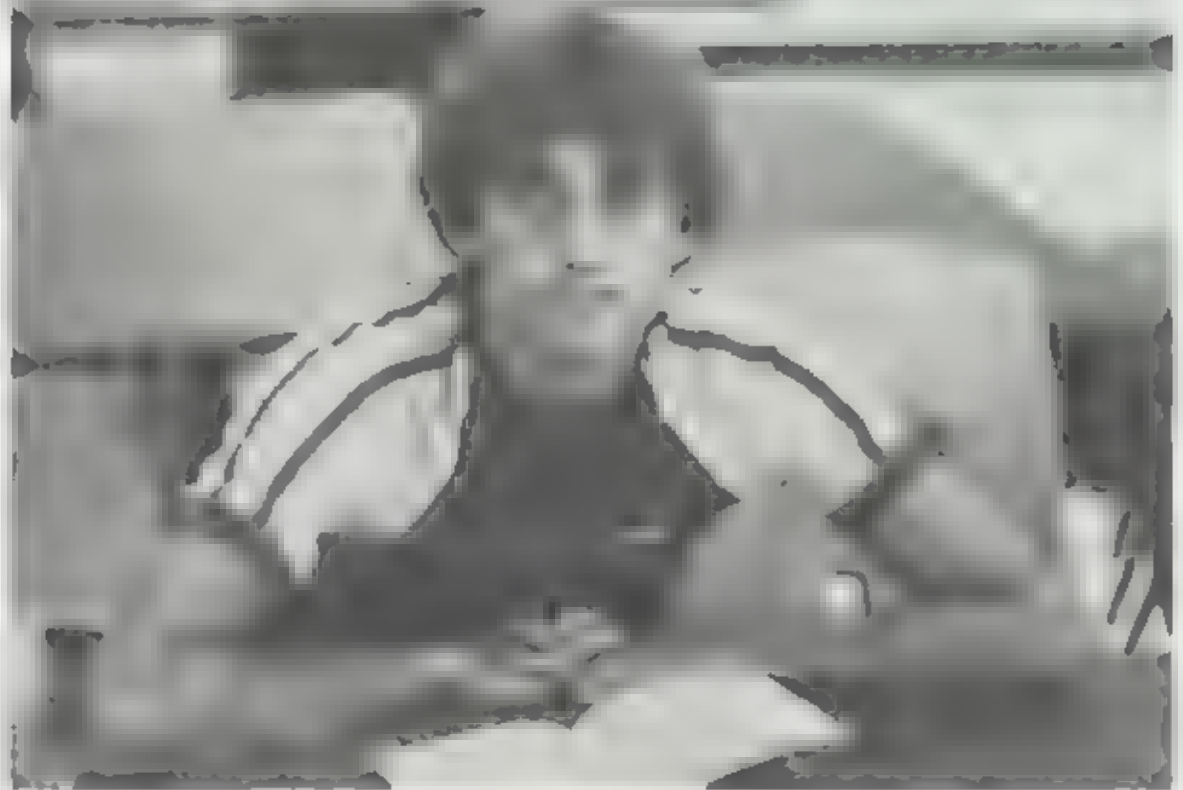
As biology lab partners, Ray Terczak and Kevin Bella share the responsibility of completing the experiment. Another good thing about having a partner is having someone to blame if something goes wrong!



During Spirit Week, the sophomores proved they have the most school spirit in the entire student body. Even in the classroom, cheerleaders Ann Beamer and Andrea Tardiff showed their spirit.



With intense concentration, Donald Tisdale listened to Coach Brown at summer camp. His concentration paid off on the football field.



To most students, their Junior year was the most difficult at least in English, because of the compulsory research paper that goes along with it. Finding information on the topic is usually the hardest part, as Todd Jenkins discovered.



JUNIOR CLASS OFFICERS — Treasurer, James Miller Secretary Kim Feltault, Vice President, Kelly Johnson, President Doug Misenko

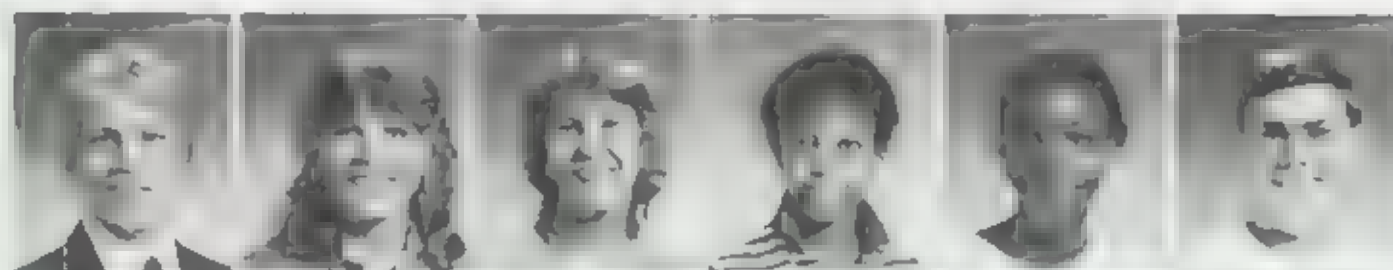
The Class of '85 went to great lengths to raise money for the Prom. Starting with almost nothing, the Junior Class sold fruit at Christmas, organized the Junior-Senior powder-puff game and gave the Homecoming Dance. They also held Potomac's first MORP Dance and Val-O-Grams were sent on Valentine's Day.

These new fund raisers added variety to Potomac and were successful in giving a first-class Prom. The Class of '85 is sponsored by Jane Feret and Caroline Leggett.



Kim Evans and Mike Hargraves show that studying is not the only thing done in study hall.

Juniors — Almost There



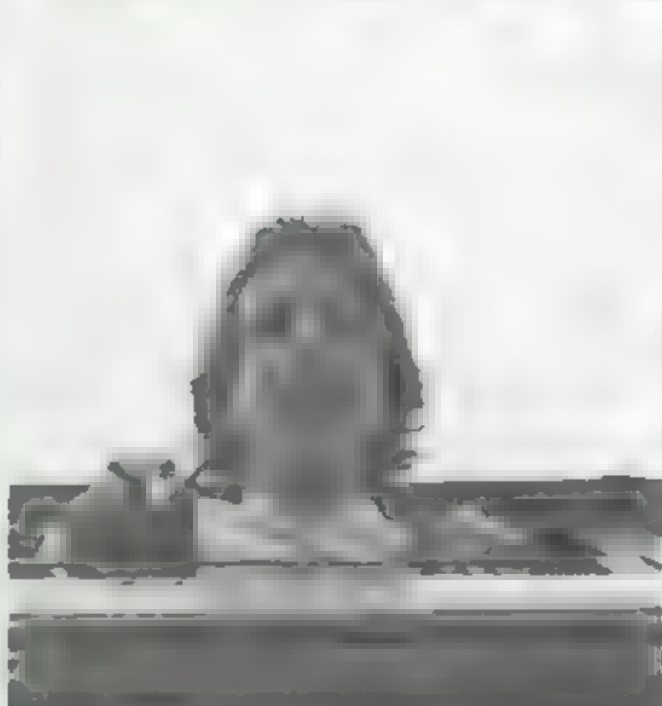
Chris Abel
Jenny Abe
Charlotte Acker
Mia Alexander
Carla Allen
Tim Anderson



Tony Anderson
Tortica Anderson
Kimberly Angelo
Sharon Arcaro
Angie Arrington
Rodney Arrington



Richard Asbery
Mike Ausley
Jeff Ayres
James Bailey
Steve Bauey
David Baird



Finding relief from the crowded conditions of his bus, Bill Fiske takes a breath of fresh air



Peggy Baker
Scott Baker
Tyrone Baker



Barbara Banks
Todd Banks
Garland Barr



Suzi Barron
Paul Bartosch
Paige Basham



Carolyn Beener
Mike Beicher
Diane Benevides
Stephen Bentley
Michael Berry
Scott Berry



Stephanie Berta
Lee Birch
Tony Black
Victor Blake
David Boggess
Cina Bolik



Junior Homecoming princesses, April Koontz and Gina Bolk smiled for the crowd in the stands. Potomac won the Homecoming game over H.D. Woodson 13-8.



Seated in the back of the classroom, Sean Rice pondered over the intricacies of typing.

Darlene Renee Boulden
Cynthia Bowler
Melinda Bowler
Jenny Boyd
Stephanie Boyd
Duane Brawner



Kim Briggs
Bucky Brill
Kim Britt
Patrick Broderick
Peyton Broderick
Brenda Brooks



Bill Brown
Alisa Browning
Burton Browning
Geoff Browning
Dan Brunsma
Sharon Bryan

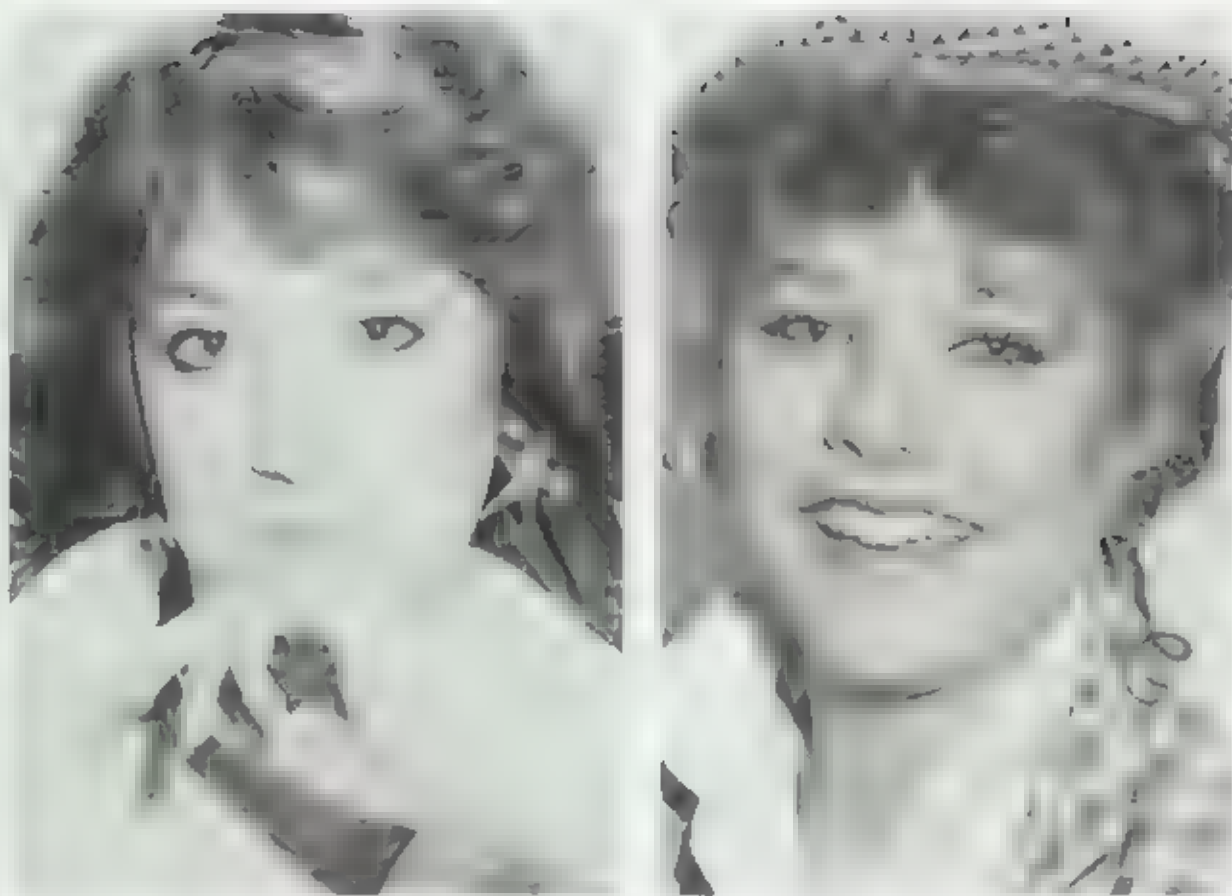


Suzette Buchanan
Debbie Buckner
Christina Burford
Ronda Burnett
Melissa Burrell
Katie Byrne



Christine Campbell
Staci Cannon
Brian Caperton
Trip Carder
Travis Carney
Tonya Cartmili





Heading for Success

Photo session, runway, make-up and posture became everyday expressions for juniors Jenny Abel and Stephanie Berta when these girls entered the world of teenage modeling.

Jenny and Stephanie began modeling in June of 1983 with no previous experience. They took classes at Finishing Touches in Springfield, which taught them modeling techniques, walking and appearance.

Their poise and grace showed that they had been well-taught. Even if they do not end up in modeling as a career, these characteristics will always assist these two charmers in anything they do.

Pictures from their personal portfolios reveal the charm of Jenny Abel and Stephanie Berta. Portfolios are a collection of pictures used to show previous modeling experience. They are helpful in obtaining future employment.



Kate Ceravich
Lorne Chicka
Gary Christiansen
Thomas Clark
Mike Cobb
Brascal Cole



Paul Colletti
George Collins
David Comerford
Lori Conatser
Sean Connolly
Debbie Cornwell



Cathy Cousins
Chris Cox
Sheri Cox
Shawn Cove
Mark Craig
Mike Creegan



Liz Critzer
Cindy Cunhiff
Scott Dadson
Kenny Daniels
Dorene Davis
Haynes Davis



John Davis
Louis Dean
Tasi Delaney
Raul Delao
Kathleen Delmore
John Dickinson

Noel Dickover
Todd Dil
Andy Dodson
Chris Donnell
David Dorton
Rebecca Douglas



Kathy Dowling
Mike Doyle
Steve Dunlap
Cathy Dutton
David Dwyer
Tim East



Tammy Edwards
Roger Embrey
Kim Evans
Tina Evans
Heidi Farber
Laura Feagan



Matt Featherolf
Kim Feltault
Alecia Ferguson
Erik Ferguson
Lisa Ferrell
Norman Fertsch



John Fillis
Rhonda Finney
Kelly Fisher
Bill Fiske
Tom Frasier
Shelbe Freeman



Michele Olio and Mike Oravec share the excitement of turning class rings. The rings were distributed at the Ring Dance held December 17



Rency Forehand
Diane Forsythe
Julie Fowler
Tonia Fox
Chris Fullerton
Sean Fulton

Amanda Gaddy
Meg Gallagher
Michele George
Joe Gerace
Lisa Giglio
Anne Gilbert

Mark Gilbert
Lisa Gill
Shawn Gleason
Michael Glynn
Earl Gordon
Lana Gordon

Michelle Goodrich
Lisa Gosney
Kathleen Grafmuller
Ricky Gresham
Audra Grifley
Aure Grifley

Sandy Griffith
Sheila Griggers
David Grimsley
Roberta Grindie
James Haage
Jenn Haage

Not All That Glitters Is Gold

Amethyst, opal, topaz or black onyx? A wide variety of stone colors made class ring selections a difficult decision for many juniors. In September, the Herff Jones Company distributed ring order forms to interested students. Since the price of gold had dropped in the past year, many found that they could afford the gold ring setting they preferred. Others discovered Ultrium, a metal alloy, as a less expensive alternative.

The members of the Class of '85 received their rings at the Ring Dance, December 17. Most students participated in the tradition of ring turning. After having the ring rotated eighty-four times, they reserved the eighty

fifth turn for someone special. This procedure symbolized good luck for the future.

Although many held on to their rings, some "loaned" them to their girlfriends or boyfriends. They were worn dangling from a chain or on their steady's hand. Females resorted to a number of tactics to keep their boyfriends' ring on their finger, while guys found that many of the girls' rings would not fit over their first knuckle.

All in all, the rings stayed special to whoever wore them. As the ultimate symbols of high school, class rings represented years of education and camaraderie with friends and classmates.



Studying diligently for her upcoming Latin test is Suzy Larkin. Latin is one of the many foreign languages offered at Potomac.



Chairman of the Board, Mia Alexander, takes care of the necessary work at an after school meeting. Key Club is an organization which serves both school and community.

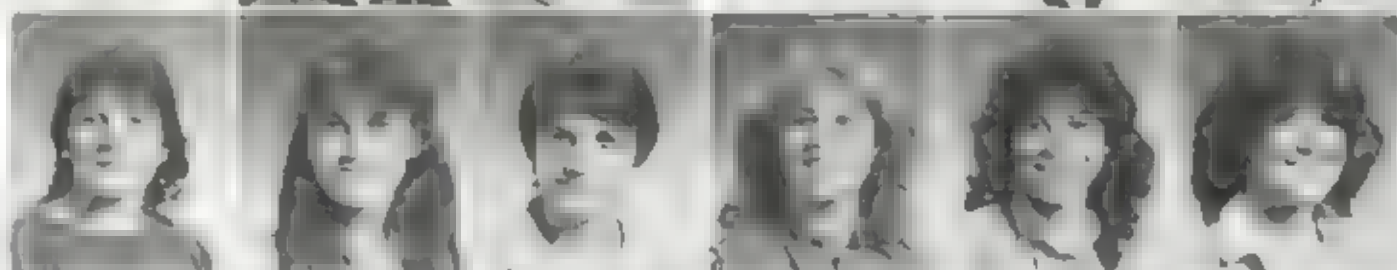
Wendy Hall
Laura Hambrick
Angela Hammons
Robin Hanifan
Mike Hargraves
Dana Harp



Bryon Harper
Dale Harris
Gary Harris
Kim Harris
Susan Harrison
James Harvey



Amy Hawkins
Tracy Hebert
Brian H Idreth
Kelly Hilton
Lisa Hise
Linda Holar



Tony Howard
Valerie Howard
Laura Hudak
Aaron Hudson
Karen Hudson
Jay Immel



Jacqueline Jacobs
Kelly Januszewski
Todd Jenkins
Todd Jennings
William Jennings
David Johnson





The Road to College — SAT

The Junior Class began to plan for college and these plans generally included taking their Scholastic Aptitude Tests. In order to prepare for the dreaded SAT, students were able to take a preliminary test, the PSAT. This helped them to become more comfortable with the real thing.

SAT's caused much anxiety among the students because they determined,

in large part, one's academic future. A high score increased a student's chance of getting into the college of his choice. Although a perfect score is 1600, the average score is 900. In order to help students prepare for these tests, after school SAT classes were organized and tutored by faculty members. Many students felt that the SAT test was the last big hurdle before graduating.

With furrowed brow, Tony Qualis concentrates with intensity. Preparation for the SAT's took total effort.



Kelly Johnson
Mike Johnson
Scott Johnson
Robin Jones
Tizon Jones
Michele Kanche



Craig Kargol
David Katzoff
Vicky Kearns
Eric Keaton
Barbara Kelly
Ardis Kendal



Jewell Kendall
Brian King
Billy Kirk
Darren Kirk
Ken Klemm
Jeff Klopp



April Koontz
Jeff Kreger
Paula Kroh
Cathy Kroman
Robert Krucelyak
Suzy Larkin

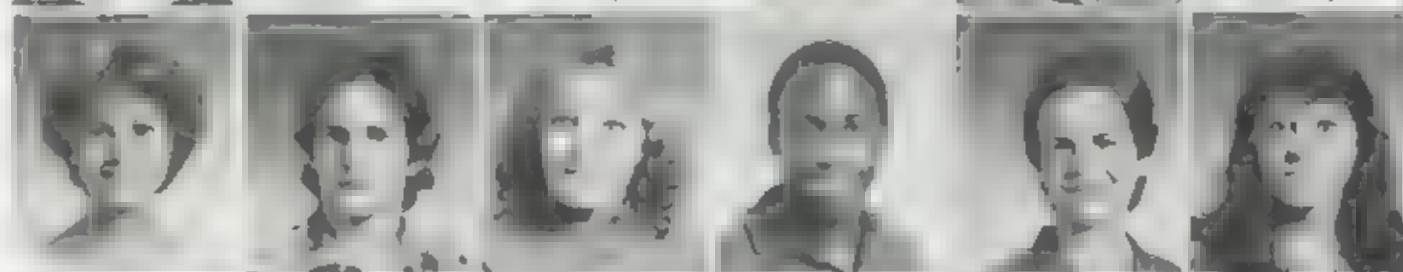


Rose LaRock
James Lauder
Joanna Lay
Bob LeDoux
Daniel Lee
Robert Leeper

Sandy Leonard
Ray LePage
Todd Lewis
Tracy Lidyard
Craig Liming
Kevin Lohr



Lisa Londino
Jody Long
Debbie Lough
Wayne Lovelace
Cindy Loveland
Susan Luedtke



James Lupo
Chris Lyons
David MacIver
Jim MacLean
Janice Maddox
Curtis Madrid



Christine Malloy
Maruka Malloy
Lenny Mandrgoc
David Manveil
Jennifer Marshall
Jeff Martin



Ron Martin
Donna Masio
Larry Mason
Shannon Matherly
Keith Mayfield
Linda Maziekus



Waiting for a club meeting to begin, Christine Malloy's attention is momentarily distracted. Clubs generally meet the first Tuesday of each month.

The complexities of the piano are part of Robby O'Neil's studies. The music program includes piano and guitar lessons.



Marie McDonald
Tracy McGinnis
Virginia Monks
Lynn Melloff
Lynda Mersing
Christine Michelson

Robin Mickett
Arthur Milbert
James Miller
Jennene Miller
Sean Miller
Douglas Misenko

Jewel Mitchell
Scott Moberley
Scott Molinari
Liz Munroe
Rick Moran
Julie Morley

Bess Morris
Carrie Moss
Jeannette Mullany
Roy Nalley
Brian Nary
Francis Nary

Anthony Nattania
Arthur Newman
Kathy Nicely
Lisa Nicciani
Mark Novitsky
Angie Nulton



A meeting of SADD keeps junior Tim Anderson after school. Giving one's all, after school is sometimes difficult to do after a long, hard day.

A Junior Is . . .

- almost a senior
- finally an upperclassman
- does not have to take P.E.
- has to raise money for the Prom
- in his hardest academic year
- eligible for special organizations like Teen Counseling, National Honor Society and Powder Puff Football

'85 Overview

On the top of the Juniors' list of favorites were the following

TV Show

1. Cheers
2. General Hospital
3. MTV

Celebrity

1. Sylvester Stallone
2. Eddie Murphy
3. Tom Cruise

Movie

1. Risky Business
2. First Blood
3. An Officer and a Gentleman

Musical Group

1. Def Leppard
2. Quiet Riot
3. The Police

Song

1. Footin'
2. "Cum on, Feel the Noize"
3. "Synchronicity II"

Radio Station

1. 101 WWDC
2. 105 WAVA
3. 107 WRQX

Football Team

1. Washington Redskins
2. Dallas Cowboys
3. Pittsburgh Steelers

Restaurant

1. Chi-Chi's
2. Pizza Hut
3. McDonald's

Vicky Owles
Teresa Pague
Pete Pandazides
Jason Pannell
Kevin Parker
Julie Patton



John Payton
Angie Peguese
Shawn Pernberton
Sean Peters
Debbie Peterson
Wendy Phelps



Megan O'Brien
Kelly O'Connor
David O'Donnell
Sean O'Donnoghue
Robert O'Neill
Michele Olio



Mike Oravec
Kevin O'Sullivan
Noreen O'Sullivan
Frank Otley
Kim Overton
Brenda Owens





Early for his morning practice at football camp, Scott Berry takes advantage of the spare time to rest while he awaits his teammates. There was generally little time to spare.



Danny Raley risks his life on the driving range with Sean Rice and Ernie Terrazas at the wheel. Driver's Ed is taught in order to avoid scenes like this one.



Jennie Piesk
Karen Piwowarski
Beth Poland
Jennifer Polack
Matt Pope
Jeff Porter

Laura Porteus
Doug Potvin
Steven Pregoner
Kim Pullen
Bridgette Purvis
Tony Quails

David Queen
Beatrice Quintaval
Thomas Rand
Bonnie Reed
Rox Reeves
Yolanda Reynolds

Sean Rice
Ira Richardson
Sallee Richardson
Zina Riggs
Betty Roberts
Stacey Roe



Kirk Rogerson
David Ross
John Routsounadis
Mylene Rowe
Christy Rowen
Sean Rul



Mike Rube
Tammy Rutkoskie
Tom Saeman
Duane Sampson
Tony Scailan
Traci Schrack



Deborah Scott
Nazi Shah
Karen Shelley
Tammy Shiflett
David Shive
Karen Shive



David Simensen
David Simpson
Jackie Sinkosk
Eric Smith
Leslie Smith
Ronnie Smith



Hamming It Up

Radios mean more than "Rock and Roll" to Junior Joe Williams. In 1980, Joe became interested in amateur radio broadcasts. After getting in touch with the American Radio Relay League, Joe took lessons. During the summer, Joe made his first contact over the radio with his teacher at WBUCZX, passed his test and earned his license. Unable to work at his radio over the summer due to a near fatal accident, Joe made contact with another ham radio operator in Pittsburg that fall. Since then, he has made 305 contacts in over thirty states. Not limiting his horizons to the United States, Joe has talked to people in England, Canada, the West Indies, Sweden, British Columbia, and other countries. In order to communicate in a common language, the overseas contacts are made in International Morse Code. Joe's interests can truly be said to cover the globe.



Sitting among his radio equipment is Joe Williams. Such a rare form of communication for a young man makes him friends all over the world.



Thomas Smith
Renae Smoot
Angie Spooner
Dan Stanley
Steven Stanley
Adam Stapor



Nicoel Steagall
Bobby Stelko
Shelue Stennick
Robert Sterbutzel
Shawn-la Sterns
Raymond Storey



Tim Sullivan
Danny Sweeney
Edward Sweeney
Tracie Sweeney
Chris Szentes
Dee Tainter



Brannen Taylor
Ernie Terrazas
Michelle Therault
Patricia Thomas
Tina Thomas
Jeanna Tillyman

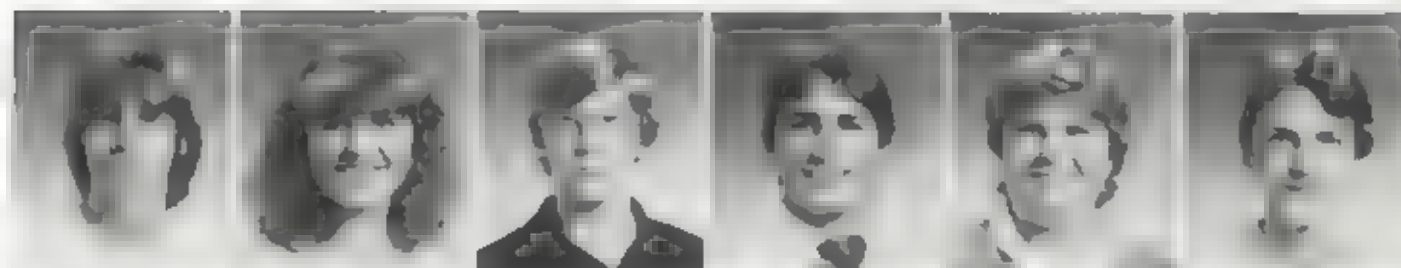


James Trent
Joanne Triano
John Triplett
Dennis Tucker
Kim Turner
Gene Turpin



Running chains for the Freshmen and Junior Varsity football games are Richard DuBreuil and Pete Pandazides. Football players are a versatile group of guys.

Eddie Tyrell
Tammy Valentine
Paul Vals
Jeff VanFleet
Pam VanStaden
Don Vaughan



Tina Viehmeyer
Bobby Vittek
Renee Voegtly
Mark Vowel
Karen Waggoner
Joe Walker



Tonia Waiker
Robert Wallace
Amy Wallich
Renee Warner
Kim Watson
Maria Weis



Mike Welch
Karl Wertz
Carmen Wessolleck
Lisa West
Keith West
Kevin West

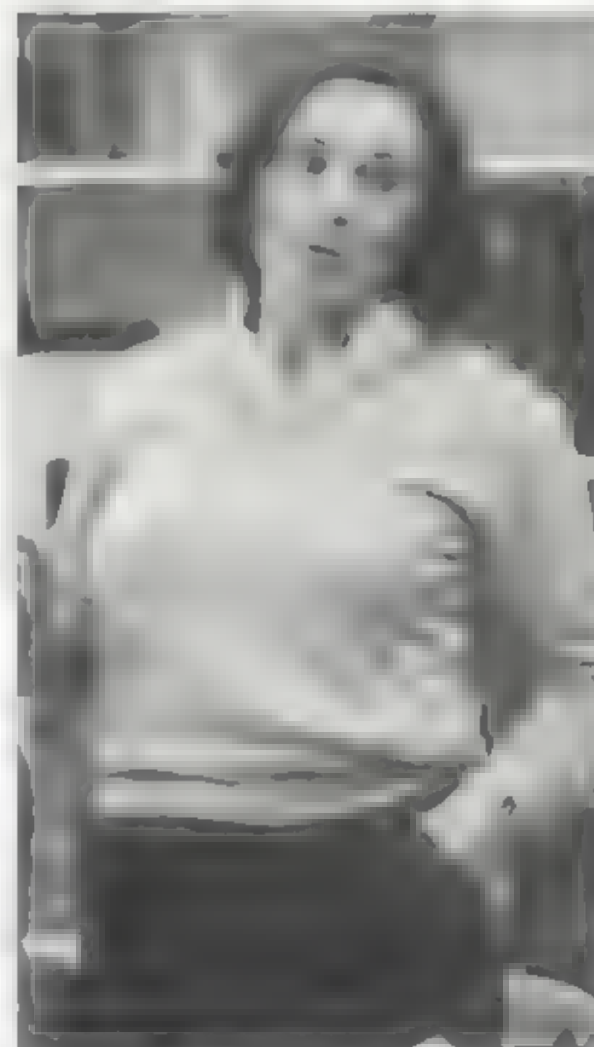


Why Are You SADD?

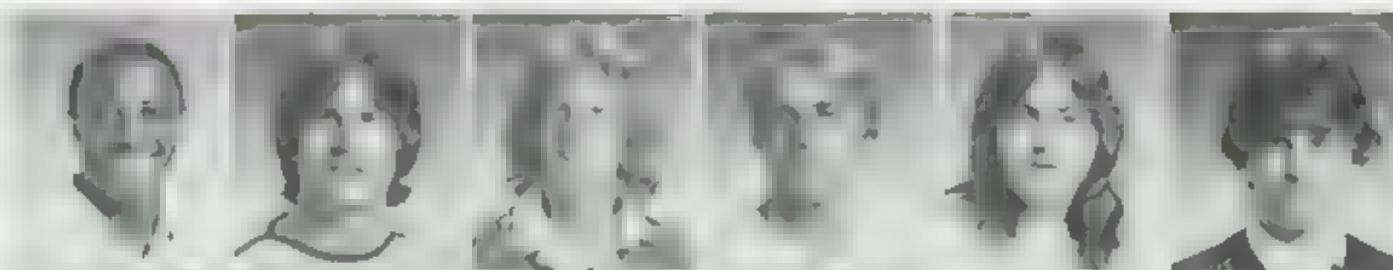
Few people realize how serious it is to drive when drunk or how many people are killed each year by drunken drivers. One organization which tries to promote public awareness to this problem is Students Against Drunk Driving — SADD. A Potomac chapter of SADD was organized this year by Mrs. Peterson. She was responsible for sending Scott Dadson and Kelly Johnson to the Washington Regional Alcoholic Program. At this seven hour seminar, they were shown how to set up their own chapter of S.A.D.D.

National Alcoholic and Substance

Awareness Week was December 11 through December 17. Scott and Kelly began their membership drive a week earlier to inform students of the importance of this organization. A week later, a parents' meeting was set up to increase adult awareness about what was being done about drunk driving. The response was excellent. "We wanted to get the word out about S.A.D.D. in a way that teenagers would understand," stated Scott. Plans were also made and carried out to expand the program to hereby middle schools.



At a meeting in the library, SADD sponsor, Mrs. Peterson, explains the purpose of the organization. Many students gave freely of their time and effort to make the group a success.



John Whirl
Bobby White
Brenda Whitmore
Greg Wickline
Anita Williams
Doug Williams



Jerry Williams
Joe Williams
John Wicks
Lee Wilson
Scott Wilson
Stephanie Wise



Tammy Witherspoon
David Wittig
Wanda Wolfe
Chris Wolfe
Conrad Woo
Betty Woolfrey



Patricia Woods
Beth Wright
Matt Wright
Lisa Zawolski



Photo by Danny Lee

Head of S.A.D.D., Scott Dadson, discusses the issue at hand — drunk driving. Scott has many plans for the organization to raise money to help alcohol abusers.

The class of '86 will always be able to look back upon their sophomore year at Potomac with pride in their achievements. They proved their spirit by working hard together during Spirit Week. As a result of this hard work, they received the "All Around Spirit Award" at the first Homecoming Game. They were the first class to break the 1982-83 record in Spirit Link sales. Fondly, they will recall the outstanding quality of work into the hall and float decorating which depicted the theme of Walt Disney. With their team work and dedication to making Potomac Senior High School number ONE, the class of '86 has proven that they have the "MORE" that makes the sophomore!

The class was sponsored by Ms. Bates and Mr. Jones. Through their many accomplishments, they have proven that the Class of '86 will always be a strong, successful part of tomorrow's future.



Science is an important study for all students. Two credits will soon be required for graduation. Julie Wheat and Beth Hazlip try to understand a new chemistry concept.



The following were the leaders of the class of '86: President — Heidi Hinkamp, Vice President — Susan Vowell, Secretary — Qin Hui Chi, Treasurer — Mark Turner.

Sophomores — A Step Ahead



David Agatone
John Albers
James Alexander
Lisa Alonzo
Cathy Anderson
Patricia Anderson



Mark Anglin
John Apperson
Jim Atkins
Garry Babbitt
Nancy Bagalo
Michelle Bailey



Rick Baima
Michelle Banks
Steve Barber
Rick Barfield
Susan Barger
Chris Borko



Mandi Barrett
Mark Bartlett
Anne Bartosch
Grace Bos
Dawn Best
Ann Brammer



John Beckman
Mike Belforte
Jeff Belcher
Kevin Bellis
Cesar Benavides
Laura Best



Cheryl Beyer
Sarah Bickford
Diana Biddle
Connie Biehler
Joseph Blake
Richard Blanchfield



Tracy Bombalsk
Robert Boonstoppel
Theresa Boudien
Paula Boykin
Nina Bradshaw
Cheryl Brady



Michele Brady
Tami Brandt
Johnna Branham
Tim Bray
Angie Brosius
Jim Brown

While carefully watching the cones, Kim Harris checks the side view mirror. Lucky partner Tammy Witherspoon is there to give some side seat support.

From Range to Road

Learning to drive and getting a driver's license was one of the biggest excitements of being a Sophomore. This time will be remembered, for a while, because Sophomores take Driver's Education as a part of P.E. class. Driver's Education or P.E. classes were taught by Mr. Sorrel, Mr. Gardzel, Mr. Qualls, Mr. Cameron, and Mr. Clarke.

In order to take Driver's Education a student must be fifteen years, eight months old and have a learner's permit.

The requirements for the Drivers Ed course were thirty-six class hours, ten hours on the driving range, of which five

were spent driving and five were spent observing. There was also on the road training which was four hours, while, on the road, students drove in various places such as Montclair, Woodbridge, Interstate 95, Highway 234, and Route 1.

After successfully completing the Driver's Education course, the students received a certificate of completion; this proves that the student has completed the course. Passing Driver's Education was only one-half of getting a license; the other half was passing the Driver's test given by the Division of Motor Vehicles Department.



Keith Brown
Maria Brown
Tracy Bruegger
Renee Brunson
Nickie Bryan
Karen Buchanan



Kimo Buckon
Lori Burchard
Erika Burkey
Winnie Butler
Michelle Caddigan
Chrissy Callahan



Angela Canard
Christina Carver
Susan Cass
Amy Cassady
Cindi Castleberry
Anne Chaffee



Patrick Chaffin
Becky Chaney
Un Hui Chi
Amy Chilson
Tom Cho
David Christman



Gregory Clark
Kandace Clark
Cathy Clarson
Monette Clawson
Eddie Coaly
Judy Coffenberry





Alice Colfman
James Coker
Ann Cornello
Paul Connaughton
Brigid Connolly
Randy Consia



Chip Consia
David Cook
Mike Cook
Toni Cope
Shawn Copley
Kara Cosgrove



James Crawford
Stacy Crawford
Donna Cregger
Susie Cropper
Lee Crumbley
Jimmy Currin



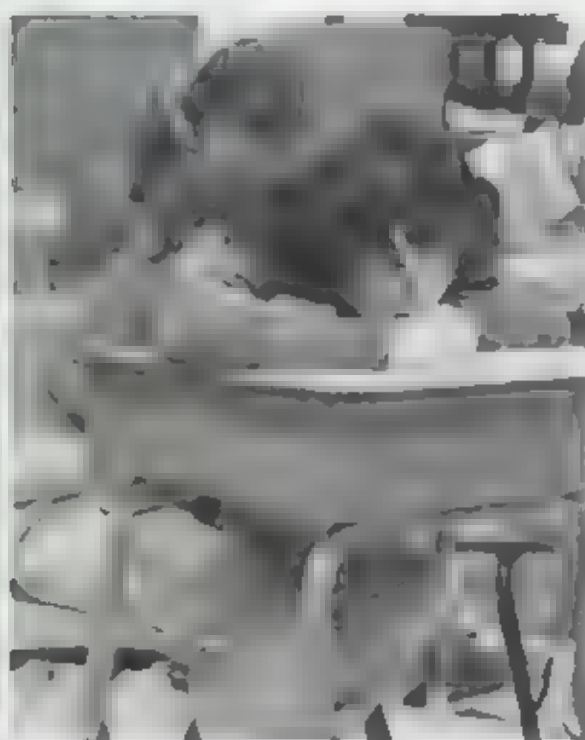
Mike Cusack
Stacey Derr
Diana Davis
Jackie Davis
Linda Davis
Nelson Davis



Paul Deahl
Carillo Dean
Andy Dearing
Kar Decker
Jamie Deemer
Keith Depersia



Marshall Deppe
Lisa Dexheimer
Jeri Dickinson
Stacy Dirisio
Donald Dixon
Diane Dodson

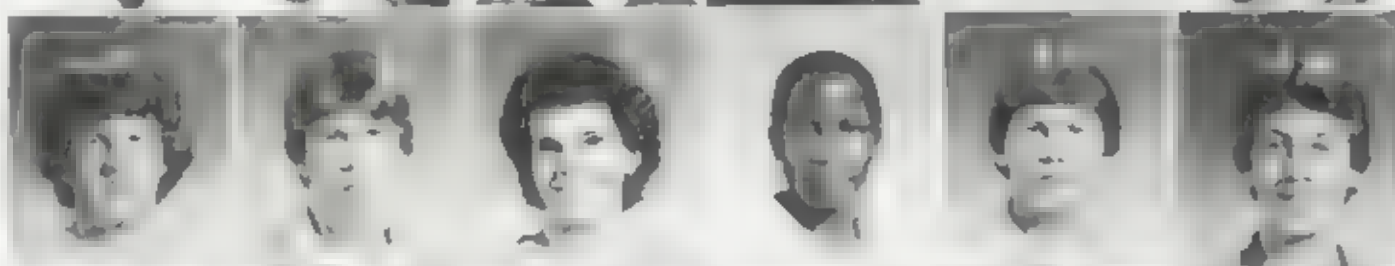


As the end of the day draws near, Qin Hui Chu rests as she completes her French assignment. French, although not required, is taken by many Potomac students

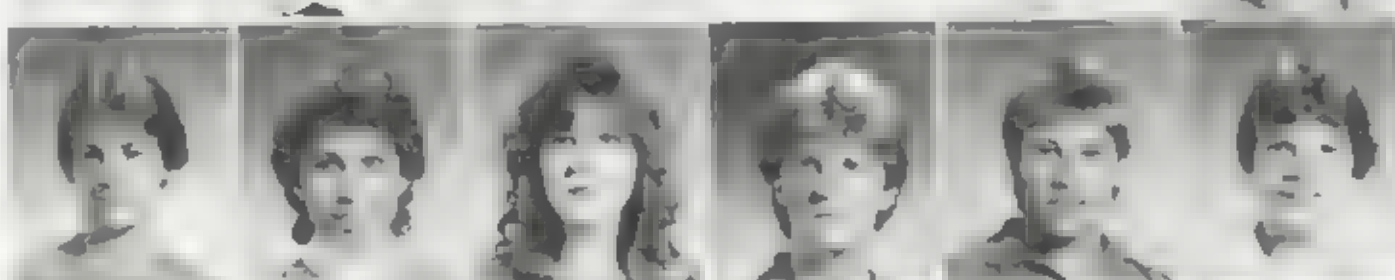
Kevin Dohse
Donna Dorton
Kim Dowd
Susan Doyle
Robert Drennan
Michelle Droler



Mike DuBois
Rob Dulin
Tricia Dunlap
Richard Durling
Bruce Earnhart
Paul Edelstein



Jeff Eden
Cheryl Elliott
Louise Elm
Chiff Emerson
Rodge Emmons
Bryon Ervin



Theresa Ervin
Jennifer Evans
Jackie Ewing
Doug Ferguson
Jody Ferguson
Eddie Fields



Eric Fink
Tern Fitzgerald
Pete Fleming
Lauren Fletcher
Tony Flippo
Karen Flynn



The Wonderful World of Wheels



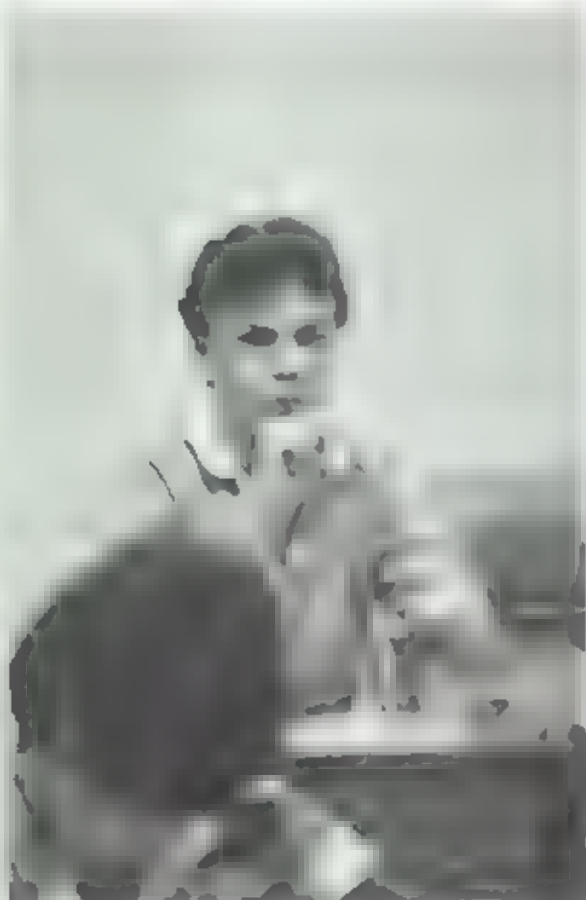
Roller skating is more than just fun and recreation. Steve March displays the many trophies and awards he has received as a result of his hard work.

Champion skater Steve March, who started skating at age twelve, began competing when he was only thirteen. He skated first at his local rink. When he realized how much he enjoyed skating, he began taking lessons and is now taking lessons at a rink in Reston. Practice takes four hours on weekdays and eight on weekends.

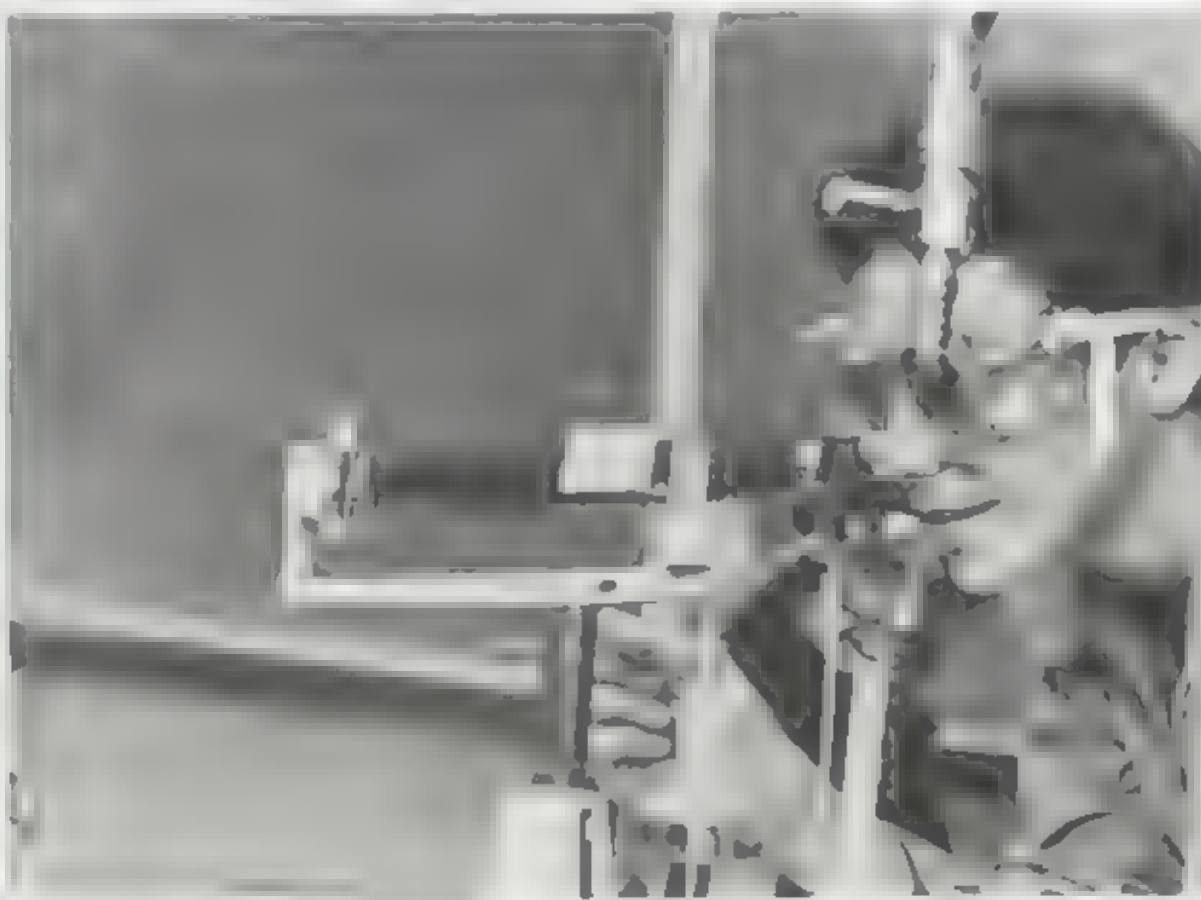
Steve has gone to many different places for competitions. He has skated in many locales on the East Coast and as far west as Nebraska and Texas. It has caused him to miss school, but Steve said, "It's worth it!"

His most recent success came at Virginia Beach where he took first place in Men's Figure Skating. He and his partner, Marie Powell, also came in third in Dancing. After high school, Steve plans to go to college. Skating, then for the time being, will have to take a back seat to studies. If his coach approves, Steve may turn professional after he has completed college. Steve is a young man to keep an eye on. He has his sights set high and is sure to be a success.

Pencils are hardly part of the daily nutritional diet however, John Funk finds that they help his concentration.



Future scientists Paul Renzo balances a set of scales for a chemistry lab. Jay Harvey looks on to make sure he is accurate. This is just one of many skills learned in lab work.



Mike Flynn
Betty Francis
Ben Francisco
Jerry Frees
Paula Frye
Dennis Froos

Dan-elle Furtis
Ann Marie Fortuna
Princess Foster
Dean Furman
Jeff Furnis
Erin Galm

Dan Garbett
Michael Gardner
Gary Garrison
Marc Gendron
James Geyer
Jay Gholson

Darryle Gibson
Teresa Gibson
Stewart Gilkison
Deidre Graham
Jennifer Gonzales
Glenn Gorden

James Gothreau
Marie Grandy
Paul Grasso
Jennifer Graves
Kevin Grayson
Tonia Greck

Lani Griffen
Amy Griffin
Stacy Gudgel
Beth Harzlip
Becky Hale
Kristy Hall



David Hailer
John Hanekau
Tracy Hansen
Edward Hansohn
Michelle Hansohn
Debbie Harnes



Beth Harris
Michael Harrison
William Hatfield
Heather Haworth
Shannon Haworth
Dale Hennen



Scott Heiser
Yolanda Herd
Melanie Hernandez
Brian Hillegass
Alfred Hills
Heidi Hinkamp



Lisa Hinkle
Jamie Hochmuth
Ernest Holbrook
Carolyn Holtzauer
Stacey Howerton
Randy Huggin



Horsing Around

From October to April, Saturday mornings find sophomore Tricia Dunlap riding to the hounds over hill and stream with the Warrenton Hunt. Fox hunting was just one chapter in Tricia's horse story. Every Friday evening, she headed for Warrenton where she spent the weekend with her riding coach, Devoe Sehnert of Hunt Country Stables. There she divided her time between working in the stables, fox hunting, and schooling horses for competition in the larger horse shows on the Virginia circuit. Just recently graduated from small local shows at state and national level Trish already had several accomplishments under her belt. In equitation, she holds the Trallee Farms J. Frank Cockerille Memorial Challenge Trophy. She also won the blue ribbon and trophy in maiden equitation at Showday Farms the first time she ever competed on a national level. In November, she competed with

adult riders and placed well during the day. In the coming year, she will compete on the junior level circuit with the Virginia Horse Show Association.

Trish has been an avid rider since she began lessons at age five. She competed in her first show at eleven and got a pony of her own for her twelfth Christmas. She has worked hard, earning lessons from her coach by cleaning stalls, grooming horses, and cleaning tack. As an employee of Hunter Run Farm in Woodbridge, she cleaned stalls and fed horses every afternoon to earn money for entry fees at the horse shows. Trish summed it up cheerfully, "It's been worth it. Someday I want to be a real part of the horse world. It's a very exciting way to live." Her future goal is to win the Medal/Maclay Junior Equitation finals in New York. With her diligence, she is sure to make it.



Displaying one of her many trophies, Patricia Dunlap stands next to her horse, Small Talk. This trophy is the first national trophy Trish has won.

From the football field to the classroom Donald Tisdale does his best. English is only one of the things that take up his busy day.



Bill Hughes
Greg Hughes
Samantha Hughes
Cheryl Hull
Kevin Humphries
Laura Hupka



Suzanne Hyre
Reggie Jackson
Sean Jackson
Andrew Jacobson
Matt Jaroch
Jewell Jennings



Krista Johnson
Gary Johnson
Regina Johnson
Vivian Johnson
Michael Jones
Rodger Jones



Teddy Joseph
Tony Katsarelis
Sarah Kern
Teri King
Tonya King
Melanie Kline



Jennifer Knoll
Debbie Kondash
Choi Kong
Ed Kroman
John Kulik
Rachael Kvenberg



Laura Lansing
Frank Lascich
Lisa Lascody
Liz Lawlor
Lisa Lazar
Dana Lee

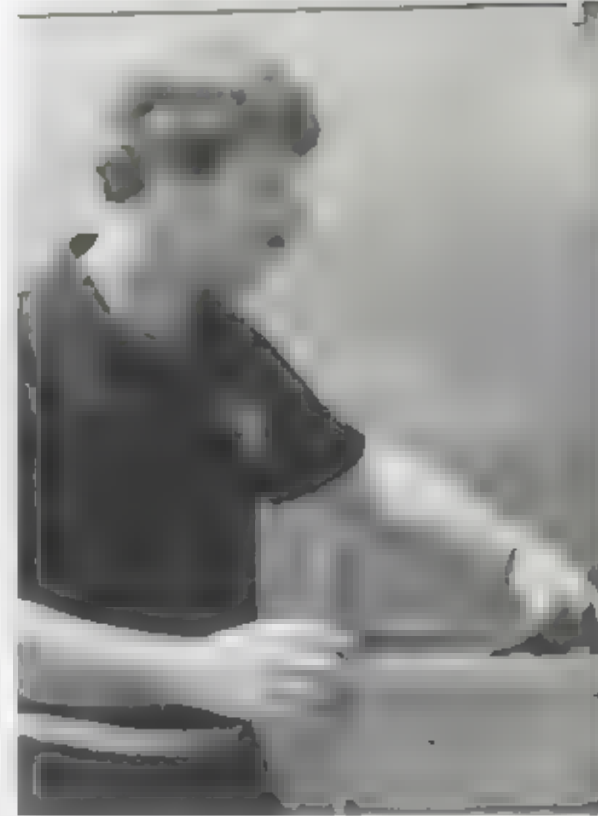
An Old Way With a New Twist

"Oh, NO! How embarrassing! I've just been put on I.S.S. Now everyone will know I got too many tardies!" These famous last words were heard from the students when they took the alternative to out-of-school-suspension. I.S.S., or In-School-Suspension was a unique form of school punishment because it allowed a student to "serve time" in school. This meant they could do their school assignments for that day and receive credit for them rather than the zeros they would get during out of school suspension. It also meant students stayed in school and worked rather than staying home to watch television.

However, it was not fun. Students who had already experienced ISS were not too

interested in going back, and the problems of tardiness and skipping decreased. Rules were strict and strictly enforced. Having an assigned seat was not too bad, but the no talking rule was difficult to observe. Lunch, normally a socializing event, was eaten after all lunch shifts were over, and the no talking rule was carried through even there. Students who did not complete their assignments during the I.S.S. day were required to return the next day until all their work was done.

It was not the most enjoyable way to spend a day, but many students felt it was preferable to missing class assignments. However, few wanted I.S.S. to become their household word.



Paperwork takes up much of Mr. Przybocki's time. As director of I.S.S., he is responsible for making sure an I.S.S. student has an assignment for every class.

David Lee
Hank Lee
Kelly LePage
Paul Lerner
Debbie Lesko
Jack Leverstein



Nashay Lewis
Pete Lewis
Todd Lohman
David Lundy
Larry Lynott
Billy MacPherson



Katrina Madagon
Maria Marin
Glorianna Malloy
Kelly Mansuy
Steve March
Greg Margheim

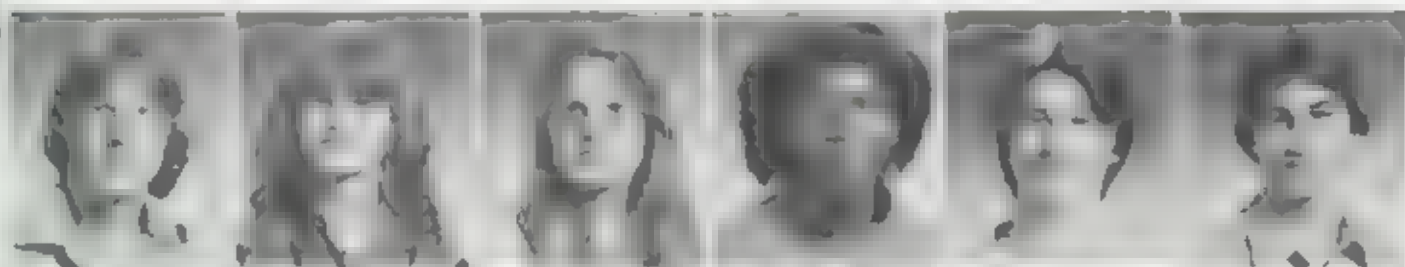


James Marsden
Kathy Marshall
Dale Martin
Erika Martin
Shelly Martin
Tracy Maruschak



Brenda Mason
Nicholas McBride
Keith McCamey
Elaine McCarty
Shari McDonald
Arlene McGarrin





Steve McGarry
Tracy McKenzie
Christine McKnight
Jillina McMichael
Shane Mellott
Mike Mestrovich



Jennifer McLean
Scott Millsaps
Janet Modrowski
Ricky Monk
LeAnne Moore
Wayne Moore



Eva Morgan
William Morgan
John Morgenstern
Cindy Morrow
Robin Moser
Lisa Mower



Gayle Muir
Veda Mullins
Jimmy Munn
Michelle Munn
Kelly Myers
David Myrick



Wally Nash
Gred Neilson
Bryant Neilson
Dawn Newman
John Newman
Paul Newman



Tom Newman
Vendula Newson
Tim Norman
Matt Oakes
Shelley O'Rourke
David Osborne



"To sleep; perhaps to dream . . ." But to think is what Keith McCamey and Wayne Lovelace are doing in English class. Writing skills are emphasized along with reading and take much thought.

Sean Owen
Emily Pagan
Matt Plamer
Jill Parish
Paul Pasek
Suzanne Paszly



Kim Paxton
Claudine Pelletier
Joey Pemberton
Brooke Pennington
Sheila Pent
Amber Perry



Missy Peterman
Brian Peterson
John Phaneuf
Maryanne Piccoli
Tim Pierce
Julie Pierson



Brian Pinckard
Susan Pisanchin
Cara Poik
Mike Pope
Lisa Potvin
Eric Prevatte



Sandy Proffitt
Cory Puckett
Dredee Purvis
Dean Raat
Bill Raines
Christine Ramsey



Pete Rasmussen
Joe Reed
Paul Renzo
Carole Rice
David Richardson
Paul Ricks



Gracefully, Jennifer Evans warms up with a back walkover in preparation for a scrimmage with Mount Vernon. Unfortunately they could not make it, and Potomac won by default.





Carole Riley
Mark Riley
David Roberson
Rosie Robinette
Nicole Romano
Katie Ross

Cindy Ruffner
Christa Ruhren
Ronald Sagudan
Valerie Santo
Cindy Saylor
Sandie Schuck

Peggy Schulken
Perry Schwab
Jim Schwan
Missy Scites
William Scites
Sondra Scott

Dorey Searle
Shawn Sebrer
Scott Sentz
Mike Shaw
Andria Shearer
Joe Shearer

Tim Sheets
Cathy Sheridan
Brian Singstock
Elissa Singstock
Mike Sink
Mike Sipes

'86 Overview

Here were the Sophomore favorites

TV Shows

1. General Hospital
2. MTV
3. Family Ties

Celebrities

1. Eddie Murphy
2. John Stamos
3. Tom Selleck

Movies

1. Risky Business
2. Officer and a Gentleman
3. First Blood

Musical Groups

1. Def Leppard
2. Journey
3. Quiet Riot

Songs

1. Cum on Feel the Noize
2. Total Eclipse of the Heart
3. PYT

Radio Stations

1. DC 101
2. WAVA
3. Q107

Football Teams

1. The Washington Redskins
2. The Dallas Cowboys
3. The Pittsburgh Steelers

Restaurant

1. McDonald's
2. Chi-Chi's
3. Pizza Hut



Encouragement from a stuffed friend helps Glenna Sixkiller get her work done. Stuffed animals were a popular ad this year at Potomac

Sophomores Are . . .

A Sophomore Is

Last year's freshman and next year's junior

Someone who is looking forward to Driver's Ed and getting their license.

Someone who knows the school better and doesn't get lost in the halls

Someone who is looking forward to next year's prom and to getting their class ring

Someone who is getting more responsible and more mature

Someone who is enjoying high school before they have to think about college

Someone who is filled with panther spirit

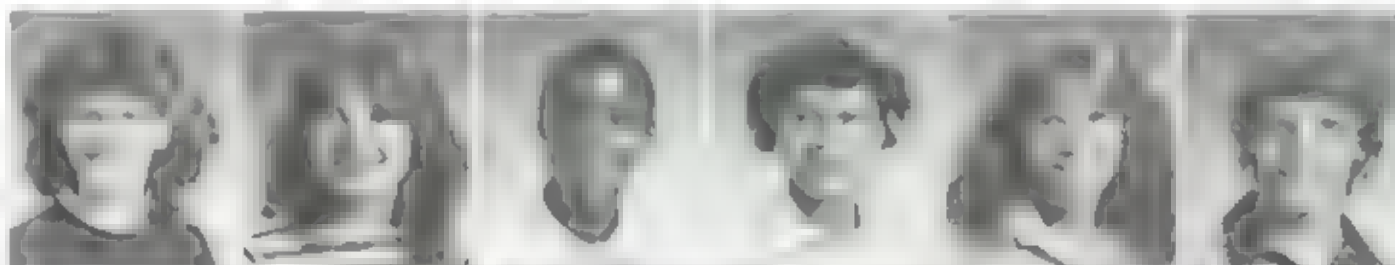
Someone who loves snowdays

Someone who likes to pick on freshmen.



One of the reasons for the sophomore class win during Spirit Week is their float, 'Alice in Wonderland'. Tammy Brandt portrays Alice while Joey Alonzo takes the part of the Mad Hatter

Kim Sivells
Glenna Sickler
Andre Skinner
Lisa Skinner
Becky Sloan
Bryan Smith



Danielle Smith
David Smith
Heather Smith
Irvin Smith
Morgan Smith
Regina Smith



Tonya Smith
Tanya Smith
Rachel Sommers
Lisa Sprouse
Brin Staggs
Tim Stalcup



Preston Stanley
Tim Steider
Brent Steighner
Sandy Sterbutzel
Tracy Stetson
Molly Stockton

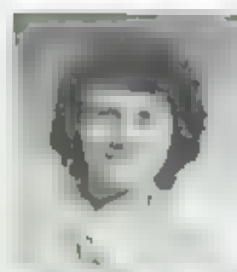


Angela Stuber
Vicky Summerfield
Tim Sweatman
Carol Synder
Mike Szady
Stacy Talbott





Having a friend to help out with the work sure is nice! Lisa Deaheimer and Stacy Dirisio enjoy working together to ease the tension as John Beckman works alone



Elizabeth Talton



Andrea Tardiff



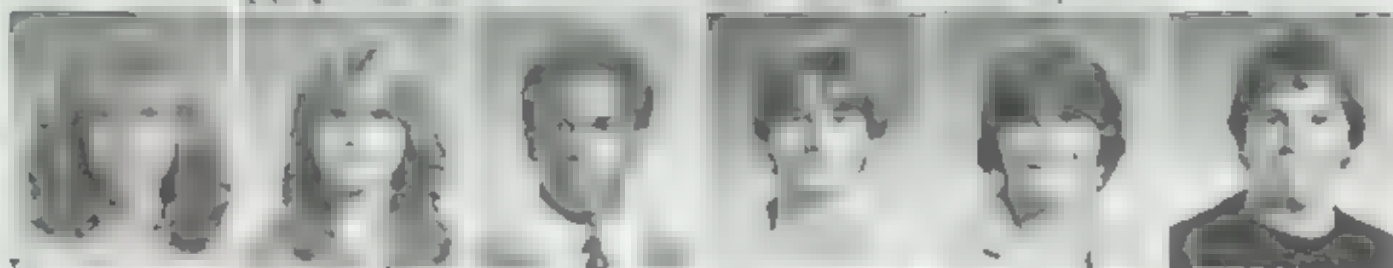
Eddie Taylor



Raymond Terczak
Theresa Testea
Yvonne Thacker
Lloyd Therston
David Thomas
Denise Thomas



Donald Thomas
Heien Thomas
Maria Thomas
Michelle Thomas
Pat Thomas
Tim Thompson



Elizabeth Tierney
Laura Tipiady
Donald Tisdale
Andrew Trent
Donna Troset
Jim Troyer



Kelly Trumpower
Michelle Trumpower
Mark Turner
Rob Tyler
Denise Lybe
Melanie Underwood



Bryan Vause
James Vecchione
David Velasquez
Susan Volk
Susan Vowel
Ken Yaeger

William Waldman
Melinda Wallace
Brian Wallich
Cherish Wangner
Frank Ward
Riche Ward



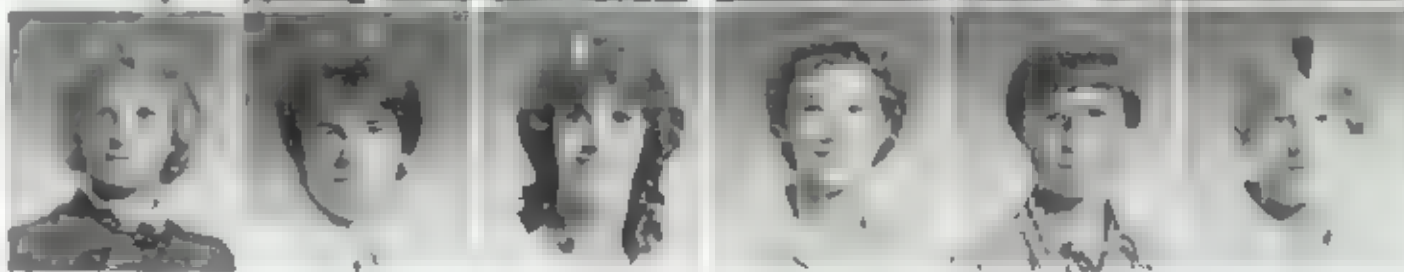
Carol Walkers
Jennifer Weaver
Mark Weaver
Denise Weber
Lisa West
Julie Wheat



Kristin White
Lisa White
Luchious White
Annette Widener
Marianne Wilburn
Chris Wilks



Beverly Williams
Shawn Wright
Greta Yentsch
John Young
Daneen Zehner
Jeff Zovak



A Four Year Trail

Four Year Trail is not only the road you drove on to get to Potomac, but was also the process by which an eighth grade student is transformed into a young eager adult. When the eighth grader first came to Potomac he was classified as a freshman. Some of the freshmen were very disoriented, but as the year progressed they started to find things faster, do things differently and make the impossible — possible. As the ninth graders go up the ladder of classification the next step is sophomore. These students have mastered skills like figuring out new schedules, and finding the class to match

them. Two of the newer skills learned by sophomores are ... doing reports in 24 hours or less, doing homework in homeroom and getting a passing grade on it. The junior year is somewhat more relaxing, because there is no disorientation as there was the year before, a student simply puts himself on auto-pilot and goes. By now some students drive to school which means no getting up early to catch the bus. Because the typical junior is mature, he walks a little bit more proudly down the halls and into class. One of the highlights of the year was the Prom. It makes juniors dream of next year — the final glorious

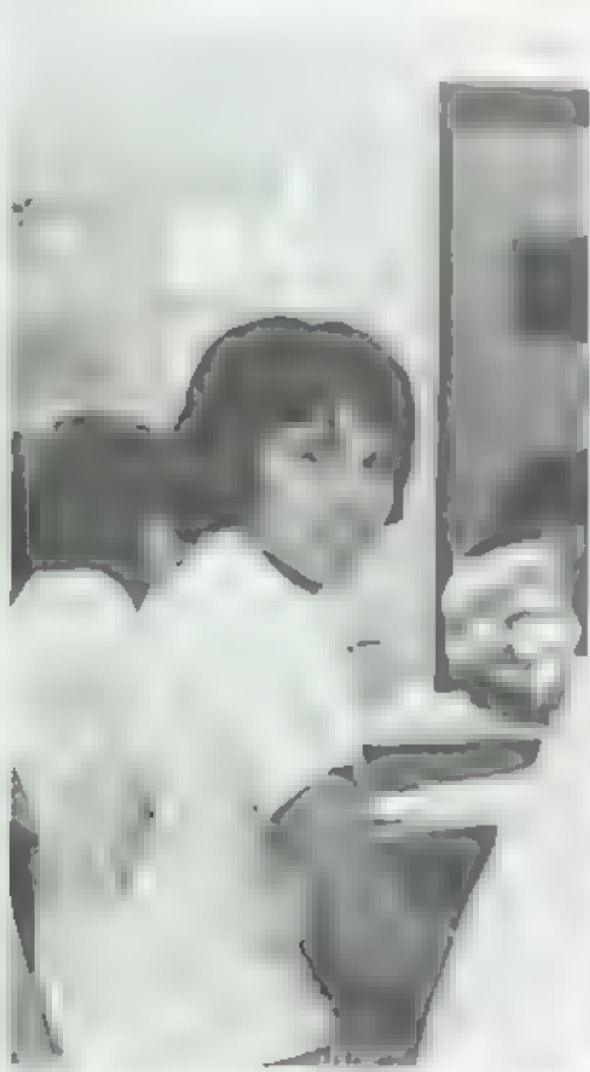
year of High School. When the glorious Senior year finally arrives they hold their heads up high, for they know that after this year they would not return to Potomac or drive up Four Year Trail as a student, but as an adult. Now back to their Senior year ... they avoided getting caught on Senior Skip Day, they got their own private parking lot, their own lunch shift, and also looked down on underclassmen that will return the next year. Now these young eager adults are the future of the world, a shining example for young eighth graders to follow

Politely, Mark Anglin listens to the guest speaker, Mr. Wade who has come to talk about ICT in Mrs. Gavin's class. ICT is a vocational course dealing with on-the-job training.





Physical education tests students' strength and endurance. A sophomore class shows what tough stuff they are made of.



Ben Franklin invented the stove, but Ben Francois would like to know who invented algebra.



The never-ending struggle to get good grades is an element in every student's life. Jennifer Gonzales and Anson Goodrich work busily on an assignment in biology to reach that goal.



Freshman class officers are as follows: Candy Covington, President; Rob Willis, Vice President; Katy Hernandez, Secretary. **Not Pictured:** Wendy Acknowitz, Treasurer.

At orientation, the freshmen got an idea of what to expect from the first year of high school. They were excited, yet apprehensive about attending a new school with many new people. After attending various middle schools, the first few days were spent getting to know each other better. Being the youngest students at Potomac, they realized that they would have to learn from the upperclassmen. By working together as a class and under their class sponsor, Miss Stultz, the freshmen did very well in many activities during the school year. They did well in sports and won first place and \$100.00 on their float during Spirit Week. The freshmen also sponsored a successful dance in February as their main fund raiser for the year. With continuous effort and cooperation, the freshmen feel that they will have three more successful years at Potomac.

Straining to complete a grammar assignment is Kim Little. Grammar is often a mind boggling subject.



Starting Out



Tim Abe
Carolyn Adams
Rich Adams
Jodie Agatone
Wendy Alachnowicz
Manuel Alfonso



Matt Allen
Eric Adenson
Erik Anderson
Alex Antonik
Joan Apperson
Brian Applegate



Tammy Armstrong
Tom Asbery
Jayla Baggett
B. J. Baer
Tim Ball
Ivins Ballard



Janelle Ballard
Stephanie Bamberger
Tony Barnes
Shannon Barowich
Stacey Barowich
Mike Basso



Robert Bates
Chris Beckman
Christine Bell
Geoffrey Bell
Brian Benczkowski
Thomas Berta



Doug Blake
Kenneth Blake
Randy Blaydes
Kristin Boerger
Joseph Bonas
Teresa John



Lisa Bolt
Darlene Bond
Silvan Bond
Michael Boyd
Carol Bridgett
Kathy Briggs



Kim Brigham
Tim Brigham
Adam Bratt
Allen Bratt
Angie Brooks
Ann Brown

Dennis Brown
Stephen Brown
Tony Brown
Stephanie Browning
Rick Bruinsma
Becky Buckler



Philip Bugge
Cindy Burgess
John Burke
Kelly Burke
Arley Burnette
Mike Burrill



Richard Bushey
Lewis Butler
Amanda Bynham
Jeanne Callahan
Scott Callantine
John Camm



Lisa Camm
Lynette Campbell
Michael Canup
Darlene Carney
Michelle Carney
Warren Carter



Richard Cass
David Chapman
Ty Chapman
David Chunn
Charles Clancy
Dale Clark



When school is out each day the big push is to get to the buses before they leave. Missing them means a call home for a ride.





Kevin Clark
Chrissie Clerson
Bev Clemente
Noel Cleveland
Mike Cooke
John Cole

Meredith Cole
Shara Coleman
Vanessa Conley
Danny Collins
Denise Collins
George Collins

Bernie Conatser
Mich Conley
Teresa Conway
Jeff Cook
John Cook
Heather Cooper

Loretta Corbin
David Cordell
Robert Costa
Steven Costello
Holly Coughenour
Candy Covington

Barbara Cox
Kim Crabtree
William Craig
Gregg Craine
Tammie Crawford
James Creegan

Moving Along

There were many disadvantages to being a freshman in high school. High on the list was having to ride the school bus. Most freshmen were too young to drive yet, and, unless they had older friends or willing parents, the morning ride on the big yellow bus was part of the daily routine.

Having to wait at a bus stop for ten to twenty minutes in rain, snow, wind, storms and other uncomfortable conditions were

just a few of the problems that had to be faced. Another were the irregular bus drivers who made their runs early one day but late the next. Somehow making it right on time to the bus stop was not part of the grand plan.

It would be hard to find a freshman who was not ready and waiting for that special day to come when he was old enough to get a license and could make it on his own.

Testing, Testing...

"Oh, boy! No English today" was probably the most common response to learning that DAT testing was to be given. This test, which is part of the standardized testing program in Prince William is routinely given to all freshmen in the fall of their first high school year.

After awhile, however, it got to be somewhat boring filling in all the little circles and worrying about eye strain was an occupational hazard.

The eight parts of the test covered every imaginable subject and/or skill. Also included was a career planning questionnaire. For many freshmen, this was their introduction to thinking about the future and wondering if there really was life after high school.



A biology assignment takes a lot of concentration from Courtney Mooney and Tom Smith. Labs were definitely a hands-on experience and a test of skill.

Tim Criston
Russell Critchley
Christina Crossley
Scott Currier
Jimmy Curod
Raymond Cropper



Shannon Dadson
Brad Daniel
David Davis
Deanna Davis
James Davis
Raymond Davis



William Davis
Derek Dayton
Mike Dean
Pat Decca
Daniele Derini
Steve DeHarde

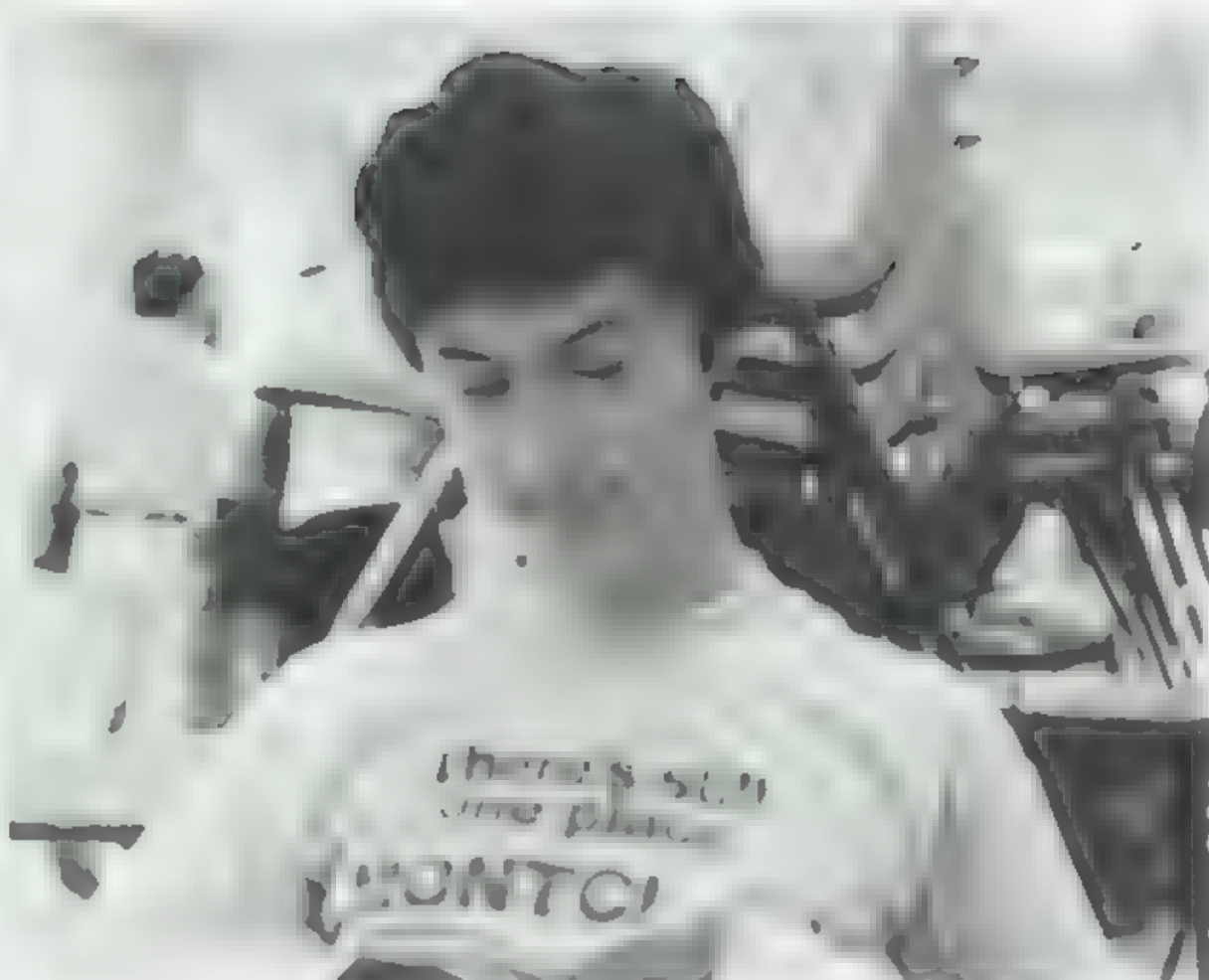


Regina Delaney
Chris Dempster
Eva Marie Denekas
Robert Dennison
Ben Dimarzio
Marylou Dimarzio



Shannon Distefano
Mike Dohse
Eric Dolan
Kelly Doss
Wendy Douglas
Suzie Dowling





"Kick back, read a book and enjoy school," says Pete Pamedesso, resting contentedly. Study hall provided a haven of quiet for this kind of activity.



Cathy Draper
Lloyd Draper
Dan DuBreuil
Amanda Dudley
Ken Duff
Leslie Duncan

Shannon Eadie
Rachel Eccleston
Kim Edwards
Melanie Ever
Deane Elliot
Vicky Ellis

Brian Embrey
Jeff Endicott
Michael Estes
Andy Faris
Sam Faz
Kim Ferguson

Glady's Fernandez
Leslie Fetherolf
Laurie Fetherolf
Richard Field
Peter Filis
Robby Finks

Alene Fitts
Erin Fitzgerald
Joe Fonte
Charles Forehand
Eric Forrest
Peter Fox

Britt Frank
Michelle Fulcher
Chris Garcia
Byron Gardner
Kim Gardziel
Chris Gates



Jamie Gerace
Charles Gillian
Gina Gombas
Alison Goodrich
Dion Gore
Melissa Graham



William Graham
Jennifer Grassler
Joanne Greene
Steve Gregg
Butch Griffin
Luz Griffin



Eric Grundeman
Dan Haage
David Haage
Cathy Hadley
Erik Hager
Leigh Ann Haizlip



Millcent Hale
Brad Hal
Craig Halliday
William Hamacher
Nicole Hanna
Kenny Hargrave



Trune Hargrove
Tommy Harmon
Michele Harris
Robert Harris
Adina Harrison
Herbie Harrison



Sentence diagramming in English class is fun or work depending on one's skill. Ricky Bruinama seems to enjoy taking his teacher's place at the board.



Refreshing Spirit

After a hectic and sometimes chaotic first month of high school, the freshmen were introduced to their first Spirit Week. Under the direction of Candy Covington, the frosh got right into the spirit of things.

Tough competition throughout the week raged between the freshmen and sophomores as each tried to outdo the upper classmen. Spirit link sales were brisk and unique dress was the order of the day on Disney Day. As this was a first for the freshmen, it took a while for them to get going.

They proved their stuff at the Homecoming Game when their float won first prize. The float, carrying out the Disney theme was a replica of Dumbo, one of the most endearing of the Disney characters. It's said that an elephant never forgets, and winning the float competition was an event that will make the '83 Homecoming long remembered by the class of '87



Dumbo, the award-winning freshman float, parades proudly past the stands. The freshmen prove that they are worthy members of PSHS.



Deanna Hart
Dion Hartt
James Hartnett
Jerry Hayes
Patrick Hecht
Sherry Hecker

Mike Helm
Rob Helm
Chris Hendrickson
Katy Hernandez
Mark Hitchcock
Kathryn Holderman

Paula Hollar
Steve Holloway
Wendy Holzman
Jennifer Hoopes
William Homer
Steve Hudak

Charles Hudson
John Hurst
James Ingle
John Jackson
Kyle Jackson
Michael Jackson



Richard Jackson
Charles Johnson
Dean Johnson
Jason Johnson
Kim Johnson
Kristin Johnson



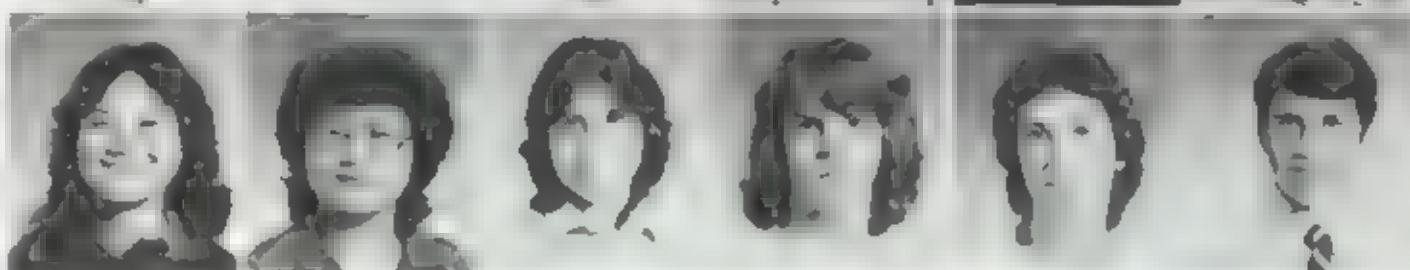
Paul Johnson
Tyrone Johnson
Vera Johnson
Yvette Johnson
Diane Johnston
Robert Johnston



Byron Jones
Jamie Jones
Regina Jones
Tern Jones
Tom Jones
Bo Junbercotea



Alice Kalaskas
Myung Kang
Beth Katzoff
Anthony Kelly
Kirsten Kelly
Butch Kenney



A Freshman Is . . .

an ant crawling out of a box
a big step upward
learning to handle responsibility
a new cat on the block
someone who gets lost six times on the
first day of school
something new and challenging
loads of FUN!"

A lot different than everyone prepared
you for. Everyone gave you big stories,

which are mostly made up. After you get
used to what's going on around you, it got to
be really great!

Being a freshman was the start of added
responsibility. It was a time when you had to
look in the mirror and say, "Hey! IT is time
to grow up! You know, you aren't a kid
anymore; not only do teachers start ex-
pecting more of you, but parents also, and
everyone around you."



Thomas Kenny
 Ted King
 Cheryl Kirkpatrick
 Steve Kiser
 Nancy Knecht
 Joe Komisar



Kathleen Lafferty
 Darcy Lamb
 Lori Lambert
 Monique Landry
 Dawn Lang
 Melissa Lanier



Bobby Larkin
 Diane La Rock
 Mike Larrabee
 Jimmy Lascody
 Mary Lavelle
 Wyndy Ledford



David Lee
 Hyunmee Lee
 Linda Lee
 Mary Lee
 Shannon Liming
 David Lipscomb



K m Little
 Brian Loeffstedt
 Patrick Lowery
 Marquent Loy
 Lisa Lucas
 Tara Lukasavich

At the end of the period, Sharon Zeets relaxes before the bell. Taking a break from the hustle and bustle is often necessary



Marc Lyall
 Robby MacDonald
 Cindy Marbaker
 Jeff Marbaker
 Kelli March
 Ken Marek



Brian Martin
 Brian Martin
 David Martin
 Gary Martin
 James Martin
 Jimmy Martin



Robert Martin
 Diana Maslo
 Jeff McAllister
 David McDonald
 John McElwain
 Ursula McNamara



Sean McNelis
 Shawn Meade
 Drew Measels
 Aley Melville
 John Merritt
 Joe Milam



Mark Milam
 Lisa Miller
 Kent Millsaps
 Jeff Misenko
 Courtland Mooney
 Corey Moore



Donald Morgan
 Tracie Mounts
 Courtney Mullany
 Michael Murphy
 Debbie Mussomele
 Mana Natale



Changes

Freshmen found the change from middle school to high school a difficult one, but one long awaited for. Although going from being the head of the school to being a freshman was a real pride-breaker, most students anxiously awaited their first years of high school. Many students complained that the work was harder and the teachers more strict than in middle school. However, they felt high school was a challenge and soon adjusted to the changes.



Kathe Neary
Sharon Nejat
Aaron Nelson
Kelly Newman
Nick Nicolosi
Fred Nicolson



Wayne O'Brien
Brendan O'Donnaghue
Jeff O'Hara
Kara O'Hara
Leslie Orr
Mike Orr



Kelli Overholser
Bob Owles
Carrie Palm
Peter Palmadesso
Darrell Parke
Peggy Posek



Sherr Patton
Jeff Pough
Michelle Pearce
Sharon Pearson
Tim Pease
Mickie Pegler



Kathy Perry
Mike Peverill
Brent Phillips
Derek Phillips
Kelly Phoenix
Sherr Pierce



Keith Pisto
Chrissy Pilkinton
Kristen Pinckard
Lisa Pittman
Samantha Plasted
Ann rk Pontious



With much concentration Dion Gore listens to another of Miss Thompson's lectures. Lectures are not always interesting, but are sometimes necessary.

Edward Porto
April Posey
Karmon Primas
Susan Propps
Tricia Prudot
Tyrone Qualls



Kim Rader
Michelle Raley
Freddie Randal
Wendy Randal
Angela Reed
Lorie Reed



Anna Reid
Stacy Reid
Steve Reza
Cathy Rhoades
Tim Rijjs
Dean Robinson



Amelia Rognette
Frank Rognette
Randy Rogerson
Apri Round
Corey Rowe
James Rowen



Pat Rutkoskie
Todd Sampson
Christina Santiago
Michelle Saupp
Mark Scarpinato
Elise Scott



Class of '87

The first week of school was a trying time for the incoming freshmen at Potomac. Compared to their former middle schools, Potomac was a much larger and more exciting atmosphere.

Along with the new challenges of high school, the freshmen encountered many problems, most of them small. Among the difficulties faced by the new class were forgetting their schedule and learning how to use their lockers. The biggest problem that was faced, though, was finding their way through the halls and the crowds.

However, in addition to their confusion, freshmen were also having good times. Over the summer, friends had lost touch with one another and the first day of school was like a reunion. Catching up with the latest gossip, getting over summer boredom, and meeting new people also added to the excitement of the freshmen's first day. The first year in high school carried many new responsibilities along with these, there came many lasting memories.



With intense concentration, Cindi Stebbins works on an English assignment. English is the only course in which four credits are required for graduation.



World Studies covers many topics. Bernie Con
also listens attentively to a lecture on Greece.



Stephen Secord
John Setunsky
Wayne Shahan
Mike Shaw
Steven Sheffield
Anne Shelton



Wendy Si verstrand
Barbara Simmons
Mark Simmons
Chris Simpleman
Valla Simpson
Devi Sinva



Debbie Smith
Patty Smith
Greg Soil
Roger Sommers
Christine Solwaia
Christine Spade



Christina Spiller
Patricia Spiller
Peter Stapor
Cindy Stebbins
Walter Stickles
Linda Strawderman



Mark Strawn
Tina Summa
Enka Sush
Dawn Swecker
Caryn Swenson
Jack Synder



Kevin Szady
Nick Tatum
Ken Tayloe
Joe Taylor
Pat Taylor
Ann Marie Thacken

David Thomas
Kristin Thomas
Alyssa Thompson
Andy Thompson
Frank Thompson
Jeanette Thornton



Louis Thurston
Stanley Timmons
Chris Toney
Alexandra Taniounes
Tina Townsend
Katreia Treakla



Anne Triano
Jeff Trive
Michael Tull
Derek Turner
Marcia Turner
Eleanor Updike



Sherri Valastek
Tamara Vailo
Robbie Viehmeyer
Connie Vitek
Mari Voegtly
Lisa Wagner



Robm Wagner
Bill Walker
James Wallace
Petty Wallace
Tricia Walton
Angelique Wangner



Jackie Watson
John Wayne
Dirk Weders
Travis Welpott
Chris Westfall
Chrissy Weston



Preparing for a long awaited lunch break is Pete Butler. Lunch is one of the better parts of a student's day.





Kristy Wharton
Angie Wheeler
Pat Wickline
Joell Wiggins
Leslie Wilfong
Leonard Williams

Marc Williams
Paula Williams
Shawn Williams
Sidney Williams
Ben Willis
Carol Wols

Rob Willis
Jeff Wise
Karen Wolson
Jeff Wolter
Denise Woods
Sandra Woolfrey

William Woolfrey
Lor Woolls
Nicole Worthy
David Wylde
Kim Yisela
Danny Younce

Steve Zachara
Christine Zagars
Sharon Zeets

'87 Overview

In November, student polls were taken requesting students' favorites. The following are the freshman results.

TV Show

1. General Hospital
2. The A Team
3. MTV

Celebrity

1. John Stamos
2. Eddie Murphy
3. Tom Selleck

Movie

1. Risky Business
2. First Blood
3. Flashdance

Musical Group

1. Def Leppard
2. Quiet Riot
3. The Police

Song

2. Cum on Feel the Noize
2. Total Eclipse of the Heart
3. Rock of Ages

Radio Station

1. WAVA 105
2. DC 101
3. Q107

Football Team

1. Washington Redskins
2. Dallas Cowboys
3. Pittsburgh Steelers

Restaurant

1. McDonald's
2. Chesapeake Bay Seafood House
3. Pizza Hut



Michelle Raley has only one thought as she boards the bus home. In the afternoon, buses are often difficult to find.



Greg Cane and Tammie Crawford complete an English work. Home room is a nice place to catch up on missing assignments and homework.



John Jackson concentrates on getting an assignment done while Jeff Marbaker's mind is wandering. Everyone's allowed a little daydreaming now and then.



What happens when we all get together? Raise your hand if you're sure.

Orientation

Orientation was held this year, as always, in August. This is a day when all incoming freshmen come to school and go through their schedules as they would on a normal school day. This allows the new students to find their way around the halls and to their classes, and gives time for the teachers to introduce themselves and explain rules. In addition, students meet the administration and are given the rules for Potomac High.



In front of their award-winning float, sophomores get psyched up before the Homecoming Parade. Their spirit pays off as the class wins the Spirit Award



Pizza is one of the more popular items on the lunch menu. Sharon Cox digs in with a big bite



Students need a break sometimes. Although not required, Rob Semper, Debbie Scrogum, David Sweatman and Mike Selgelid elect to take an Industrial Arts course



Glancing up from his electronics project, Arthur Newman wonders if his wires are straight. Working with such small components takes patience and a steady hand

School Daze



English is a perfect opportunity to write on the board. Jeff Geyer waits for Mrs. Maloney's approval of his sentence.

With great concentration, David MacIver designs a sketch. Graphic Arts is the place to develop artistic talent.



Alphabetical order: the reason students always sit in front of and behind the same people all year long.

Bus: the overcrowded yellow thing that can't seem to go over 25 mph.

Car pool: how to pack ten people into a VW bug.

Dating: those pressing social engagements that everyone wants to be burdened with.

Excellence: the quality for which Potomac is well known.

Fridays: days that never come as fast as Mondays.

Graduation: a special occasion when students realize how short the past four years have been.

Hallways: places where students learn to push or be trampled.

Intelligence: what the brain in the front row has too much of and you don't have enough of.

Junk: the stuff that accumulates in lockers over the year.

Knowledge: what teachers bravely try to instill in the minds of students every day.

Locker: a two inch by two inch compartment into which a student must force a twelve inch notebook.

Monday: a day that should be banned in the interest of humanity to students.

Notes: things passed cleverly from student to student during class time.

Oral reports: the main cause of cardiac arrest in students.

Panther power: the "glue" that holds Potomac together through thick and thin.

Quizzes: the "gotcha" teaching form.

Relief: what students feel on weekends.

Study: what students do during TV commercials.

Teacher: the unsung hero of the school who struggles constantly against ignorance, split balls and dangling participles.

Unsatisfactory: a nice way of saying what a disgusting heap of junk a student's poor work is.

Valedictorian: the award for having the most intelligence (see Intelligence) in the class.

Worry: what students do when they have not studied for the five grade test they're taking next period.

X-amination: X-hausting X-ercise to test a student's intelligence (there's that word again).

Yearbook: Best known for misspelling names, confusing scores and frustrating the sponsor.

Zzzz: sound most commonly heard during movies, filmstrips and class lectures.

POWER PLAY



Part of what makes Potomac so unique is the comfortable relationship between its teachers and its students, as shown by Mr. Levine and three of his best students

The faculty of Potomac High School is an important part of the past as well as the future of our school. Our faculty includes the teachers and administration as well as secretaries, custodians and cafeteria staff. The teachers teach us the things we need to know for our future. By learning what they teach, we are the ones rewarded. The administration keeps the school running and makes sure the students are kept in line

Besides being important to the educational side of the school, the faculty participates in the social aspect as well. At school events, they collect tickets, handle money, plan, and act as chaperones. In their participation, they are sometimes the main event of fund raisers such as the Faculty Follies and the Fashion Show

Often we take for granted what is so readily given to us. However, without faculty members, Potomac would not exist. These people are the foundation of our school

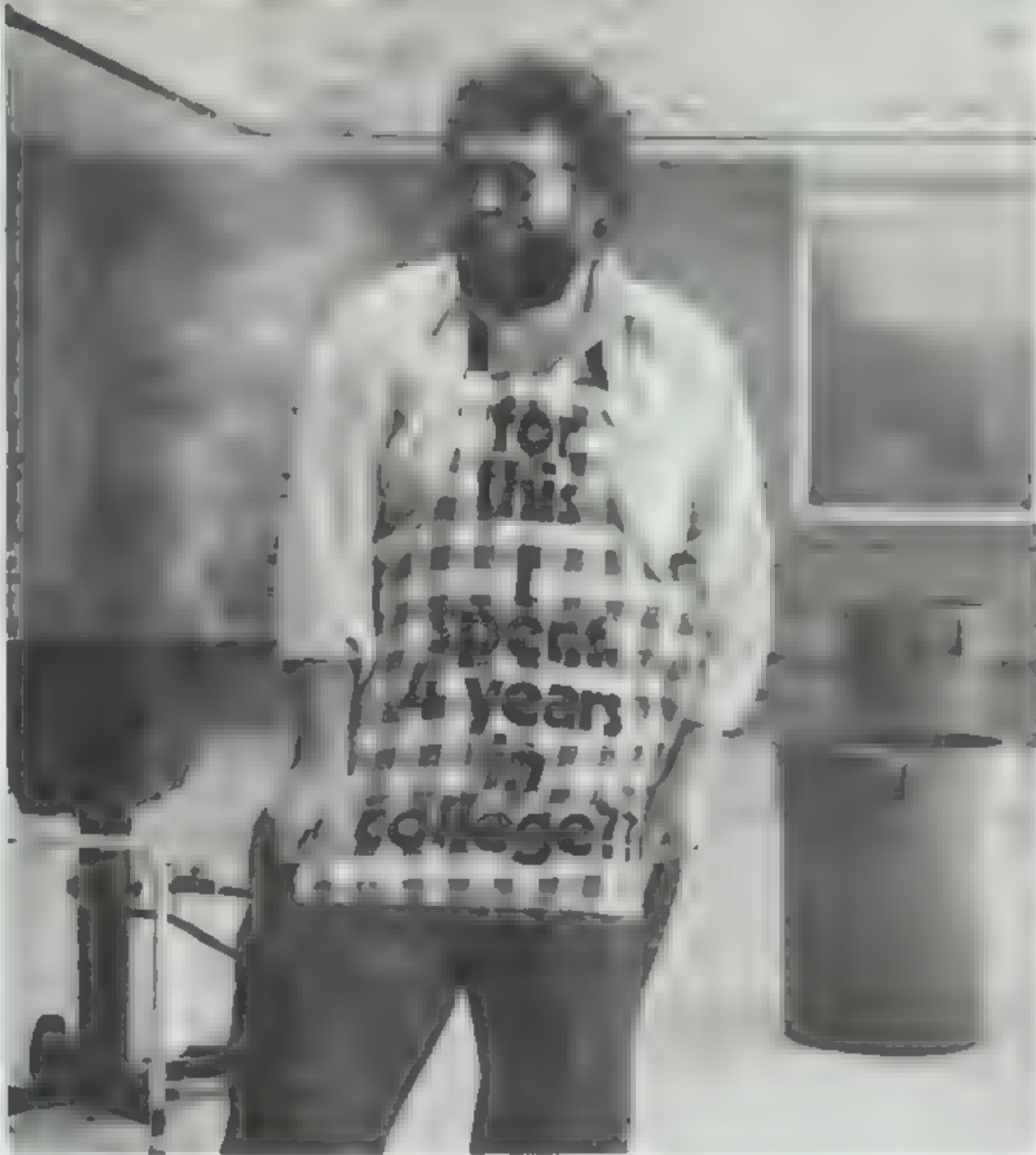


Without secretaries, the administrators job would be virtually impossible. As Mrs. Lockett's secretary, Mrs. Winebarger is kept quite busy with the business part of Potomac High School

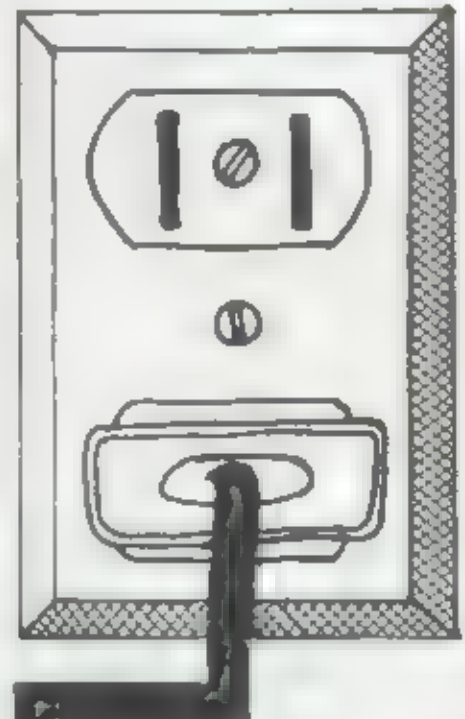


Although many hours might be spent by students in completing their homework teachers spend even more time grading it. Here, Mr. McCoart patiently checks through one of his student's work





In order to relieve the tedium of the faculty the week before school started for students, the administration threw a barbecue. For this, Mr. Outman spent four years in college!



Mr. Cameron enjoys a cup of coffee in the morning to help keep him awake. Even P.E. teachers need a little boost of energy occasionally!

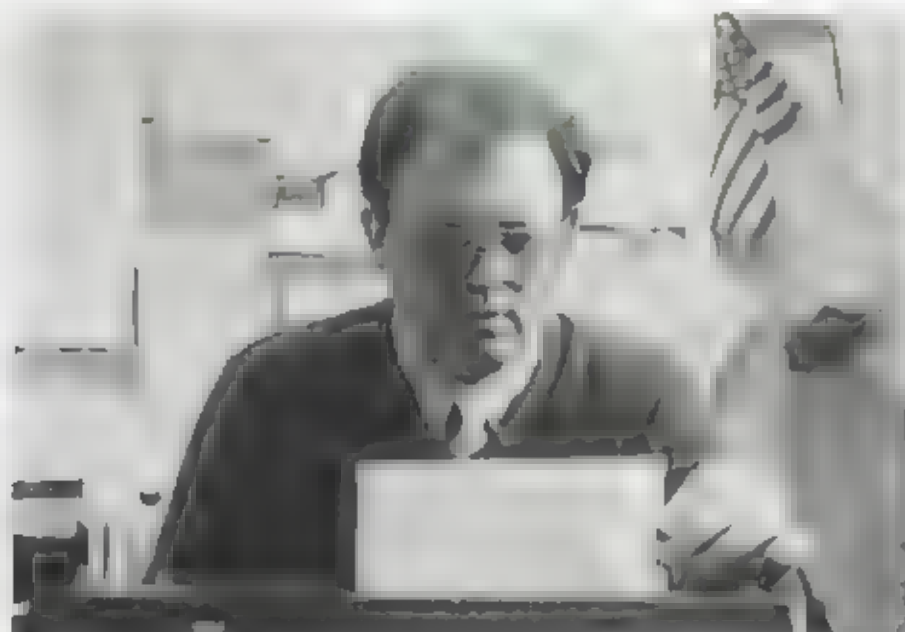


Not only do teachers teach, but they also sponsor student activities. As a coach of the football team, Mr. Maloney spent many hours after school working with the students.



Teachers are not all fire and brimstone. They have a ready smile.





Typing skill is an important part of an administrator's job. John Bass uses a whole hand instead of just one finger!



Displaying his skill with a pair of scissors, Bill Brown proves there is more to being an Administrative Aide than just disciplining students contrary to popular belief.



Although cooking skill is not a requirement for becoming an Administrator Aaron Jordan found it very helpful when he played chef for the faculty during their cookout last summer.



Paperwork comes with the territory of administration. Ann Lockett faces her share with a smile even though if she sees the top of her desk she won't recognize it!

Photo by C. Acker

Jack of All Trades

To most students at Potomac Senior High School, the name Mr. Ferree is associated with authority, he is the principal of the school and somewhat of a mystery. However, there is more to this man than most students realize.

Mr. Robert Ferree spent his childhood on a farm near the beautiful Shenandoah River. His college career took him to Berea College in Kentucky where he earned his Bachelor's degree in mathematics. He then moved on to Virginia Polytechnic Institute where he obtained his Masters degree. After graduation, he served in the Army for four years but decided this life was not for him. Following his wife's suggestion, Mr. Ferree took up the teaching profession in 1970, although he says he never really had an intention of being a teacher. For ten years he taught mathematics at Parkside Middle School before becoming assistant principal at Osbourne Park High School. Then, on January 4, 1982, Mr. Ferree became head principal at Potomac.

His outside interests include darts, running, and even video and computer games. However, his biggest hobby, what he calls his "obsession," is computers, he could sit at the computer for hours at a time and never get bored. In fact, he has played a major role in the computerization of Potomac. His expertise helped get wrestling scores, the master schedule, parking stickers and locker assignments all onto the computer and into the school's system.

There is more to our principal than just authority, there is a personal side as well. He really is a "real people" person.





Fran Bacon
Special Education



Carolyn Baker
Guidance



Linda Barrett
Science Math



Tim Bass
Science



Jennifer Bates
Math



Jessie Blacklock
In school Suspension



Jean Cahall
Distributive Education



Pamela Cakora
Foreign Language



William Cameron
Physical Education



Ed Campbell
Physical Education



Dave Cair
Distributive Education



Pat Carle
Bookkeeper



Larry Casey
Music



Gloria Cash
Foreign Language



Ron Clarke
Physical Education



Claudia Cunningham
Math



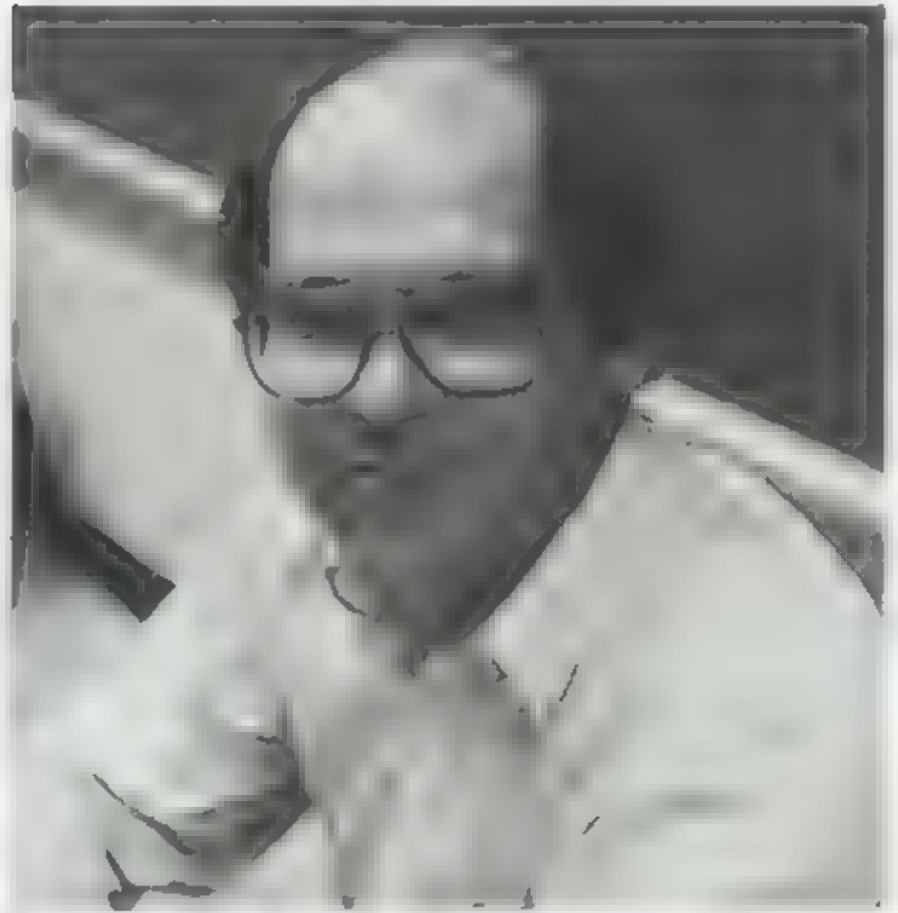
Richard Dil
Music



Pat Doves
Guidance

Many a dreary day of several students' lives was brightened by the cheery smile of Mr. Gussie.

Although teaching is her profession, sculpting is Mrs. Jones' favorite hobby. Here, she explains a piece of her work to her student, Pete Butler.

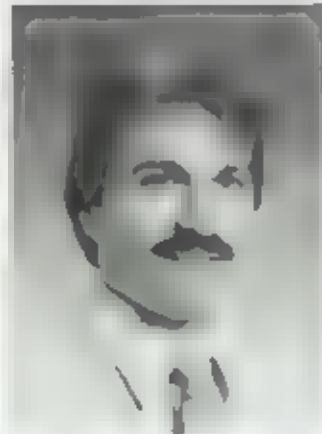


Janet Dunvin
Library Secretary

Al Eaton
Industrial Arts

Dwight Edmonds
Industrial Arts

Pattie Emmons
Social Studies



Yvonne Emrick
Math

Jane Feret
Math

Evelyn Fleming
Home Economics

Diane Fontana
Foreign Language



Floyd Freeze
Business Education

Marion Frizzle
Business Education

Jerry Gardziel
Driver's Ed. Ind. Arts

Jean Gaudet
Librarian





Eleanor Gavin
English



Patricia Ghiloni
Science



Heidi Ginsberg
Foreign Language



Terry Godwin
Industrial Arts



Melvin Goodwyn
Music



Nora Hall
Math



Susan Haun
Business Education



Kendall Hayes
Physical Education



Linda Higgins
English



Faith Holcombe
English



Robert Holley
Social Studies/Science



Yvonne Holsclaw
Physical Education

LA CREME DE LA CREME

Everyone at Potomac always knew there was something special about Gloria Cash, and this year the Washington Post realized this, too. She was the recipient of the prestigious Agnes Meyers Outstanding Teacher Award for Prince William County which is sponsored by the Washington Post.

Fourteen other teachers were similarly honored — one from each local Metro jurisdiction school system. Competition was keen, and it is certain that those chosen were as Miss Cash would put it, "la creme de la creme" of the teaching profession.

Receiving an award for her teaching skills is not a new experience for Miss Cash. She was named Virginia Foreign Language Teacher of the Year in 1977, and in 1978 she received Prince William County's "Teacher of the Year" award.

Gloria Cash has been teaching in Prince William County for 17 years during which she taught at Woodbridge High School and Graham Park Middle. The last five of these years she has spent at Potomac where she is currently chairman of the Foreign Language department.

The relationship between Miss Cash and her students is very special. Her innovative and unique teaching methods have proven effective with all of her students. She has also organized trips to France for her students during the summer which she has chaperoned and which have brought her closer to her students.

Teachers of Gloria Cash's caliber are few and far between and Potomac is very fortunate to have her. Her award was well-deserved.

Vivian Ivey
Librarian

Rosalind Jacobs
Education Aide

George Jett
Industrial Arts

Peggy Jones
English

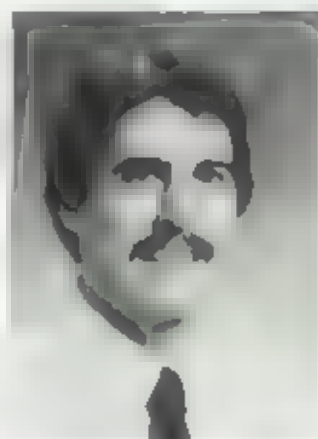


Wes Jones
Math

Chris Kadir
Industrial Arts

W. H. Kitchen
Social Studies

David Kite
Sociology, Social Studies



Penny Lake
English/Journalism

Rose LeTulipe
Administrative Secretary

Carolyn Leggett
Art

Robert Levine
Science



Tinker, Tailor, Soldier, . . .

Well-known not only as a teacher but also as a journalist and a former supervisor, James McCoart is a diverse and interesting figure at Potomac.

Mr. McCoart moved to Virginia at fourteen and grew up in Alexandria. He graduated from Virginia Commonwealth University with a Bachelor's degree in Distributive Education and a minor in history. He then proceeded to George Mason for his Master's degree.

In 1955, Mr. McCoart joined the Marine Corps and saw active duty in Vietnam as an intelligence officer in the Infantry. After twenty years of service, he retired and became involved in politics.

In 1976, he was elected supervisor of the Neabsco district in order to help the people of the county. When he had a heart-attack in 1981, he decided a change of lifestyle was needed. At that point, he entered the teaching profession.

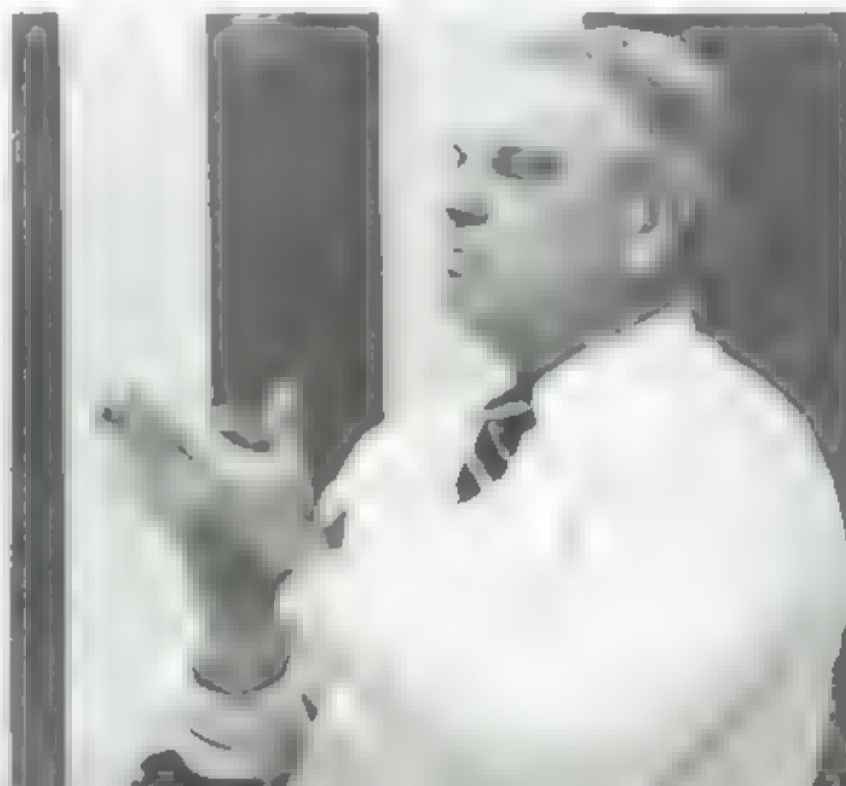
Having always wanted to be a teacher, Mr. McCoart finds life at Potomac well-suited to him. He believes the students are "super intelligent," with a lot of potential and are a joy to teach.

Mr. McCoart is also a writer for the Potomac News. Because of his past experience in politics and his knowledge of the county, the newspaper asked him to write a column. Any subject could be covered in it with the only requirements being that he ensure accuracy and put some emphasis on the political happenings of the area. For one year, McCoart has been both teacher and jour-

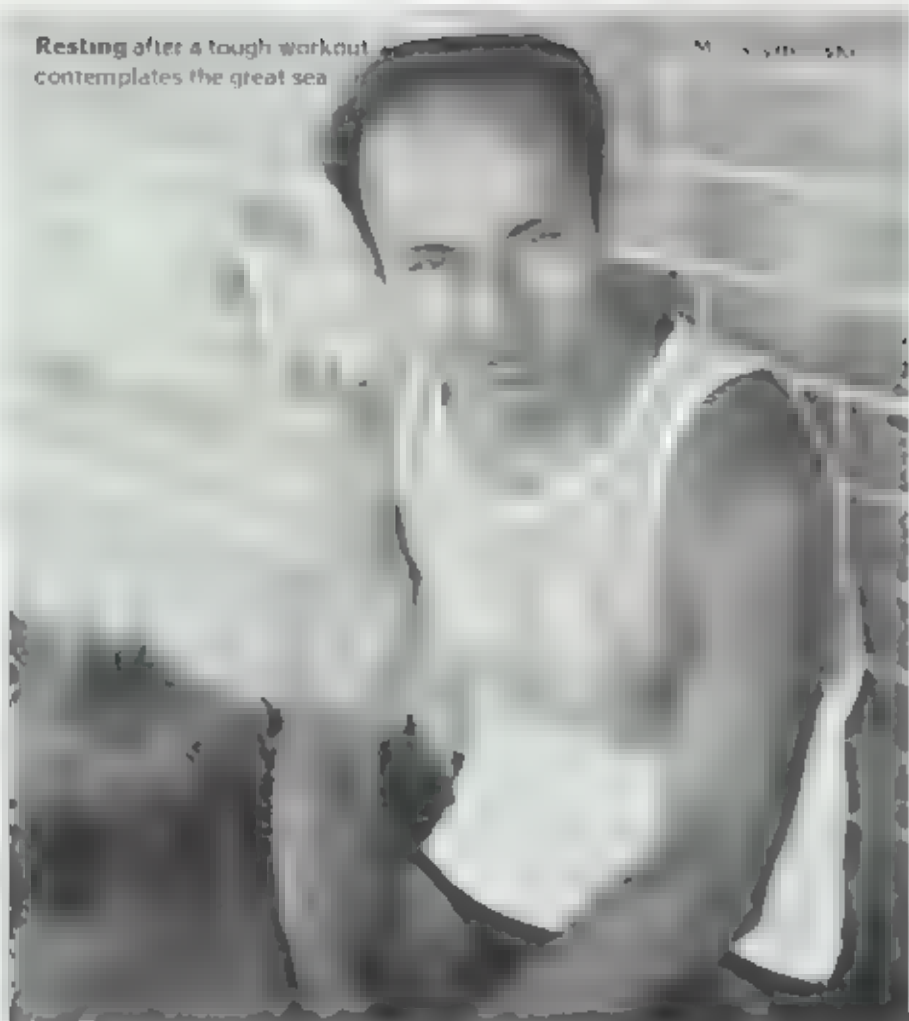
nalist. However, the two activities never conflict because his articles run only once or twice a week, at his discretion, and only take about an hour to write. In addition, he is also the assistant coach of the Freshman basketball and football teams.

Because he plays such an active part in life at Potomac and in the community, James McCoart has proven to be a very valuable asset to us all.

Applauding after a terrific play, Mr. McCoart inspired the Freshman basketball team on to bigger and better things. His school spirit is always evident.



Resting after a tough workout
contemplates the great sea



An office receptionist Mrs. Sokol finds every day a busy one. She has many responsibilities in addition to answering the phones.



Barry Maguire
English

Betsy Malones
English

Marc Maloney
Social Studies

Jane Manderville
Business Education



Marianne Margheim
Guidance Secretary

Sandy Moller
English

Robert Moore
Guidance Director

Chris Murch
Office Secretary



Judy Murdock
Math

Ze da Oelrich
Math

Mrs. Olive
Special Education

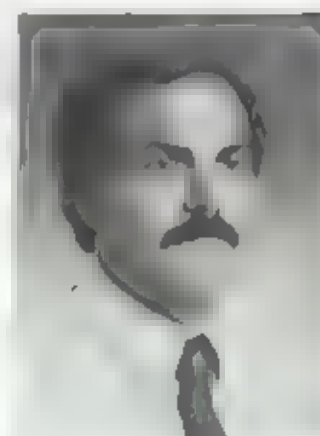
Gary Outman
Art

Patricia Pearsal
English

Roger Plumskey
Science, English

Janice Polk
Social Studies

Steve Proft
Industrial Arts



David Przybock
In school Suspension

Jim Qualls
Driver's Ed, Athletic Director

Louvenia Quash
Special Education

Joyce Roach
Math



Lorraine Robertson
Science

Margaret Scaler
Business Education

Kathy Scott
Math

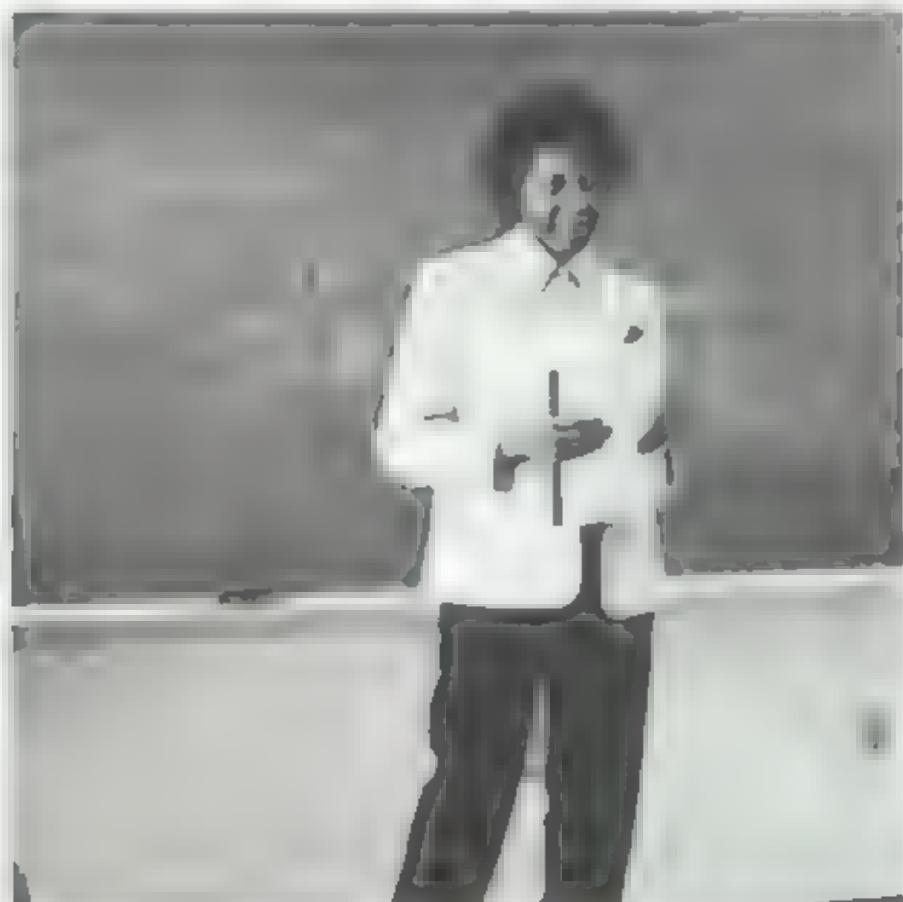
Carol Secord
English



Mr. Kadis makes his point as he discusses a particularly long and difficult assignment with Kim Harris and Charlotte Acke. His light table is a photographic



During the summer months, Mrs. Quash found a new avenue for her teaching skills in Haiti. However, during the rest of the year her energies are devoted to her world Ed students at Potomac.



A Crusade to Haiti

While other teachers were off taking a break from teaching last summer, Louevenia Quash was using her teaching skills in a unique way. For one week in August, she went on a crusade to Haiti to preach Christianity to the local communities.

Although Mrs. Quash went alone on her crusade, she found some advantages to this. She was able to visit private and public schools and have a more personal relationship with the counselors there and the students also. The behavior of the students she worked with impressed her greatly; there were absolutely no disciplinary problems because school is a privilege there and the students were very respectful toward their teachers. She found them "eager, receptive, and willing to learn" which was a delight for her.

Since 1972, Mrs. Quash has been a missionary and she has decided to organize her own crusade with a few other people to go to Haiti again next year. Through her hard work and devotion, she has achieved significant results, and Potomac can be proud of her.



Melonie Shipman
English



Randi Smith
Special Education



M. He Sokol
Swedish



Dorinda Starns
Special Education



William Stephens
Physical Education



Dianne Stevens
Business Education



Dottie Stevens
Guidance Secretary



Athena Stone
Foreign Language



Charlotte Stultz
Social Studies



Paul Szymanski
Social Studies



Kathleen Taylor
English



Frances Thompson
Office Secretary

Colleen Van Norderheim
Special Education



Evelyn Vlatas
Foreign Language



Grover Wade
Industrial Cooperative Training



Carol Wakefield
Guidance



Elana Whittington
Foreign Language



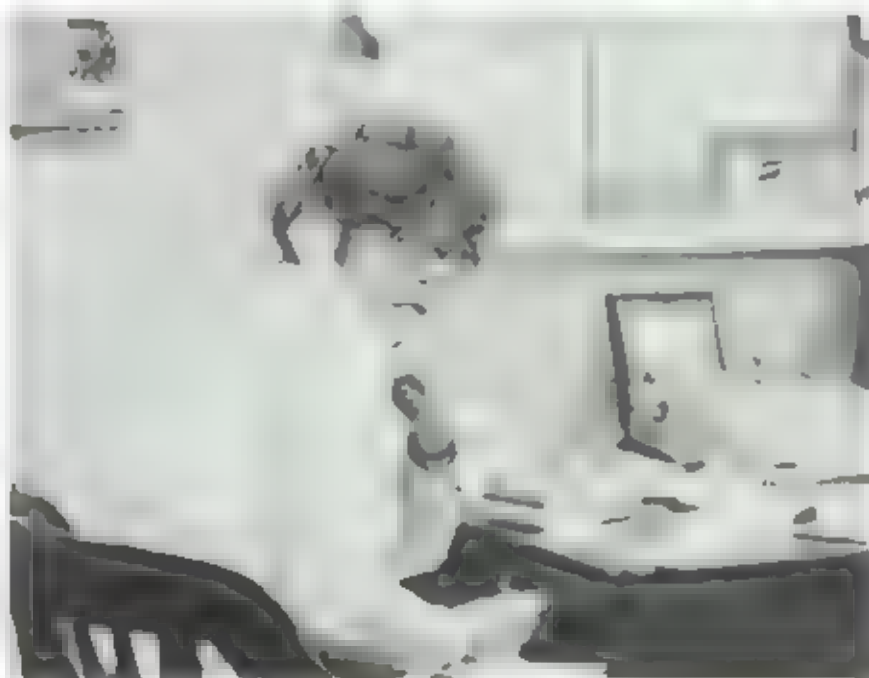
JoAnn Willis
Guidance



Jewel Wineberger
Office Secretary



Jean Zimmerman
Business Education



As sponsor of the Pantherettes and Teen Counselors as well as full-time Guidance Counselor, it is no wonder that Ms. Drowes rarely has a moment to herself even on the telephone!

There is nothing like a nice cup of coffee to wake you up in the morning and keep you going throughout the day. Mr. Godwin and his cup are inseparable friends during these early hours.





Cafeteria workers are responsible for providing students with a wide variety of food for their dining pleasure. Mary Perkins is one of these dedicated people who perform this task.

Not Just a Place to Eat

Lunch was not just a time to eat. It was also a chance to escape the drudgeries of the school day and socialize with friends. Because of the manner of the lunch shifts, some students were even able to take a quick glance over the notes that they were in the middle of taking a test on.

Students had a choice of either the a la carte line, where they could buy snacks, or the full lunch line. This year, the prices were lowered from 85¢ to 75¢ and meal tickets introduced to better accommodate the full lunch buyers.

Cafeteria food has always been the target of criticism and sarcasm. Comments like "What in the world is that?!" and replies like "Mystery meatloaf." are commonplace. However, somehow the food keeps getting bought and eaten every day.

This year some new items were added to the a la carte menu such as yogurt and assorted ice creams. Pizza also started to be offered every day because of its popularity with the students. However, junk foods such as potato chips were taken off the menu.

The custodians also played a major role in the cafeteria scene. Without them, students would have been wading through various items of garbage and rotting food shortly after the beginning of school. Fortunately, they are there to keep the cafeteria and school a pleasant place for students to enjoy.



Keeping the floors of the school clean is a huge task for the custodial staff. However, this thought didn't seem to bother Willie Chavis as he goes about his job with a smile.



Smiling broadly, Alvin Howard seems to be enjoying his job as head custodian. He, along with the other custodians, is in charge of the maintenance of Potomac.

High Voltage



During the class play Christy Mackey, David Snyder and Nolan Marshall manage to display their excellent acting skills. The performance, coupled with that of the rest of the cast, make the play a great success.



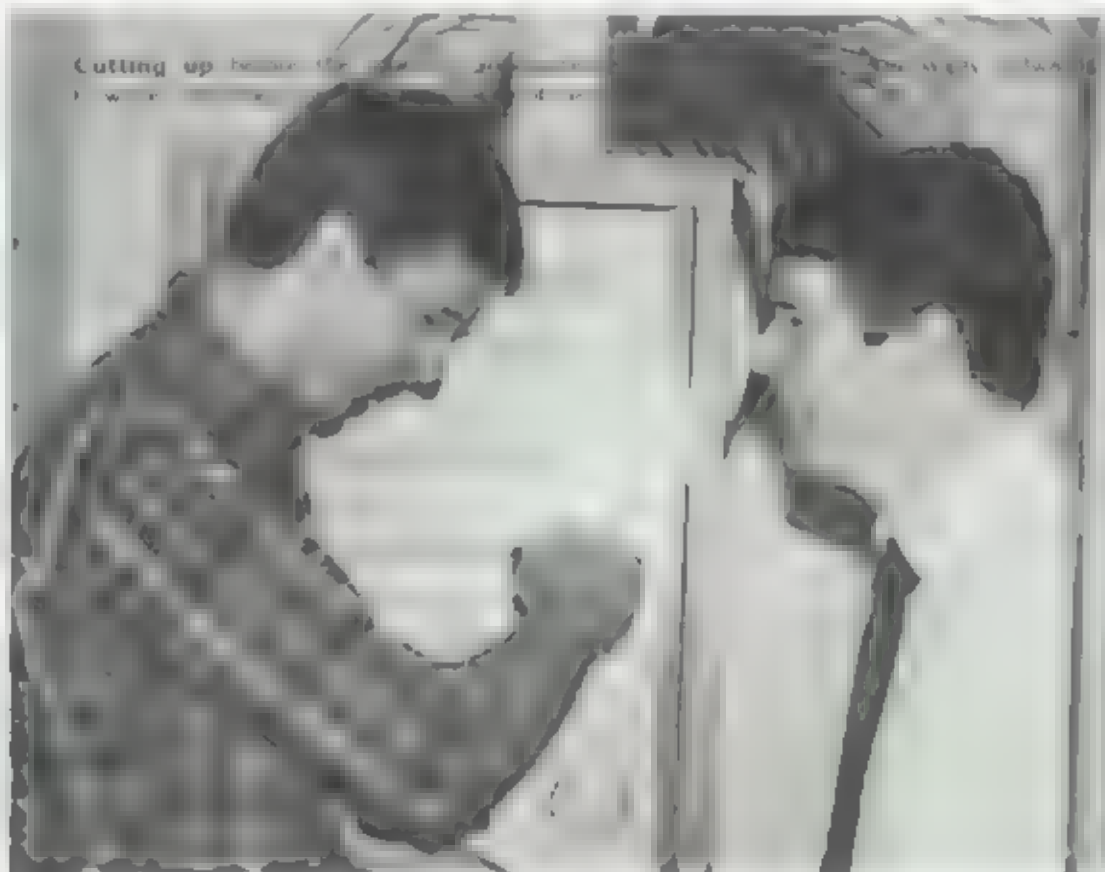
Concentrating is something that Nicole Rasmussen does well at, yet another thing that she does well at. At all times paid off in the end, as did those of her friends, Becky Olson and Diane Forsythe.



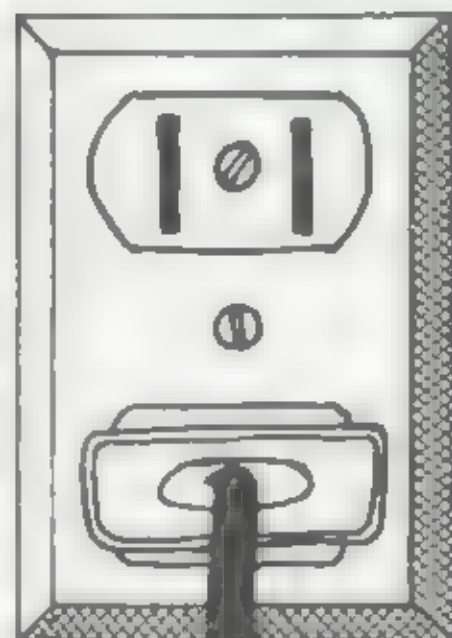
An important part of the marching band's talent is clarinet player Annette Widener. Performances of the band during half time help to keep the stands entertained.



Extracurricular. What? Yes, right! Extracurricular activities. Those things which you could partake in during what little spare time you had. But it did enrich your academic prowess. Yes, you too could become a member of a club, academically-minded organization, band or vocally-oriented group. Let me expand on this thought. Take, for instance, band. There were three bands and an orchestra to choose from. As for singing groups, there were again three to choose from, as well as the Camarata Singers. But let us not forget clubs. Potomac had the clubs to satisfy your every desire. These included Key Club, DECA, VICA, SCA Reps, etc. However, we have not lost sight of the importance of academics the very idea school is based on. Yes, as unappealing as it was, we must think of that. Without academics, think how boring the days would have been.



An off-beat admiration for the style of their favorite teachers is shown by Sarah Davis, Tammy Carter, Nancy Barber and David Snyder as they act out their roles in the Faculty Follies.





In alphabetical order: Carolyn Adams, Lisa Alonzo, Phil Anderson, Sharon Ascaro, Tonni Austin, Stacy Baroitch, Ann Beamer, Mike Be-forte, Diane Benevides, Gina Bolk, Lisa Bork, Stephanie Boyd, Jennifer Bowser, Kim Briggs, Sharron Bryan, Dawn Bulien, Sheri Burdette, Christina Burford, Teri Carter, Lendi Castleberry, Mike Cobb, Lou Conatser, Shawn Copley, Lisa Cosgrove, Stacy Crawford, Cindy Cuniff, Jerry DeCarli, Kathleen Delmore, Marisa De los Santos, Teri Dickinson, Cathy Dul-ton, Kim Evans, Lloyd Elder, Heidi Farber, Kelly Fisher, Rency Forehand, Julie Fowler, Lisa Gaglio, Kathleen Grafmayer, Hollie Hargett, Mark Haygood, Katie Hernandez, Katie Homan, Karen Hudson, Todd Jenkins, Kelly Johnson, Krista Johnson, Diane Jones, David King, Debbie Kondash, James Lacey, Bobby LaFieu, Suzy Larkin, Lisa Laschody, Debbie Lough, Bryan Luedtke, Susan Luedtke, Billy MacPherson, Janet Madrowski, Maruca Malloy, Nolan Malone, Steve March, Erika Martin, Thao Martine, Misty Matherly, Scott M. Kenzie, Tracy McKenzie, Mike Mestrovich, Christine Michelini, Jennifer Michelson, Dacie Miller, Doug Misenko, Robert Monaco, Julie Morley, Beth Morris, Kim Morrison, Jeanette Mulaney, Kelly Myers, Sheri Neary, Dawn Newman, David Norton, Megan O'Brien, Sean O'Donahue, George Ohlin, Caitlin O'Malley, Michelle Olin, Sean Owen, Angie Pequeese, Brooke Pennington, Karen Piarowski, Doug Potvin, Rox Reeves, Sean Rice, Beth Ritz, Marilyn Roitsch, Nicole Romano, Sean Rul, Traci Schrak, Peggy Schukken, Lisa Schwartz, Dave Scott, David Secrist, Rob Semper, Susie Shane, Brian Singslock, Elissa Singstock, Kim Sisk, Julie Smith, Bryan Smith, Leslie Smith, Morgan Smith, Christine Sowals, Angela Stuber, David Sweatman, Allen Tardiff, Pat Thomas, Denise Thornton, Jeanna Tulman, Joanne Triano, Bobby Trumpower, Tammy Valentine, Jennifer Weaver, Tammy Whitmer, Brenda Whitmore, John Wills, Doug Wilson, Mike Wilson, Chris Walter, Beth Wright, Lisa Zaworski.



Serving Others

The largest group in the school, the Junior Civitans, was also a strong one this year. This organization was dedicated strictly to the service of others and did a great job. They participated in fruit cake sales at Christmas, sponsored a dance in conjunction with the Debate Club and prepared for, and attended, the District Convention. The club was sponsored by Ms. Fontana and was led by Mike Selgelid as president, Dane Puckett — vice-president, Michelle Kanche — secretary, Cory Puckett — treasurer, Tina Evans — sergeant-at-arms, Karen Waggoner — Chaplain and Allison Stewart — historian.

With a smile, Tina Evans prepares for another Junior Civitan meeting. With a group as large as this, Tina's job as sergeant-at-arms is an important one.

Tutoring students was one of the major activities the National Honor Society engaged in. Here, Caroline Atseff attempts to unravel the mysteries of geometry for Robert Drennan.



Front Row: Christa Vernarelli, Judy Lee, Laura Galke, Susan Bagato, Jill Holley, Bapi Bhattacharjee, Lisa Schwartz Second Row: Yuri Lazar, Mike Selgelid, Bev Manderville, Teri Carter, Lisa Cosgrove, Kathy Smith, Rob Crichtlow Back Row: Arney Richardson, Joe Devaney, Glen March, David Secrist, Chris McVay, Caroline Atseff, Tim McDaniel, Wayne Gilbert, Paul Tiede Not Pictured: Maryanne Brady, Thao Martine



Service, Scholarship, Leadership, Character



Front Row: Debra Richardson, David Katsoff, Todd Dill, Diane Benevides, Lisa Londino, Robert Loefstedt, Jodie Knott, Lisa Hayes, Amanda Gaddy, Marisa de los Santos Second Row: Dan Bruinama, James Miller, David Dorion, Julie Lamb, Jenny Boyd, Kim Overton, Maria Weiss, Sharon Cox, Michele Ollo, Rene Woo, Jeff Porter Third Row: Bobby Kraus, Debbie Peterson, Linda Jacobs, Christy Mackey, Val Manderville, Mike Glynn, David Snyder, Steve Canup, Christine Michelini, Kathy Dutton, Bill Chapman, Doug Misenko Back Row: Mark Henshaw, Julie Slade, Nolan Malone, Jon Davis, John Willis, Mark Vowell, Cindy Babb, Erin Cleveland, Allan Dziwoki, James Lacey, Rick Gow, Doug Potvin Not Pictured: Howard Dove, Margaret Gallagher, Laura Hudak, Robin Lafferty, Cindy Loveland, Jennene Miller, Sonya Smoot

Service, scholarship, leadership, and character are the fundamental ideals of the National Honor Society. Students must not only have excellent grades but also display these qualities to be accepted into this very selective club.

The process a student must go through to become a member of the Honor Society is more complicated than most people think. First a student must have the necessary grade point average, at least a 3.5 for juniors and a 3.3 for seniors. No sophomores or freshmen may be accepted. Then, the teachers who know the student vote on whether they consider him to have the qualities to be a member of the National Honor Society or not. The votes are then screened by the sponsors, Mrs. Polk and Mrs. Emmons, and by Mr. Ferree and the new members are chosen. All of this is kept top secret so that the tapping ceremony will be a truly special occasion.

This year's ceremony was held in the fall instead of the spring to give the seniors who were to be inducted the opportunity to have the Honor Society on their college applications and to give the juniors the chance to put the Honor Society on their class rings.

Being a member of the National Honor Society is, indeed, an honor. It is a symbol of the excellence, both academic and extra-curricular, for which Potomac is rapidly becoming well known.

Stars of Tomorrow

The past year has been an eventful one in Drama Club. The club received much more publicity and more participation than in former years.

Sponsor, Miss Ginsberg, saw that all went well with productions and the Talent Show.

The Club experimented with the idea of student directors. Letting students direct "A Night of Comedy — 3 One-Act Plays," last fall. The Spring show also directed by a student proved to be very successful.

The officers this year included Mike Kvenberg — President, Robby O'Neill — Vice President, Susan Barron — Secretary, and Jennifer Craig — Treasurer. The office of Historian was held by Bonnie Reed and club photographer was Danny Lee. These people, along with members of the club, were active in stage managing, make-up, directing, lights, and sound.

All members were more active than ever and brought a very productive year to the Drama Club of Potomac.



The larger the smile, the brighter the day. Enjoying a break before rehearsal Cindy Cunruff follows this advice.



In alphabetical order: Cathy Anderson, Mark Anglin, Suzi Barron, Jenny Boyd, Cheryl Brady, Maryanne Brady, Tracy Brugger, Wesley Brown, Kathy Burke, Gina Burleson, Melissa Burrress, Kate Cervanich, Carrie Chicka, Amy Chilson, Loretta Corbin, Steve Costello, Jennifer Craig, Candy Covington, Brad Danes, Ellen Davis, Sarah Davis, Louis Dean, Lisa Dexheimer, Cathy Drape, Amanda Dudley, Layne Duncan, Matt Featheroff, Ann Marie Fortuna, Lisa Gil, Tanja Greck, Stacy Gudge, Dana Harp, Kim Harris, James Hoxmath, Kelly Hoyfield, Laura Hupka, Kelly Januszewski, David Johnson, Michele Kanche, Tonya King, Michael Kvenberg, Rachel Kvenberg, Mary Lavella, Shonda Linwe, Danny Lee, David Lee, Nashay Lewis, Jake Lindino, Christine Makoy, Valerie Manderville, Lynn Maruschak, Dana Maslo, Jeff McAllister, Ursula McNamara, Cindy Micheal, Lisa Miller, Sean Miller, Eva Morgan, Traci Mounts, Jeff Mower, Robby O'Neill, Noreen O'Sullivan, Kim Overton, Richard Pagan, Sheri Pierce, Lisa Pittman, Beth Poland, Laura Porteus, April Pinsky, Dean Roat, Wendy Randall, Bonnie Reed, Lorie Reed, Chris Rowen, Duane Sampson, Dorey Seale, Valla Simpson, Molly Strickton, Tony Smith, Elizabeth Talton, Helen Thomas, Alyssa Thompson, Kim Turner, Pamela VanStaden, Renee Voegtly, Tom Walke, Melinda Wallace, Brian Wallich, Jackie Watson, Lisa West, Kristi Wharton, Kristin White, Christine Wilks, Lori Woods, Patricia Woods.



Quick! Take a look — foreign goodies are exhibited during the Foreign Language Festival. Made by members of the club and enjoyed by everyone, they didn't last long.

Passport to Learning

An active year was programmed by members of the Foreign Language Club as they planned cultural activities for the students and their families. Meetings were held once a month during activity period and twice a month after school. The club officers were Richard DuBreuil — president, Lisa Londino — vice president, Christy Mackey — secretary, and Suzanne Terrazas — treasurer, with Mrs. Cakora and Mrs. Stone serving as sponsors. The club provided activities to educate the school and community and to create informal situations in which the students could share their foreign language and cultural knowledge. In the Homecoming Parade, club members placed third for their float, "It's a Small World." They sponsored the first annual Foreign Language Festival in the spring. In the club meetings, community citizens shared their experiences in foreign countries. Members of the club hope that, through their efforts, students come to recognize the need to learn and appreciate the language and culture of countries other than their own.



GERMAN CLUB Front Row: Jennifer Weaver, Julie Helm, David Boyerson, Brian Pinckard, Dawn Lang, Kristin Pinckard, Ursula McNamara, Jennifer Knill. Second Row: Heidi Farber, Mike Flynn, Tim Pease, Jamie Gerace, Heather Cooper, Scott Simpson, Donna Troxel, Yoland Herd. Back Row: Dean Furman, Doug Ferguson, Wayne Moore, Pete Fleming, Andrew Jacobson, Angie Hammons, Joe Gerace, Mike Helm.



FRENCH CLUB Front Row: Richard DuBreuil, Judy Lee, Jody Knott, Linda Bates, Lori Chichka, Susan Barron, Stacy Howerton, Suzanne Terrazas, Beth Wright, Cindy Babb, Shawn Seban, Beth Taitan, Jennifer Knill, Kathy Dowling. Second Row: Paula Holan, Lori Lambert, Mary Lee, Kristin Ramsey, Christine Ramsey, Susan Volk, Kathy Marshall, Jennie Gonzales, Lisa White, Yolanda Herd, Amy Chison, Joe Gerace, Chris Cox, Scott Kukawa. Third Row: Lisa Londino, Jenny Pollack, Angie Projeese, Tracy Robert, Janet Madrowski, Brooke Pennington, not member, Eliza Singstock, Sharon Arcaro, Debbie Peterson, Beatrice Quintavalla, Kim Briggs, Lisa Vowell, Donna Lickon, David Riberson. Back Row: John Davis, Christy Mackey, Dean Furman, Chris Bakko, Eric Doiron, Tanya Smythe, Cara Polk, Amy Griffin, Sondra Scott, Jeff Mower, Wally Edwards, Kelly Beckman.

A Treasure of Creativity

The literary magazine, entitled "Out of the Blue," is a publication of a variety of students poems, essays, and compositions produced by the literary club

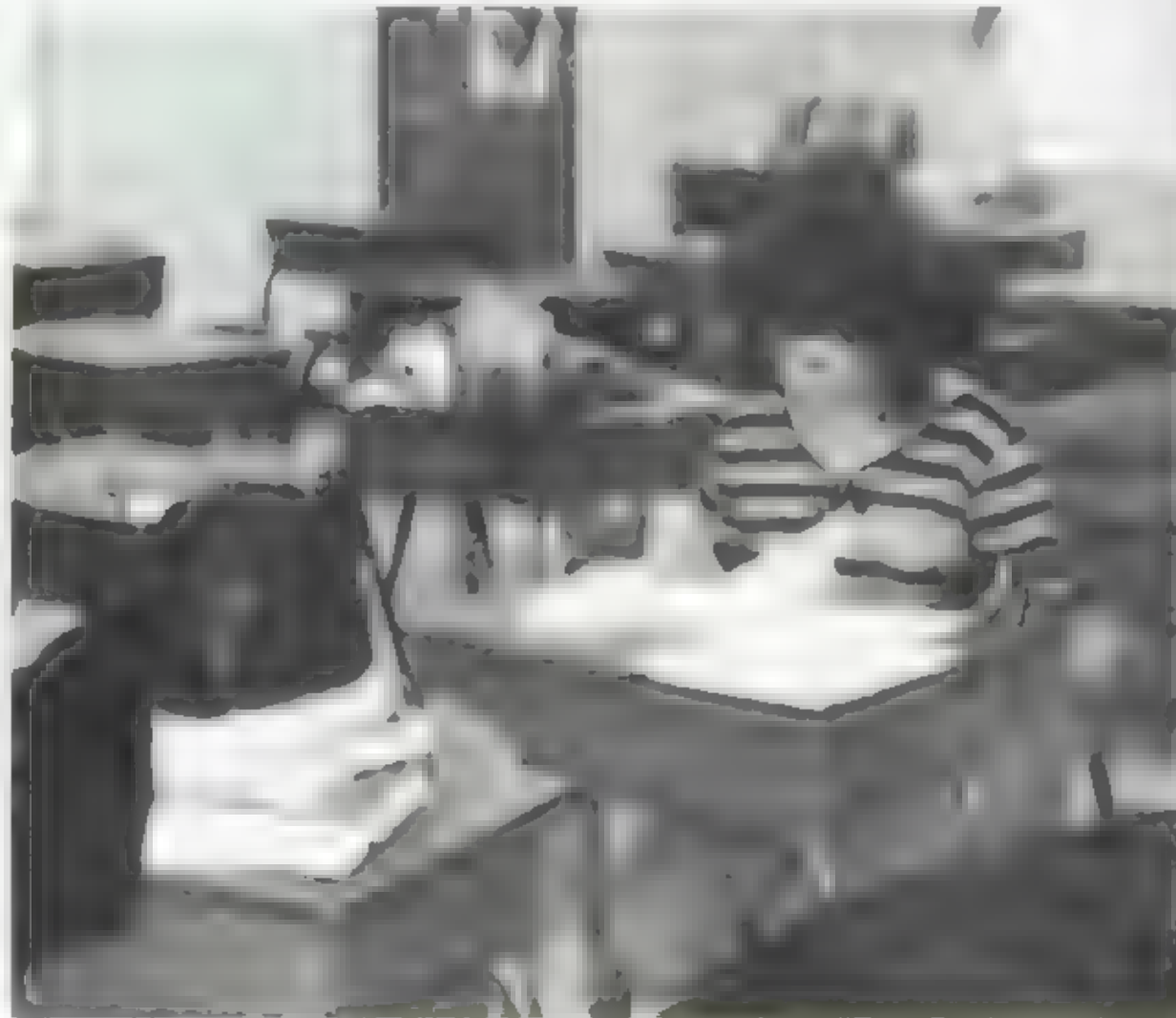
Students whose papers demonstrate creativity and originality are submitted to

the club, where they compose a booklet of exceptional works to be sold. The club is sponsored by Mrs. Moller and has, through much effort, established a memory for all students



The publication of this book by the "Out of the Blue" staff has many steps. Morgan Smith and Wes Brown get closer to reaching the final stage

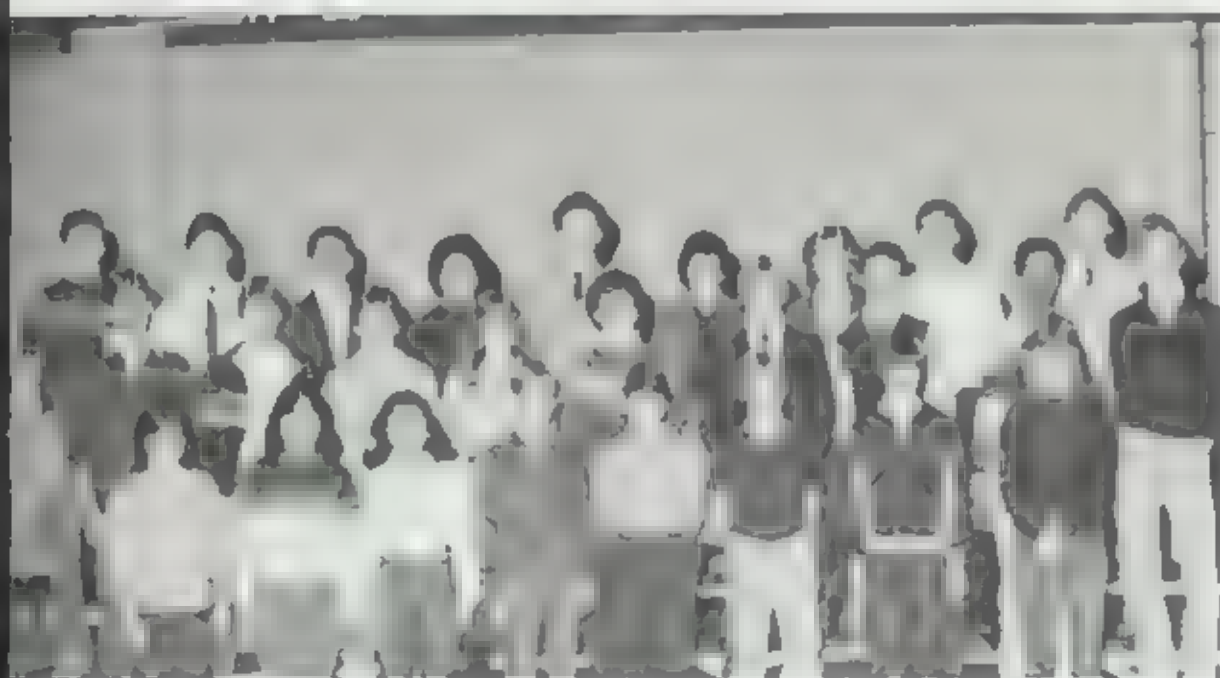
Much preparation goes into composing the Literary Magazine. With stern concentration, Sharon Sweeney works at revising an essay



First Row: Brenda Whitmore, Sharon Sweeney, Kim Alexander. Back Row: Jeff McWor, Pete Galt, Wally Edwards. Not Pictured: Morgan Smith, Donna Reid, Suzy Kzensnak, Wes Brown



Diligently, Nolan Malone and Jon Davis prepare for a forensics meet. The members of the club have worked very hard to improve their speaking skills.



Front Row: Beth Katzoff, Alice Kalaskas, Thao Martine, Eric Anderson, Butch Kenny, Danny DuBriel, Kevin Szady, Kathy Neary. Second Row: Scott McKenzie, David King, Mike Selgelid, Laurie Duncan, Kathy Smith, Richard DuBriel, Nolan Malone, Joe Blake, Jeff Mower. Back Row: Wally Edwards, Jon Davis, Conrad Woo, Rene Woo, Dale Triplett, Beth Wright, Julie Slade, David Secrist, Bill Chapman.

Art of Speech

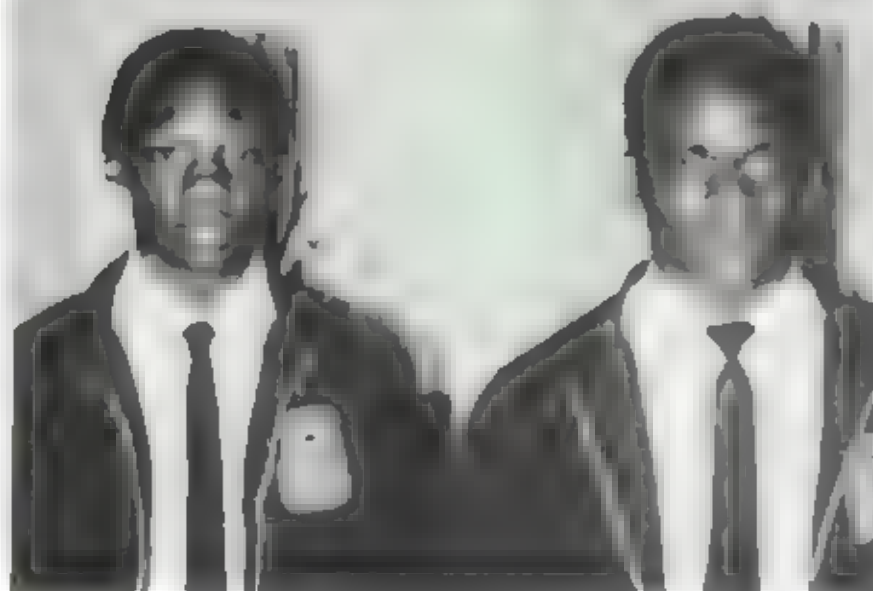
This year proved to be a year of change, especially for the Debate and Forensics Society. The members decided to focus on the forensics activities rather than their past debate format. Sponsors Mrs. Eden and Mr. Kite worked hard to get members ready for the competitive and eloquent art of speech, but the students gained most of their needed knowledge and experience at their first meet in Charlottesville in December. Club president Mike Selgelid has not only helped members of the club, advised the sponsors on certain matters, and been an active orator, but also supervised many of the club's fund raisers. The society hopes to continue its participation in forensics and gain the essential experience to become a major force among Virginia high schools in the art of speech.

World for the Future

DE, now known as Marketing and Distributive Education, was a vocational educational program that enables a student to combine part-time employment with classroom instruction in areas of retail, wholesale and service occupations. At Potomac, classes are offered in Marketing and Distributive Education Fundamentals of Marketing I. I was a basic course in DE for students with career interests in sales and marketing. Marketing DE I was a beginning cooperative program in which students combined classroom instruction with supervised on-the-job training. All students were required to have 540 hours of work. Advanced Marketing DE I was the advanced program in which students dealt in depth the development of marketing competencies necessary for full-time employment and job advancement. Finally, Fisheries Merchandising was offered to students with a career interest in fisheries merchandising. The class covered career possibilities in merchandising and sales.



From left to right: Pamela McLean, Mary Ellen Galt, Mary Ellen Galt, Michelle Thompson, and Susan K. Thompson. The students are standing in front of the building. The teachers are standing in front of the students.



There's more to becoming a professional than spending time in a classroom or shop. It takes commitment and training to become all the best you can be in all respects. That's why students are getting involved in their own professional organization. That program is called the Vocational Industrial Clubs of America (VICA). VICA is a nationwide organization serving the students of vocational education enrolled in a public high school and post secondary trade, industrial, technical, and health occupation programs. VICA members know that their membership helps them to make a difference in their school, community and in themselves. VICA members were proud of what they were doing and were having fun while they do it.



The Industrial Cooperative Training program (ICT) offered high school students the opportunity to receive valuable training in one of the many career fields within the areas of trade, industrial, technical resources of both the high school and the technical/industrial complex of the community. Business, industrial and professional establishments provide part-time employment and supervised training to ICT students during school hours, while the high school furnished the technical subject matter related to the student's occupation and a coordinator for the program. The program's main purpose was to provide each student with occupational experience and related instruction to prepare them to accept employment and be a productive worker.



The Instrumental Education Clubs of America (DECA) was a national youth organization for high school students. Through active participation in local, state and national activities, DECA members developed a better understanding of the business world. The DECA program included activities such as sales projects, banquets, recreational activities, district meetings, participation in community projects and the DECA competitive events program.

The purpose of DECA is to provide a practical business education for high school students. The club often holds meetings to let the members know of their progress and new projects.

Like most other clubs, DECA has a variety of projects and activities. The club often holds meetings to let the members know of their progress and new projects.



At the installation of officers ceremony, Earl Gordon was installed as reporter. Dr. Lee Ross, State VICA Director, did the honors.

VICA members listen intently to the speaker at one of their meetings. The club often holds meetings to let the members know of their progress and new projects.



FUTURE HOMEMAKERS OF AMERICA (FHA) Front Row: Carol D. Archangelo, Cindy Vause, Dawn Overby, Jewel Mitchell, Ann Minor, Cheryl Brady. Second Row: Julie Patton, Michele Banks, Brenda Whitmore, Brooke Pennington, Eissa Singstock, Lisa Lascody, Winnie Butler. Back Row: Renee Brunson, Debbie Rupp, Patricia Spiller, Angela Brosius, Michele Hansohn.



AMERICAN INDUSTRIAL ARTS STUDENTS' ASSOCIATION (AIASA) Front Row: Reta d. Durrig, Andy Tren, Steve Bertly, Jimmy Major, Vincent Oswald. Second Row: Jacque Leverstein, Frank Lasch, David Lee, Jimmy Troyer, Ernie Terrazas. Back Row: Mike Cook, Gary Johnson, Tony Freeman, Jeff Furnie, Paul Newman, Mr. Edmonds.



FUTURE BUSINESS LEADERS OF AMERICA (FBLA) Front Row: Debbie Richardson, Kelly Holyfield, Sandy Abt, Krista Bergena Back Row: Brooke Pennington, Lisa Lascody, Elissa Singstock, James Nix, Darren Stalder

Preparing for the Future



While attending a FBLA meeting, Darren Stalder listens attentively to his sponsor. The club is busy preparing to go to the state competition at Roanoke.

Preparing for the future ... that is what the students have been doing in the clubs Future Homemakers of America (FHA), American Industrial Arts Students' Association (AIASA), and Future Business Leaders of America (FBLA). Their sponsors Mrs. Fleming (FHA), Mr. Edmonds (AIASA), and Mrs. Haun and Mrs. Findley (FBLA) try to give the club members an interesting schedule of events and activities to attend and participate in. Among those planned this year for the FHA club were a Christmas Bake Sale, a Cookbook Sale in February, an Easter Bake Sale, a Mother-Daughter Banquet in May, and a trip to Kings Dominion in June. The AIASA club had a Valentine Dance in February, a car wash in April, and an Industrial Arts Display at Manassas Mall during Vocational Education Week from February 13 to February 17. This club also used its vast supply of energies and talents in the production of the Potomac Paw Power Note Pads. Not to be outdone, the FBLA club went to a workshop during a conference at Germanna Community College, the regional competition at Germanna, and the state competition at Roanoke. The students have received a great deal of worth out of these clubs and have learned skills that they will take with them after they finish high school.



SCIENCE CLUB OFFICERS Secretary — Art Forster President — Rebo Zacharias Vice President — Chuck Crosby, Treasurer — Brian Lee



The Computer Club offers a variety of skills to learn. Taking advantage of this, Jerry Hayes works with the computer

APPLIED SKILLS

Boosting its membership up to 60, the Computer Club offered a variety of skills to be learned and applied. Mrs. Szady was the sponsor.

The members were divided into three different groups: 1) No previous experience, 2) some previous experience, 3) good knowledge of computers. They then learned to program by practicing during the activity periods.

At the end of January, the club invited Bell & Howell to be a guest speaker. They talked about computers and engineering careers for interested members.

In its first year, the Science Club be-

came one of the most active clubs in the school. Mrs. Shipman was the sponsor.

During the spring, the club brought about Teacher Appreciation Week, and during the winter they sold candy canes. The money was used for the Gas Chromatograph Science Department (Chemistry) and field trips.

Besides sponsoring the annual Science Fair, the club had many guest speakers. The topics were on such subjects as Survival After Nuclear War, Acid Rain, Evidence of Extraterrestrial Life, and Infrared Radiation.



THE SCIENCE CLUB Front Row: Tim Brigham, Wendy Holtzman, Rene Woo, Tony Katsarelis. Second Row: Conrad Woo, Joe Blake, Rebo Zacharias, Chuck Crosby, Erin Cleveland. Back Row: Robert Drennen, Dale Harris, Dale Triplett, Frank Lasch, Brian Lee, Chris Moberly.



THE COMPUTER CLUB. Sandra Abt, Matt Allen, John Apperson, Jeff Becher, Geoff Bell, Steve Bentley, John Berta, Kathy Briggs, Tamara Carter, Ty Chapman, Rick Clark, Mike Cobb, Vanessa Colletti, Steve DeHarde, Lloyd Draper, Ken Duff, Allan Dziwoki, Deane Elliott, Katie Flynn, Gary Garrison, Mike Gibson, Richard Gow, Karyn Greisen, Adina Harrison, Jerry Hayes, James Hockmueth, Sam Hughes, John Jackson, Richard Jackson, Jay Johnson, Vera Johnson, Rodger Jones, Monique Landry, David Lee, Hank Lee, Robert Leeper, Shannon Lining, Lisa Lucas, Marc Lyall, Rob MacLean, Daniel Miller, Scott Moberly, Jimmy Montgomery, Aaron Nelson, Bryant Nelson, Vandella Newson, Sean O'Donnoghue, Bob Owles, Kevin Parker, Tim Pease, Rick Pierson, Steve Quinlavalii, Thomas Rand, Dean Robinson, Eden Ruiz, Eric Ruiz, Elise Scott, David Shive, James Stepnowski, Caryn Swenson, Dee Tainter, Patrick Taylor, Helen Thomas, Maria Thomas, Frank Thompson, Annette Williams, John Williams.

A Picture Is Worth

It's true. A single picture is worth a thousand words. Two clubs at Potomac were responsible for pictures. The Photography Club photographed pictures and The Art Club painted and created them.

The Photography Club at Potomac was headed by Mr. Kadis and aided by Mr. Prifti. The purpose of the club was to teach and allow students to process and develop their own pictures. Each student had to have access to their own 35 mm camera and was allowed to use all available school equipment for a \$5.00 due fee.

The Art Club at Potomac was headed by art teacher Mr. Outman. The club met during activity period and after school. Their main goal was to raise funds for new art equipment for the art department. Though this year it had few members, the Art Club is growing and expanding.



PHOTOGRAPHY CLUB: *Front Row* Christine Boeger, Mike Dean, Ken Yaeger, David Baird, Kathy Nicely, Charlotte Acker *Middle Row* Betty Francis, Shadon Nejat, Sigrid Layne, Chris Simplemen, Wayne Shorter, Brian Testerman, Sean Connolly *Back Row* Tad Davis, Burton Brown ng, Chris Fullerton, Jeff Mower, Wally Edwards, Jimmy Connors



ART CLUB: *Front Row* Brooke Pennington, Lisa Lascody, Elisa Singstock, Kelly Burke, Theresa Ervin, Nancy Bagato *Middle Row* Paul Connaughton, Melina Walls, Fred Coleman, Darell Gibson, Susan Bagato *Back Row* Gene Turpin, Tim Sullivan, Sean Pemberton, Paul Roberson, Mike Sipes, Garland Lipscomb

A Thousand Words



Showing the finesse and talent needed to work with clay is Art Club sponsor Mr. Outman. The Art Club worked with clay and made some paintings and jewelry.



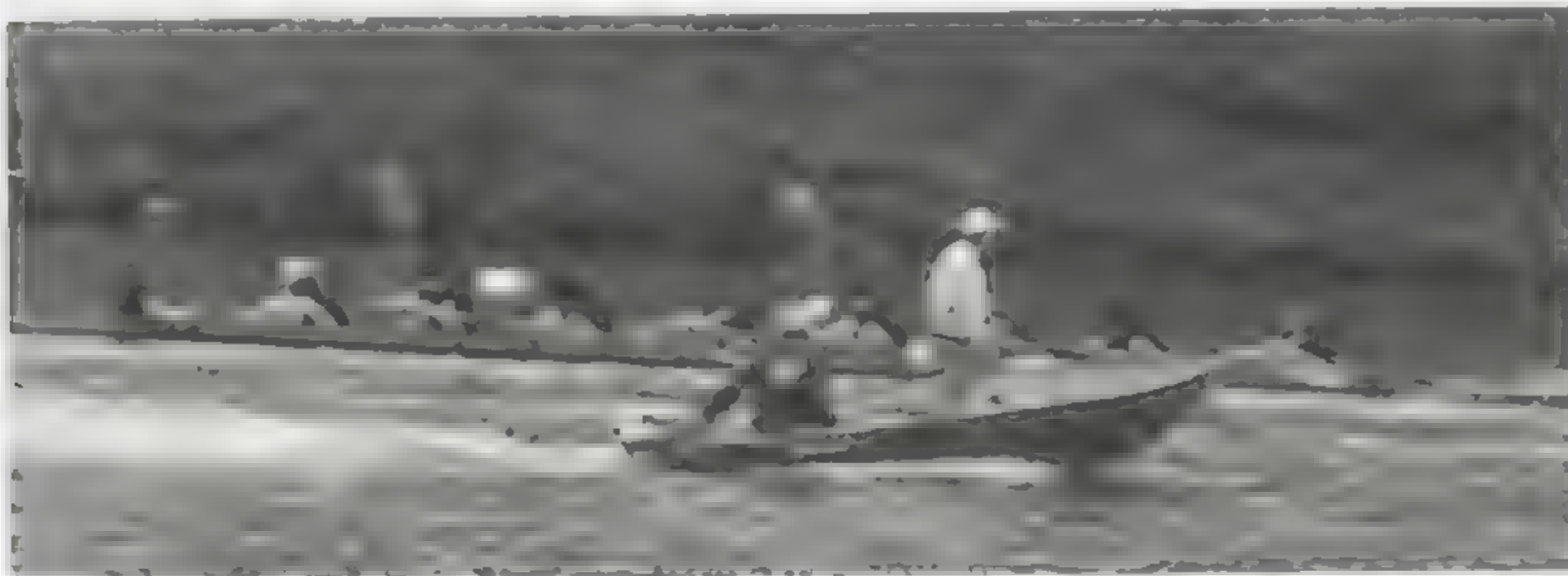
Photography Club members Barton Browning, Chris Washburn and Chris Fullerton get ready to begin taking pictures. The club stressed all phases of photography including picture taking, and developing and processing.

Stroke of Endeavor

For the past three years, Potomac crew has been working its way to becoming a competitive power. Of seven categories to race in, they have worked their way up the ladder from the bottom. Their biggest accomplishment was their first win last season at the Occoquan Springs. Although that was their only win, they were able to compete in the nationals of the Scholastic Rowing Association. This year they moved up to the junior varsity level of competition and travelled to Philadelphia for the prestigious Statesbury Regatta. A change of coaches every year and equipment problems have taken their toll on the team, but with the persistent efforts put forth by all members, crew received the recognition it so well deserved.

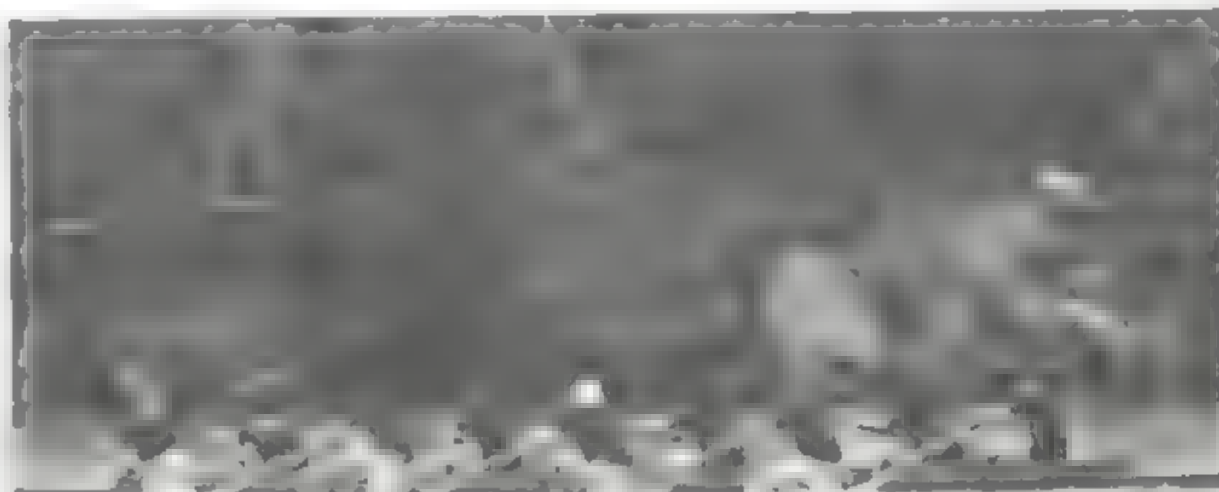


Row, row, row, your boat, but maybe not so gently. Brian Lee, Paul Edelstein and Andrew Jacobson have to row across the lake every day during crew season.



As the tension mounts, Potomac's Crew Team show their pride as they pass the judges in the T.C. Williams Invitational.

Easy as it looks? It's not. The Potomac Crew Team even spends Saturday during the season working out on the Potomac River.



Autographs



Marching to Stardom

Have you ever seen a halftime show? Then you know that it was mainly made up of our marching band. The marching band provided entertainment and led the stands in enthusiasm and spirit. The band was led by Mr. Dill along with the drum majors. It has come a long way in its short five year history. Each year, the band has progressed slowly but surely.

The marching band has been faced with many problems, but this year the most potent was lack of experience. The band had no upperclassmen to learn from and imitate. Frustration grew among the members, but they continued to work hard and diligently to make the band a success. And what a success it came to be! The marching band received a rating of "good" at state competitions which was a big accomplishment for a group of their experience. This year they travelled to ODU for a state competition and marched in several parades, receiving awards from both Quantico and Dumfries. The band consisted of 57 players, 16 bandfront members (Flags and Rifles), and two drum majors who were chosen by audition. All the members attended both games and practices. The latter were vital for them for they needed to get every note down, precision was a great part of their performance.

Parents also played an important role in their success. To raise money, they sold Band Booster buttons and provided both moral and financial support.



Without the Flags, the marching band would not be complete. Lisa Pittman stands erect as she awaits the beat to raise her flag.



Dazzling performances by Pittman and Biddle at football games kept the crowds captivated.



Many honors have been achieved by the marching band. Members of the band prove these honors to be well deserved.

An important part of participating in Rifles is keeping in step. Sheila Neary and Kim Angell demonstrate the difficulty of timing, especially during a drill.



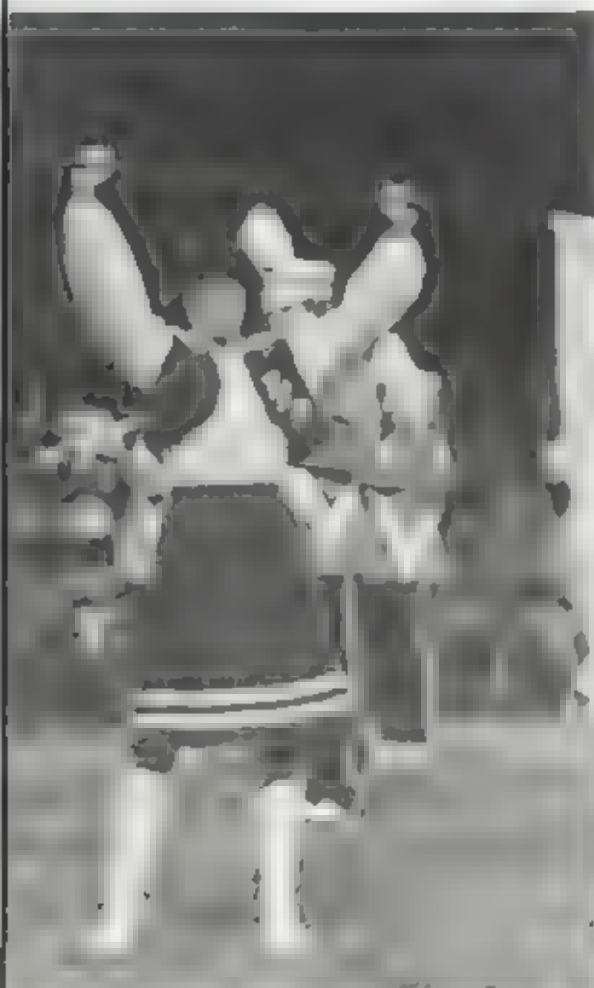


First Row DRUM MAJORS (l-r) Tim Tisdell, Brad Daniels, David Martin, Annette Wimmer, Sheila Griggers, Debbie Harnes, Kim Harris, Christine Bell, Jodie Agatone, Cathy Rhodes, Mari Voegtli, Jenny Brueggem, Jenny Boyd **Third Row** Paul Ricks, Tony Katsarelis, Alfred Hills, Kevin Szady, James Wrentham, Cynthia Hughes, Cindy Saylor, Mark Ricks, Eric Grunderman, Brad Hall, Scott Moberly **Fourth Row** (l-r) Nathan, Paul Pasek, Keith Brown, David Agatone, Steve Costello, Keith Purto, Butch Kenney, Peggy Deaheimer, Bill Raines, Jeff Geyer, Patty Smith, Steve Lingo, Matt Fetheroll, Patty Smith **Back Row** John Follard, Chris McVay, Steve Lingo, Matt Fetheroll, Steve Zacharis, David Katzoff, Jennene Miller, Kim Britt, Bill Brown, Wayne Cornwell

POTOMAC HIGH SCHOOL

PANTHER BAND

Carried with pride, the marching band's banner is a symbol of the school.



With raised flag, Hyum Lee stands in position to give the crowds an opportunity to see the Panther symbol.



MAJORETTE, FLAGS, AND RIFLES **First Row** Dianne Biddle **Second Row** Tina Summa, Kathy Neary, Joann Hesp, Kim Morrison **Third Row** Anne Bartosch, Bev Clements **Fourth Row** Lisa Potvin, Kim Angelo, Shana Neary, Julie Pierson **Fifth Row** Lisa Pittman, Stacy Dan **Back Row** Hyum Lee, Jackie Clements

Take It From the Top

Taking it from the top, this year's concert and symphonic bands began the year with a cheese and sausage sale, providing funds for their music and possible field trips. Their first concert was held in November. In addition, there was a concert at Christmas, a pre-festival concert, and concerts in the fall and spring concluding the year.

Concert Band Front Row: Jennifer Grassier, Anne Reid, Lisa Dexheimer, Julie Pearson, Jodie Agatone, Dana Harp, Cindy Saylor, Shannon Hayworth, Cathy Rhoades, Mari Voegtly, Kelly Phoenix, Becky Sloan, Michelle Bailey, Samantha Hughes. **Second Row:** Peter Stapor, Robert Underwood, Nelson Davis, John Haneclau, Butch Kanney, Keith Brown, Steve Reza, Mike Urbanek, Eric Grunderman, Brad Hall, Greg Clark. **Back Row:** John Folliard, Patrick Taylor, Chris McVay, Alan Britt.



Anxiously awaiting their performance during a school assembly is Potomac's Symphonic band. Students prepare their instruments and music for the performance for their fellow peers and teachers.





SYMPHONIC BAND First Row: Annette Widener, Debbie Harriess, Kristin Boeger, Christine Bell, Sheila Griggers, Christina Buford, Laura Best, Lisa Londino, Tracy Hucagon, Jenny Boyd, Chris Lawler. Second Row: Caroline Arsett, Joelle Wiggins, Karyn Griesen, Suzanne Tejares, Charlotte Acker, Roberta Grindie, Kim Harris, Kim Scott, Peggy Pasek, Patty Smith, Bev Manderville. Third Row: Tony Katsareus, Pau Ricks, David Martin, Far Gordon, Mike Szady, Alfred Hillis, Mark Ricks, James Geyer, Matt Daniel. Fourth Row: Robert Drennon, Paul Pasek, David Agatone, Steve Cristello, Keith Pierro, Todd Dill, Jeff Geyer, Scott Moberley, Scott Callantine. Back Row: Steve Gago, Matt Letzeroff, Steve Zacharias, David Katzoff, Wayne Corewell, Bill Brown, David Dorton, Bill Barnes. Not Pictured: Richard Asberry, Mike Ausley, Cindy Lobb, John Baldwin, Tim Bray, Kimo Buckon, Hiedi Farber, Pete Gaither, David Manvell, Roger Sommers, Mike Waniel.

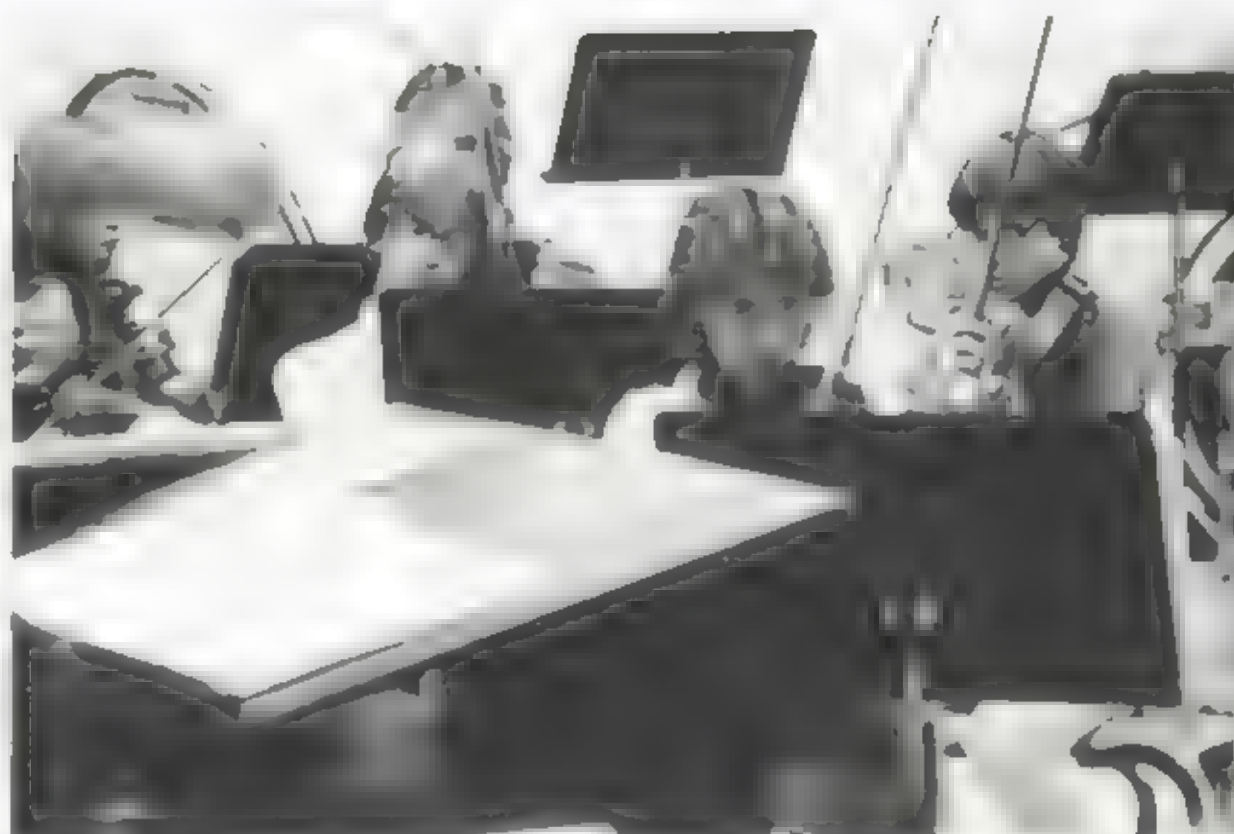


Band director, Mr. Dill announces the last of two performances given during the school day. Two concerts had to be given in order for the entire student body to attend.

Road to Harmony

There were four concerts given by the Potomac Symphonic orchestra, under the direction of Mr. Casey. These, in order, were Christmas pyramid concert, fall, pre-festival, and Spring concerts. The orchestra also performed at Festival in addition, students were selected to perform on May third and fourth at the James Madison "select string thing."

Hard work and extra effort paid off for the Treble and Varsity choirs as they performed successfully in the Christmas and Spring concerts. The treble choir also performed at Festival and went caroling in Occoquan.



Intense concentration is required to perform a successful Orchestra concert. These students put much time and effort in preparing their music.



First Row: Bobby Krucelysk, Alice Kaaskas, Amy Wallich, Kim Britt, Donna Tiplady, Jennene Miller, Robert Wallace, Mike Kvenburg. Second Row: Sha-ane Willis, Stacey Darr, Mar Voegty, Bev Manderville, Caroline Atself, Debbie Harness, Roberta Grindie, James Jeyn, Brad Daniel, Rachel Avenburg, Amy Richardson. Back Row: Dore Tainter, Noel Dirkoover, David Agatone, Steve Costello, Keith Pietra, Jeff Geyer, Scott Moberly, Todd E. J. Bil Ranes, David Dorton, Bill Brown, Wayne Cornwell, Steve Linggo, Matt Ketherolt. Not Pictured: Laura Gaike, Hyunm Lee, Jennifer Polack, William Jennings, Cindy Ruffner, Jeff Tribe, Naza Shah, Lisa Miller, Jackie Watson, Paul Coletti, Dean Furman, Joe Blake.



TREBLE CHOIR *First Row:* Cindy Saylor, Kristin Thomas, Kim Watson, Angela Stubor, Mr. Goodwyn *Second Row:* Chrissy Weton, Alyssa Thompson, Jennifer Weaver, Chris Crossley, Roxie Frazier *Third Row:* Theresa Thacker, Kristin White, Robin Moser, Lyndia Mersing *Not Pictured:* Ann Beamer, Cindy Bowler, Missy Bowler, Renee Brunson, Betty Simes, Laurie Fetherolf, Vicky Kearns, Lisa Mower, Dorey Searle, Jacque Sinkowski, Molly Stockton



VARSITY CHOIR *First Row:* Gladys Fernandez, Christine Spade, Mr. Goodwyn *Second Row:* Ann Thacken, Allison Boersbain, Wendy Randall *Not Pictured:* Stanley Timmons, Wanda Gothreau, Denita Evans, Larry Cooley, Carolyn Beamer



CONCERT CHOIR First Row: Mr. Goodwyn, Christa Vernarelli, Diana Davis, Donna Grecker, Kim Watson, Duane Sampson, Steve Lippert, Sean Miller, Richard Pagan, Jeff Wise, Jewell Mitchell, Amy Hawkins, Lisa Lazar. Second Row: Jill Holley, Tammy Rutkoskie, Laura Hambrick, Brian Wallich, Steve March, Billy Williams, Louis Dean, Choi Kong, Karyn Grelsen, Stephanie W. ss, Kim Overton, Yuri Lazar, Valerie Manderville. Back Row: Katie Flynn, Pam Van Staden, Christine Malloy, Wally Edwards, Scott Stirling, Mike Kvenburg, Jack Leverstein, Matt Fetheroll, Victor Blake, Larry Cooley, Sally Richardson, Laura Lee, Lisa Cosgrove. Not Pictured: Rhonda Burnett, Syke Croxton, Mark Haygood, Rose Kearns, Lisa Lott, and Joe M. lam.



Displaying a unique talent for directing and playing in 'unison' is Mr. Goodwyn. Mr. Goodwyn was a new talent to this year's choral students.



During school hours, the Potomac Concert Choir has the opportunity to give a preview of the evening concert. The songs are performed by the Camerata Singers.

Say it With a Song

Coming from Garfield and Rippon, this year's new director, Mr. Goodwyn, led the select group "Camerata Singers" and the Concert Choir in a successful year. Music was chosen from all style periods. Four concerts were held during the year. The first concert was the Pyramid concert, with the Christmas, Festival, and Spring concerts finishing the year. In addition, the Camerata Singers traveled to the Dumfries Methodist Church in late December.



First Row: Danna Greuter, Yuri Lazar, Stephanie Wise, Valerie Manderville, Amy Hawkins, Christina Vernarelli, Mr. Goodwyn. Second Row: Katie Flynn, Laura Hambrick, Christine Marley, Laura Lee, Jeff Huxley, Lisa Cosgrove. Back Row: Steve Lippert, Larry Cooley, Scott Strickling, Mike Kvenburg, Steve March, Louis Dean, Choi Hong Not Pictured: Wally Edwards, Mark Haygood, Brian Wallich.

Award Winning Staffs

A lot of responsibility is required of a member of the Newspaper or Yearbook Staff. The student body doesn't realize the hard work and long hours that go into producing a publication. Recognition came this year for both staffs.

During summer camp, Faith Holcombe and six members of the *Prowler* staff (Susan Ariola, Dawn Bullen, Karyn Greisen, Lisa Hayes, Bev Manderville, and Alicia Toney) competed with forty-four other schools. Awards were given for enthusiasm, copy, layout, theme, and best overall. After working hard for four days, the staff won the "Best Overall Award."

Kitzi Taylor and four members of the journalism staff (Chuck Crosby, Dave Snyder, Dale Triplett, and Rebo Zacharias) went to the Virginia High School League weekend workshop at the University of Virginia. They won a First Place ranking for the *Potomac Messenger*. Advisor Kitzi Taylor left Potomac early in the year and was replaced by Penny Lake as head of the journalism department.

In her third year as yearbook advisor, Faith Holcombe said, "It's a hassle sometimes but I'm really pleased at the quality of the work the kids are turning out."

Assisting Diane Benevides and Dave Snyder is Kitzi Taylor. She was later replaced as Journalism Sponsor by Penny Lake.



THE YEARBOOK STAFF Front Row: Lisa Hayes, Kelly Beckman, Shawn Sebren, Tom Corbitt. Second Row: Dawn Bullen, Michelle Ohio, Renee Voegtly, Mike Oravec. Back Row: Karyn Greisen, Susan Ariola, Alicia Toney, Sallee Richardson, Tammy Rutkoskie, Bev Manderville. Not Pictured: Mike Dillon, Danny Stanley, Ellen Davis.



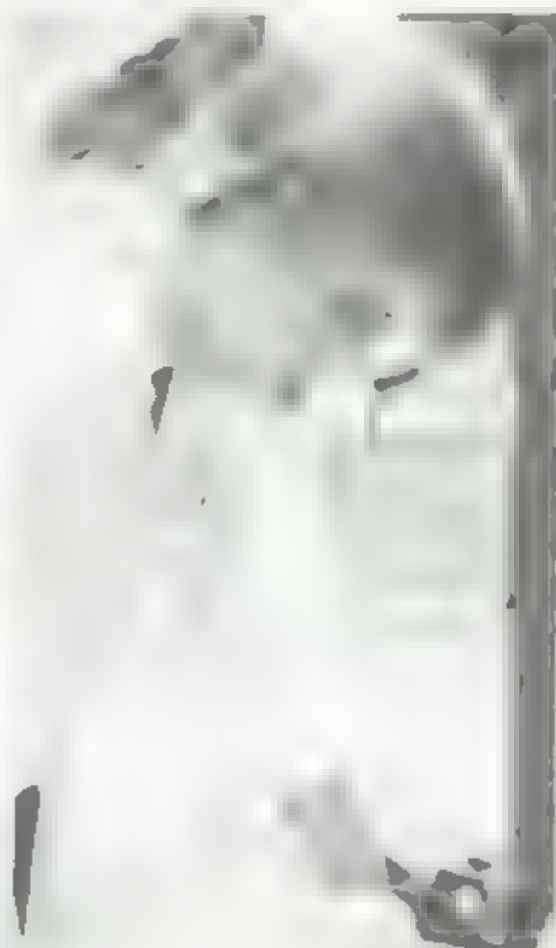
THE NEWSPAPER STAFF Front Row Gina Burleson, Shonda Lowe, Marisa de los Santos, Sarah Davis, Michelle Kanche, Cindy Cuniff, Jeff Mower (not a member). Back Row Wally Edwards (not a member), Chris Fullerton, Dale Triplett, Dave Snyder, Eric Keaton, David Dwyer Not Pictured: Diane Benevides, Chuck Crosby, Robert Zacharias, Sarah Kierstead



As Business Manager, it was Diane Benevides' job to see that the ads were properly done. Here she receives help from Cindy Cuniff.



Before getting his pages approved, Mike Dillon checks them one more time. Though it was his first year on the yearbook staff, he took on a lot of responsibility by being Sports Editor.



When she joined the yearbook staff, Shawn Sebrén was prepared to put in long hours and dedication. The work was tough, but the rewards were many.



When laying out a newspaper, one must be careful and precise, as Robo Zacharias shows. He was News Editor for the *Potomac Messenger*.

A drama? A comedy? "Harvey" was a little of both. Not only did this production make us laugh at the little absurdities of ourselves but also admire those of others. The play cast Nolan Malone as Elwood P. Dowd — an eccentric gentleman who is the only one able to see Harvey — a six foot white rabbit who seems to have the answer for everything. Valerie Manderville not only served as an inspiring director but played the role of Veta Simmons — Elwood's estranged sister. The play received good reviews and provided its actors the needed experience to perform on stage. The class of '84 did an outstanding job in producing this play.



Doctors, Chris McVay and David Snyder, try to diagnose Elwood P. Dowd's situation while Gina Burleson and Christy Mackey assist.

Exit Stage Left



Elwood's sister, played by Val Manderville, explains to nurse, Christy Mackey, that her brother really has some screws loose.



Jay Johnson cunningly moves in on Julie Slade. All the actors in the play did an outstanding job.



Harvey, a play put on by the senior class, received many rave reviews. Nolan Malone, playing the lead, and Donna Tiplady dazzle the audience with their superb performance.



Valerie Manderville, who directed the play as well as acted in it, tries to talk some sense into Nolan Malone as Harvey, the invisible white rabbit. David Snyder, Chris McVay, Mark Henshaw, and Julie Slade look on.

“Someone to talk to”



Planning sessions is a major part of Teen Counseling. Here Dawn Bullen, Julie Lamb, Nolan Malone, Toni Austin, and Michele Olio plan for a session on drug abuse.

Made up of high school juniors and seniors, the Teen Counseling program is designed to provide positive role models for fifth and sixth graders. For half an hour every other week each teen counseling group conducts a session to their assigned fifth or sixth grade class.

The reasoning behind the program is the concept that high school students can have a positive influence on elementary and middle school children. These children admire high school students and can relate to them more easily than they can to any other group older than themselves.

This program is designed not only to provide information on subjects such as drug and alcohol abuse but also to give the students a chance to ask questions and express concerns about growing up in general — things they may have trouble in expressing to their parents or teachers.

Providing sound information and displaying a good role model for these children may prepare them for the time when they, too, will have to make decisions that will affect their lives. Helping them to make these decisions in an intelligent manner is what the Teen Counseling program is all about.



Front Row: Jon Davis, Yuri Lazar, Diane Jones, Cindy Cunniff, Shannon Matherly, Karen Spates, Mark Henshaw, Michele Olio, Beth Wright, Cathy Dutton, Julie Lamb, Katie Flynn, Vicky Owles, Cindy Babb. **Second Row:** Brian Singstock, Traci Schrack, Val Manderville, Regina Martin, Bev Manderville, Kim Overton, Jenny Boyd, Sheila Griggers, Kim Sisk, Marisa de los Santos, Lisa Hayes, Toni Austin, Lisa Lascody, Lisa Zawoisk. **Third Row:** Susan Barron, Cindy Loveland, Lisa Londino, Angie Peguese, Michelle Goodrich, Rene Woo, Nolan Malone, Sharon Arcaro, Kathy Smith, Richard Asbery, Scott Molinari, Dennis Otter, David King. **Fourth Row:** Michael Cobb, Jennene Miller, Kim Britt, Stephanie Wise, Mylene Rowe, Amanda Gaddy, Kelly Johnson, Dawn Bullen, Mike Selgelid, Scott McKenzie, Scott Kujawa, Robert Semper, Mark Vowell, Scott Stirling. **Back Row:** Glen March, Chris McVay, Christine Campbell, Christine Michelini, Kathleen Delmore, Kevin West, Tammy Valentine, Debbie Lough, Christine Malloy. **Not Pictured:** John Baldwin, Diane Benevides, Sharon Bryan, Scott Dadson, Heidi Farber, Laura Hudak, Ashley Lehman, Sherri Marcini, Art Milbert, Maria Weis.

Autographs



Fun at the First Faculty Follies

In March of 1983, the Class of '84 sponsored Potomac's first Faculty Follies. The various skits were written by Robert Zacharias and Chuck Crosby. The event was directed by Julie Slade and Nolan Malone. Jill Holley was the emcee.

The first scene was the "PSHS Faculty Symphonic Orchestra," in which the participants played music in their own unique way. A record was played to make it sound authentic even if it didn't look it.

The class of '83 wrote the mock "9 to 5" scene, in which Mr. Freeze played a Dolly Parton look alike.

In the "Saturday Night Live" scene, Mr. Jenkins opened with a Chevy Chase-like approach. Then, Ms. Fontana played Roseanne Roseanna Danna, Ms. Haun did Jane Curtin and Mrs. DiLoreto did Laraine Newman. Also shown were the famous

"whiners," two of which were Mrs. Stone and Mr. Cummins.

Teachers were also encouraged to display the more serious side of their talents. Mrs. Bennett took advantage of the opportunity and sang two songs, much to the delight of the audience.

"Kojerk," a parody of "Kojak," featured Mr. Kitchen as the skin-headed policeman and Mr. Jenkins as Left Handed Looey, the One-Fingered Snitch. The scene was about a woman (Ms. Cash) whose body was found and it was later discovered that Ms. Fontana did her in, in order to get her job as Head of the Foreign Language Department.

The Follies ended with a faculty can-can with all the participants dancing. The show was a big success and lots of fun for everyone.

In the "9 to 5" farce, Mrs. Cakora welcomes the new "girl" to the office, a Dolly Parton look alike played by Mr. Freeze. This scene was written by the class of '83.



As Chevy Chase, Johnny Jenkins introduces the Saturday Night Live skit. Others in the scene were Ms. Fontana, Ms. Haun, and Mrs. DiLoreto.



The opening act was the PSHS Faculty Symphonic Orchestra in which the members had the opportunity to show off their "musical" talents. Later, Mrs. Bennett sang two songs on a more serious note.

Left-Handed Loopy the One-Fingered Snitch (Mr. Jenkins) gives Kojerk (Mr. Kitchen) the latest news for which he receives a lollipop.



In this scene, the students acted out what they thought went on in the exclusive faculty lounge. Here, Debbie Scrogum, as Ms. Jones, tells Tammy Carter, as Mrs. Pearsall, all about her dog.

In the "Kojerk" scene, Mr. Jenkins and Mr. Kitchen were joined by Mrs. Bennett as the Sergeant and Mr. Edmonds as the Lieutenant. The "dead" body belonged to Ms. Cash, who was "done in" by Ms. Fontana.



The finale was a can-can in which all the faculty participants danced. A lot of the show was improvised and it was a big hit with the crowd.

Lifting the Burden

Lifting a burden can be a strenuous job. The Weightlifters and Teacher's Aides both had their different weights to lift. The weightlifters worked out by "pumping iron," and the aides took the work load off of the teachers. Aides were responsible for various duties. Some of the tasks the aides performed included recording grades, grading papers, running errands, running off dittos, and any other needs the teacher might have. The aides of Potomac were dedicated students and were very valuable asset to the faculty of our school.

With any sport, dedication was the key to success. Often, athletes spent long hours practicing and training to perfect their skills. Weightlifting was one type of training that was beneficial to many sports. Runners and football players lifted weights to build speed while baseball players lifted to increase hitting power. Potomac's weight room included Universal as well as Free Weights. Each machine was designed to build up a different muscle. Strict weightlifting programs that were designed for a particular sport were often followed by Potomac's athletes and sometimes accompanied by a strict diet as with the wrestlers.

All in all, weightlifting was one aspect of sports that people rarely consider. But without weightlifting, Potomac's sports would not have been of the caliber that it is.

Photo by Mair Pope



The office of Potomac is responsible for, among other things, late arrivals and early dismissals. Office aide, Mike Johnson, records check-in and check-out times.

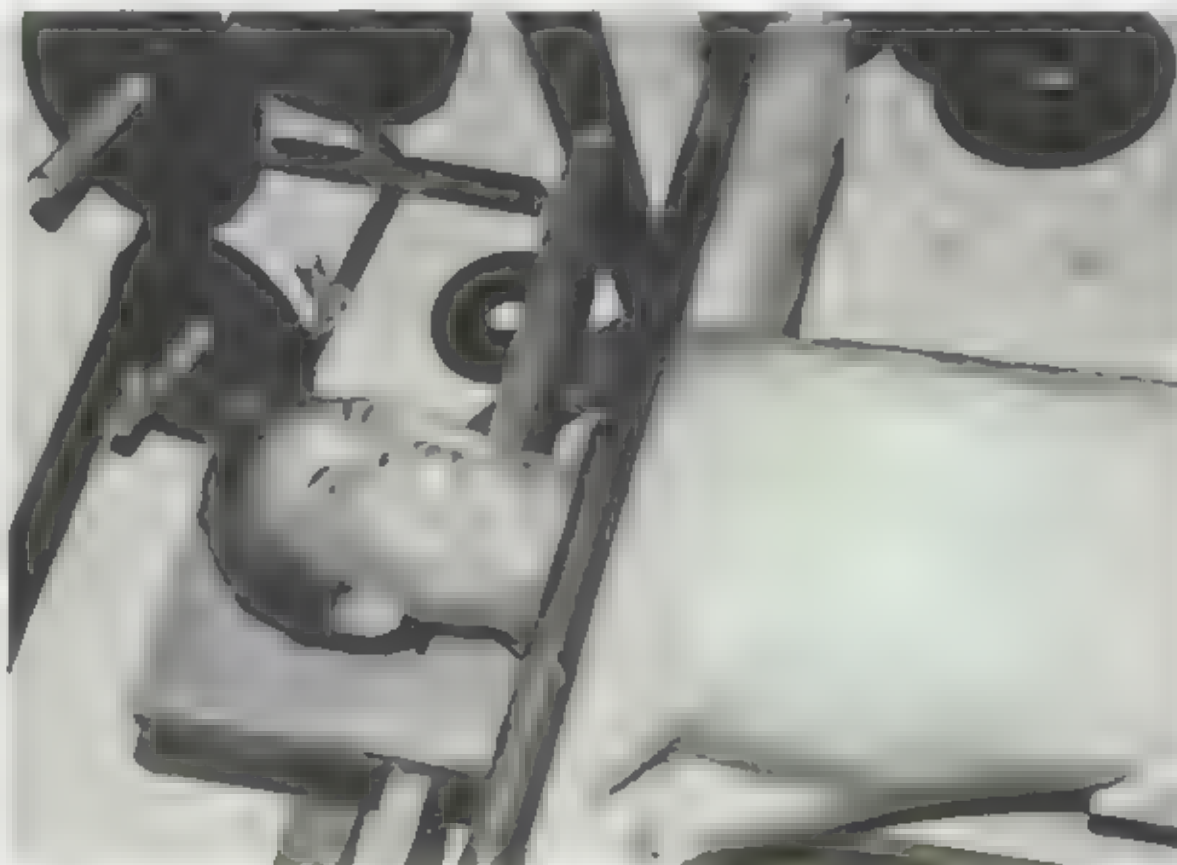
Photo by Mair Pope



Recording grades is one of the many jobs that an aide performs. Tony Mattania records typing timings for Mr. Freeze.



Through expression, Richard Dubriel shows the strain and exertion that is required to maneuver on the parallel bars. The parallel bars are only one of many exercises in the weight room.



Grimacing because of the heavy weights, Sean Copley strains to lift his burden. Many Potomac weightlifters can lift up to 300 pounds.

The weight room is not only open to students but to teachers as well. Jeff Belcher and Mr. Freeze work out on available equipment.



The C's Have It

After high school, students have a wide variety of careers to choose from. Many students from Potomac have enrolled in a class known as cosmetology that will eventually become their career.

These students will, from this class, receive a license that enables them to be a cosmetologist. Even though cosmetology students travel to Garfield each day, the training that they receive is well worth it. There they learn the basic fundamentals of hairdressing and manicuring so that after high school, they can practice their profession.

In the field of construction, there are many classes that are available to interested students. Such classes include housewiring, auto mechanics, and industrial arts.



Concentration is the key to success in any course. Shown here is Yvonne Thacker working diligently to finish her assignment.



Even though students have to travel to Garfield, the benefits of cosmetology are well worth it. Here Princess Foster practices the new technique that she has learned.



Some aspects of the design process are made very easy to understand. To see a more complete view of the process, see the next page.



Much modern equipment is available for the design of a variety of products. The high school is used by many students to finish their project.

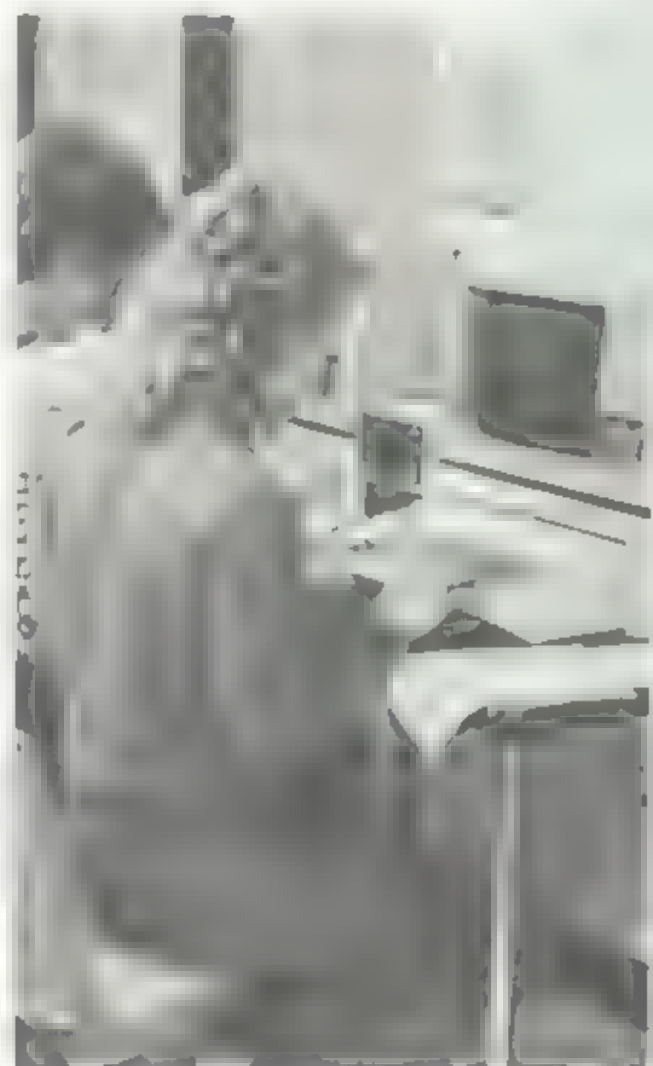
Students Preston, Nigley, and others. Rocky Creekman, David Smith, and one other are working on a large machine, and later, they will be working on a large machine. They are working on a large machine, and later, they will be working on a large machine.





With intent concentration, Eric Ruiz tries out his prepared program. Some of these programs are quite lengthy, numbering up to 35 or 40 steps.

Watching secretary Mrs. Murch program attendance into the computer is Jeanne Tillman. Computers are becoming a necessity at Potomac and in everyday life.



In order to program computers, training is necessary. Advanced Senior Math is one of the classes that trains students, like Celeste Rogers, to work with computers.

Looking Into the Future

Students have become aware of the future and what it has to offer. With this in mind, Advanced Senior Math and Advanced Biology have gained popularity with Potomac Students.

Advanced Senior Math students worked with computers, learning how to use and program them. Advanced Senior Math is a challenging class that uses the students' natural skills as well as acquired ones.

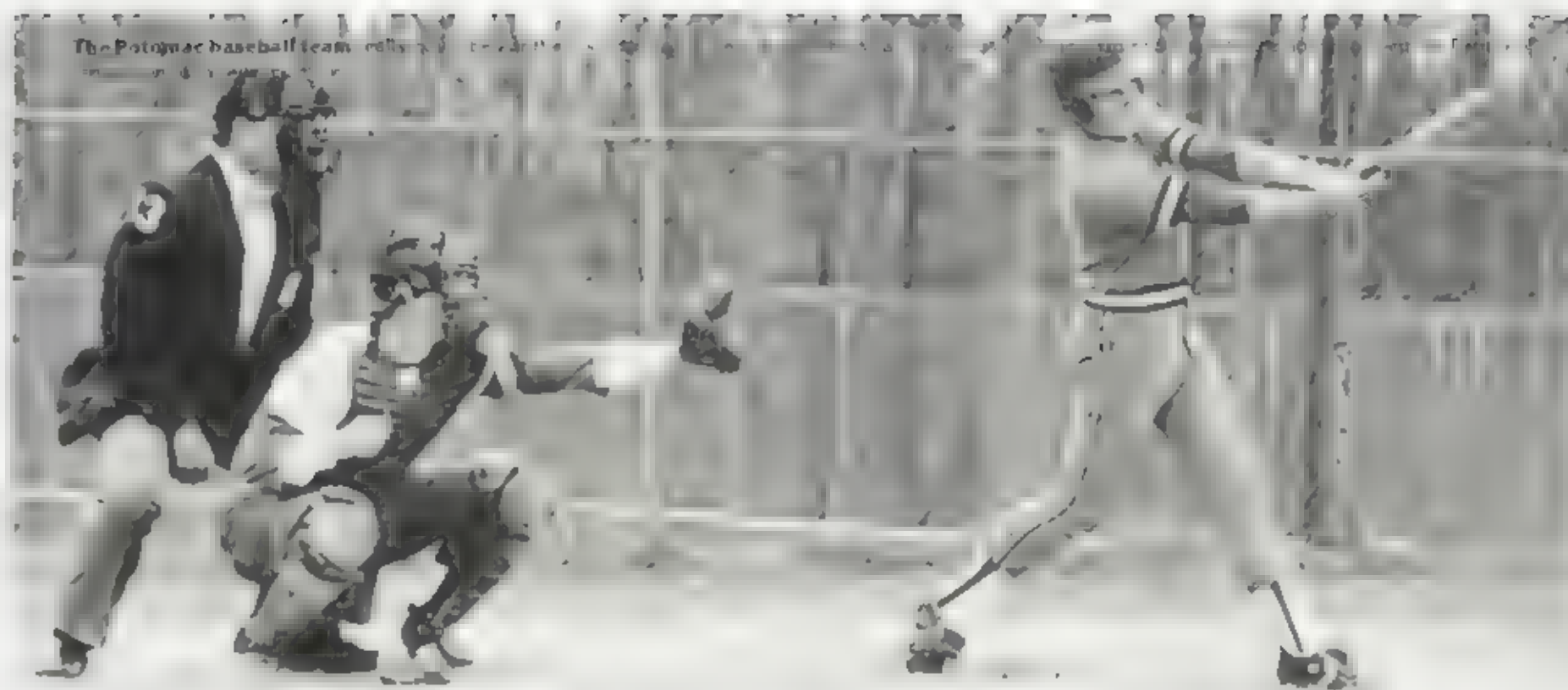
Advanced Biology is an extension of General Biology. The same concepts are used but on a much widened scale. An example of an Advanced Biology lab was the chicken imprinting or "chicken lab." In this experiment, students were given a baby chick to psychologically imprint. The idea was that each student should be thought of as "mommy" to the baby chick. The final test was to see if the baby chick would come when it was called by its name.



During the chicken experiment, students become quite attached to their baby chick. Carefully holding his new-found pet is Chris Washburn.

A major goal of the chicken experiment is to teach the chick new things. Julie Slade, one of Mr. Fulp's Advanced Biology students, patiently teaches her new chick.





SOCKET TO'EM

Panthers were prowling everywhere this year. At baseball games, they displayed their skill at the bat; at football games, they pounced on their opponents. Even in the stands, Panthers could be seen cheering their team on, full of the spirit and vitality for which Panthers are so well known.

Whether playing in the actual game or sitting in the stands cheering the team on, the Potomac Panthers took part in all the sporting events of the year and proved once and for all that Panthers could, indeed, play and win.



Laura Hudak is off and running to gather speed before her partner arrives to give her the baton. Timing is critical in a relay race; the runner must be in perfect sync in order for the baton to be passed properly.

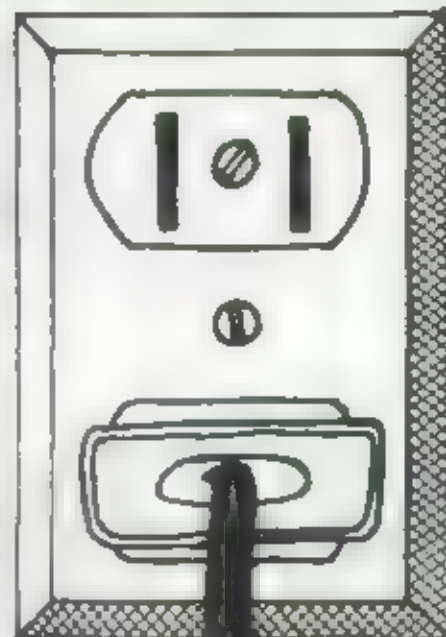
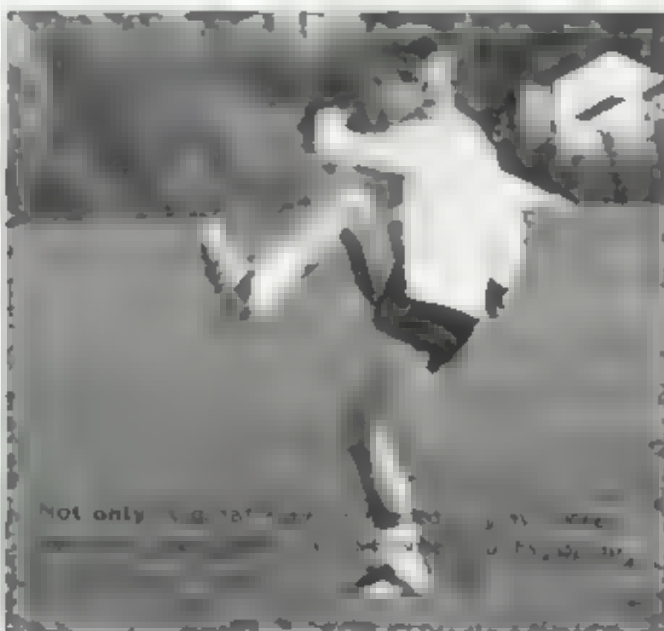
Warming up is a major part of any sporting activity. Here Suzanne Paszly and Cindy Ruffner display some intricate stretching techniques before their race.



The Panthers had an excellent volleyball team this year. Johnna Branham shows some of this winning style as her teammate Missy Cadigan looks on.



The art of hitting, as displayed by Ridge Erimmons, is a necessary element in the game of baseball and was well used during the past season.



Pouncing on his opponent, Lee Wilson brings him to the ground. Pete Pandzides watches closely to make sure he does not escape.

STATE CHAMPS

The Virginia State Baseball Championship found a home at Potomac when the Panther Varsity Baseball team achieved possibly the greatest single feat in the school's four year history by winning the state championship. Coach Jerry Gardziel stated, "There were no individual standouts on the team, and everyone contributed equally." Dan Raley, with Tim Raley, led the team in batting, with averages of .565 and .530 respectively. Doug Johnson, Dan Raley, John Oravec and Bryan Luedtke led the team in homeruns with five each. Three of the players received college scholarships: Tim Raley — Wichita State, John Oravec — Ohio Dominican, and Bobby Patenaude — Edison Junior College.

Over the course of the season, the team set many records. Among these were: Most regular season homeruns — 30, Most consecutive hits in one inning — 4, Most homeruns in one inning by a single player — 2 by Danny Raley, Most runs in a single game — 30, Most runs in one season — 204, First undefeated season in the Commonwealth District, Most hits in a single game — 26 including 9 homeruns, Most batters in a single inning — 9, Most runs in one inning — 15, Most "at bats" by one player in a single inning — 3 by Matt Schwartz, Most runs batted in by a single player — 11 by Bryan Luedtke, and First undefeated freshman pitcher in the Commonwealth District — Greg Margheim.



A .565 batting average made Danny Raley one of the outstanding contributors to the state Champions team. Raley, who doubled as both pitcher and shortstop, had a 6-0 pitching record.



With a determined look, third baseman Doug Johnson rounded first base. His hit helped run up the score 29-1 against W. T. Woodson.



Assuming a ready position, Bryan Luedtke prepared to line another base hit. As the designated hitter, Luedtke hit five homeruns during the season.



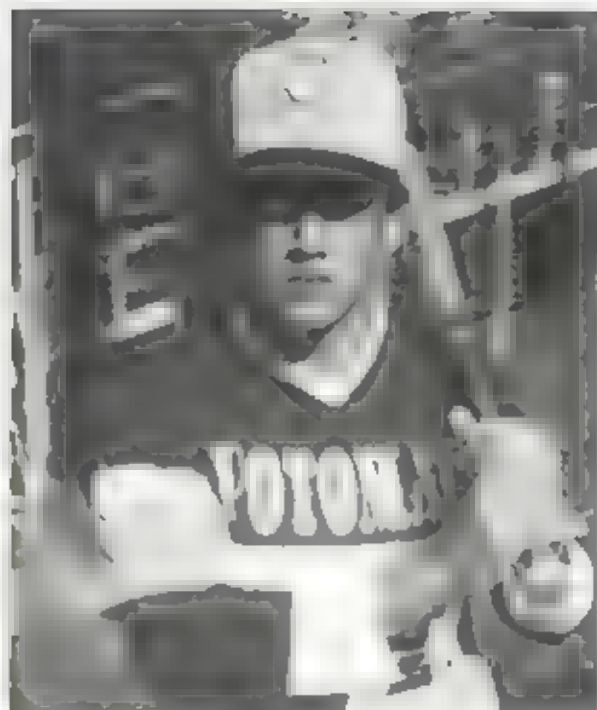
Striking out another batter is pitcher Greg Margheim. Margheim had a remarkable 5-0 record.



Front Row Wayne Albert, Danny Riley, Doug Johnson, Jimmy Robertson, Matt Schwartz. **Middle Row** Bryan Leathe, Mike Atwater, Scott Perkins, Jeff Johnson, Greg Margheim, Kevin Humphries. **Back Row** John Leavelle, Bobby Farnsworth, Kevin Kasper, Vince Mazek, Tim Riley, Coach Jerry Gortner. **Not Pictured** Manager David Boqness.



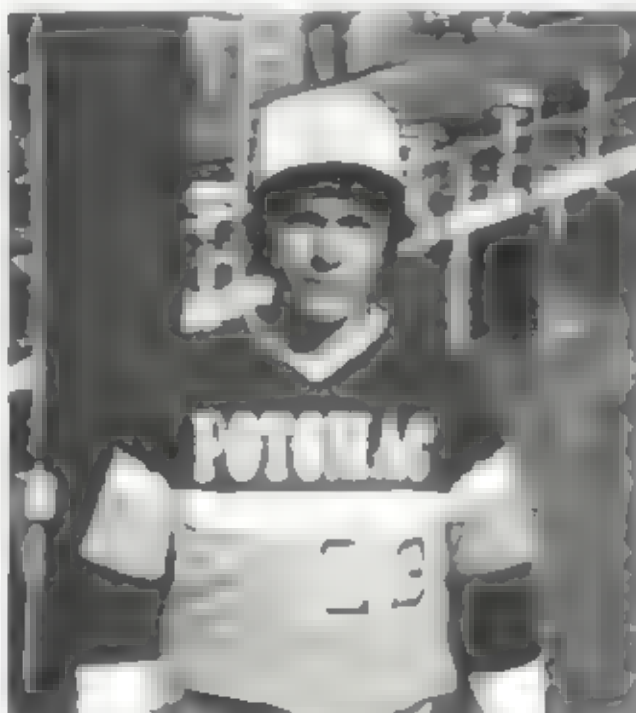
Waiting for a good pitch during the Windsor game is outfielder Kevin Kasper. Kevin's patience paid off with four home runs during the season.



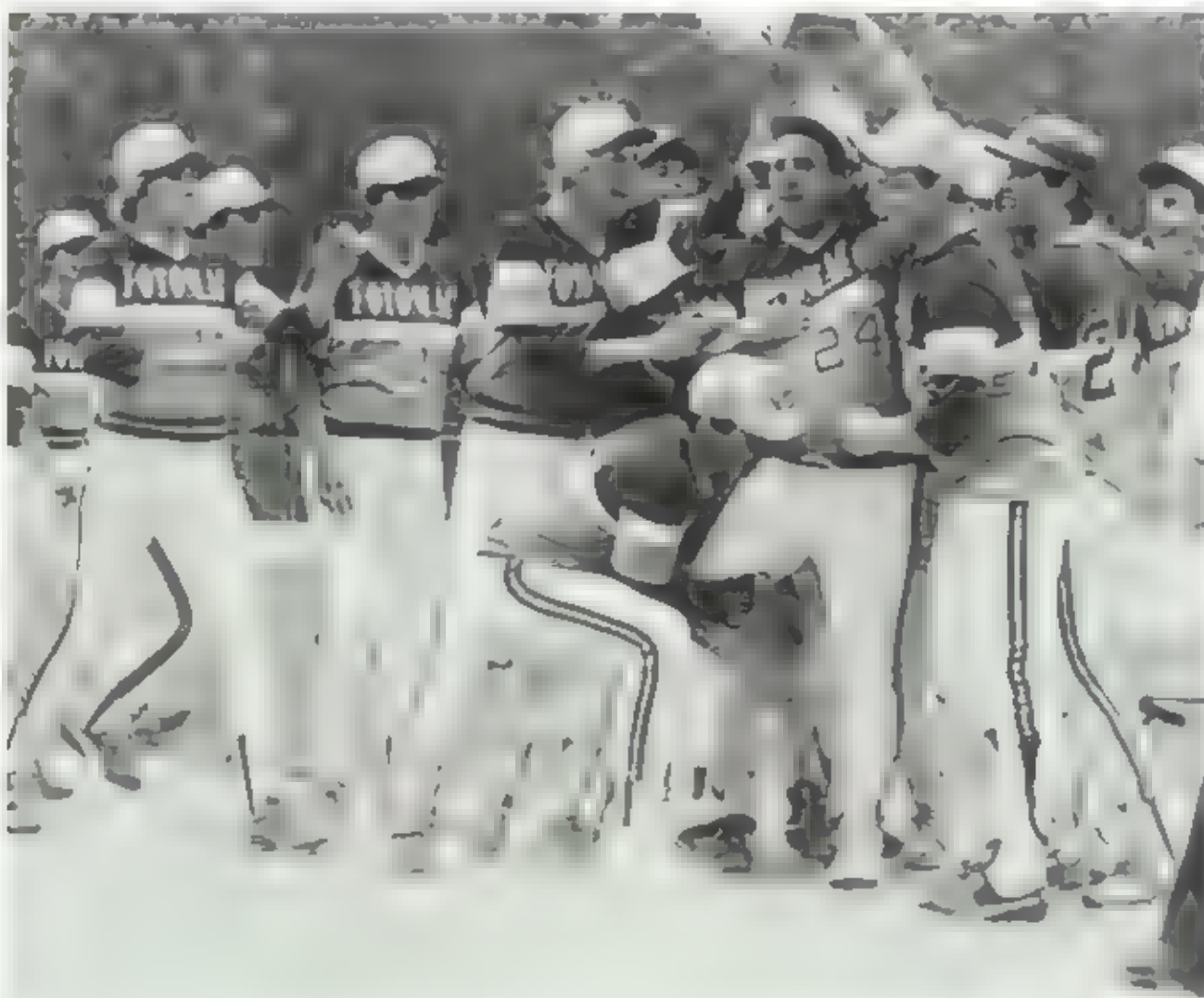
In his final year at Potomac, Tim Raley was named to the first team All-District first team All-Region and first team All Metro. And to top all that, he was named the All-Metro MVP! The four year starting catcher netted a .534 batting average and four home runs in his senior year at Potomac, which earned him a scholarship to Wichita State University in Kansas

A scholarship to Ohio Dominican College in Ohio went to first baseman John Oravec. A four-year starter at Potomac, Oravec hit .349 in 1983 and had five homeruns with twenty five RBI's. He also had twenty-five walks and ten stolen bases.

In the state championship playoffs, Oravec hit .455 (5 for 11) and had two game winning RBI's.



Starting pitcher, Bobby Patenaude received a full baseball scholarship to Edison Junior College in Fort Myers, Florida. Patenaude, a four year starter at Potomac, ended his senior year with an 8-0 record. In the Regionals last year, Bobby pitched a two-hitter over Pulaski and was named to the All-Metro second squad.



The team celebrates after their victory over Warwick High School for the State Championship. Potomac is the first state champion team to finish the season undefeated.

UNDEFEATED!

Potomac	19	Yorktown	5
Potomac	29	Woodson	1
Potomac	15	North Stafford	2
Potomac	11	Lee	9
Potomac	7	Gar-Field	7
Potomac	23	Stafford	13
Potomac	4	Fauquier	3
Potomac	11	Stonewall	5
Potomac	6	James Wood	3
Potomac	1	James Wood	0
Potomac	30	Gar-Field	8
Potomac	8	North Stafford	7
Potomac	9	Bowie	8
Potomac	10	Stonewall	4
Potomac	22	Stafford	3
Potomac	6	Woodbridge	0
Potomac	12	Pulaski	0
Potomac	8	Halifax	1
Potomac	8	West Springfield	7
Potomac	9	Warwick	2



Getting ready to get a base hit is Rodney Emmons. At the end of the J V season, he was moved up to the Varsity team.

Scott Johnson waits to catch a strike from the opposing team hitter. Johnson was one of the top hitters on the team.

Stars of the Future

A hard working group of guys who never said, 'Die,' was how junior varsity baseball coach Will Kitchen referred to his 1983 team. Kitchen added, "We started out slow, peaked at mid-season, then somewhat leveled off and reached our potential." The team ended the season

with a 5-9 record which did not reflect the hard work put forth by each team member. Catcher Scott Johnson was named Most Valuable Player; he and Jeff Belcher were both responsible for home runs hit during the '83 season.



Front Row: Mark Riley, Matt Pope, Scott Johnson, Eric Keaton, James Lupo, Joe Zovak. Second Row: Jeff Porter, Tizon Jones, Mike Pope, Ray LePage, Rodney Emmons, Bobby Witek. Back Row: Coach Will Kitchen, Tony Howard, James Lauder, Jeff Belcher, Willie Hatfield, Mike Hargrave, Manager Dawn Bullen.



For some students like Matt Pope, baseball is a year-round sport. He keeps in shape by pitching balling practice in the fall.

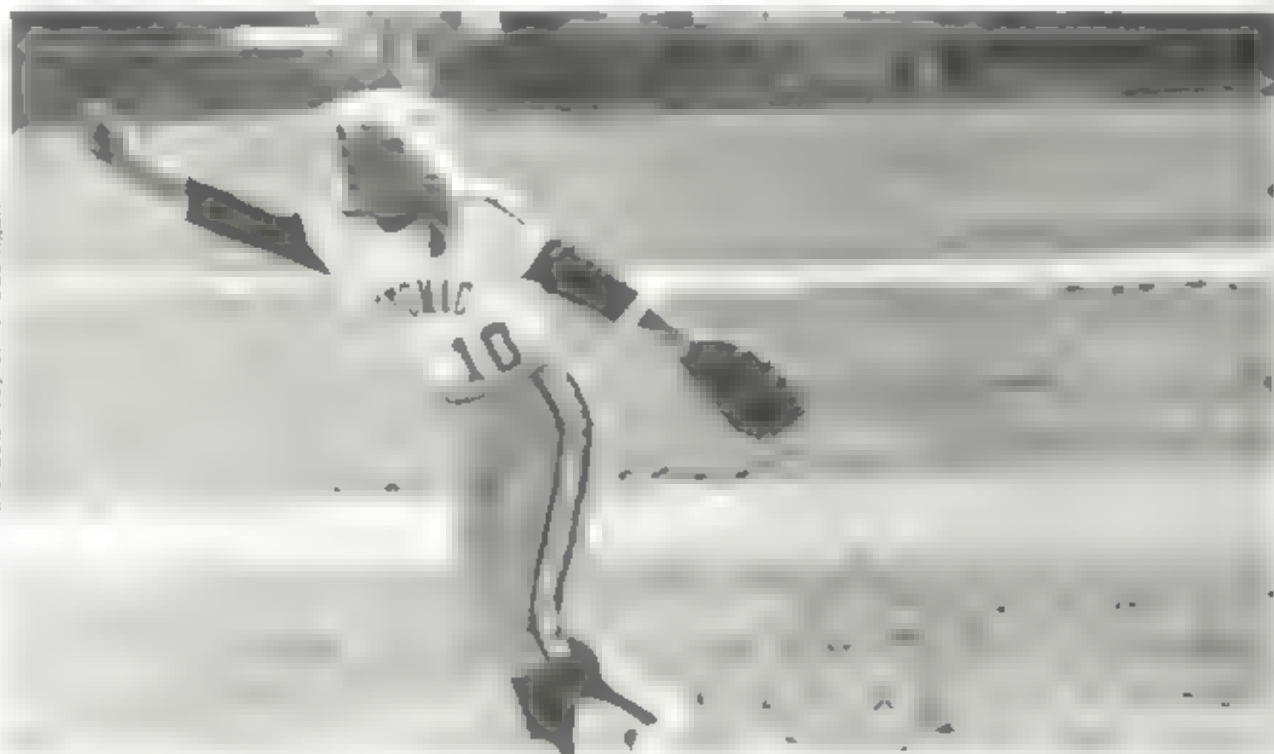
Swinging for State



Front Row: Kim Feltault, Jennifer Bowser, Brenda Owens, Gloria Banks, Judy White. Middle Row: Dawn Davis, Diana Jones, Wendy Hall, Janet LeFleur, Beth Haizlip, Missy Caddigan, Susan Cooper. Back Row: Coach Parker, Tracy McGinnis, Nancy Black, Ashley Wiggins, Rene Hatfield, Caroline Atseff, Debbie Scogum, Coach Packard.

Under the direction of Coaches Parker and Packard, the girls' varsity softball team handled their season like the competitors they were. The experienced contributions of such players as Janet LeFleur, Jennifer Bowser, Missy Caddigan and Debbie Scogum helped the team stun the competition with their impressive victories. With the young talents of Wendy Hall and Kim Feltault to carry on the winning tradition, the team continued to be a force to reckon with on the field.

Photo Courtesy of M. Caddigan



Throwing another strike is Missy Caddigan. Good pitching was a strong point of the team.



Another home run hit is anticipated by Tracy McGinnis. Timely hitting was a key factor in the girls' good season



Enthusiasm of the team is evident as they swamp Coach Parker after another win. Members displayed great team spirit in victory and in defeat



A lead off third puts Missy Caddigan ahead on the last lap towards home base.



A close game with Stonewall requires concentration by Coach Parker. Mr. Parker left Potomac to become the Athletic Director at Stonewall.



A good eye is a necessity for a ball player. Missy Caddigan waits patiently for a pitch.

Driving Towards the Championship



Front Row: Scott Simpson, Lenny Mandrac, Leo Malloy, John Hurst, David Myrick Back Row: Randy Huggin, Robert Leeper, Danny Bell, Doug Trenor, Joe Devaney



During the off season, Doug Trenor refines his golf skills at the Montclair Golf Course. The course at Montclair is also used by the team during their regular season.

The 1983 golf team was one of the best in the area. The team captured the district title, but failed at attaining the regional award. The team finished regular season play with a record of 8-1 suffering its only loss to Courtland.

The whole team put forth stupendous effort to make the team reach its fullest potential. The key players who led the team to their victories were Doug Trenor, Joe Devaney, John Hurst, and Mark Haygood.

The MVP award for the team went to Doug Trenor. Doug finished second in districts, first in regionals, and seventh in the state of Virginia. Over the summer, Doug qualified for several tournaments. Two of the major ones included a national competition held in California and the second was The Bobby Bowers tournament, which Doug won. The MIP award of the team was given to Joe Devaney.

Front Row Scott McKenzie, Mike Waniel, Kurt Farber, Kimo Buckon, Scott Kujawa, Mark Vowell, Robbie Semper, Eric Neilsen, Bryan Sims Back Row Manager Keith West, Glenn Gay, Junho Chi, Jimmy Cerson, Andy Buckon, Bill Butler, Scott Wilson, Jon Davis, George Hayward, Coach Bill Cameron

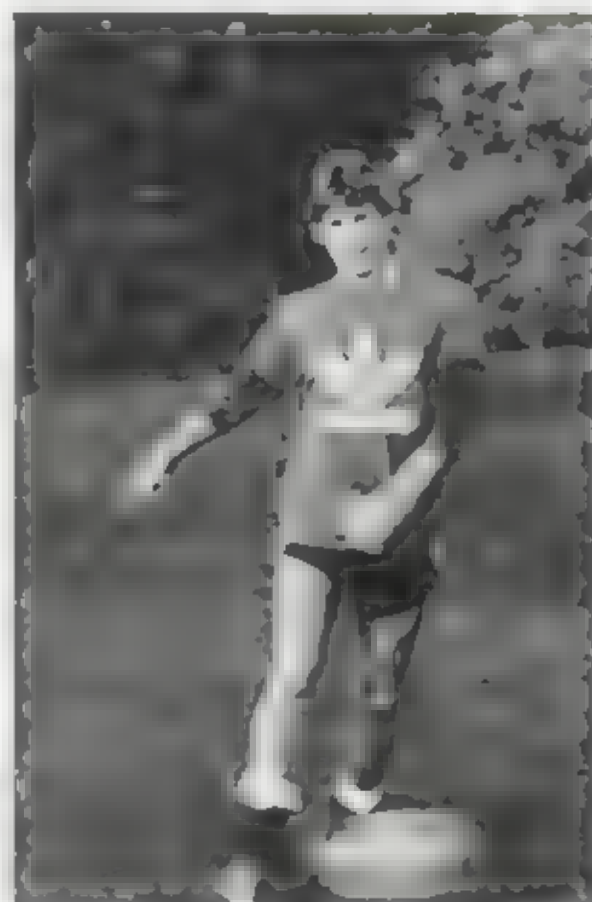
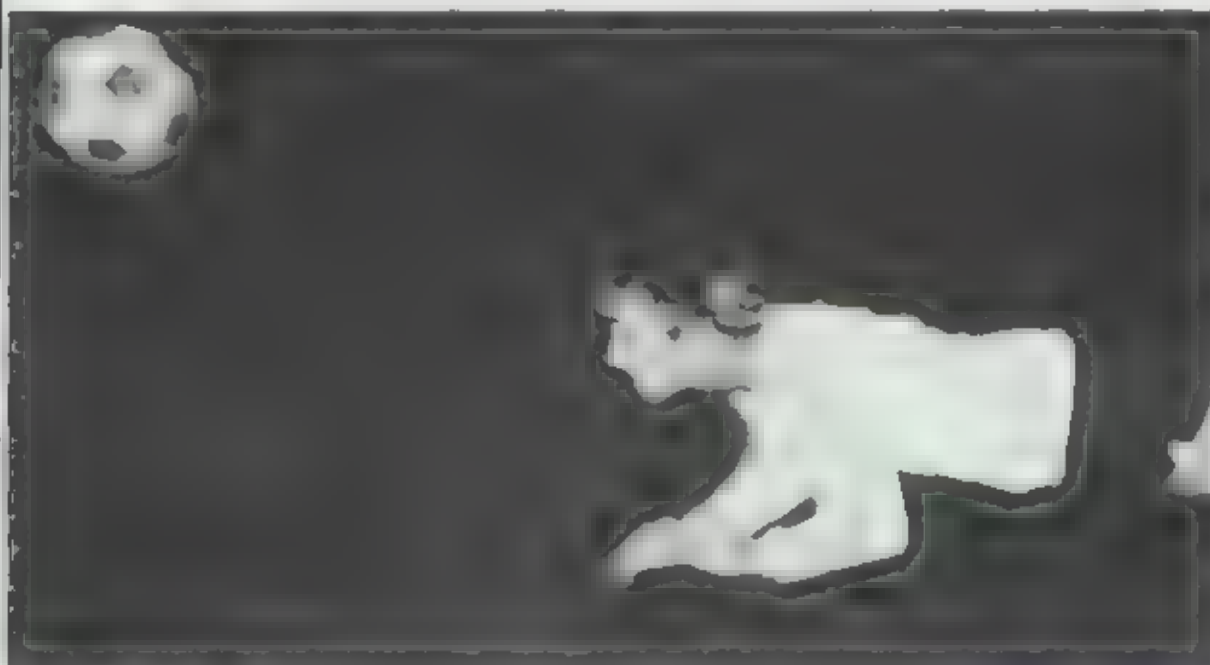
Rushing in on the scoring drive, Kimo Buckon shows his skill on the field. His finesse and agility paid off for Potomac in this win over Woodbridge.





Goalie Andy Buckon puts in another outstanding performance. Andy made the All Commonwealth squad.

Showing his agility, Bryan Sims heads the ball during practice.



Many different skills are needed to play soccer well. During practice, Scott McKenzie concentrates on one of the most important ones — kicking.

GETTING THEIR KICKS

Last year, the Boy's Varsity Soccer team had, on the whole an exciting, winning season. The team suffered their only losses to Stonewall and Fauquier. Several of their games were shut-outs, and on one occasion, a game ended in a heartstopping shoot out.

The team ranked second in the district at the season's end, and went on to play in the District tournament. Their loss to Stonewall came as a heartbreaking disappointment especially to the seniors on the team.

Throughout the season, the team played

exceptionally well. Some outstanding performances were turned in by Glen Gay, George Hayward, Junho Chi, and goalie Andy Buckon. Scott Kujawa received the Most Improved player award, and Glen Gay was named MVP.

All Commonwealth Boys Soccer Team Players Selected From Potomac: First Team — Glenn Gay; Second Team — Junho Chi, George Hayward, Robbie Semper, Scott McKenzie, Andy Buckon. Honorable Mention — Jimmy Carson, Eric Neilson.

Putting Their Best Foot Forward



Front Row: Mike Waniel, Jeff Williams, Tony Jones, Brian Putman, Singstock, Dave Scott. Second Row: Jimmy Coker, James Himey, Hickmuth, Bruce Earhart, Greg Mouth, Nielsen, Paul Ricks, David Rubel. Back Row: Rob MacLean, Dennis Tucker, Jim MacLean, Larry Lynoff, John Wall, Mike Tex, Cobb, Bryan Smith, Coach Levine.



Mr. Levine congratulates his team after a hard fought game.

The 1982-83 Season was the first J.V. season for Prince William County High Schools. The J.V. boys' soccer team at Potomac finished the season with a 3-2-1 record. Coach Levine stated, "It was an interesting and exciting season. The most memorable moment was the 2-1 loss to Woodbridge. It came to a double over-time shoot-out." Mr. Levine also had this to say about his young team, "Soccer players are definitely a different breed. In my six years of coaching different sports, this was the best group of individuals I've ever come across."

Award winners set the tradition for the new J.V. team. One of the awards, MVP, was captured by Mike Waniel. The Most

Goals award was won by Greg Nielson. The Most Improved award was captured by Jimmy Coker. There was also a private award within the team that was called the 9-Iron Award, which was won by Mike Cobb.

Team Record

Potomac vs. Woodbridge	2-1, loss
Potomac vs. Garfield	2-0, won (+)
Potomac vs. Stonewall	2-2, tie (+)
Potomac vs. Woodbridge	3-1, loss
Potomac vs. Garfield	3-1, won (+)
Potomac vs. Stonewall	5-0, won (+)



Front Row: Unhul Chi, Glorianna Malloy, Katrina Maddigan, Suzanne Terrazas, Maruca Matloy. Back Row: Terri Fitzgerald, Kathy Downing, Tanya Smyth, Rosie Robinette, Melanie Hernandez. Not Pictured: Diane Benevides, Sharron Bryan, Sheila Griggers, Susan Luedtke, Michele Olio, Sondra Scott, Joanne Triano.



Players Sheila Griggers, Susan Luedtke and Suzanne Terrazas move upfield to go for the score. Offense was a big part of the team play.



Defender Suzanne Terrazas boots the ball to her team. The team as a whole worked very well together.

Giving 'Em a Boot

Being a new school, Potomac was still full of firsts, and soccer was no exception. Both girls' and boys' soccer expanded with additions to their teams. In the spring of 1983, girls' and boys' J.V. soccer was added to the list of sports at Potomac.

The girls' J.V. team was under the coaching of Eliana Walker. For its first year of play, the team did remarkably well. The girls finished the season with a record of 23-1. All the games were hard fought, and many were very close. The team practiced every day after school with diligence and dedication to improve and perfect their skills.

At the end of the season, and during the tournament play, several girls were moved up to the Varsity team. These included Sharron Bryan, Susan Luedtke, Glorianna Malloy, and Unhul Chi. The MVP award for the team went to Glorianna Malloy, while the MIP award went to Katrina Maddigan. The team also gave out an award of their own for the most spirited player. This went to Sharron Bryan.

Riding Out a Tough One

Off to a slow start, the girls' varsity soccer team nevertheless performed well against some of the top teams of the district. The upperclassmen, led by Captain Angie Prudot and Co-Captain Michelle Charters, generally dominated the young team. But freshmen Maria Brown and Beverly Williams contributed significantly to the team. With this young talent, the girls look forward to future seasons.

This season, being a new coach, first for Mrs. Munnel, she was able to bring to the team a fresh variety of new ideas and methods. Senior Angie Prudot was named Most Valuable Player. The Most Improved Player was Junior Lynda Husted.

While the season was basically a defensive one, the girls learned a lot and they look forward to next year with enthusiasm.



Throwing in a foul shot, Maria Brown carefully places the ball. Throw-ins can be an advantage or not depending on which team has control of the ball.

As her Stonewall opponent rushes, Heidi Farber chips the ball to another teammate. Team work between the girls was essential to their offensive attack.





While waiting for the ball, Jeanette Mullany plans her next move. Constant attention was needed to make decisive plays work.

Christine Walter Prepares for a goal kick as her North Stafford opponent looks on, watching anxiously is Beverly Williams



Determination showing in their faces, Heidi Farber and Jeanette Mullany scramble for control of the ball against their North Stafford competitors



One-on-one with her opponent, Lynda Hustead attempts to juggle her way out of trouble. Skill and concentration was the key to avoiding hot spots such as this one.



Outdistancing everybody for the crucial play is Heidi Farber. Speed was essential to offensive players to break through the opposition's defense

SPRINTING TO VICTORY



Lunging forward. Angie Brosius competes in her heat of the 100 meter hurdles. Angie had to compete against herself in the Jackson meet because all her competitors had been disqualified.



At the District meet, Kelly O'Connor finishes the two mile race. Kelly was one of the outstanding runners on the team.



Statistics are important to every team. Miss Barnhart keeps track of the individual performances while Annette Williams and Danielle Smith wait for the next race at the District meet.

The 1983 season was a good one for the girls' track team. Many seasoned veterans returned to break school records, several at their first meet. Some of the outstanding runners who made significant contributions to the team were Danielle Smith, Mylene Rowe, Elaine Morris, Kelly O'Connor, and Lisa Lohman. The team's overall record was 2-31-1, but included many Personal Bests. The Most Improved Runner went to Elaine Morris who held three school records in the discus, 800 meter run, and the 1600 yard relay. The Most Valuable Player award, which was given to the runner that exhibited both leadership and athletic abilities, went to Senior Lisa Lohman.



As he records their time, Coach Hardison watches Kimberly Turner hand off the relay stick to Cindy Ruffner.



Both individuals and the team as a whole reflected improvement during the 83 spring track season. Almost all the school records were shattered. Freshmen Ken Yaeger, Mark Turner and Tim Stalcup joined the team and showed motivation and effort. Bill Fiske, Art Milbert, Ricky Welch, Kurt Lewis and Scott Stirling upheld high team standards. Qualifying for Regionals were Scott Griffes, Art Milbert, Ricky Welch, Tim Vinson, Bill Fiske and Jerry Ledlow. Going on to State were Scott Griffes and Jerry Ledlow. Scott Griffes earned the title of Mr. Track and Field. The Most Valuable award went to Donri Roberson, and Tony Anderson was Most Improved.

6th Place — Prestigious Haringer Relays

3rd Place — Stafford Relays

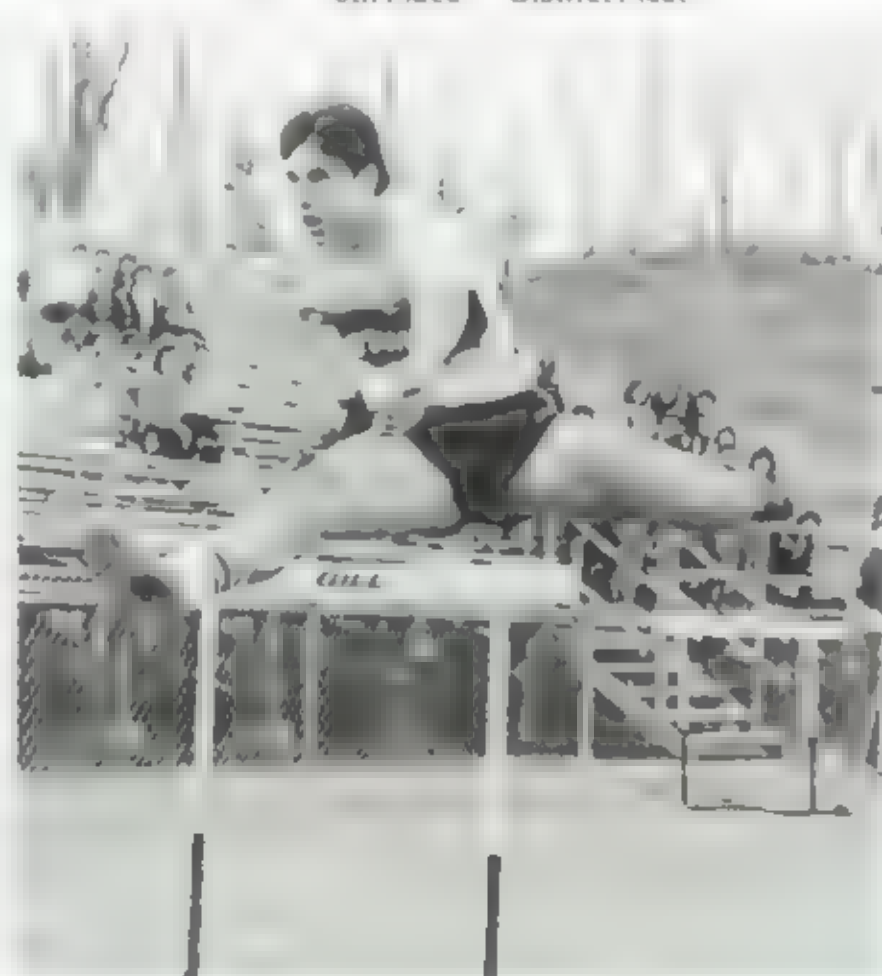
3rd Place — J M U's Rotary Relays

2nd Place — Rappahannock Relays

Dual/Tri Meet Record — 4 wins, 2 losses

6th Place — District Meet

Front Row: Kurt Lewis, Donri Roberson, Mike Asbery, Robert Holley. Second Row: Pete Lewis, Tim Stalcup, Ken Yaeger, Mark Turner, Bill Fiske, Steve Schaeffer, Arthur Milbert, Wes Brown, Tim Norman, Dennis Gallagher. Third Row: John Haneklau, Bopi Bhattacharjee, Tony Anderson, Scott Berry, Chris Barko, Tim Searway, Bryant Nelson, Mark Harper, Nelson Davis. Back Row: Coach Hardison, Lee Wilson, Raul Delao, Ricky Welch, Kenny Smith, Gary Conover, Rob Critchlow, David Shive, Scott Griffes, Dave Rector, Doug Potvin, Tim Vinson, Scott Stirling.



Another first place victory is in sight for Tim Vinson. Wins such as this one against Stafford qualified Tim for Regionals.

Clearing the hurdle with ease is Scott Stirling. Scott placed 2nd in this meet against Stonewall Jackson.

ACHIEVING EXCELLENCE

Since its creation four years ago, the 1982-83 Boys Tennis team has had only one goal. This goal was to win the regional title and reach the state meet. This goal was attained this year. In one of the finest seasons the Potomac Boys Tennis team has ever had. Ending the season with a 7-0 record, two players ended up being the dominant factor on the team. Mike Tierney and Steve Greer led the tennis blitzkrieg by winning District Doubles Champions, Northwest Doubles Region Champions and placing fourth in state Doubles competition. Coach Campbell had this to say about his undefeated team:

"They worked for three years. Their goal was to win regional title and to get to the state meet. **They made it!**" we'd done Boys Tennis.

Potomac vs	James Wood	9-1
Potomac vs	North Stafford	6-0
Potomac vs	Stonewall	4-1
Potomac vs	Stafford	5-4
Potomac vs	Garfield	4-0
Potomac vs	Windbridge	9-0
Potomac vs	Fauquier	9-0

Steve Greer prepares to return a shot in true athletic form. Steve was instrumental in contributing to the team's winning record.



Conferring on team strategy are Mr. Qualls, Mr. Campbell, and team members Steve Greer and Mike Tierney. Good relations between coaches and players are necessary for a winning team.

Front Row: David Secrist, Mike Ausley, Rob Dulin, Matt Dell, Brian Pinckard. Back Row: Charlie Talbott, Tim Holley, Mike Tierney, Steve Greer, Mark Modrowski, Coach Campbell.



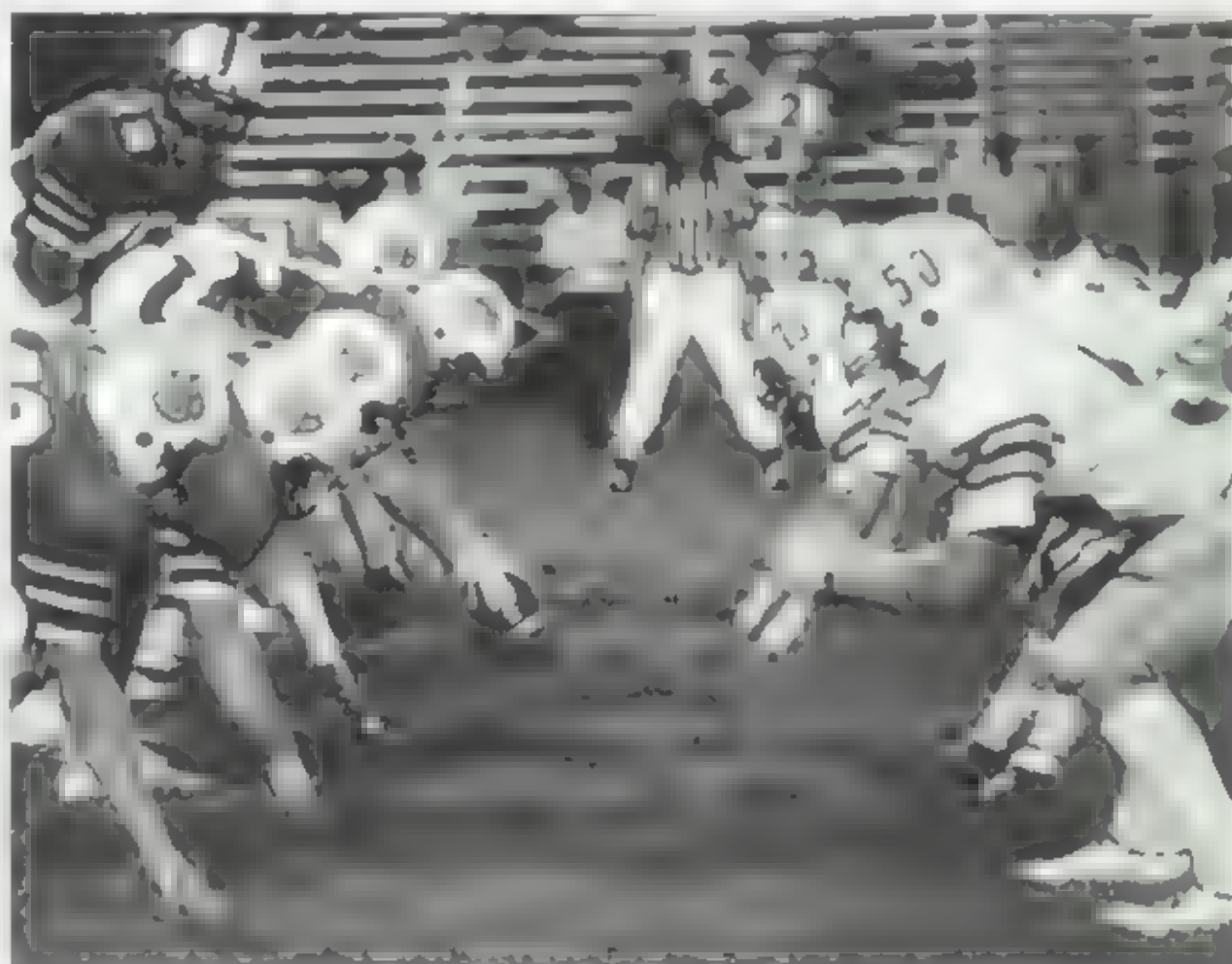
TWO IN A ROW



Outmaneuvering his R. Montgomery pursuer, Scott Griffes strides toward the endfield. The Panther offense was augmented by strong runners like Scott who excel at outdistancing their opposition.

This year Panther football had a slow start, losing to their non-District competitors, Anacostia and Hopewell. They managed to come back in their first District game and won against Stonewall Jackson. Although they lost to Woodbridge, the young Panther team sprang back with a triple-winning blitz against Stafford, North Stafford, and the Homecoming opponent, H.D. Woodson. After a temporary setback with Gar-Field, Potomac returned to their winning streak by defeating James Wood. The climax of the season was their defeat of #1 ranked Fauquier, 11-0. This victory made the team co-District champions for the second year in a row.

At the football banquet in November, many football players were recognized and given awards. However, one stood out from the rest: Fullback Paul Theriault won the well-deserved Mr. Panther award.



A play is called by Paul Tiede while the offensive line prepares to run over the defensive line. Paul quarterbacked the Panthers to another winning season.



Potomac and N.D. Woodson players converge in a fight to gain the ball and field advantage. Potomac is a decisive winner in this clash at the Homecoming Game.



Statistician Ashley Lehman informs Coach Pruitt of the situation. Joe Walker waits for a decision based on up-to-date information.



First Row: Richard DuBreuil, Lloyd Eller, Stewart Thompson, Tyrone Matherson, Tony Reza, Bill Chapman, Bobby LeFleur, Tim Anderson, Jon Davis, William Jennings, Rodney Arrington. Second Row: Kevin West, Sheldon Simonovich, Scott McKenzie, Lee Wilson, Tony Nattania, Phil Anderson, Kenny Smith, Wayne Gilbert, Mike Wilson, Arthur Milbert, Mike Patterson, Richard Asbery, Glen Kiser. Third Row: Joe Walker, Pete Panazides, Wayne Shorter, Mark Vowel, Tyrone Baker, Mark Henshaw, Jay Harvey, Scott Murnan, Tim Bridgett, David Sweatman, Donald Tisdale, Coach S. Pruitt, Coach Campbell, Coach Przybocki, Coach Kitchen. Back Row: Head Coach Brown, Coach Stephens, Coach Maloney, Paul Thénault, Ronnie Lucas, Scott Griffes, Kevin Lohr, Mike Wanier, Mike Berry, Jimmy White, Paul Tiede, Bo Colcombe, John Peyton, Greg Margheim, Mike Rule.



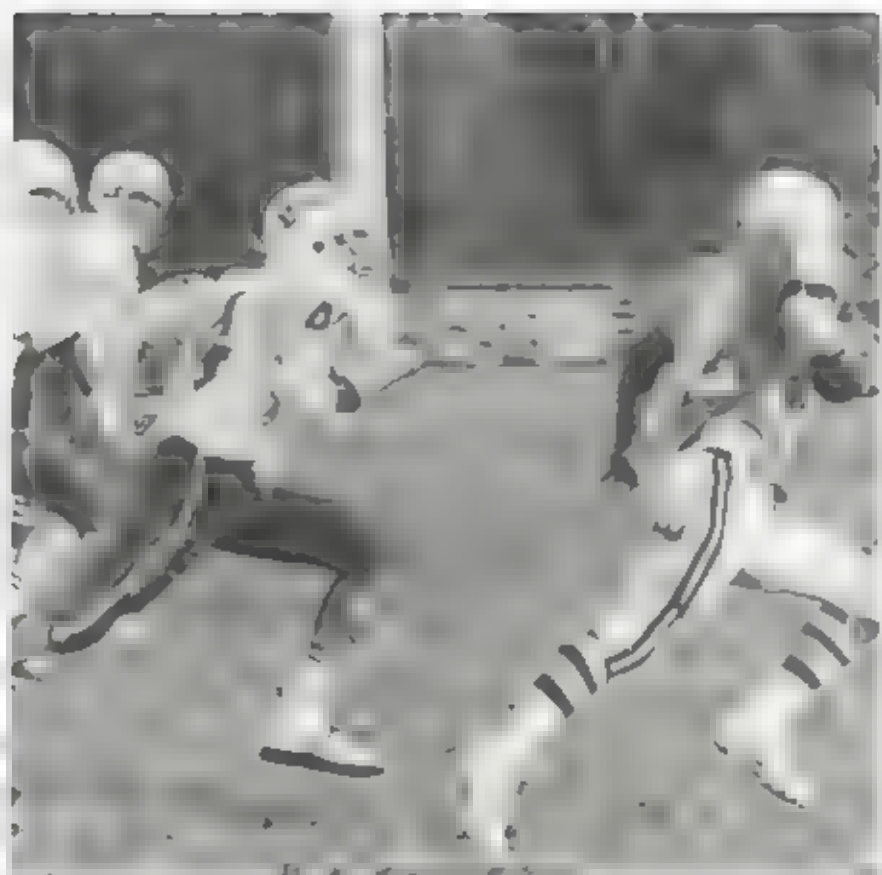
Just introduced, Tony Naltania runs through the cheerleaders' victory line. Public introductions help the fans to identify the players and get the game off to a well-spirited start.

Potomac	6	Anacostia	28
Potomac	7	Hopewell	27
Potomac	14	Stonewall	10
Potomac	7	Woodbridge	21
Potomac	28	Stafford	0
Potomac	28	North Stafford	6
Potomac	13	H D Woodson	8
Potomac	0	Gar-Field	28
Potomac	33	James Wood	3
Potomac	11	Fauquier	0



Off to a good run downfield is Donald Tisdale. Only a sophomore, Donald provides depth to the PSMS offense.

Touchdown! The referee makes it official. This is a welcome sight to all Panther fans at the Stonewall game.



With great strides, Donald Tisdale sprints for a touchdown. Donald is one of the fastest players on the team.

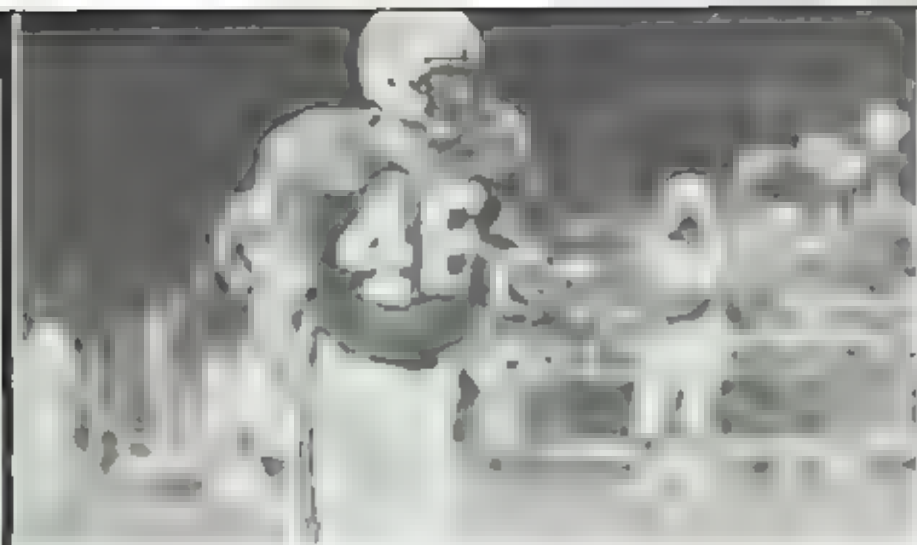


Outmaneuvering his opponent, Donald Dixon leaps for more yardage. This is only one of Donald's many scores of the game.

Potential for the future

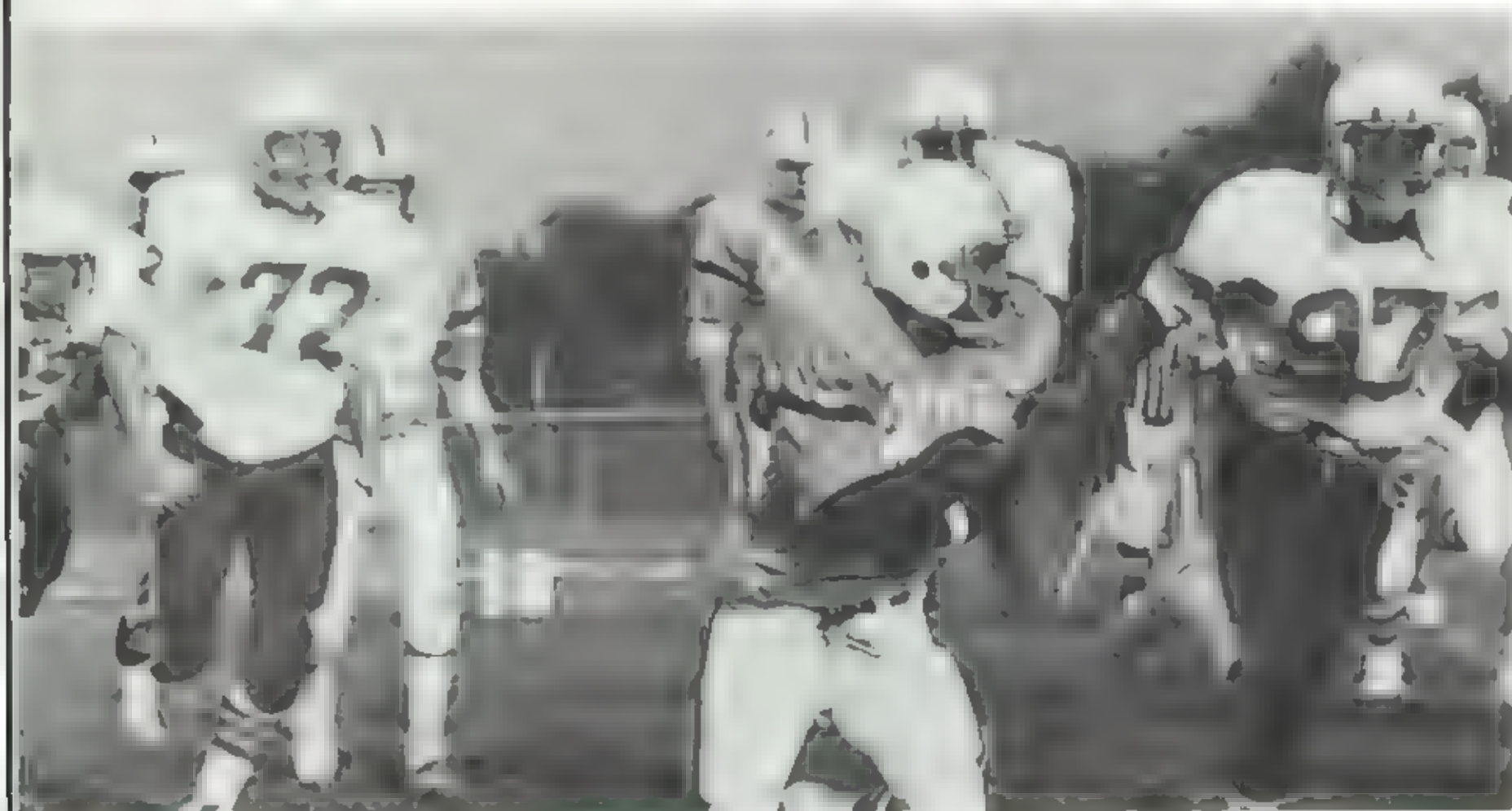


The offensive line of Garfield is left behind as Kevin Humphries eludes his pursuer. Kevin had an outstanding playing year.



Running upfield is Mike Szady. Mike's contribution to the team has been great as a tight end.

A fine season was had by both the freshman football team with a record of 6-1 and the junior varsity team with a record of 4-4. All the players put forth an excellent team effort throughout the season of which they could be justly proud. The players developed as individuals as well as a team. With the season's experiences behind them, there is great potential for the future. The team members should be successful as they move up in the varsity and junior varsity program.



After receiving the ball, Leonard Williams outruns his opponent. Leonard's skills earned him a spot on the varsity team for the last game.



Front Row: Peter Stapor, Robert Helms, Steve Reza, Gary Martin, Steve Hudak, Tyrone Qualls, Pat Lowery, George Collins, David Clark, Dirk Lueders, David Chapman. Second Row: John Ingle, Dion Gore, Charles Jonson, Robby Harms, Brian Martin, Steve Holloway, Steve Kiser, John Merritt, Ted King, Rick Martin, Eric Hager, Walter Stickles, Drew Measels. Third Row: Danny DuBrieul, Brian Loefstedt, Ty Chapman, Steve Brown, Todd Sampson, Leonard Williams, Craig Halliday, Anthony Davis, Joe Taylor, David Chunn, Chris Dempster, Courtney Mullany. Back Row: Coach Clark, Byron Jones, Shawn Meade, Charles Forehand, Tom Asbery, Robert Wickline, Russell Critchley, Robby Bates, Herbie Harrison, Gregg Craine, Mark Strawn, Cory Rowe, Coach McCoart, Coach Carr, Not Pictured: Mike Burnill.

First Row: Roger Jones, Buddy Joseph, Andy Deiring, Andy Thomas, Kevin Dose, Jeff Klopp, Pyony Chong, Scott Berry, Sean Rice, Andy Dodson. Second Row: Donald Dixon, Paul Colletti, Kevin Humphries, Burton Browning, Curtis Gruver, Tim Sweatman, Kevin Grayson, Andre Skinner, Tim Stalcup, Cesar Benevides, Tim East. Third Row: Adam Stapor, Jay Gholson, Scott Sentz, Cory Puckett, Mark Turner, David Maciver, Doug Ferguson, Ira Richardson, Frank Lasch, Doug Williams. Back Row: Steve Pregonzer, Tyrone Baker, Chris Able, Greg Margheim, Greg Clark, Mike Szady, Tim Norman, William Hatfield, Shawn Wright, David Dwyer.

Potomac	15-1, 15-11	Fauquier
Potomac	15-3, 15-0	Gar Field
Potomac	15-05, 15-8	Woodbridge
Potomac	15-3, 16-8	Stonewall
Potomac	15-1, 15-0	Osborn Park
Potomac	15-2, 15-7	Fauquier
Potomac	15-6, 15-7	Gar Field
Potomac	15-0, 15-11	Woodbridge
Potomac	15-1, 15-0	Stonewall
Potomac	15-2, 15-7	Osborn Park

Regionals

Potomac	15-13, 15-17, 15-10	Pulaski
Potomac	15-6, 17-15	Franklin County

Potomac News Awards

Coach of the Year — Marianne Parker
Player of the Year — Kim Feltault



Stretched out for the return, Aura Griffey prepares to send the ball back over the net. Stamina and skill were common traits shared by the varsity team.



Poised and ready are Tracy Maruschak, Ashley Wiggins, Kim Feltault, and Aura Griffey. Stance is a critical part of staying alert in volleyball.



Showing her title-winning form, Kim Feltault serves up another ace.

LADY PANTHERS STILL NUMBER ONE



During an intense moment, Mrs. Parker watches as her girls close out another opponent.

With a great 10-1 record, Potomac's powerful volleyball team cruised to their second straight District Championship. The Panthers took each match with two straight games! Archrival Stonewall Jackson was beaten twice by the lady Panthers, they had a 15-2, 16-4 meet the first time and a 15-1, 15-0 massacre the second.

The volleyball team credits their success to teamwork, dedication and their coach, Mrs. Parker. Everyone is equal on the squad, there is no starting lineup. Several of the team earned well-deserved recognition. Ashley Wiggins was nominated to the All-District and All-Regional teams. Kim Feltault was nominated to the second All-District team, and Ashley Lehman received Honorable Mention.

The efforts of three young ladies kept everything organized for the team. Jill Holley was acting scorekeeper, Carol Rice was manager, and Susan Barger was the team statistician and clock watcher.

Winning was definitely a tradition for these young ladies!

Photo by J. Coddigan

Front Row: Kim Feltault, Diana Jones, Wendy Hall, Susan Barger, Ashley Lehman, Tracy McGinnis, Arney Richardson, Traci Moruachak, Aurora Griffey.
Back Row: Jill Holley (Mgr.), Aurora Griffey, Mylene Rowe, Ashley Wiggins, Kelly Fisher, Carol Rice (Mgr.)



J.V. TAKES CHARGE

Despite not having any starters from last year's junior varsity team, the '83 junior varsity volleyball team ended their season with eight wins and only two losses. Coach Eaton described the team as "a dominant, take charge type of team that could win any game it put its mind to. The eleven players that were on the team all put out an equal effort each game."

Potomac	2	Osborn	1
Potomac	2	Stonewall	0
Potomac	2	Woodbridge	0
Potomac	2	Fauquier	0
Potomac	2	Osborn Park	1
Potomac	2	Osborn	1
Potomac	2	Fauquier	0
Potomac	1	Woodbridge	2
Potomac	2	Gar Field	0
Potomac	0	Stonewall	2

Photo by J. Caddigan



Another ace is served against Gar Field by Johnna Branham. Johnna's serving ability was a key to many wins



Front Row: Dawn Newman, Johnna Branham. Middle Row: Missy Caddigan, Jennifer Graves, Nickie Bryan, Debbie Kondash. Back Row: Christine Sowala, Liz Lawlor, Tracy Hansen, Teresa Conway, Coach Eaton

As Nickie Bryan sets up to Tracy Hansen, other team members are ready with support. Consistent team effort is responsible for wins such as this over

Photo by J. Caddigan





Front Row Jackie Watson, Kristin Boeger, Kelli March, Anne Shelton Back Row Leslie Wilfong, Cathy Hadley, Heather Cooper, Susan Propps Not Pictured Joell Wiggins, Shalane Willis, Becky Buckler

Fabulous Freshmen



With perfect form, Kristin Boeger sends the ball back towards her opponents. Kristin was also noted for her fine ball serving ability.

Under the coaching and guidance of Coach Kadis, the freshman volleyball team provided an exciting and competitive season. After a slow start, the freshmen came on strong by unveiling a tough defense and explosive offense which gave the team a good season. Consistently good serving was turned in by Kristin Boeger, Anne Shelton and Leslie Wilfong. Excellent front line play during crucial moments was made by Cathy Hadley and Jackie Watson. Heather Cooper, Kelli March and Joell Wiggins provided a steady defense while Susan Propps, Shalane Willis and Becky Buckler cheered the team on and contributed their support.

Potomac	0	Gar Field	2
Potomac	1	Woodbridge	2
Potomac	1	Stonewall	2
Potomac	1	Osborn Park	2
Potomac	1	Gar Field	2
Potomac	2	Woodbridge	1
Potomac	1	Stonewall	2
Potomac	2	Osborn Park	0

ON THEIR WAY TO WIMBLEDON

In mid August, a new season began for Potomac's tennis team. The girls encountered their fourth coach in as many years. Despite this, the girls never lost the desire to succeed as individuals and as a team. The new coach, Mr. Jenkins, taught them a valuable lesson when he told them, "You can take all the tennis lessons in the world, but the desire to win has to come from inside." By the end of the season, every girl had stepped over the hump of not believing she could win. Bulwark of the team were Katie Flynn and Julie Slade. Katie won the award of Most Valuable Player. Carrie Moss came through the season with an undefeated record. Lulu Tierney and Teri King were #2 doubles winners and are expected to be #1 next year. "I was very pleased with the mental attitude of the team at the end of this year," said Coach Jenkins.



With intense concentration, Katie Flynn watches as her opponent winds up for another serve. Her ability to pay close attention on the court made Katie a fine player.



Front Row: Elizabeth Tierney, Terri King, Mag Gallagher, Becky Sloan, Stephanie Wise, Juanita Allen Back Row: Susan Doyle, Katie Flynn, Carrie Moss, Julie Slade, Kathy Anderson, Sarah Kierstead, Coach J. Jenkins



Exhibiting her determination, Meg Gallagher drives home yet another winning point. The team is sorry to lose Meg due to a family move.



Way out in front by herself, Cindy Ruffner makes a break for the finish line. Potomac Harriers are always first in spirit!

STRIDING FOR EXCELLENCE

Potomac's Harriers have established a tradition — A TRADITION OF TEAM SPIRIT AND SUCCESS! Potomac Cross Country is now a respectable force in the State of Virginia. Effort, determination, desire, motivation are all terms characterizing the Potomac Cross Country teams. Thirty young men and women strove for a common goal — State. The boys team placed 9th in the state of Virginia, and the girls placed two in individuals as state qualifiers. The girls' and boys' teams also gained third place in the District Meet, which the boys repeated again a week later in the Regional meet. Both teams placed well in Cross Country Invationals throughout the season. In deed, the girls tired of the unprecedented

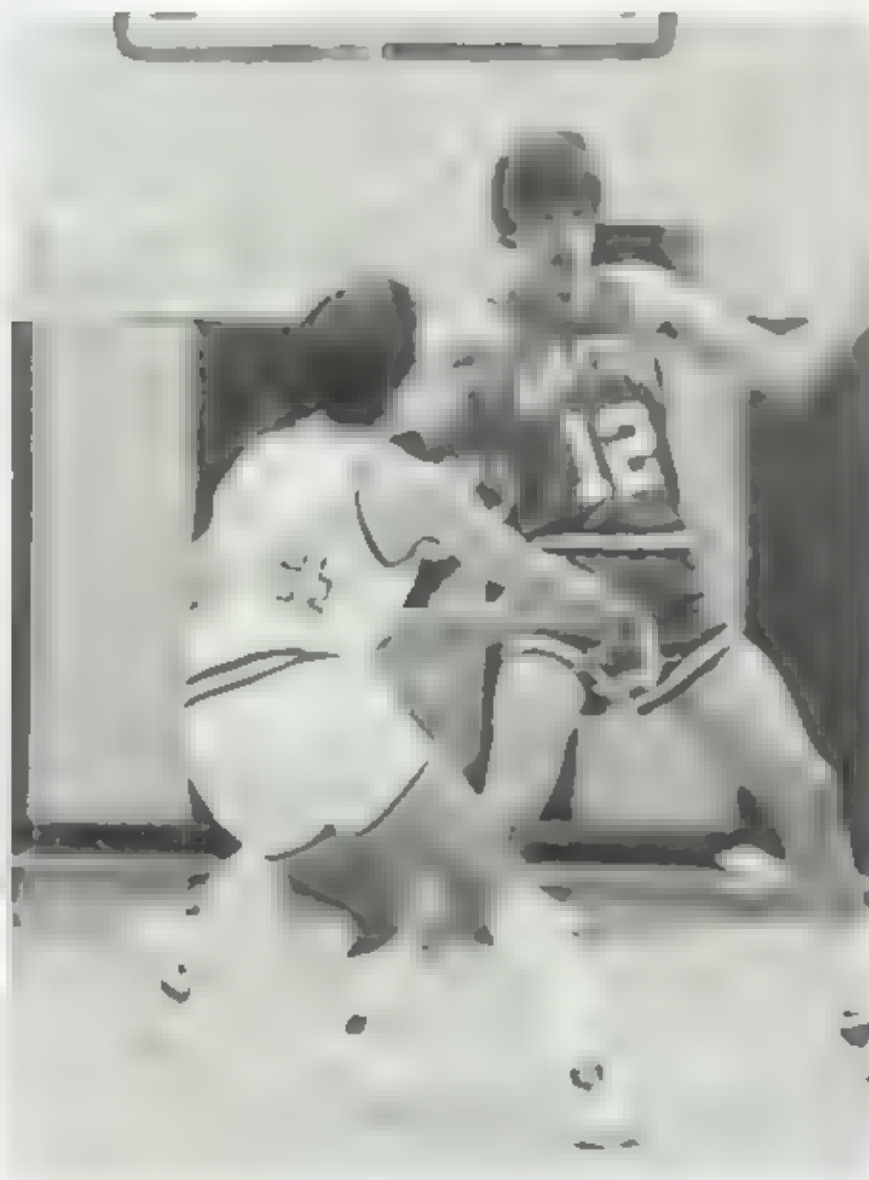
fourth place finishes they continuously won! The future is bright with such fine runners as Bill Fiske, Dave Shive, John Hanklaw, Sean Connolly, Raul De Lao, and Erik Anderson. The girls appeared awesome with returning Cindy Ruffner, Suzl Paszly, Kelly O'Connor, Amy Cassady, and Rachel Eccleston. Potomac's Cross Country season of 1983 can best be summarized by Tim Vinson's quote: "My accomplishments aren't important this year as long as we get a tradition going!"

Through the leadership of Tim Vinson, a very successful runner himself, Steve Schaeffer, and Susan Ariola, the Potomac Harriers realized a dream of fun, success, and team spirit.



Front Row: Kim Turner, Rachel Eckleton, Laura Best, Kelly O'Conner, Susy Paszly, Annette Williams. Second Row: Karen Shive, Bryant Nelson, Bill Fiske, Sean Connolly, Bapi Bahtacharje, Susan Ariola. Back Row: Tim Vinson, David Shive, Raul DeLao, Steve Schaeffer, Richard Bianchfield, Nelson Davis.

FAST BREAK



Leaving Gar-Field players bewildered about his next move, Todd Jenkins sweeps towards the basket for the pass. Todd's ability to hustle is a valuable asset to the team.



Dedication pays off as Doug Misenko puts another two points on the scoreboard. Doug's efforts helped Potomac battle a determined O'Connell team.

PSHS

With a great deal of pride and determination, the PSHS Varsity basketball team found a ray of hope. The Panthers were vastly improved from the previous season. High scorers for the team were forward Doug Misenko and center Paul Tiede who both made the list of Leading Commonwealth Scorers. Paul Tiede was also honored by being chosen Athlete of the Week. Todd Jenkins did his usual great job of controlling the floor. Everyone on the team played exceptionally well and represented Potomac well both in victory and defeat.



First Row: Donna Tiplady (mgr.), Tony Qualls, Tom Seeman, Wayne Shorter, Doug Johnson, Bobby Kraus, Todd Jenkins, Bobby Vitek, Angie Hammons (mgr.) **Back Row:** Coach Maloney, Dale [unclear], David Goodrich, Ray Hammons, Doug Misenko, William Banks, Paul Tiede, Ronnie Lucas, Doug Potvin, Coach Clark.



Trying to get attention for the throw in is David Goodrich. An accurate throw in can mean points on the board.



Jump Ball! Potomac players scramble for position as William Banks tips the ball away from an O'Connell player.

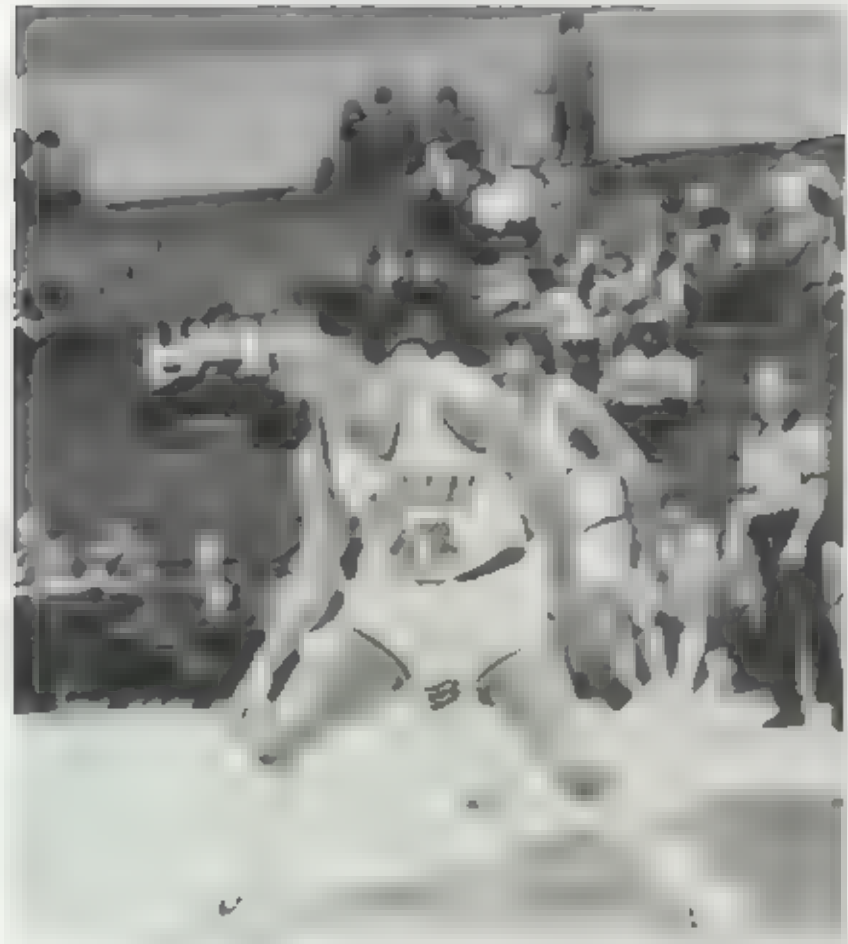
Potomac	43	Bishop O'Connell	45
Potomac	50	North Stafford	58
Potomac	65	Gar Field	66
Potomac	68	James Wood	69
Potomac	80	Woodbridge	81
Potomac	72	Gar Field	75
Potomac	80	Stonewall	74
Potomac	65	James Wood	72
Potomac	56	Fauquier	91
Potomac	63	North Stafford	60
Potomac	65	Woodbridge	73
Potomac	74	Stafford	62
Potomac	68	Stonewall	63
Potomac	59	Fauquier	68
Potomac	51	Bishop O'Connell	53
Potomac	45	Stafford	71



As he looks for a teammate to pass to, William Banks puts the 'move' on his GarField opponents. Potomac plays an excellent game making GarField fight for every point in a close game.



As an O'Connell defender goes up for the block, Paul Tiede gets off a jump shot. Against a stiff defense, outside shots were used on to break through for points.



Establishing good defensive positions are Bobby Kram and Paul Tiede. Here, the defender jumps to block a jump shot. A good defensive position is an afterthought.



Watching intently are the coaches' wives, Mrs. Mahoney and Mrs. [unclear]. Supportive wives as well as supportive fans did a lot to help the team's morale.



Throw ins are an essential in any basketball game. Here, Todd Jenkins demonstrates by throwing the ball into the hands of his teammates.

Set for a foul shot Greg Margheim puts another point on the board



The offensive basket is the goal as Cory Puckett brings the ball up. He waits for teammates to set up against Garfield

The ball hits for two Greg Margheim shoots as Larry Lynott blocks out his opponents

Shoot for Two

Hard work by the junior varsity basketball team paid off in a winning season. Coach Hayes provided the leadership and was enthusiastic about his boys. He was proud to be coaching such "good kids." Leading scorer for the team was Greg Margheim, a spirited and skilled player whose shooting accuracy helped lead the team to many victories. Rebounding by Larry Lynott gave the team a big advantage as did the assists by Rob Dulin. Every team member helped to make J.V. a power on the court.



Front Row: Cory Puckett, Richard During, Pete Fleming, Wally Nash, Rob Dulin, Jamie Deemer. Back Row: Lee Jimby, Andy Trent, Larry Lynott, Matt Jaroch, Greg Margheim, Mark Turner

A SOUND FOUNDATION



First Row: Jeff McAlister, Tyrone Gaudin, Steve Kiser, Byron Jones, Jeff Misenko. Middle Row: Sean Martin, Bob Costa, Rubby Harris, Sydney Williams, Bob Larkin. Back Row: Marc Williams, Corey Rowe, James Harnett, Bo Jumbercutta, Mark Milam.

Having had a very successful season, and showing a lot of promise for future varsity action, the boys' freshman basketball team closed out their first season with high spirits. The team had a very balanced and talented group. Marc Williams, Jim Harnett and Corey Rowe had excellent size, averaging over 6'2" and Jeff Misenko, Mark Milam and Bob Larkin had the ball handling and shooting skills for a well rounded group. This freshman team might have been the most talented one we have had at Potomac. They experienced some close games during the season but showed enough poise to come out on top. If this group lives up to expectations, the basketball future looks bright for Potomac.



Foul shots sometimes determine the outcome of a game. Leonard Williams concentrates all his efforts on making this one count for Potomac. His skill on the court got him moved up to varsity.

FLIPPING OUT

Thanks to the return of all but two lettermen from last year, the girls' gymnastics team had its best year yet. They placed eleventh in the South Lakes Invitational with twenty other schools participating. In this meet, Susan Vowell placed third in vaulting. The team was seventh in the Park View Invitational with twenty-four teams entered. Susan Vowell placed

seventh in floor exercise. Outstanding contributors to the team were seniors Marilyn Roltsch and Diana Jones, both four year lettermen; junior Kelly Johnson's partner Susan Vowell and freshman Barbara Cox. The other team members contributed to the total effort that enabled the team to have its best year so far.



In her fourth year with the team, Marilyn Roltsch shows ever increasing talent and



First Row: Sheila Groggers, Kelly Johnson, Rosie Robinette. Second Row: Stasha Worsena, Jennifer Evar, Vanessa Coletti, Barbie Cox, Lisa Schwartz, Diana Jones, Marilyn Roltsch. Back Row: Susan Vowell, Cheloney, Maria Nadek.



Carrying on the short but well established tradition of Polomac's gymnastics team, Barbie Cox skillfully executes another of her floor exercises.



Not wanting to be outdone, Susan Vowell prepares to launch into a totally captivating performance of another superb and audacious

SHOOTING FOR THE FUTURE

With much enthusiasm, the Panther girls' J.V. Basketball team took to the hardwoods this winter. Stacey Darr and Judy Coffenberry were often injured but provided much needed encouragement to the squad. Suzy Larkin was a catalyst with her hustle, desire and leadership for the younger Panthers. Cindy Marrone and Christine Sowala were major factors in getting rebounds and starting the J.V. Fast Break. Tough losses to Gar-Field and Bishop O'Connell seemed to pull the team together as they finished the season with a flourish in February

22	Potomac	Bishop O'Connell	39
34	Potomac	Gar-Field	40
47	Potomac	North Stafford	10
52	Potomac	St. Mary's	15
35	Potomac	Gar-Field	44
32	Potomac	Gar-Field	46
30	Potomac	Bishop O'Connell	34
47	Potomac	Fauquier	35
47	Potomac	Woodbridge	62
38	Potomac	Gar-Field	52
62	Potomac	Stonewall	22
23	Potomac	Stafford	25
49	Potomac	Fauquier	46
45	Potomac	North Stafford	40
43	Potomac	Woodbridge	45
55	Potomac	Stafford	29
54	Potomac	Stonewall	39



After getting a rebound the Panthers take the ball down the court. Rebounding was important for the J.V. Squad



Front Row: Suzy Larkin, Missy Caddigan, Denise Thomas, Stacey Darr, Leslie Wilfang, Beverly Williams Back Row: Coach Dave Przybocki, Vendella Newson, Cindy Marrone, Michelle Bailey, Judy Coffenberry, Carol Watkins, Christine Sowala



During the Woodbridge game, Kelly Newman prepares to sink a shot for the Panthers. Good teamwork and dedication paid off for the girls.

Back to the Basics

Fundamentals were the major skills worked on by the girls' freshman basketball team. Coach Bob Levine stated, "Fundamentals were stressed in every practice and every game. We worked on offensive techniques — dribbling and shooting, and defensive techniques every day." Leading scorers on the team were center Kirsten Kelly and guard Kelly Newman.

The team displayed fine sportsmanship and attitude during each game. Coach Levine said, "This team was a pleasure to coach. They could accept criticism and they always played their best. I feel this team will really help Potomac in the future."

12	Potomac	16	North Stafford
10	Potomac	30	Garfield
35	Potomac	21	Stonewall
26	Potomac	24	Woodbridge
12	Potomac	23	Garfield
27	Potomac	28	North Stafford
23	Potomac	20	Stafford
18	Potomac	33	Stafford
23	Potomac	35	Woodbridge
23	Potomac	17	Stonewall



Front Row: Paula Williams, Michelle Raley, Kirsten Kelly, Lisa Comm, Sheri Patton Middle Row: Wendy Alachonwicz, Cindy Burgess, Cindy Stebbins, Linda Stroughterman Back Row: Stuart Girkerson (Manager), Kim Edwards, Coach Levine, Heather Cooper, Anna Reid, Kristen Wharton



Defending for Potomac is Missy Caddigan. Mylene Rowe assists against Stonewall

GAINING EXPERIENCE

After a somewhat slow start, the girls' varsity basketball team had an outstanding season. All of the players put forth a great team effort, showing enthusiasm and great poise for tight situations. Wendy Hall, Kim Feltault, Audra Griffey, Tracy Maruschak and Aura Griffey played a great part in the team's total effort

Driving toward another basket, Denise Thomas outmaneuvers her Stonewall opponent





Outwardly displaying his enthusiasm Mr. Jenkins employs one of his many interesting teaching techniques. Mr. Jenkins did a good job of coaching Girls Basketball.

Potomac	39	Fauquier	60
Potomac	34	North Stafford	39
Potomac	35	Bishop O'Connell	41
Potomac	66	North Stafford	29
Potomac	93	St. Marys	17
Potomac	54	Fort Hunt	41
Potomac	30	Gar-Field	72
Potomac	50	Bishop O'Connell	64
Potomac	37	Fauquier	68
Potomac	59	Woodbridge	55
Potomac	33	Stafford	38
Potomac	51	Gar-Field	59
Potomac	35	Stonewall	59
Potomac	51	Fauquier	50
Potomac	58	North Stafford	59
Potomac	41	Woodbridge	82
Potomac	52	Stafford	32
Potomac	36	Stonewall	45



Front Row: Teresa Conway, Wendy Hall, Kim Feltner, Elaine Morris, Kathy Hadley, Regina Martin. **Back Row:** A. Barnhart, Michelle Munn, Kelly Fisher, Audra Griffey, Tracy Hewnsen, Mylene Rowe, Audra Griffey, Tracy Maruschak, Mr. Jenkins.



VARSITY WRESTLING TEAM *Front Row:* Doug Wilson, Matt Oakes, Allen Tardiff, Travis Welpott, Paul Bar-
tosch, Jeff Van Fleet *Middle Row:* Chuck Money, Jerry DeCarl, Tony Black, Tony Nattania, Mark Vowell,
Richard DuBreuil *Back Row:* Pete Pandazides, Brian Leudtke, Lee Wilson, Tim Anderson, Carrillo Dean, Tom
Fraisier, Kevin West

STRAIGHT TO STATE

Another victorious season was experienced by the Panther wrestling team. This part of the athletic program had the largest participation in Panther history, and the participants brought with them a great deal of talent. More than sixty young men were inside the gym every day for wrestling practice, and most participated in tournaments on weekdays and weekends.

Coach Cameron stated, "We have the ability to beat anyone we wrestle because wrestling is more mental than physical. Our team goals include District and Regional titles and a place in the top ten in State!" Mr. Qualls agreed with this, adding that he was very impressed with the Panther team and happy with Coach Cameron's work. He had great confidence in them. The team realized that the loss of their first seniors would not be discouraging but help make them tougher. The

strong bond among the entire group could be felt by everyone who came in contact with them, and this bond grew stronger with the pride of every victory.

Many team members performed in an outstanding manner. One example, early in the year, was Richard Dubreil. Richard, filling in for injured Brian Luedtke, pinned the State Champ from Deep Creek in only fourteen seconds. This achievement earned Richard the award of fastest pin of the season.

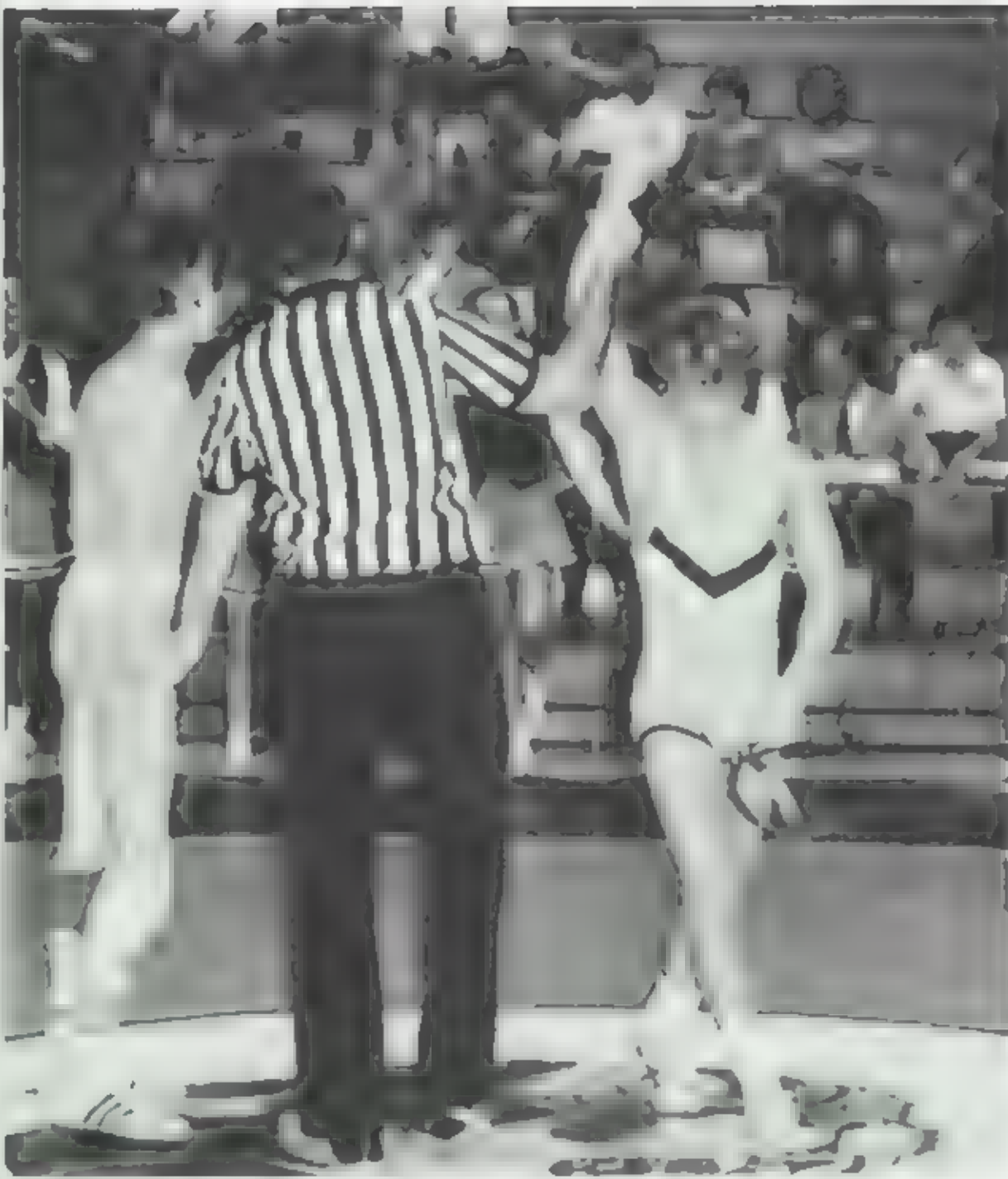
Potomac's Champion blood doesn't run through the starting team only; all Panther wrestlers were capable of carrying out the threatening image of the Potomac wrestling team. As one member put it, "To be a good wrestler, you must have skill, dedication, strength, and the will to win. To be a GREAT wrestler, you have to wrestle for Potomac!"



After receiving a medal, Travis Welpott rests and watches his teammates. Travis is a freshman wrestling varsity and obviously has the potential for being a great Potomac wrestler.



As the official raises his arm to recognize the win, another victory for Potomac is won by Jerry DeCarl. Potomac crushes North Stafford with little difficulty in this meet.



Inflicting pain upon his opponent, Chuck Money attempts a pin. Chuck's wrestling career record is one of the top on the Panther team.



At the North Stafford vs. Potomac match, Allen Gardiff triumphs over another opponent. Allen's impressive skills, record, and reputation is sure to take him far in the future.

Preparing himself for the upcoming match, Lee Wilson does various types of stretches. A junior, Lee's experience in wrestling has already made him a great Potomac wrestler.

Muscling his opponent to the mat, Mark Vowell makes good use of his legs and arms as a skilled wrestler should. Mark spends his summers wrestling in an Iowa camp, learning new techniques. This dedication shows in his exceptional wrestling record.



Regional Champion, Mark Vowell wrestles his opponent onto the mat for another pin at Brentsville Tournament. Mark went on to pin four out of five wrestlers, winning a five and helping the Panthers place first over six teams. Potomac exceeds the second team by almost 100 points at the tournament.



Virginia State Champion Tony Thomas graduated last year. Before leaving, Tony reached the ultimate wrestling goal by capturing the state championship in the 119 weight class. He became Potomac's first state champion, and established one of the school's most impressive records for the season. He is presently wrestling at Chowan Jr. College in North Carolina.

55	Potomac	E. C. Glass	14
56	Potomac	OsboOrn Park	17
40	Potomac	Deep Creek	23
15	Potomac	Marshall	49
40	Potomac	Fort Hunt	16
50	Potomac	Annandale	23
51	Potomac	North Stafford	11
42	Potomac	Stafford	22
33	Potomac	James Wood	16
44	Potomac	Woodbridge	19
55	Potomac	Fauquier	7
21	Potomac	William Fleming	29
48	Potomac	Pulaski	23
31	Potomac	Brookville	24
37	Potomac	Gar-Field	24
42	Potomac	Stonewall	18



Seconds away from another pin, Jerry DeCarri maneuvers his opponent to his back. This position is commonly seen when Jerry wrestles.

As his North Stafford opponent attempts an escape, Carlo Dean prepares to pin him. Carlo is one of the best heavy weight wrestlers Potomac has had.





Reverse, Pin, and Win,

Under the supervision of Coach Carr, the J.V. wrestling season has been one filled with enthusiasm and victories. Many people may have thought the J.V. team was second best, but this was the team that proved them wrong. Potomac's J.V. wrestling team's record has gone without a blemish for the past three years. Their

record at the end of this season brought them to an outstanding 28-0. With Mark Riley, Teddy Joseph and Bruce Earnhart leading the team's victories, what else could have been asked for? The Potomac Panthers wrestling team, J.V. or Varsity, obviously has shown a great threat for the future to other teams in this state

With great determination, Earl Newman achieves another point. Earl made a great contribution toward another victory for Potomac.

On top and in control of the match, Teddy Joseph works his tired opponent until he has an opportunity to pin.

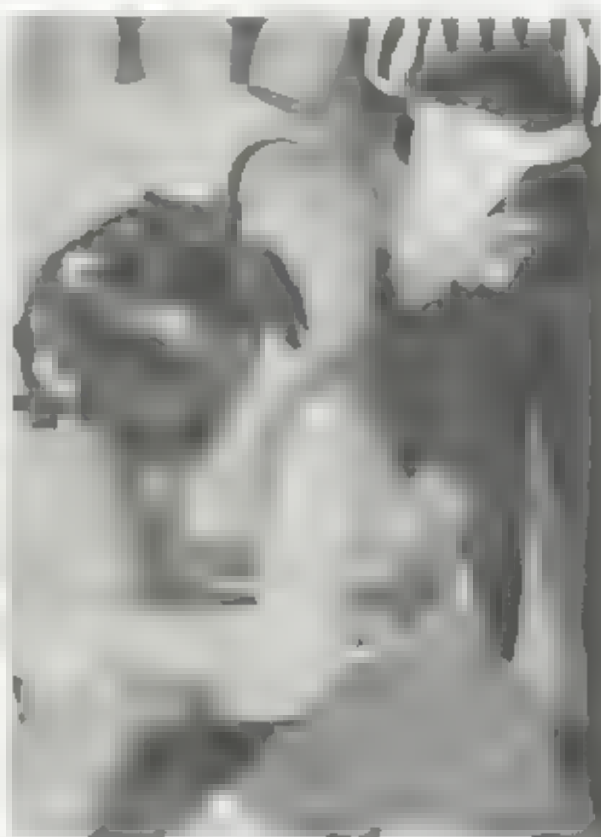


Ready to throw his victim, Denny Dubrell plants his feet for balance.

Returning to his upright position, Perry Schwab reverses his opponent for points. Perry plans his scheme for pinning very carefully.



J.V. WRESTLING Front Row: Dominic Nicoles, Rob Willis, Tim Christian, Scott Heiser, Gary Martin, Teddy Joseph, Denny Dubrell, Joe Taylor, Tim Sheets. Middle Row: Rodney Emmons, Dave Scott, Mike Belforte, Craig Halliday, Gregg Crane, Paul Cannaughton, Mike Seigelid, Warren Carter, Steve Holloway, Brian Martin, Brian Singstock, Tim Ball. Back Row: Earl Newman, Dennis Tunney, Paul Collett, Mark Riley, Brent Phillips, Paul Dulaney, Mike Richardson, Charles Forehand, Perry Schwab, Peter Staper, Greg Solt, Jerry 'Spanky' Taylor.



"Presenting the award-winning Pantherettes!" says the announcement over the PA as the crowd cheers wildly, and the thirty-six girls perform perfectly, never missing a beat or a step.

The Pantherettes are having a great year and have never been better. In July of this year, they attended drill team camp at the University of Richmond. They received many awards including a trophy for their home routine, a sweepstakes trophy, and the spirit pom. Superstar awards were received by Claudine Pelletier and Marie Grandy, and nominations received by captain Sherri Burdette and co-captain Cindy Babb. Claudine also won the Drill Down competition out of over 200 girls, with Cindy Babb as first runner-up. All four of these girls were invited to perform in the Hula Bowl in Hawaii on New Year's Day.

The Pantherettes were also invited to perform at the University of Virginia for the Virginia State Basketball Championship, chosen out of over thirty other drill teams in this area.

Thanks to their wonderful sponsor Pat Doves, the Pantherettes look forward to many good years to come.



Sherri Burdette, Cindy Babb and Claudine Pelletier prepare for another great performance. Long hard work earned the girls ribbons when they won the "Super Sport" award.

Sparkling With Spirit



Front Row: Julie Lamb, Cindy Babb, Sherri Burdette, Susan Vowell, Denise Thornton, Heidi Hinkamp. Middle Row: Marie Grandy, Claudine Pelletier, Kim Evans, Susie Shane, Tonya Smyth, Amy Griffin, Kara Cosgrove, Rency Forehand, Cindy Loveland. Back Row: Chris Welter, Cathy Dutton, Maria Weis, Lori Burchard, Cheryl Beyer, Jennifer Weaver, Kim Dowd, Kristy Hall, Marisa de los Santos, Gina Bolk, Anne Gilbert, Jeanna Tillman, Bess Morris, Linda Maziekus, Lisa McKinney, Lisa Zawolski, Tammy Valentine, Christine Campbell, Lisa Londino, Laurie Duncan, Angie Peguese.



Many hours of hard work were contributed from Kim Evans, Lisa Londino and Anne Gilbert to perfect this routine.

Various awards were won by Claudine Palau and Marie Grandy, including the Super Star award for outstanding performance.



In front of a large crowd, Susan Vowels gives a flawless performance. This is her second year on the drill team.



Performing one of the newest Pantherette routines is Gina Bolk. This routine, "Wood Choppers Ball," was a big success with the home crowd.





Front Row: Tina Evans, Nicoel Steagall Second Row: Stephanie Boyd, Yuri Lazar, Lisa Cosgrove, Teri Carter, Christine Michelini, Tonni Austin Third Row: Mandy Gaddy, Jeannette Mullany Back Row: Kelly Johnson, Nancy Barber



Tonni Austin and Teri Carter were chosen captains for the Varsity Squad. Teri and Tonni are the only senior girls to have cheered all four years at Potomac

Cheerleaders Do It With a Scream

Cheerleading, the easiest way to become popular, right? WRONG!! Aside from up to three nights of cheering a week, the cheerleaders were responsible for making all the signs and posters that go up in the hall, special baking for team members, and preparing for competitions and pep rallies throughout the year. In order to buy their new uniforms and supplies, the cheerleaders must also take part in several fund-raising activities. All these things equal long, hard hours put in by the cheerleaders every week.

At first glance, amidst the tumbling cheers, and stunts, it may have appeared that the PSHS cheerleaders had it easy. But when one looked closely, one saw hard work and long hours that went into these spirit leaders of Potomac High.



The cheerleaders at Potomac work their hardest to promote spirit. Jeannette Mullany and Stephanie Boyd show their enthusiasm for the Co-District Champions. 'GO BLUE'

The energetic and enthusiastic way Lisa Cosgrove performs at a cold October football game helps boost spirit and motivate the Panther team.





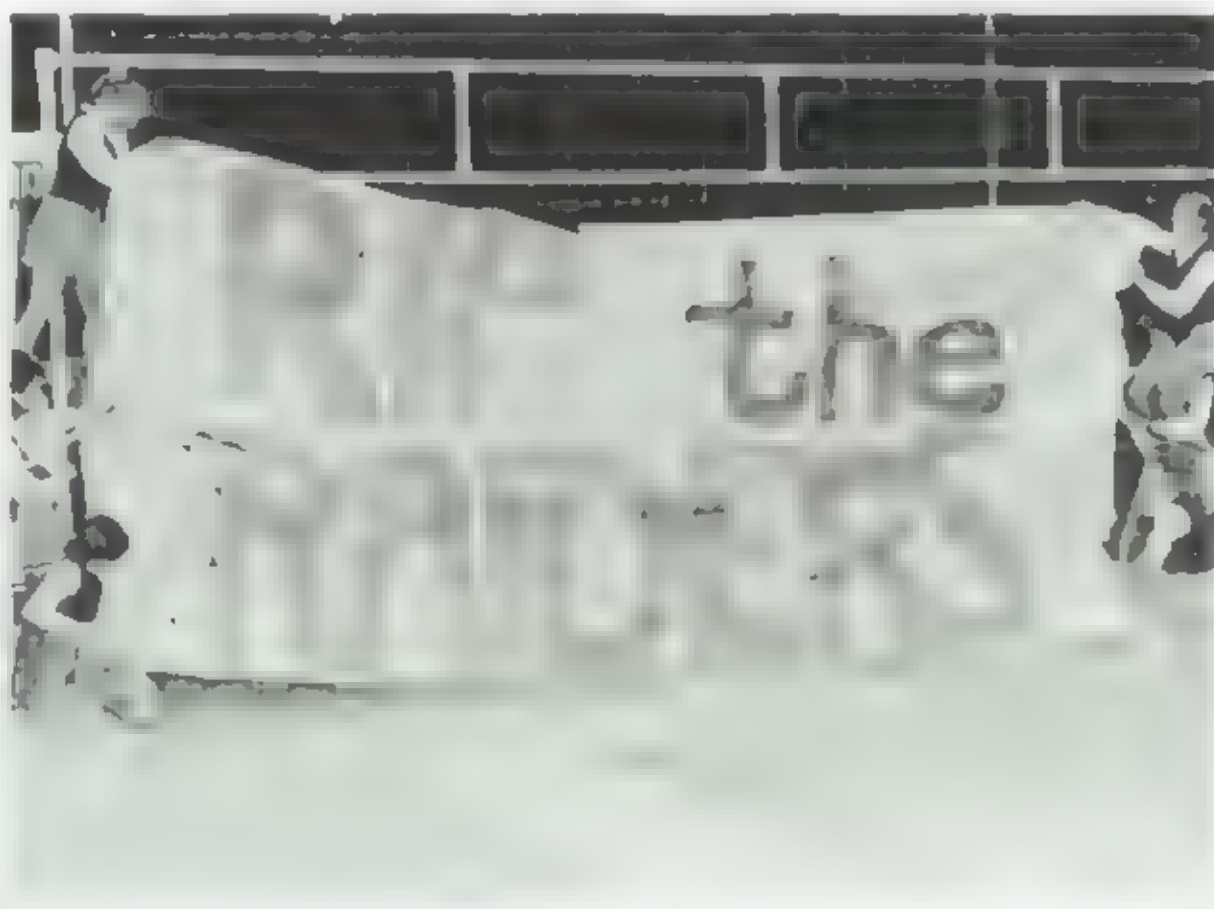
The Varsity Cheerleading Squad spends every hour after school working on their numerous activities. For a truly successful year, cheerleaders help to support the expenses of new activities such as...



Cheerleading is like any other sport - exhausting. Here, Mary... enjoys a break from her... routines with a good joke.



Enthusiasm, shown here by senior Yari Lazar, warms up even the coldest football games. Her spirit encourages the Potomac Football Team on to success.



Long hours of hard work go into producing crash through signs. The girls prepare for the impact of the football players running through.



Spirit keeps Ann Beamer jumping. Complicated stunts and impressive tumbling keep the crowd entertained.



Front Row: Andrea Tardiff, Unhui Chi Second Row: Ann Beamer, Stacy Talbott, Caroline Holtzauer Rosie Robinette, Chrissy Callahan, Terry Fitzgerald, Stacey Crawford Back Row: Kelly Trumpower, Glorianna Marloy, Donna Dorton



"Potomac is #1!" exclaims Chrissy Callahan and Stacey Talbott. Chrissy and Stacey were elected to be captains of their Junior Varsity squad.

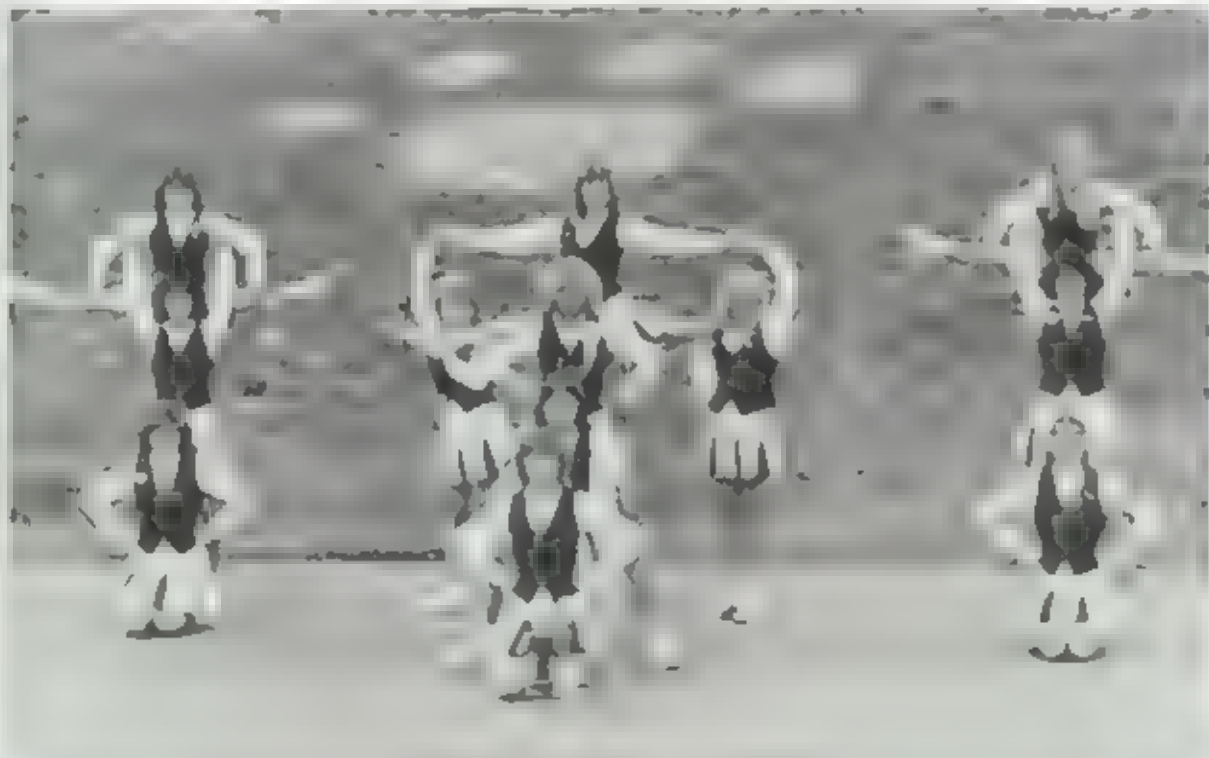
GIMME A "P"

Everyone sees them at most athletic events supporting Potomac's teams. If they're missed cheering, that's probably because they are selling programs, spirit ribbons and buttons. They are Potomac's Freshman and Junior Varsity Cheerleading Squads. A year as a cheerleader is no easy endeavor. These twenty-four girls, sponsored by Betsy Maloney, go through many things behind the scenes that usually go unnoticed.



Precise and sharp motions help make a good cheerleader. Donna Dorton displays these qualities on the sidelines.

"And that's a fact!" yells JV cheerleader Caroline Holtzauer.



Front Row Jennifer Hoopes Second Row Geanna Gamber, Christine Spade, Angelique Wagner Third Row Candy Covington, Tammy Crawford, Erin Fitzgerald, Kim Little, Deanna Davis Back Row Dawn Swecker Paula Hollar Vicki Ellis



Selling programs on Friday nights at football games is a big responsibility. Angelique Wagner and Erin Fitzgerald enjoy the social aspect of this activity.



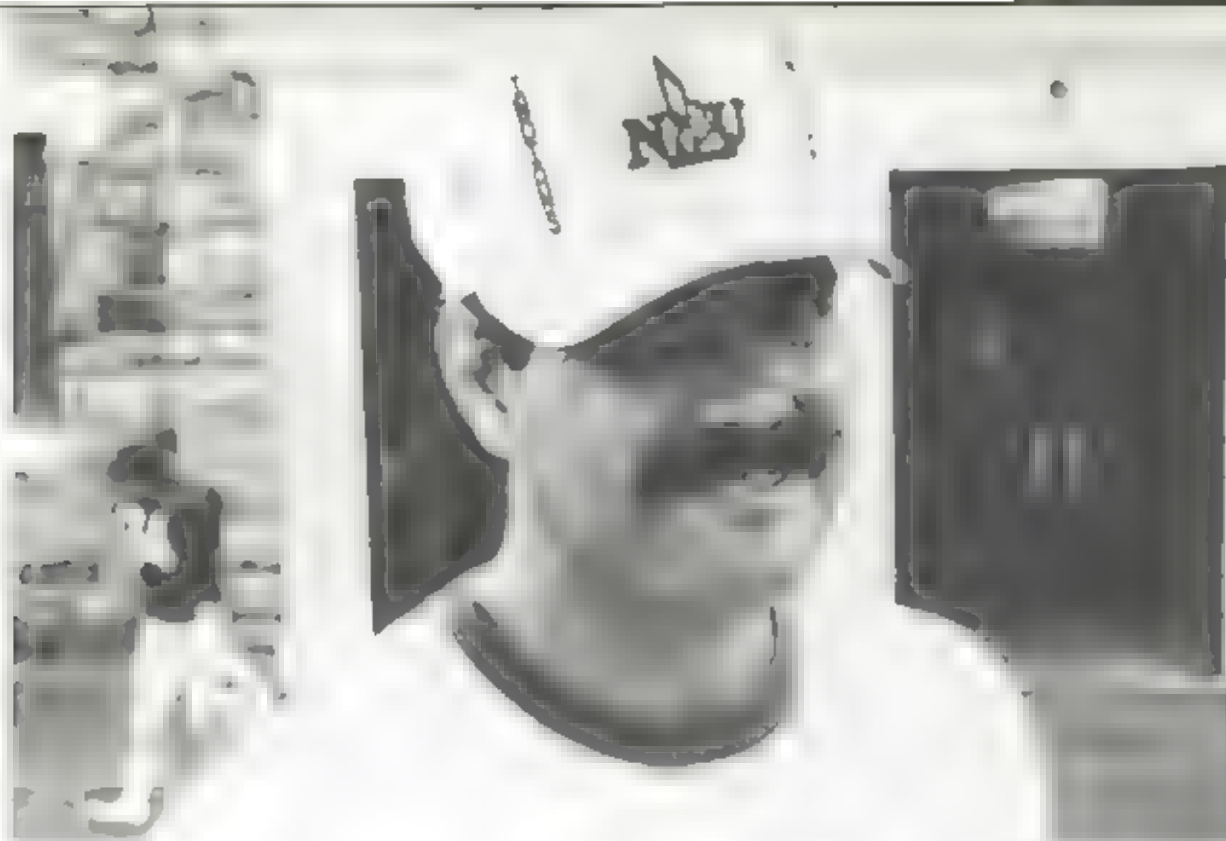
Paula Hollar executes a perfect "Russian." Few people realize just how much work it takes to make a stunt like this look easy.



Freshman captains Deanna Davis and Dawn Swecker add sparkle to the new squad. Their tact and patience helped the squad work well together.

"We've got soul!" exclaims Tammy Crawford. Learning the new routines takes energy and a good memory.

As one of the coaches of the football team, Mr. Prifti gets to do some pretty interesting things. During the summer, he participated in football camp at Saint Mary's College, Emmittsburg, Maryland.



ENERGIZE ME!

As the song says, "money makes the world go around." While this point may be disputed, it may also generally be agreed that without money, not very much could be done.

Potomac High School is no exception to this rule and in the course of the year the students had many fund raisers to obtain some of this precious material.

Some groups came up with some very unique ideas of how to raise money, such as the band boosters' selling pizza kits, while others used more conventional means, such as selling candy in school and holding dances.

However they managed to raise it, the money they got helped to keep whatever group they were a part of afloat, and this was of major importance.



Kerry White broadens his horizons and catches up on current events by leafing through the Washington Post in the morning.



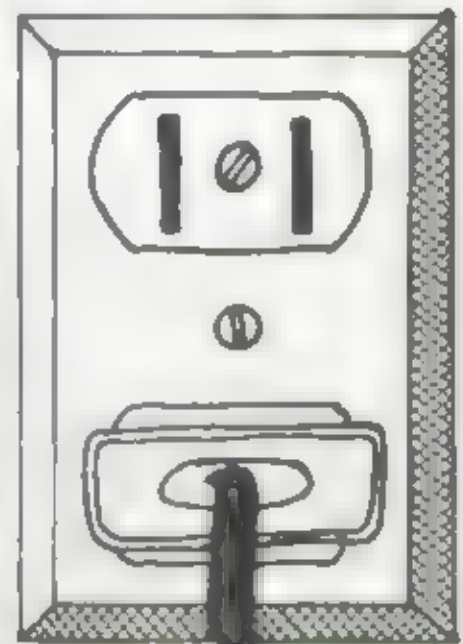
Classified ads were a new feature in the school's newspaper, the Potomac Messenger. Diane Benevides and Cindy Currol display some interesting examples of these.

Exhibiting great skill and talents, Kim B. Kim sunder
 a keep... the... and... the... of his... the... technique



While the identity... any... the... the... with her... friend...

The Seniors show... the... the... the... the...



Congratulations Class of 1984



Good Luck,

Quantico Lions Club

It's Always the Right Time for



Flowers

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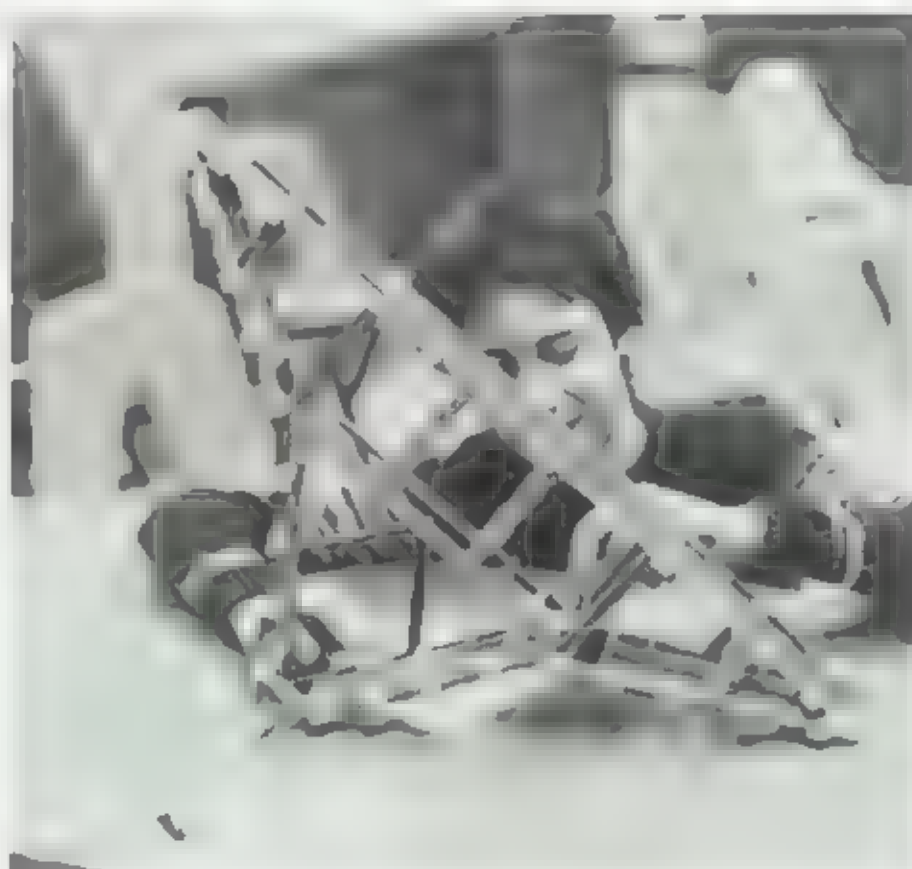
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Construction is a class where students can take a break from the books and become more practical. Pictured, James Rowen carefully places the supports on a roof for a housing project.

Virginia's Finest Pizza
Restaurant and Carry-Out

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A Full Menu of Italian and American Cuisine
Pizzas Hand-Rolled to Suit YOU From Our Own Dough and Sauce
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Yum! Lunch is the most interesting discovery of going to school. For most students, the discovery was learning to eat with eyes closed.



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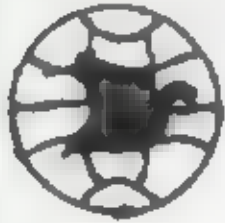
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to the Class of '84**



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Watch out Virginia! Greg Marghiem is ready to take for the state for this year's trophy.



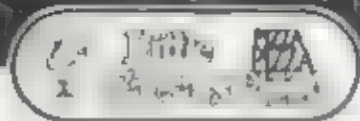
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To the Second Graduating Class of
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Freshman cheerleader Deanna Davis, shows that she has Potomac spirit too. Freshmen aren't all that bad, are they?

PAWS IN PRINT

Jon D — You're great! DT

Sarah Sue — Why did you change Piggy? Mushed Pea

Mr. K — Ever thought of becoming a guidance counselor? Thanks for the slap in the face when I needed one. I'll know to never squirt you with a water pistol! NM

Jacques — Made any colored croissants lately?

KG — I'm not a mule! Stay cool and have a crankin' senior year! NM

Rona — You're the best friend a person could have! Donna

Mona — What's the deal? NM, JB, BC, playing monsters with Richard, the Beach Bunch, Shalimar, MV, mallets, and my party. Good Job G.I. Joe! JW, convulsions, whimpy whiney Jan P. Mary torpedoes, falling stereos. Don't put on the brakes! The night with the girls and H's help, phoning Exxon and things that itch and throb, feeling floaty, lifting boxes at McD's, Mark's party and Paul's movies. Prudie, I'm using you, cloaves, your \$ sweater with J., Lies, Lies, Lies yeaah — they're gonna get chood! ADES, Blow up the car! future goals, plans for the beach (D and J), whamet — du — Jedamauri — shagu — somu — pouioooo? We need la shatt. Your Best Buddy. Lorraine Caverns

SL — I want some torpedoes! NM

Kelly — You're a wonderful person! Donna

CM — I didn't think you could talk so much. Have a blast next year! NM

Friends last forever if you keep them out of stairwells and basements

Susan — Tommy Shaw always, Redskin Parade go watch the clock, Cindy, Wang and Kris, remember the wild nights at the house and Kris laying on the bathroom floor? I'll miss you and thanks

Julie — I'll miss you and thanks

Kathy — You're the greatest, I'll miss you and thanks

D. Scrogum — You are just too good!

Sidney (CB) — Peter Shilling didn't copy David Bowie, he copied Ziggy Stardust! The girl in the video looks just like the girl I used to work with — right now! I'm sorry, Mumble, Mumble Nick NM Taylor

MDH — I still love you

Donna — Ping! Wey! Totally! Rona

Jeff — You've been sweet! Love! Kim

Lori — Well, babe, we've been through a lot. Thanks for our last summer as high schoolers so let's MAKE IT THE BEST! You're a fantastic best friend and I'll miss you. Les

Lulu — the human touch!

Ruth Ann's Boy — It's been the best times and I'll miss you. I know you never leave home without your keys. I'll miss you and thanks. LAMAK

Julie — I'll miss you and thanks

Julie — I'll miss you and thanks

Julie — I'll miss you and thanks

Julie — I'll miss you and thanks

Julie — I'll miss you and thanks

Skippies 2, 3, 4, and 5 — Could not have done it without all of you. I only wish that everything was like before because it was great! But I'm sure that none of you will ever forget 234, the pigs eating at HOJO's, going to Cash Flow, Cherry Hill, Spotylvania Mall, racing in the Kentucky Derby, stealing salt and pepper shakers and ashtrays, swimming in water fountains, looking for Fred in DC, getting lost in Crystal City with directions from Skippie 5, going to my house, calling Mr. Bass and all of us ending up in ISS. Oh how can I forget old Mr. Brown's office. Skip pie!

Julie — I'll miss you and thanks

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Julie — I'll miss you and thanks

Paul — Don't run! You will trip and fall! Heid

West Point Man — Good Luck! Love, Donna

Kim — We will fight for our rights! Thanks for everything, Tam

Rebo — I'm Tarzan to Jane, who is 30 plus? Satan

Julie — What can I say? There is so much I'll miss. We're ready! Remember when Kurt, H, E, W, A, X, and Susan's, Oreos and Mike Joe, those weird flake guys, I love yall! Beamie

Julie — I'll miss you and thanks

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PAWS IN PRINT

Mr. C — You've taught us to be human — a lot more than others. I'll never forget to stop and smell the flowers. Thanks. NM

Scott Molonari — Didn't you wear that yesterday?

Big John — Where those overalls with pride and keep making us laugh with your humor. Love, A single and successful kinda sis

Griesen — From first through twelfth, together! Love, Smith

SA — (Queen of Pain) — MTV's next VJ! NM

DS — Love you house. MO SL JM CM BM

Julie — How does it feel to be Deborah Foreman's twin? You are like the best Val that I know (Dig in Fred!) We've shared so many laughs, it's sad to remember. Dad, Calma dear. So many trials with the Junior van Poo party, onst. at Kings Dominion (My parents are really cool but I've never done this before) with scalps at hand (I'm so sure) La Chatte (Girls, we must have fun. Yes, I are funny and I love you for it. As always, Nap (MM) PS You're so tripendicular

Tony N — Be all you can be like the men in the Army

Scott M — Thanks for everything. You're the greatest. Love, JF

To the swingin' band, rowl — You guys are the best I'm gonna miss it next year. The "surprise" parties, the mals, Pizza Hut, re skating and everything else. Good luck. Love, Sheila

Kathy Nicely — TH drink to that!

Forever — BJ and JAS

Mark H — Don't run hto siamming French Jours. Dawn

Devon — I'm sorry, Love You 4 ever. Nick Taylor PS Aren't freshmen cool?

Babyrose — No words can describe what we have been through so I'll leave it up to you remember them. Keep in touch. Love ya, Kathy

Nolan — My favorite locker partner. How do you make that face? Love, Sheila PS — your mother

Jim L — Hang in there. Donna

MO — I've known you since the 4th grade and we've shared a lot. Remember 64205 TPDS, duck, chester, L2T, ATRS with BB, la McD, bits, Torn, Kalski, workouts, CCC, Thanks for all the great times. You're really special. Sulu

Oink, Oink — The times we spent together will always remain in my memories. the car Photograph, with my nephew, burning red doctor's appointments, etc. Love, Nolan

Crash — Keep your foot on the brake!! Guess

wB — I can't wait until June! KM

DM — I'm so glad we got together. You're the greatest! ME

Shellie — It was great — I mean under the mistletoe! Love, NM

Paul T — You're a good swimmer. DT

Bel — I love you with all my chicken! Kel

Mand — Was lettering worth all the bruises? Kel

DF — Dream on! Latin III

Nicoel — Thanks for your love and understanding. Take care and good luck. Much love, Dawn

Zan — Hey Wonder Twin, we made it! People came and went, but you were always there. Thanks for the memories, the laughs and the love. You're a special man. Love, Jana

Michele (Butterfat) — I never realized what a truly caring person you are until John, Dave and Pat. If

only you knew how much you mean to me. Have a terrific senior year and never stop caring. Love always, your leader, NM

MO — Remember Vermont, Florida, Betchacan t, DMDSOPPT, DS's house, cruisin', TRUCK, duck, M, H's, parties, spk, California, JM, beach and all the other fun times we've had. They've all been special. Love, JF

To all my friends — Thanks for all the great times party summers, Pantherettes, Pat Drove, Risa Roni, Cyethen, Anderson, Wannie, Auz, Miccl, Kim, Bubba, Mr. C, LBS's, Dani, IIMWSM, Class of '84, party, college guys, the beach, Love ya tons, Shmool

Shannon M — I'm so happy we finally got to know each other. I honestly think you are an outstanding lady — you just make me want to smile. I'll miss you. As always, Nolan

KS, Jeckle, Smithburger? — It's been great. Backstage, the GREAT cast parties, the badge in the parking lot (or my pocket), the Physics party, Myrtle Beach (where is it) trips to KD, Space Hunter in 3D. I can't list it all. See you at NOVA (in the dorm) SN, Heckle, Aellia

Kathy — I pity the fool, say it again, Hey baby, what's shaking? Kelly

Don't hit any more heaters okay Jim? I'll miss you. Chris

Coz — You're a special friend and we've had lots of great times but just wait till we're at the beach. Yuri

Katie — Thanks for the great times. #1 partners forever! Julie

DJ — After everything, I still care

Weaver has a stabby beaver!

Ange — Don't forget the promises. I love you! John

Mom and Dad — Thanks for all the support you have given me throughout my life. Your love is a bright light which I look up to with great pride. Love, Diana

KL — Maybe I'll get locked out of my house again! TA

Jodie — You've made the last two years fun. Thanks for being my friend. I've really enjoyed the talks about Pookie. Jenny

Dear Krista B — Thanks for all the crazy times. I hope you find your special someone. Love, Rich

Beil — We finally made it! You have been a very big part of my life and I'll never forget you. ~~Never forget~~ all the absolutely great times we have had (ola sonta ilbob kittaboy — room 24 econolodge — Fred — Gino's lawbook — 234 — the big black lemon-pinto beans. The entire summer of '83 was the greatest. Remember Skippies — the Kentucky Derby — York Steak House — HOJO's — Stray Cats — I don't want to go to school no more!) It was great. Love ya, Kathy

Les — Last summer — Farber parties. Football games — doesn't everyone get kicked out of MickeyD's? Billy Idol — Journey — the Cars — been picked up lately? — 6 pack — DFM — SM and PT — definite infatuation! — long talks — parties! No one will ever have a better friendship than ours. You're the best! I love ya, Nae

Teri — Thanks for being there when I need someone to talk to. I think you may have prevented massive insanity more than once! Yun

Dear Seniors — The past four years are ones I'll never forget — the privilege of knowing you, teaching you, sharing your joys and sorrows and learning from you. Having known you has made life much richer. You are indeed The Class With Class.

and never forget it. You deserve the best life has to offer. David P. Kite, Co-Sponsor of the Class of '84

Phil and Jerry — Those look like Monopoly house. Can you slide on that? Monopoly. DJ

Stasha and Susan — Want some Chuckles potatoes?

Tina, Thanks for all the great memories, you're a really special person. Love, Michele

Mike — Have a great Jr. and Sr. Year. They're the greatest. You're the best brother ever. Love you, Katie

Gymnastics team — thanks for all the fun and good luck in the future. Chris

T.E. — I Love You. DT

John, Beth — Thanks for all the help in T.C., we had some rowdy times. Love ya both, Katie

Jennifer — Don't do anything I wouldn't do (TOM). Chris

Heidi — Our friendship has come a long way. I'll miss you a lot. Good Luck. Love, Michelle

It has been fun being franco-American with you n'es ce pas. Beacoup de glass over the place, Ou est le Metro Hobert. Je voudrais l'eau de sap

Julie — You're the best Doubles Partner. Remember ALL the laughter and sometimes tears we shared. Keep volleying and good luck. Always #1 Double Forever LYLAS. Katie

Tony — Get off the Drugs. CT

Gymnastics Team — It's been great! Late night adventures — Pizza Hut — Kelly's frog jokes — Chinese fire drills — Love ya all — Jen

L.H. and "Speedy" — Sometimes you just have to say, what the heck? Little One

Mrs. Whittington — I will always respect you no matter how bad it was. Simon

David and Kim — Pure as snow huh? Love — Chester

S.T. — "What about me?" The beach, Dennis, Mai and his pet snake, Tony's house, the poem, the rose being sneaky, some memories! T.J.

Winniebear — fudge and ernoade don't mi. Katiedid

Jackie — two more and you'll be done. Ellen

Brian Cuedtke — Looking good!

Southbound — You'll always be someone special

B.P. — Where's the beef? S.S.

Nancy B — s.it REAL??

Amy C — Have you ever thought of being a nun?

Leo M — Older women don't press charges

To all Redskins fans — DALLAS IS NUMBER ONE — Love, Joe Thiesman

Pete Fleming — I'll always be there when you need me, even when you don't listen to. All Out of Love and maybe you'll understand. Anonymous

Karen — I know we've done some pretty stupid things in the past two years (stopping in the middle of the highway, pizza in the cafeteria), but I don't know what I would have done without you. Thanks for everything. You're the best friend anyone could ever have, Carolyn

Yuri — Thanks for being such a special friend. Love, COZ

Julie — Remember Airplane, Guida, Wannie, ark Kimo, soccer games, "valsies," etc. Best friend forever. Mansa

Nolan — Two hamburgers to go. Love ya! Thao

PAWS IN PRINT

Chris — Yuck! Slobber! Jen

Nolan — I've had so many great times thanks to you I'm glad we've become so close. I don't know what I would have done without you at L.C. Thanks for being my guardian angel. Mona really needs one. Beware of the mistletoe next time. Stand behind your cheese. Dig in, Fred! You're still my favorite boyfriend. Je t'aime, Dawn

To Bill and Bo — If got is for my bad jokes, why do your mothers tell me the same thing when I leave your house?

Dear B.W. S.L. L.L. and especially L.C., it's been real fun and I'm going to miss all of you. Laura Hudak

Touchdown — Just think of how many people didn't find out! It's been fun. Love, Leather

Natasha — Nice working with you. Fighting commies — less boring, more fun. Enjoyed talking of missions — 245, French 3. Looking forward to working more with you, becoming better friends. Long live the organization! Sarah

Tracy — I'm really gonna miss you when you move this summer. I'll remember all the good times we've had in the past few years. Special friends like you are so hard to find. Carolyn

Chrissy — Remember 9-13-83, 12-3-83, Biology. We've shared a lot these past two years and I'll never forget it. Thanks for being a fantastic friend. Cindy

D.T. — I love you. T.E.

HEY BO!

Shawn — You've been there through the good and the bad. Without you I'd be lost! Love you forever and ever. Mel

Wee and wanny — I'll always remember the great times we had. Remember the Twilight Zone. Kris. Suzy — Well it's been great. And I know that when you move to Road Island you will never find anyone who can have as much fun as we did. Okay I'll admit I don't know how to wash dishes but Lestil looked pretty good to me. And as far as eating I'll starve when I'm around you. Keswad

S.J. and H.H. — You ain't hardly a woman. Thao. Number Twelve — whoever said that all good things must come to an end, didn't count on us! Let's run away together and go to the Bahamas!! (A.A.A.A.F. WLYSM!!) Risa

Cathy — Remember Quiz 500, your parties, schwebes, Stevie, Tom, Bruce, etc. Friends always. Marisa

Dane P. — I was disappointed when you shaved off your beard — it looked really... alluring. I was hoping maybe someday I'd get to feel it against my face. You're my fantasy.

D.S. — Wish I was a senior this year. Don't forget up the down, and down the up escalator. L.V. Bumper boats. Leopardskin and Leather and skirts for men. — K.T.

Jane — Jimmy's walk Mmmmmmmmmmm

Paula — Hi! — Dee

Tuphu Winton — Thank you for everything. You can always make me smile (not many people can do that!) Love you like my Big Brother — Keep running! Mom and Dad say "Good Luck!" Keep in touch! Love Susan A.E.S. Pass the Mashed Potatoes!! NYA NYA NYA NYA NYA NYA

DRG + 10

Steph — no more trouble!

Denise — Your sense of direction needs improvement! Suzy

Skippers — Too bad you are graduating because I'm gonna miss Mr. Bass' office, ISS, and just plain skipping. Thanks for the memories!! — 3

Jambo — I still can't wink! Dawn

RugRats — Three years together isn't long, but caring is forever. Momma Rat

M. — I don't believe it's been so long. It seems like last week I met you at my party. Here's some things to remember: Eht krap ecilop, ruo yrtnelele loohcs, teprac snrub, eht krap rubac, ym nekorb telecarb. gniliat soerets, gnyas "esaelp," ym yddet, on rapwrednu. M ytuop, ym snolyn, dna woh hcum I ever say — Love your SPECIAL friend — I miss you

Kelly — You're the best friend a person can have. Thanks for all the ~~down~~ experiences — breakfast at Ho-Loe's ice cream and the good ol' radio. I miss you lots. Love ya. Suzy

H.F. — Why don't you have an upper lip?

To all my friends (you know who you are) The past four years have been the best of my life. I wish all of you the very best of luck and much happiness in your future. In ten years we'll get together and party legally for a change. Love, Pat O'Hara

Jenny — We've been best friends since seventh grade. Let's always stay that way!

Unhui — You're the sweetest friend. Hang in there on the grades. We can do it. Remember B.P. Love ya. Cindy

Tim Vinson — If only you knew — Love Pizan

Allen and Charlie — Let's go to the graveyard again this summer! Love, Coud and Fahny

Kevin W. — Why B.P. Are you blind or just desperate?

Ashley W. — F.O. then E.S.A.D.

Bedpost — I still don't believe you can teach me to dance in a hug. Remember New Years, where's my birthday kiss? Who was Miss February? — 4eyes

Stash — Hi! My name is... Jen

Sarah Jane — I'm gonna miss ya! NM

DAS BOOT forever — JAS

Bleach Blonde — Birdlegs didn't want your ugly boyfriend anyways — he wanted her

Kathleen — Hey Dude! BUST!

JW's mother taught him how to use ice cubes with his steak. Love, FC, YLI, AS and HL

Skippies 5 — I'll never forget HOJO's, the man with the smelly crabs, The StrayCats, Brown's attitude, and ISS. It was all worth it. Love ya, Skippie 4

Nolan — Mark's party was fun. Let's mutilate some more soon! OK? Love SA

Star — Thanks for caring and helping me through it all. I love ya. Megan

Doug M. — You've got great legs

Cash and Fontana — You amuse me well! Thanks for the patience, the knowledge, and the fun. Will it ever be the same? Love, KS

Shawn C. — Huff it!

Rency — Cheers to you and good bods!

KB — Seen any ghosts lately? You're the sweetest ghost-chaser I've ever known. Love always, Nolan

Juanita — I miss polishing our nails in WK's class. Love ya, Delphina

Susan — "Now meet me at Spotsylvania Mall, OK? I'll be with a tall, average-looking blond guy. Wait for me right in front of the movies at 9:00. Don't leave without me seeing you..." Thanks loads for that one

sweetie. Revenge is sweet isn't it? Love ya, Dawn

DI — I never would have thought we'd become so close. Remember #12, MB's jockeys, Billy Idol, Boy George, MH's girl dilemmas, my probs with GC, Ber muda, nasty jokes and college acceptances. I love you and I will miss you! Love, Nick Taylor

Tea Munchies???

Alba — TN and LRF SAD!! We did it! Thanks for everything. You're the greatest. I love you. The Buhman

Schwartzie — French is Spanish, crumbs are sexy. Calculus is Physics. Physics is cold. Lunch is Latin, Latin is English. English is rewritten. How did we survive? Love, Smithburger

Leprechaun — I'm gonna keep shooting through your galaxy forever. Star

Thurston Howell III — We can stand the white slacks in winter, the slicked back hair, the white patent leather shoes and belt and we can even handle the fluorescent shoelaces but the ascots have got to go. The Mumble Club

Kathy, Nancy, Jens — I honestly don't know where to start. I don't think I've ever had an advisor, movie critic, car pool member, project assistant, wonder kid, and best friend all rolled in one. The memories we share are truly my most cherished. I don't want to say anymore because I'll probably flub up. I love you. Nick, Zan, Savatan, NM

Larkin — Hey — do me a favor and learn how to swim before we go to Spotsylvania Mall again. Do they have pigs in Rhode Island? We'll have to go back to Bennigan's (should we go before or after the GF game?) There goes a cop and Kel's a flying monkey! What will I ever do next year without your sarcasm? I'll miss you lots but I'll be up to help check out the neighborhood! Take Care. Love ya tons — Spot

KW and BV — Let's do it again some time. Love, KJ and MG

Ranger Rick is alive and well and living in locker #104

Nicky — partying, snow, "Doors," cars, guys (O.M.), late nights, mommy's watching! I love ya! Meggy

Bilk(Law) — So, when is Sigmet anyway? BYOP — S

Julie — Sheila and Joe — CRASH!

Jeckle — SMing, dots, Latin, what hysterics! Thanks for taking my abuse and making me laugh. You're real lady no matter what Howie said. Great friendships never die. See ya in the tent at Smoketown!! Love, Heckle

Danny and Kara — Good luck next year without us watching over you. Have fun! Lisa and Richard

Kel — Thanks for the home when I needed one. I promise that next time I run away I'll go somewhere else! I'll never forget June 3-10 I'm only dancing as fast as I can? I know you'll never forget 1-31-84 (I know I won't) I want to meet MK. Always remember Commander Salamanders, ice cream, taxi cabs and the dorm at George Washington University (Mr. Muscles!). You're the one person who was ALWAYS there when I needed ya — thanks for being there! Love ya tons!! Nickele

Bear — Thanks for the times we had together. Too bad it has to end so soon. You'll always have a special place in my heart. Remember January 31, 12:00 and 8 Love, Snoopy

John — I wish you the very best of luck with the Marines. I'll keep in touch. America is #1. Chris Washburn

Missy — The love we share is special. Thank you for your love for me. I will always love you. Love forever, Pete

PAWS IN PRINT

Gina B — Don't worry about Dane at the beach. He'll be in good hands!

Lisa — Styx, Billy Joel, Police concerts, McDonald's, Kings Dominion, Invisible tatertots, Bad Boys, Beatles, and Adam Ant. What more can I say? We've had a blast. LYLAS, Cindy

Pat Q — When are we going to canteloupe? Love you, Michele O

Hey Palinsky — Someday our lemons will make us rich and famous. Hang in there!

Susan — What's your Assie-kissie, ch-ch-ch, party animal? Back at you, cornflakes, Mona, That's (L) ALAY, Lulu, Pradie, death notes, Baby Jane, My Bubble Gum, stereos, Trudy, the pinky man, we're gonna blow up their cars! The Bitch, the Bitch, and the P.A.M. What's the L.A.? Rear end good poems later, refuse to believe it. We'll get you out of there at the beach, can't sleep! I hope our friendship was worth all the sleep I lost talking to you — I think so. Thanks for everything Love, Dawn (the former doorman!)

Kim — What's up? Dee

Nolan — To our leader. Thanks for everything. We love ya — Michele and Christine

Tootser — RUF RUF Kathy

Sugar Bana — I'll love ya forever! Wink! Wine — I prefer

NM — Thanks for the help in Physics. How was the meat party? Maud

Well hold forth later. Kathy & Th

Dave — Where's the party, Vagabond

Emilie E — How are things at the police station?

Mark Collins — Funniest thing, Boy's State, our second identities, holes in the wall, frosh in your room, 'you're not 17!' 'I gotta P,' and all the rest. Thanks for being such a great friend. As always, Nick Taylor (NM)

Scott and Rob — Thanks so much for including me in on your soccer games at D.C. Being goalie was a real challenge but most of all it was great fun. Thanks again, Diana

Rosie Carlotta — Puke aboo, VMI, Homecoming Queen, your chariot awaits to take you to Chr. Chi's Carmello Papaya

PT — How's Leather and your pingpong partner? TA

Yuri — Good luck at VMI

MB — No more cupid. I promise! You're a special friend Love, MO

Kel — Everyone should have a last name like yours — Becky Mann, it can be very useful at times. Bel

Dutton — You, if you call again I'll kill you

Kil Kat — Do you know Eral? Kathy

David M — We'll get it together. I'll always care. Love always, JF

Bobby — Hubdah! Hubdah! Love ya — Norton

Sweet Baboo — Playing quarters and Monopoly, taking you home from Emilie's and Susan's and cracking on your bad taste in girls. What would you do without me? Love, Your next door neighbor

CW — Remember the Maid of Honor. We'll always be friends. MO

Nolan — Guess what? I LOVE YOU!!! Have you just ever been overcome like that? Thanks for putting up with my emotional fits. You keep me from having a nervous breakdown. Thanks! Mona

SG — Color me 64 (with the sharpener)

Susan — wuh — woohdsnvhdj — pooda-room-a-loony pe-doom-fuh-shur-luk. Understand? Dawn

Chester(LC) — Let's run! Let's guard! Let's drink! You'll always be special to me and I'm sure you'll be successful in everything you do. As always, Muscles (NM)

Sheila — It was all your fault, you know. "Crash"

Skippies 1, 2, 3, and 4 — We'll have to do it again sometime (as long as we're out of school)! HOJO's, Crystal City, the heat (in 90° weather), Cherry Hill and ISS was great. But next time you want to go to Crystal City, take a map. I won't give you directions! Skippie 1, thanks for leaving your window down in the rain. Maybe next time you'll win the Derby! Skippie 2, thanks for the ride but next time I'll hitch-hike to the library. It was great but I wish things could have turned out better. Take care Love, Skippie 5

Stephen — Here Comes the Rain Again. Lynda

David M — I may never understand you, but I'll always be here if you need a friend. Love, MO

Diana — Thanks for the fun times in high school. Love, Uncle Bo

Kara — Don't think about it and it'll go away! It didn't! Love, Lulu

Love Kite — I'm a quiet, mature and respectable! Stop the drama, your water, please!

Tony R and Steve S — Remember the post-exam parties? An basement litigbox and tube with hole rephrasing had put me such a... forums. Lope ha ha party pick 3 dozen hours, my teenage wasteland and my private stock. Dan

Go. Good job, love!

To the Gymnastics Team — Remember it just doesn't matter. There's no pressure. Boy we work like a team that will win districts! It's in the hat. Diana's birthday party and don't forget Lisa's party! Thanks for all the fun. Kelly

VA — We had a lot of great times. See you in paradise some day. Regleg

Bev — I've enjoyed struggling through fifth grade with you. Thanks for always listening to my complaints and smart comments. Love, you lighted me out yet? Love, Dawn

Star — I'm sorry but I don't want to hurt Rudy's fed nose! Remember always Star and Leprechaun can do anything together. Friends forever. Leprechaun

Hey Coz — Can we sing now? Rod

SA — "Just stand right here as if you're talking to me," "I need a drink," "Why does your shoulder hurt AG?" "I feel like a fight," No more mistletoe. You've really been great. I'm sure we'll have more good times! Love, NM

Julie — What can I say? We've been through it all — PDTP, New Year's Eve, My Magnum, Ring Dance, Moonies, chugging before RA's Hawaiian Punch, Exam day, late night talks and the smiles and tears that have made our friendship so special. Thanks, MO

David — I cherish the many special moments and memories that we have shared. I love you now and forever. Julie

A and AG — Thanks for being such great friends over the years. Don't ever forget KD and GOOD. MC

LH — You made my junior summer one to remember. Take good care. NM

Bev — You can do anything is you try. Thanks for the friendship. Love, Missing in Arch. Action

Becky — Can I borrow your pants? OK. Bye. Lulu

Tony — Don't play!

Allan — I still love you even though your knees are too long. Dawn

Dear Jill — The forty you gave showed a heart full of gold. You have shown love and kindness to me. Thank you for it all Love, Rich

Michelle and Cheryl — crazy times, gas stations, ice cream and getting run over were all great times. Glad we became so close. Friends always, Betty

Debbie H — I'm glad we became better friends this year. Hope you like Italy. I'll miss you, Love, Tony K

Christine M. — You win some, you lose some but you never got to play. It'll be a long wait for Tiede

Rebo, Chuck and Dave — You are the greatest friends. Satan

NR — Secret #1. DN

Paul T, Doug J, Doug M, Bobby K, and David G — Thanks for making this basketball season something to look at

Mick — Good times and bad times — we've shared them all and survived! Panther Power! Friends always and forever. Love always, Vickard

Kelly — I'm not Terry. Nickie

Carolyn — I'll always remember the special times like Biology, Fair Oaks Mall, and of course your pizza in lunch. I hope you will too. You're a great friend. Love, Karen

FH — To my favorite teacher, HAK. Jim

Coz and Tarzan on the vine forever!

Hey Six-Pack — Thanks! Remember the summer of 83 and all the memories. Next year is OURS! Love another brew

Tammy — It's been wild. Ellen

Twinkletoes — You're a great friend and stay that way. Spaz and Taco

Richard — I've really enjoyed seeing so much of you this year even though you don't like to play as much as I do. Thanks for all the rides and making me smile. Love you, Dawn

The great 1. You survived! Good luck, Sm

JJ — Remember that first night? Who would have thought I would turn out so special? It's been a great year and I know there'll be lots more to come. Thanks so much for helping me through the tough times. What else is there to say? L.Y. M.W.

Monkey — Have you talked to your sister yet? I doesn't matter. I still love you

Johnna, David and Chris — the Navy's got the best of us but we're still hanging on. Love you all. DEB

To all the visitors — Blue paws last forever! Especially on paws. Luck always! Room 209

Cornfish, JM, RM, KP, BS — 840 is like ordering orange in a bad mood, and such. WTF forever. John B

TO ALL STUDENTS. You are in need of purchasing a real life

T.M. — Thanks for all the good times we had. Good luck next year in K.C. We'll miss you a lot! Love DN and LA

AB — I get delirious. don't forget the love tree, H and O concert. WT, making cookies, 3:00 wrestling, and all the other times. I hope there'll be more. Love you, the other member of the A Team

S.S. — I love ya! Monkey

Becky — Thanks so much for the morning visits. I need five more years' worth. HAK, FH

PAWS IN PRINT

Darrin — Even though you're not in Potomac, you've been the best and I will always love you. Your girl forever and ever. Betty

JT — I love you. ED

Mom and Dad — I want to thank you for bringing me into the world and making my life the best possible. I love you very much. Thank you Kevin for helping me with everything. I love you. Jackie S

Amy G — Are you wearing black or navy blue at your wedding?

John B. — I'm cold! Thanks for your coat and the backrubs. I'm glad you lowered yourself to speak to someone like me. Mona? I don't think so (at least not yet). What about the MG? Wanna play? See you at the beach. Love, Dawn

Eden — You're the worst chemist besides Adolph P. Good luck in college. I'll miss you. Cindy

Mike — I'll Love you forever — Tracy

To the 6-pack — Chi-Chi's, Montclair Days, Fourth of July, the mall, the beach, Michelle's b-day, football games, you can't tell us there's no time for a party! You guys are great friends. Thanks for always being there for me!

K.C. — Remember Krokus, and the swings. Me

Stephanie — We've been through a lot from just friends to 'fun, fun, fun. Ill my daddy takes my Chevelle away.' I'm really gonna miss you. But we'll always have memories. Love ya, Laura

Cindi — Can I have a tatertot? Nickie

To David Stevens, Mark Gaborith, Sarah Davis, Mrs. Polk, and Caitlin (Boy George), E.S.A.D

To my sweetheart — You're the best thing that ever happened to me. And you did. I love you always with all my heart. Love, Tracy Jack

Dear Mom — Our times together are cherished. Thanks for being there. Love you, SB

Cash and Drowes — Looking forward to more Poker, Pachitt, and burgundy and dancing on boats in 85. Our next excitement nest pas? Shazam! Heidi and Mandy. (I want to go with)

To Bubba — You have brought joy and happiness in to my life and I'm grateful forever. I love you with all my heart and I'm looking forward to being your wife. RM 83. From Peanut

Amey — You're the best friend a person could ever have. Thanks for all your advice and support. Let's keep the world smiling! Lyles, Diana

Lisa L. — Remember Kings Dominion Cable Cars, I like your waist better, there really is more room in this one! Yes — Hearts Love you, John

Bob — If I accomplished anything in the past two years, it was getting to know the very special person you are. I hope your future is as bright as my days were after seeing you. Love, just always remember me. Love, Debbie

Mom — I miss you. You missed us again! Heidi

Kim and Paula — Thanks for being such great friends. Love, Dawn

To the 6-pack — M.L. for the winners. You guys are definitely the best. Let's really PARTY this summer. A fellow brew,

TRZN33 — In your angle has been great. Let's keep it that way forever! Coz

Deanna — Stay sweet! Kim

Mrs. Maloney and the Varsity Cheerleaders — Thanks for all of your love and support. It wouldn't have been the same without you. Love, The Panther

DTRS — Joe gets the change

Larry — Even though you're a thousand miles away, you will always be with me. I love you always and forever! Remember what you said 'Just Be Good to Me!' Love, Diane Holloway

Chris — Remember Daddy? Ellen

James Dean — Watch out for tomatoes in history notebooks. Mike U. Sean M. Diane Qan R. Dale T.

ATTENTION BEACH BUNCH — Richard — beware of snakes, look out for fish, when you wash expect it

Lisa — don't lock me in a closet. I'll be good! Yuri — you're fired! Bill (Ted Nuchious) — cover your ears! HEY BO... Paul — where are the film worksheets from Mark's party? Jon — We hope your voice catches up with the rest of your body real soon! Looking forward to even more fun. Dawn and Susan

Brittney(SL) — If you only knew how much you've done for me. 'I'm sorry!' Nick Taylor(NM)

JH — I love you. DT

Yuri — Thanks for laughing for me and my subjects! Love, Mabel (Agnes?)

IM — We've been through a lot of hard years, you know. Two hamburgers to go. Stay as the way you are. Love, NM

Astoria — Stay as you are. Love, NM

Mark — There we will always have tomorrow. Kelly

H. Mark — Thanks for the stimulating conversation in the car. The car was very informative. Did you turn your poem in for Blue? Sorry, I don't have Cosh. Polk or Hall. Bye Mark! The girl who sits next to you

Amey — See ya around! Donna

Woo — Thanks for being there — you're a special friend. Lovely! MO

Manic — What can I say? I'll always LOVE you from the bottom of my heart. I know I'll miss you more than anyone. Don't ever forget how much I love you! NM

Nolan — You're very special. Donna

Donna, Gina and Shonda — What wits you have! Sorry's sidekick

DJ — Good Luck. Donna

MB (D's 85) — Take good care of D for me. NM (D's 84)

JV Cheerleaders — We've had some rough times this year, but I know everything will work out fine. All of you have made this a special year for me. Thanks, Carolyn

S. Shane — Virginia Beach doesn't need any 'Great Whites' so why don't you get a tan or stay home this summer

To Kevin and Matt — I know it's been tough at times, but I appreciate ya! Thanks and love. Periods 2 and 3

Nae — Remember food fights at McD's, the little brown truck, the lake and most of all Oct 3 (July 30 and 31 too) Oh! J's 'button. Love, Vicky

Dawn — Nick — Lisa — Don't know what I'll do with ya's. Your DIZZIEST friend, Tracy

Bill Bo, and Mikey — Thanks for being my own Peeping Tom, I hope you guys learned something! (Watch out for the deck!) Love, Lisa

Dawn — You've been a nice friend. Your friend, Kim

Donna — You're very special to me. I hope we're together forever. Allen

Julie and Carol — la wanta sa pepparoni pizza with a extra cheese. Karen

M. H. Can we be rugrats? A.B. and M.B.

F.T. — Next time tell me where the stop sign is! Nickie

Bees B.F.F. forever! Smurfette

Kelly — Are we having fun yet? M.F. Mandy and the Bugman. I want to throw up. NOW! Sugar Babies and Diet Coke, Poor Delores, the fan club, I need it bad, what can you do? Can you handle the Moose without me? We've learned — ~~And~~ it is you. Love always, Dawn

Love ya Baby Chimp — KO

Mechelle — You're the best there is. Jeff

Girls JV Volleyball P.T.I., N.B.

Dawn Best Friends Forever. Dee

Dear Pug — Let me know when your ship sinks!

Yuri — Never lose your sparkling personality — it can really help brighten someone's day. You'll always be my friend and I'll never forget you! As always, NM

Julie — 7th grade ugly. HR 165, classes, plays, clubs, homework, chicks, preppy togas, can, laughs, fun. Is there anything else? Love, Vicious

Paul T — I really hope you get a vertical leap. Good luck wherever you go to college. Thanks for a fun two years. You're a great guy. Yuri? DJ

Megan — You're off the halfway list! Kelly

Susan L. and Julie M. — This year has been great. You've made it fun. Friends always, JF

PT, JB, BC, RD, JD AND MH — 'IT 5 the Boy's State of — NM

Kelly — I pity the fool! Kathy

Scott M. — Thanks for being you and for putting up with me. You're the greatest! Mo

Dear T Team — Thanks for making my last year the best ever. Next year #1 I'll miss you. Julie

Chrissy and Becky — KYCTY. Lulu

BEAR — Believe in omens? eating Chinese food? car toons? Me? Babydoll

Tony — Fluffy, Biff and Foo Foo love ya! (give our love to Thumper and Rainbow)

Andy — How about a party? convicts

Jerry and Pat — Don't kick him, he's my friend. Do you know me? Srook to you fellas. DJ

Nana Sherri — Remember all the good times! I'll miss ya'll. Tonni

Tammy — McDonald's for lunch? Michele and Susan



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Potomac's landscape shows nature at its best. Even on a cold winter day, the beauty shines through.

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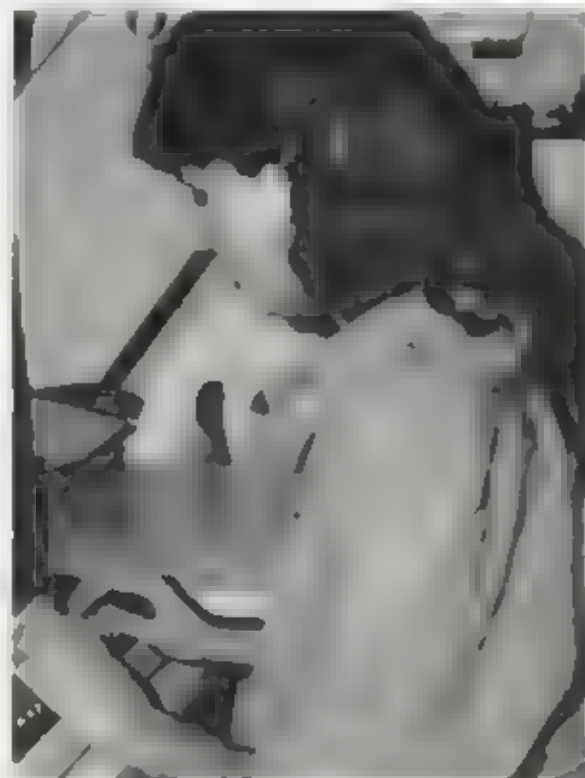
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Even though it was Mrs. Lockett's first year at Potomac, she proved to be fair but strict and rule-abiding when needed. Here she checks Eva Dunekas' pass. Pass checking is a new rule to cut down on the number of students that skip class.

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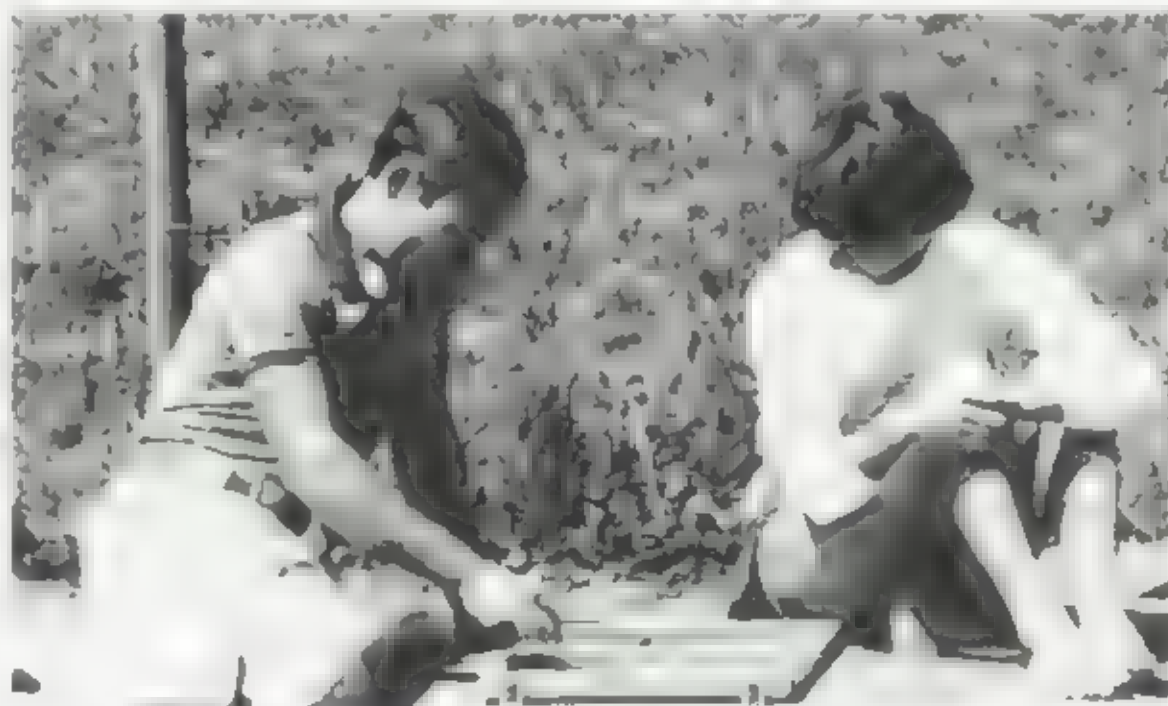
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Attendance secretary C. Murch places memos in teachers' mailboxes. She is one of the many staff/faculty members who participated in Disney Day during Spirit Week.



WE'RE #1! Potomac's varsity baseball team had a really winning season. Coach Gardziel holds the state trophy with pride.

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Even in the heat of summer, Potomac's athletes work hard with their hearts set on future victories. Tony Nattanla is no exception, he has played football for Potomac for three years and has shown his skills in each sport he participates in.

POTOMAC



English is one of the most interesting classes at Potomac because it combines grammar and literature. However, even students like Tina Summa and Connie Vitek need to relax once in a while.

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During Spirit Week, the week of Homecoming, each class buys spirit links. The links are just one of many contests held. At the end of the week, the scores from all the contests are totaled and the Most Spirited class is announced.

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Lunch is for eating, socializing, and doing last minute homework assignments. Students at this table seem to enjoy their late morning break.

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At one of the many summer camps, Richard DuBrel runs track. His expression shows the hard work and dedication he gives to the sport.

Exhausted, Kevin Lohr takes a break on the sidelines as the offense takes over. At defense, Kevin earned the nickname "Sack Master" for his performance in the Fauquier game.

During an Advanced Biology experiment, Marisa de los Santos holds her baby chick as part of an imprinting experiment.



Duty is part of every teacher's life. Teachers on half duty like Miss Cash, check passes tied by Tim Vinson and Paul Tiede.

TURN OUT THE LIGHTS



Playing in an orchestra takes a lot of skill and concentration. Amy Wallich pays strict attention to her music as the orchestra rehearses for another performance.

Working out to make weight can be very tiring when you are a dedicated wrestler. Allen Tardiff finds a good resting place in the hallway to catch up on some sleep before a big match.



At the end of its fifth year, Potomac Senior High School continued to grow and reach for its fullest potential. It has become well known throughout the county and has developed the reputation of one of the best schools around.

The students, staff, and parents of Potomac all shared a special bond. When Potomac started, many people didn't have high hopes for us. But we worked together, and showed ourselves and everyone else that Potomac was definitely a school that had the elements of success.

Our teachers were the pick of the crop and gave Potomac its excellent academic name. The students showed enthusiasm and pride in everything they did. In victory or defeat, the electricity of Potomac students shone through. Parents were with us through everything. Their volunteering and dedication was a key to the success of our school. People looked up to Potomac with good reason.

Potomac has come a long way in its short history and we still have a way to go. This year has brought its accomplishments and improvements as will the years that follow. Now, at the end of the fifth chapter in the book of Potomac Senior High School, it is time for us to turn out the lights of another year.

After finishing her math homework, Yuri Lazar works on another assignment. Such diligence helps students to be winners in the homework game.



BLACKOUT

When we look back on this year, it's not what we remember that is important, but how we remember it. For some, this year was a beginning of the four best years of their lives. For others, it was the end of high school. But for all of us, it was a time of laughter and tears, celebration and disappointment, and growing up together. Whatever comes to mind when you think of 1984, remember that we accomplished it together. For togetherness is what truly made 1984 Totally Electrifying.

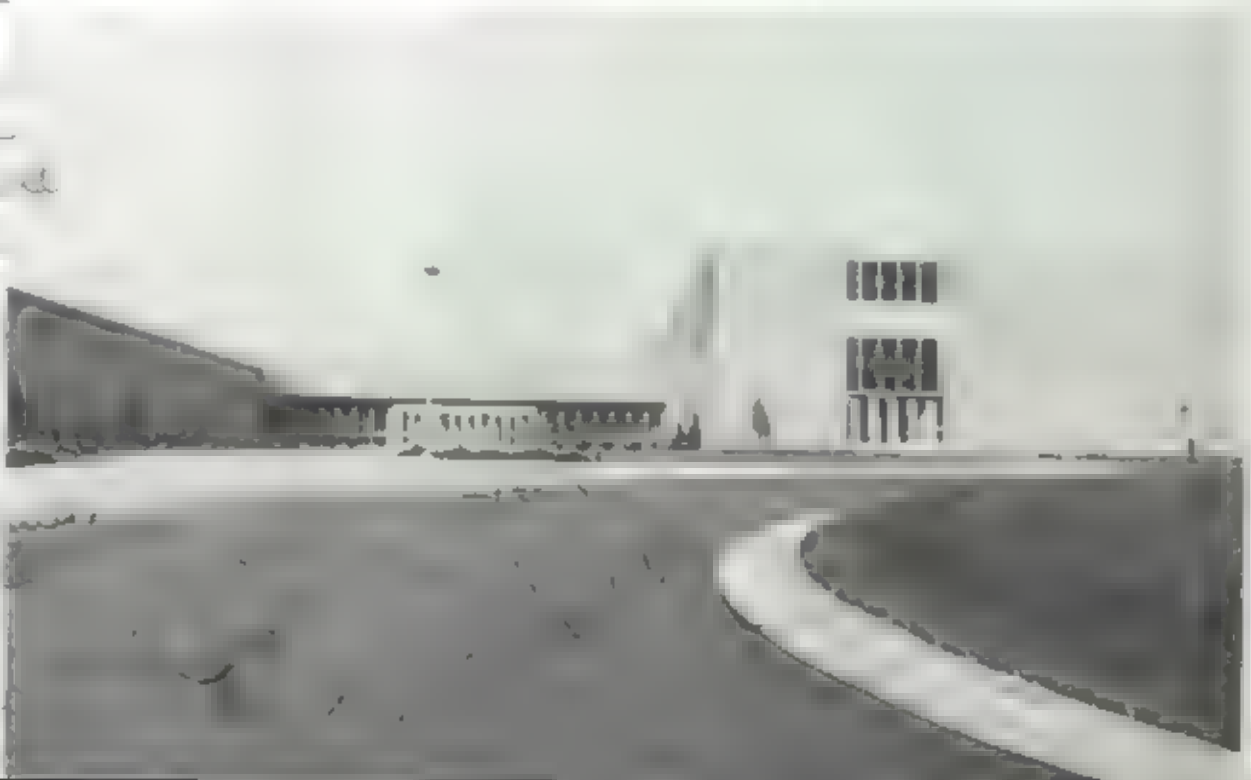
Together, our first Homecoming parade was a success. With floats depicting Snow White and the Seven Dwarfs, Sleeping Beauty, Alice in Wonderland and Dumbo, the "Disney" theme was well-portrayed. Together, we travelled to Fauquier to beat our district rivals who were first then in the district foot ball race. Together, we proved to Gar Field's basketball team that they were not our "Big Brother." Together, we watched our second senior class graduate. And together, we are Potomac, and this was our year

Dear Mike,

[illegible]

In their laid back style Jeff Mower and Pat O'Hara display the latest look in sunglasses. This was one of many fads affected by the student body.

From the outside, Potomac looks rather empty. But inside you can feel the excitement that accompanies our high school.





Friendship is a very special part of high school life. Here, Joanne Rajsels, Lynn Malot, and Zina Riggs represent some of that specialness that is a part of Polomac.



Homecoming Queen, Katie Norman walks before the crowds with her parents Mr. and Mrs. Peter Norman. Being Homecoming Queen is one of the greatest honors a senior girl could have.



Freshman Cheerleaders, Dawn Swecker, Vicki Ellis, and Deanna Davis cheer their team on at a pep rally. Pep rallies are held in the gymnasium to boost spirit for upcoming sports events.



Relaxing at the beach on Montclair Day are Mike Wilson and Danny Bell. The majority of events on Montclair Day were held at Dolphin Beach.

Lunch is the favorite part of many students' day. Here the seniors enjoy the exclusive privilege of having their own lunch shift.



THANKS TO . . .

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Thanks for sticking with us.

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We've done our best to make a yearbook that is full of memories to be treasured for a lifetime. You truly make Potomac "Totally Electrifying."

Lisa Hayes
Editor in Chief



Dale,
 You're the
 coolest guy I
 know. It's been
 great knowing you this
 year. Always remember the section
 for fun times ?? and being in the
 we had to put up with class. Good
 Kitchen's American Studies + with the
 such in the future a GREAT Summer!!!
 your friend,
 Michael Elyan
 Class of '85
RULES!!!

To Dale,
 Well, Physics is almost at!!
 and exam tomorrow. Been good
 knowing you this year and making
 JOSHUA. Ya, I still have it.
 Next Year Huh.
 Love
 Todd
~~Best~~


Dale -
 Well, had enough of
 Ms. Boppett's rubber Lauby Books
 and imitation cotton Blouses that are
 5 sizes too small, and open windows
 in January, and vaporizers. It
 was cool being with you in class
 Good luck in '85
 Brannen

Dale,
 I haven't known
 you for very long, have
 but the time that I have
 known you has been nice.
 You are a very nice guy
 and I hope you stay that
 way. Have fun next year
 when we are seniors! Have
 a great summer!
 Your friend
 Janet Jester

Dale,
 It has been
 great knowing
 you. Hope to see
 you next year.
 Tony Qualls
 #45

Dale,
To the coolest
dude I know, great
job for basketball
this year!! Have a great
summer!!

Your friend

 Bobby Vitale
(#52)

Dale,
To the coolest
guy I know. You
did a great job during
basketball season. Have
a great summer and
don't party too much

Your friend,
Bobby Vitale
(#14)

Dale,
It's great to know you've taken
such a electrifying sport as Boppy.
You did a great job in basketball this
year. Have a great summer.

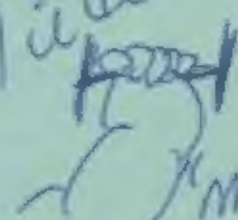
Your friend

R.M. Miceles

#55

Dale, have had only one
moment together, but I am
glad you have the name to
confide in me. Good luck, with
keep working on your b-ball
game. Your friend

Paul Tide #54

 Paul Tide
muscle
basketball



"85" rules

Dale,
We had some
great times in
Math Analysis
Have a great Summer
I'll see you next year.
Your friend
Mark Towell

